

El document presenta un resum de l'assistència i valoració de les activitats formatives dirigides als investigadors i investigadores en formació organitzades en el marc del Programa de Desenvolupament Professional d'Investigadors de la UAB durant el curs 2023/2024. Durant aquest curs acadèmic s'ha combinat la docència presencial amb la virtual. En el cas de disposar-ne, i en les següents pàgines, s'adjunten els resultats de les enquestes de satisfacció que es van aplicar al finalitzar l'activitat. Al final del document pot trobar-se també una comparativa de dades contrastades amb els dos cursos anteriors: 2021/22 i 2022/23.

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Redacció de la tesi en anglès (Ciències)	23/10 al 27/11/2023	Servei de Llengües	15	8	6	4,75	-
Redacció de la tesi en anglès (Humanitats i Ciències Socials)	24/10 al 23/11/2023	Servei de Llengües	15	13	7	4,75	-
Presenting Research	25/10 al 23/11/2023	Servei de Llengües	15	7	4	4,67	Pàg. 5
Introducció al risc químic al laboratori	17/10/2023	Servei de Prevenció	Curs obert	-	36	4,52	Pàg. 9
Zotero	06/11/2023 al 31/05/2024	Servei de Biblioteques	Curs obert	-	131	4,82	Pàg. 12
Writing an abstract and outlining an academic paper	07/11/2023	Escola de Doctorat	50	50	30	3,93	Pàg. 13
Dades de recerca: publicar-les en accés obert i fer el pla de gestió de dades	07/11/2023 (diverses dates)	Servei de Biblioteques	300	174	128	4,78	Pàg. 17
Lego Serious Play	15/11/2023	Escola de Doctorat	20	20	15	3,41	Pàg. 19
Good research practices and research integrity at the UAB	14/11/2023	Escola de Doctorat	Curs obert	-	75	4,30	Pàg. 23
Sessió de benvinguda	28/11/2023	Escola de Doctorat	150 + virtuals	121	116	4,10	Pàg. 27
Idea Puzzle	01/12/2023	Escola de Doctorat	Curs obert	76	47	4,10	Pàg. 31



# ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

## Curs 2023/2024

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Elevator Pitch	4, 11, 13, 18 & 20/12/2023	Servei de Llengües	15	15	12	4,28	Pàg. 35
Perspectiva de gènere en recerca	12 & 14/12/2023	Escola de Doctorat	20	20	11	4,73	Pàg. 39
Research Papers (Humanitats)	12/12/2023 al 25/01/2024	Servei de Llengües	15	15	12	4,50	Pàg. 43
Divulgació de la ciència	10/01 al 24/01/2024	Servei de Llengües	15	15	8	4,13	Pàg. 47
Cerca i gestió de la informació: Fonts d'informació (cast.)	17/01/2024 (diverses dates)	Servei de Biblioteques	805	216	141	4,57	Pàg. 51
Cerca i gestió de la informació: Fonts d'informació (anglès)	21/01/2024 al 31/05/2024	Servei de Biblioteques	Curs obert	-	56	4,65	Pàg. 53
Interseccionalitat en recerca: possibilitats i límits	29/01 & 5/02/2024	Escola de Doctorat	25	25	21	4,39	Pàg. 55
Propietat intel·lectual de base tecnològica	02/02/2024	Servei de Valorització i Patents	Curs obert	-	36	4,12	Pàg. 59
Conceptes estadístics en la recerca	06/02 al & 27/02/2024	Servei d'Estadística	27	27	18	3,45	Pàg. 62
Web of Science i Scopus	13/02/2024 (diverses dates)	Servei de Biblioteques	300	153	112	4,66	Pàg. 66
Redacció de la tesi en anglès (Ciències)	19/02 al 20/03/2024	Servei de Llengües	15	6	4	4,75	-
Com defensar la teva tesi en anglès	19/02 al 20/03/2024	Servei de Llengües	15	8	8	4,75	-
Sessió de benvinguda – 2ª edició	22/02/2024	Escola de Doctorat	210	115	86	4,09	Pàg. 68
Research Yourself (castellà)	29/02 al & 21/03/2024	Escola de Doctorat	25	25	15	4,29	Pàg. 72
Treball en equip	29/02, 7, 14 & 21/03/2024	Grup Sural	20	20	13	4,29	Pàg. 77



# ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

## Curs 2023/2024

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Propietat intel·lectual en l'elaboració de la tesi	01/03/2024 al 31/05/2024	Servei de Biblioteques	Curs obert	-	46	4,65	Pàg. 81
Ciència ciutadana	4 & 6/03/2024	Hub de ciència ciutadana	20	13	13	4,40	Pàg. 83
Comunica la teva recerca a les xarxes socials	5 & 7/03/2024	Escola de Doctorat	25	25	21	3,59	Pàg. 87
Tercer Temps	6/03 a l'15/05/2024	Escola de Doctorat	Curs obert	35	17	4,75	Pàg. 91
Pensament crític	13 & 20/03/2024	Escola de Doctorat	25	21	15	4,07	Pàg. 95
De la idea al prototip: design thinking	18/03/2024	Escola de Doctorat	60	52	33	4,29	Pàg. 99
Conceptes estadístics en la recerca – 2a edició	Del 4/04 al 25/04/2024	Servei d'Estadística	27	27	22	3,35	Pàg. 103
Publicar en accés obert i finançament a la UAB	10/04/2024 (diverses dates)	Servei de Biblioteques	300	188	82	4,57	Pàg. 107
Com ampliar la xarxa de contactes per aconseguir feina	10/04/2024	Servei d'Ocupabilitat	100	-	30	3,96	Pàg. 109
Com defensar la teva tesi en anglès	15/04 al 22/05/2024	Servei de Llengües	15	9	2	5	-
Research Papers (Ciències)	15/04 al 22/05/2024	Servei de Llengües	15	14	10	3,65	Pàg. 110
Valida la teva recerca – Fases 1	15/04 al 24/04/2024	Parc de Recerca	Curs obert	12	5	4,5	Pàg. 114
Valida la teva recerca – Fases 1 i 2	15/04 al 8/07/2024	Parc de Recerca	5	4	4	4,25	Pàg. 120
Metodologies agile per millorar la teva productivitat	16/04/2024	Servei d'Ocupabilitat	100	-	67	2,70	Pàg. 126



# ASSISTÈNCIA I VALORACIÓ DE LES ACTIVITATS FORMATIVES

## Curs 2023/2024

Activitat	Data	Organitzador principal	Places	Nombre d'inscrits	Nombre d'assistents	Puntuació global (sobre 5)	Avaluació de la satisfacció
Redacció de la tesi en anglès (Humanitats)	18/04 al 23/05/2023	Servei de Llengües	15	14	5	4,05	-
Publicació de dades de recerca en obert	03/05/2024 (diverses dates)	Servei de Biblioteques	300	95	55	4,77	Pàg. 127
Leadership techniques	6, 7, 8 & 9/05/2024	Escola de Doctorat	25	22	19	4,47	Pàg. 129
El pla de gestió de dades per a doctorands	07/05/2024 (diverses dates)	Servei de Biblioteques	300	96	68	4,59	Pàg. 133
ChatGPT i altres eines d'IA: els nous aliats en la teva recerca de feina	10/05/2024	Servei d'Ocupabilitat	150	-	100	4,25	Pàg. 134
Comunica la teva recerca a les xarxes socials – 2a edició	14 & 16/05/2024	Escola de Doctorat	25	25	16	4,57	Pàg. 135
Idea Puzzle – 2a edició	17/05/2024	Escola de Doctorat	Curs obert	53	32	4,13	Pàg. 139
Research design with the Idea Puzzle software	27 al 31/05/2024	Escola de Doctorat	15	27	8	4,25	Pàg. 143
Presenting Research – 2ª edició	28/05 al 27/06/2024	Servei de Llengües	15	14	11	4,38	Pàg. 147
Research Yourself	11/06 al 2/07/2024	Escola de Doctorat	20	19	8	4,40	Pàg. 151
Divulgació de la ciència	10 al 26/06/2024	Servei de Llengües	15	14	12	4,54	Pàg. 155
I després del doctorat, què?	17/06/2024	Escola de Doctorat	60	37	33	3,07	Pàg. 159
Redacció de la tesi en anglès (Humanitats)	01/07 al 12/07/2024	Servei de Llengües	15	5	3	-	-
Redacció de la tesi en anglès (Ciències)	08/07 al 19/07/2024	Servei de Llengües	15	8	7	4,60	-



### Activity details

<b>Activity</b>	Presenting Research (on-site)
<b>Date</b>	24/10 to 23/11/2023
<b>Time</b>	Tuesdays and Thursdays, 13:00 – 15:00
<b>Language</b>	English
<b>Trainer</b>	Servei de Llengües
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Oral presentations for specialised audiences</li> <li>▪ Persuasive language</li> <li>▪ Register and linguistic correctness</li> </ul>

### Responder’s details

<b>Number of participants</b>	4
<b>Number of responders</b>	3
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Social and Juridical Sciences (n = 1)</li> <li>▪ Health Sciences (n = 1)</li> <li>▪ Sciences (n = 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =2) First Stage Researcher without grant (n=1)

### Participants Satisfaction/Opinion

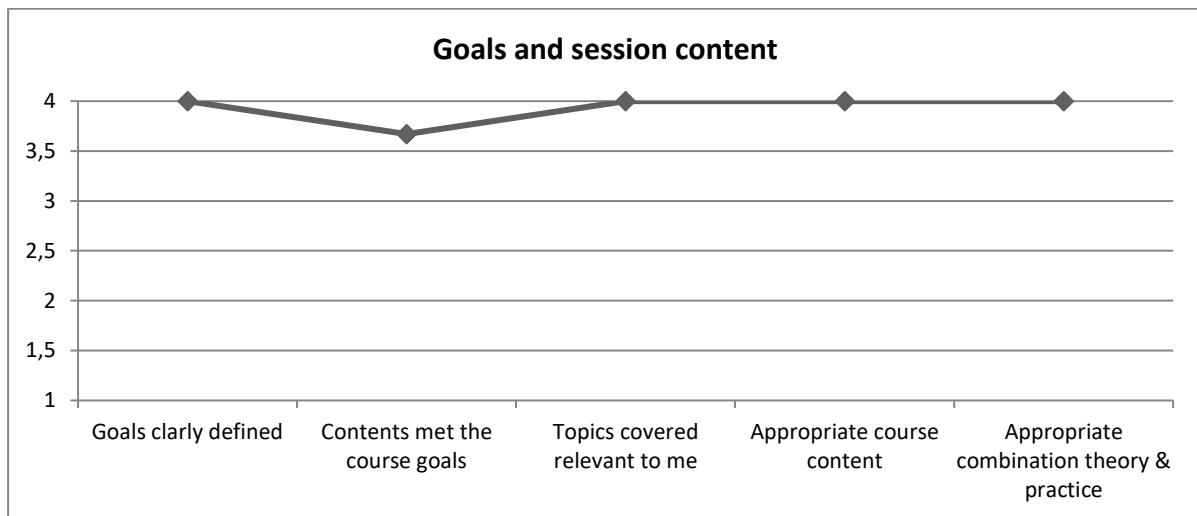
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The personal relevance of the topics covered</li> <li>▪ The improvement of career prospects</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The goals met</li> <li>▪ The schedule</li> </ul>
<b>Overall course rating</b>	9,33 out of 10
<b>Participants recommend the course to others</b>	100%

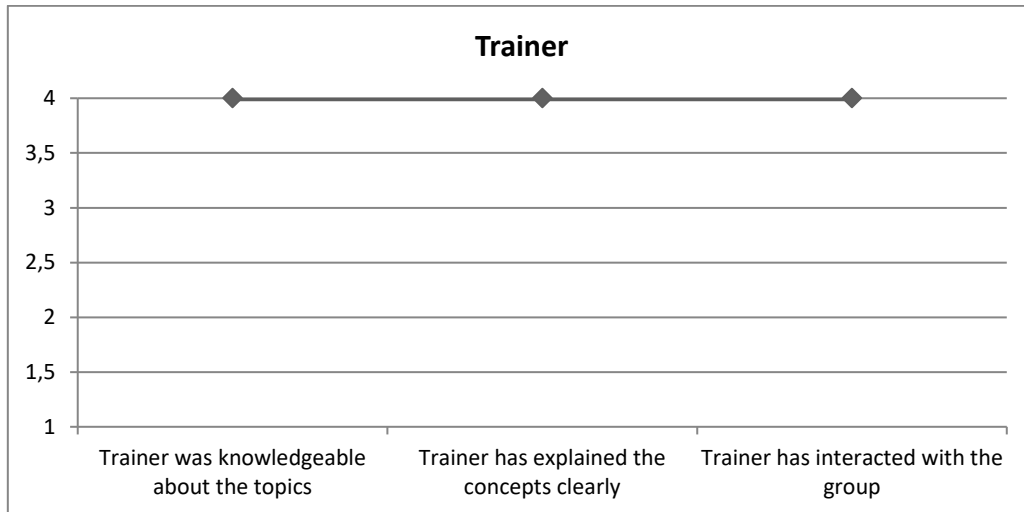
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	3,66 (,667)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	4,00 (,000)



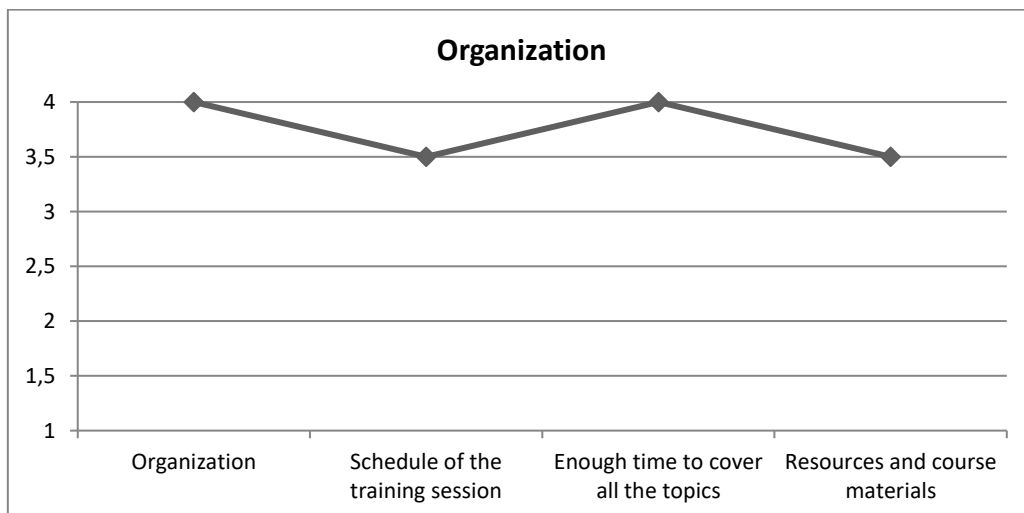
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



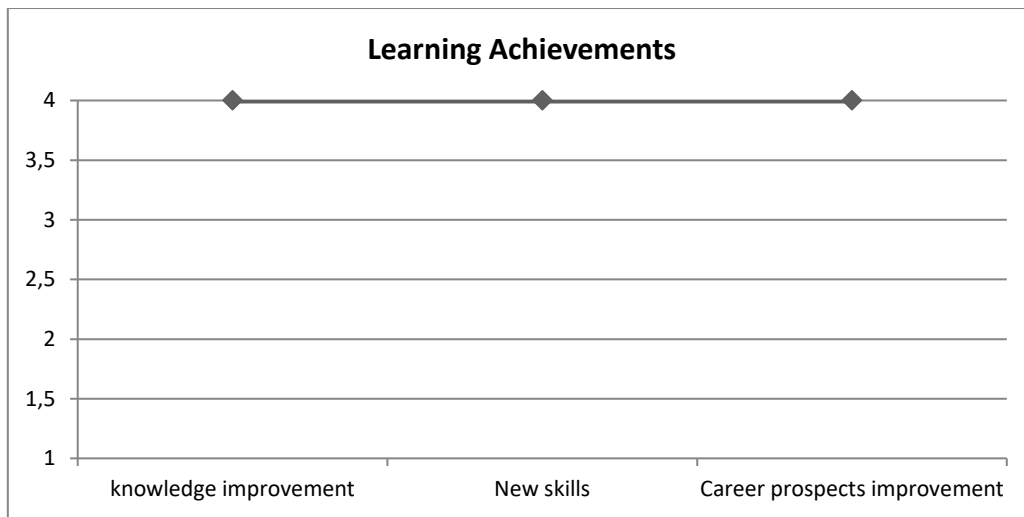
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,66 (,667)
The schedule provided enough time to cover all the topics	4,00 (,000)
The resources and course materials were useful	4,00 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	4,00 (,000)
The course has allowed me to acquire new skills	4,00 (,000)
The course has improved my career prospects	4,00 (,000)





### Activity details

<b>Activity</b>	Chemical risks in the laboratory
<b>Date</b>	Course offered all the academic year round
<b>Time</b>	Self-learning course
<b>Language</b>	Catalan, Spanish and English
<b>Trainer</b>	Servei de Prevenció UAB
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Identify the most common risks in a laboratory.</li> <li>▪ Know the most common entry channels of chemical contaminants and biological agents.</li> <li>▪ Know the most common protection systems in the laboratory. Fume hoods, biological safety booths, individual protection equipment.</li> <li>▪ Learn tools for a qualitative risk assessment.</li> <li>▪ Raise awareness about preventive culture.</li> </ul>

### Responder's details

<b>Number of participants</b>	36
<b>Number of responders</b>	36
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n= 2)</li> <li>▪ Engineering and Architecture (n= 2)</li> <li>▪ Social and Juridical Sciences (n= 2)</li> <li>▪ Sciences (n= 13)</li> <li>▪ Health Sciences (= 17)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =18) First Stage Researcher without grant (n=17)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

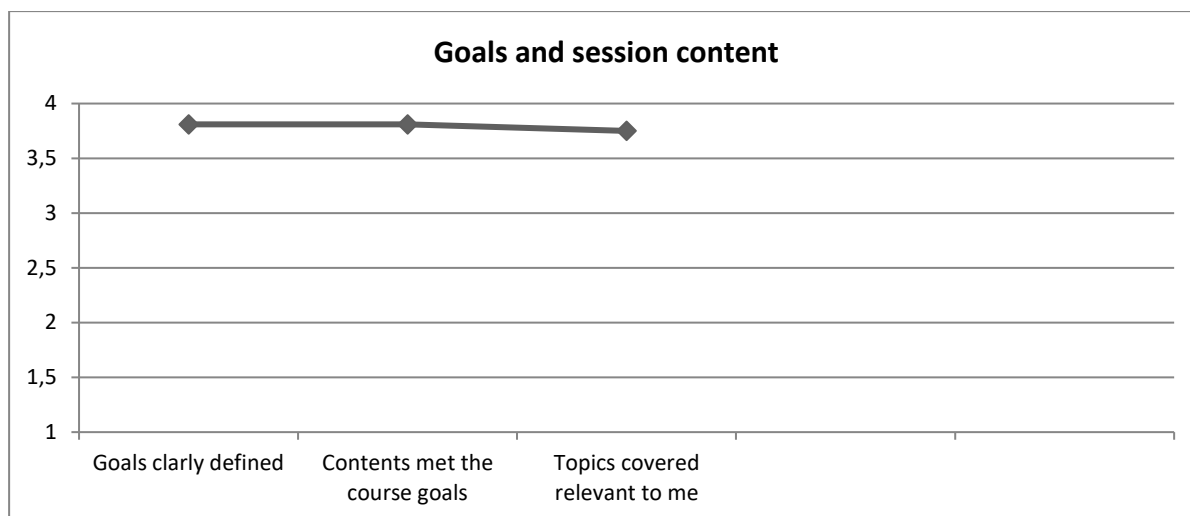
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The goals were clearly defined</li> <li>▪ The contents met the course goals</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	9,03 out of 10

Participants recommend the course to others	88,89%
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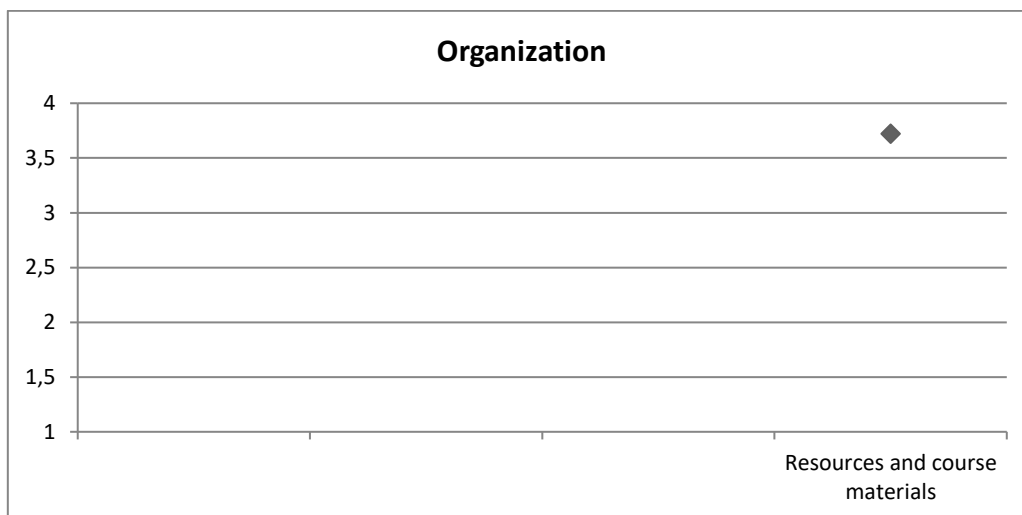
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,80 (,556)
The contents developed have met the course goals	3,80 (,556)
The topics covered were relevant to me	3,75 (,000)



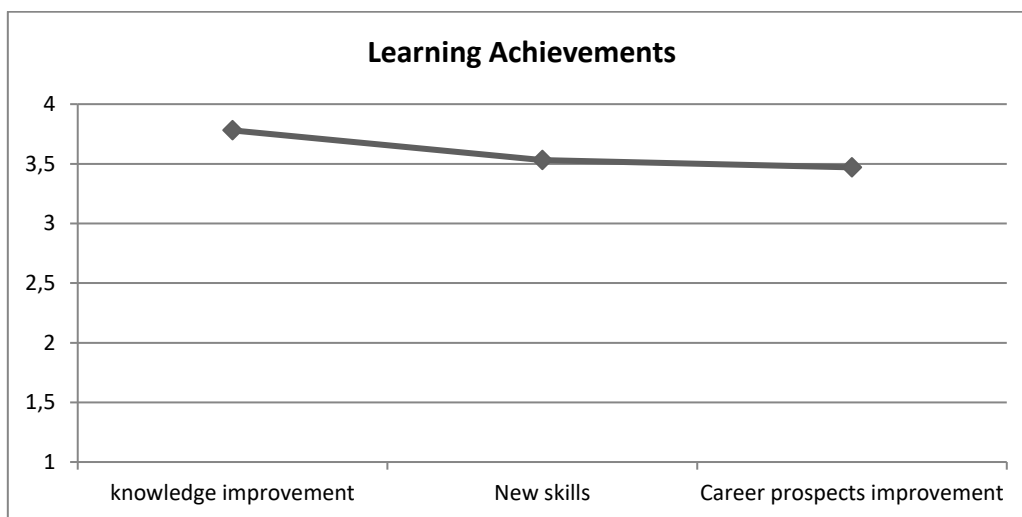
**Related to Organization**

	M (S)
The resources and course materials were useful	3,72 (222)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,77 (777)
The course has allowed me to acquire new skills	3,52 (,778)
The course has improved my career prospects	3,47 (222)



### Activity details

<b>Activity</b>	Zotero
<b>Date</b>	06/11/2023 to 31/05/2024
<b>Time</b>	Self-learning course
<b>Language</b>	Spanish, Catalan and English
<b>Trainer</b>	Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ What is Zotero</li> <li>▪ Personal library</li> <li>▪ Organising your personal library</li> <li>▪ Listing and inserting bibliography</li> <li>▪ Working in group</li> </ul>

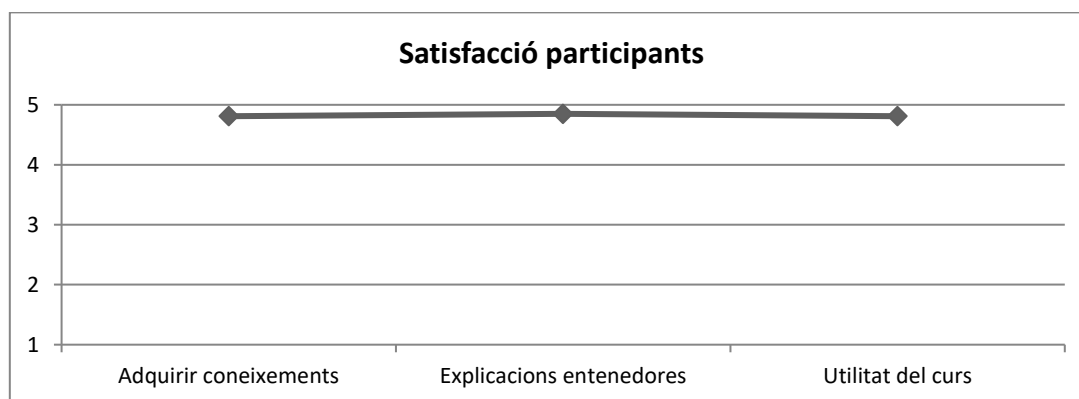
### Responder's details

<b>Number of participants</b>	131
<b>Number of responders</b>	113
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

The participants answered a satisfaction questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre l'eina	4,81
Explicacions entenedores	4,85
Utilitat del curs	4,81



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	Writing an abstract and outlining an academic paper (virtual)
<b>Date</b>	07/11/2023
<b>Time</b>	Group 1: 10:00 – 12:00 Group 2: 15:00 – 17:00
<b>Language</b>	English
<b>Trainer</b>	Blanca Arias
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Writing an abstract</li> <li>▪ Keywords</li> <li>▪ How to distribute information</li> <li>▪ Terminology</li> </ul>

### Responder's details

<b>Number of participants</b>	30
<b>Number of responders</b>	22
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 5)</li> <li>▪ Sciences (n= 1)</li> <li>▪ Health Sciences (n= 7)</li> <li>▪ Social and Juridical Sciences (= 7)</li> <li>▪ Engineering (n= 2)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =12) First Stage Researcher without grant (n=10)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

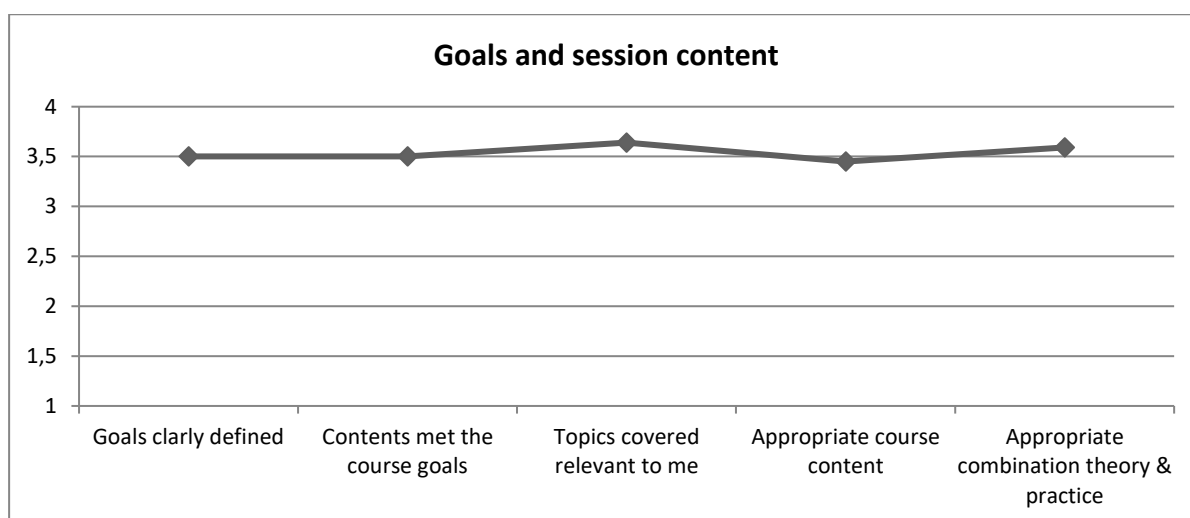
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer explained the concepts clearly</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The time to cover all the topics</li> <li>▪ The new skills acquired</li> <li>▪ The improvement of career prospects</li> </ul>
<b>Overall course rating</b>	7,86 out of 10

<b>Participants recommend the course to others</b>	95,45%
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**Related to Goals and Session Content**

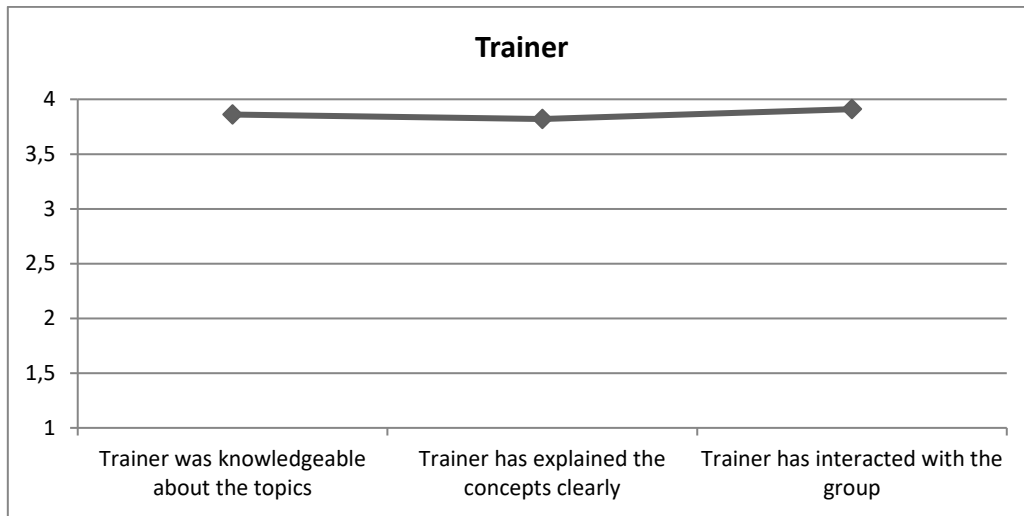
	M (S)
The goals of the training course were clearly defined	3,50 (,000)
The contents developed have met the course goals	3,50 (,000)
The topics covered were relevant to me	3,63 (,636)
The course content was appropriate and was presented in a structured manner	3,45 (,455)
There has been an appropriate combination between theory and practice	3,59 (,091)



**Related to the Trainer**

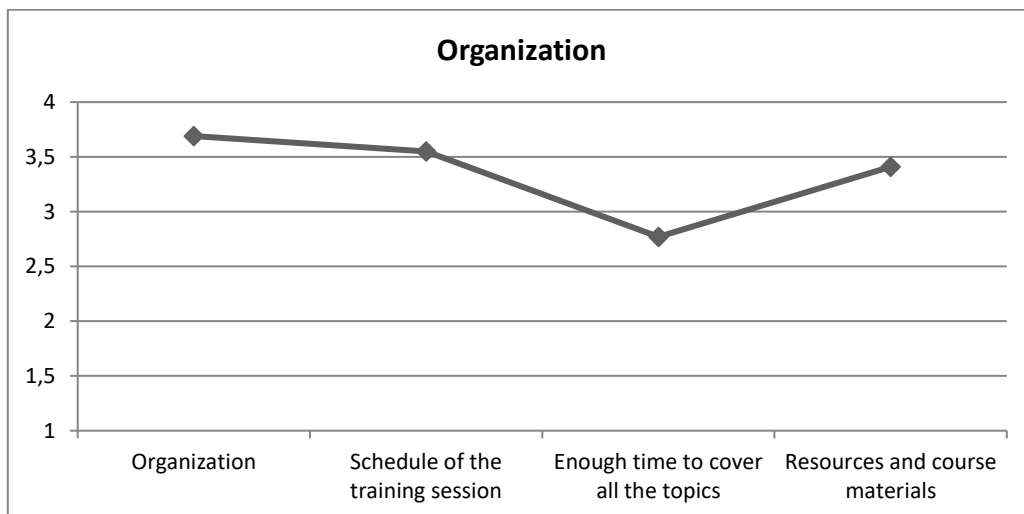
	M (S)
The trainer was knowledgeable about the training topics	3,86 (,364)
The trainer has explained the concepts clearly and in an understandable way	3,81 (,818)
The trainer has interacted with the group, for example, answering our questions	3,90 (,909)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WRITING AN ABSTRACT AND OUTLINING AN ACADEMIC PAPER” (7/11/2023)**



**Related to Organization**

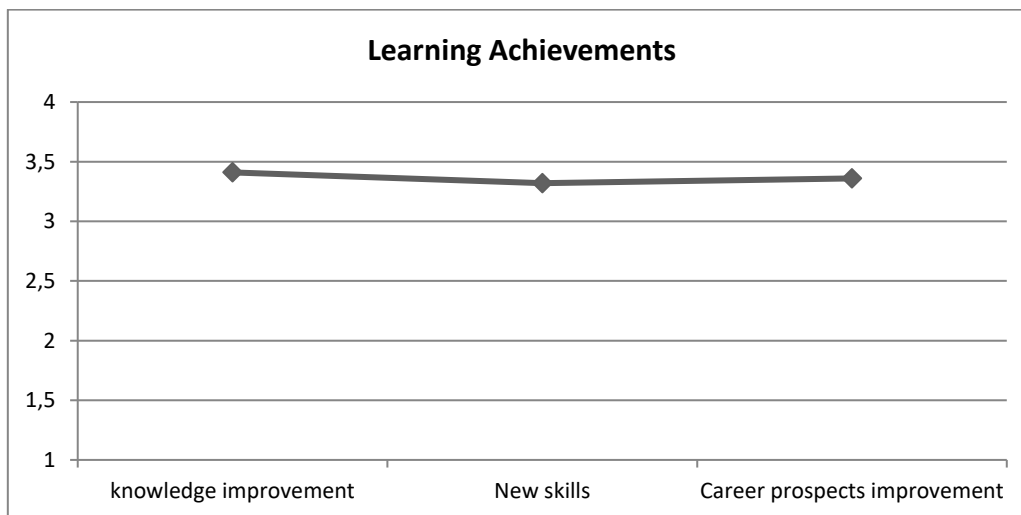
	M (S)
The course was well organized: information, registration process, etc.	3,68 (,182)
The schedule of the training session/s has helped my attendance	3,54 (,546)
The schedule provided enough time to cover all the topics	2,77 (,273)
The resources and course materials were useful	3,40 (,909)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,40 (,909)

The course has allowed me to acquire new skills	3,31(,812)
The course has improved my career prospects	3,36 (,364)





### Activity details

<b>Activity</b>	Research data: open access publishing and data management plan (virtual)
<b>Date</b>	November 2023. 3 virtual sessions via Teams
<b>Time</b>	Depending on the session – morning or afternoon
<b>Language</b>	1 in Catalan, 1 in Spanish, 1 in English
<b>Trainer</b>	Several trainers – Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Research data</li> <li>▪ Requirements</li> <li>▪ FAIR principles</li> <li>▪ Data Management Plans</li> <li>▪ CORA RDR</li> <li>▪ Other research data repositories</li> <li>▪ Good practices</li> </ul>

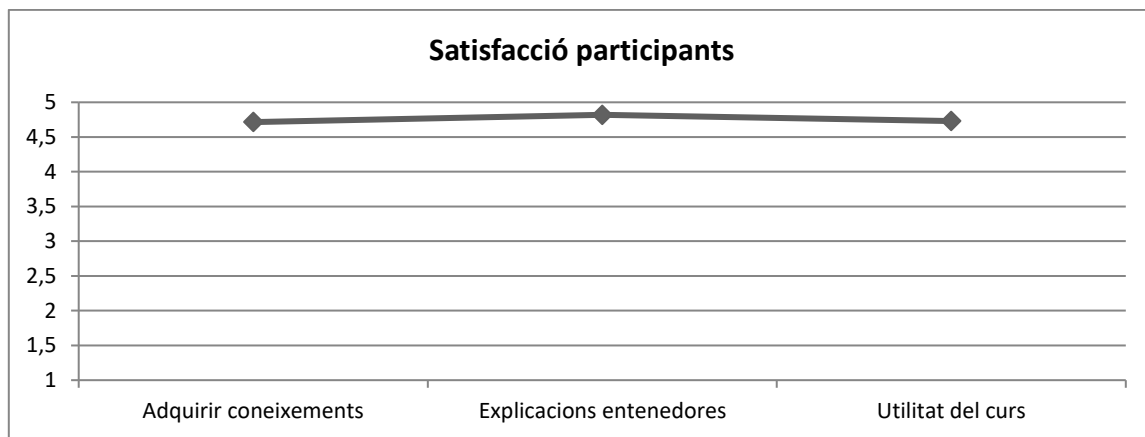
### Responder's details

<b>Nombre d'assistents</b>	128
<b>Nombre de respostes</b>	68
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,75
Explicacions entenedores	4,82
Utilitat del curs	4,79



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	Lego <sup>®</sup> Serious Play <sup>®</sup>
<b>Date</b>	15 <sup>th</sup> November 2023
<b>Time</b>	09:00 - 14:00
<b>Language</b>	Catalan
<b>Instructor</b>	Teia Guix (Co-Emprèn)
<b>Addressed to</b>	First stage researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Foster creative skills, individually and in a collaborative way, in order to boost an entrepreneurial attitude.</li> <li>▪ Foster the capacity to solve complex issues</li> <li>▪ Innovate and solve challenges and problems with Lego<sup>®</sup> Serious Play<sup>®</sup></li> </ul>

### Responder's details

<b>Number of participants</b>	15
<b>Number of responders</b>	13
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 3)</li> <li>▪ Sciences (n = 4)</li> <li>▪ Health Sciences (n= 3)</li> <li>▪ Social and Juridical Sciences (= 2)</li> <li>▪ Engineering &amp; Architecture (= 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 2) First Stage Researcher without grant (n= 11)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

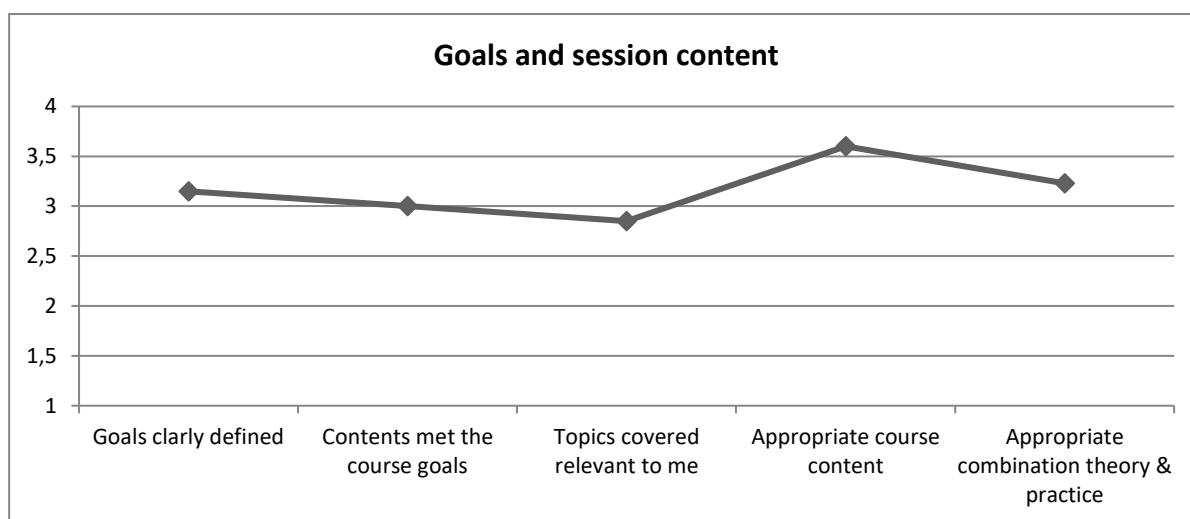
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The course was well organized</li> <li>▪ The content was appropriate and well presented</li> <li>▪ The trainer explained the concepts clearly</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The improvement of knowledge on the subject</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	6,81 out of 10

Participants recommend the course to others	69,23%
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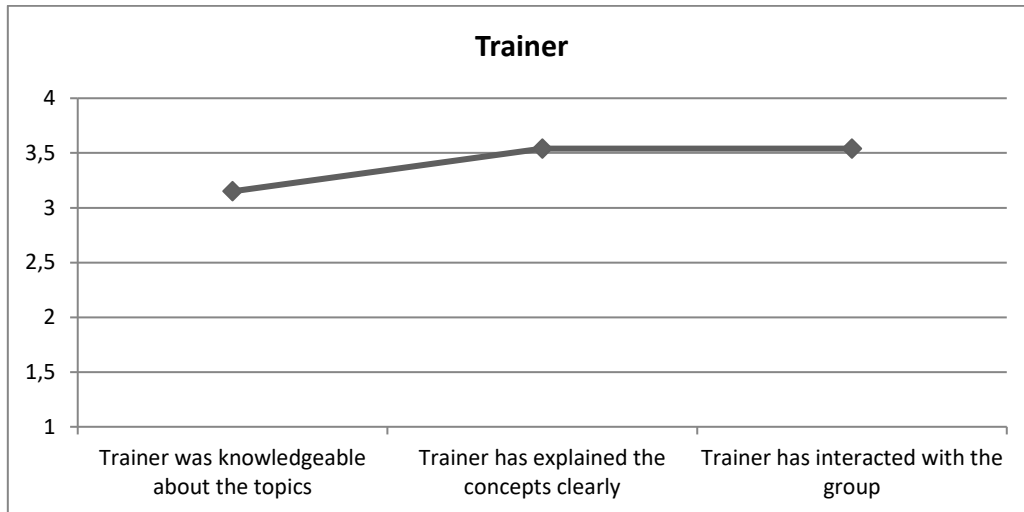
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,15 (,385)
The contents developed have met the course goals	3,00 (,000)
The topics covered were relevant to me	2,84 (,615)
The course content was appropriate and was presented in a structured manner	3,60 (,000)
There has been an appropriate combination between theory and practice	3,23 (,077)



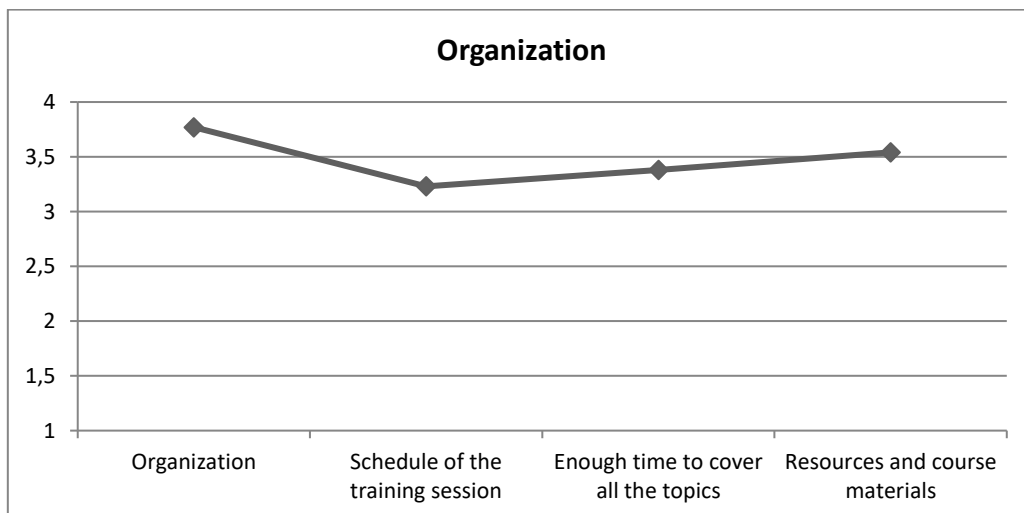
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,15 (,385)
The trainer has explained the concepts clearly and in an understandable way	3,53 (,846)
The trainer has interacted with the group, for example, answering our questions	3,53 (,846)



**Related to Organization**

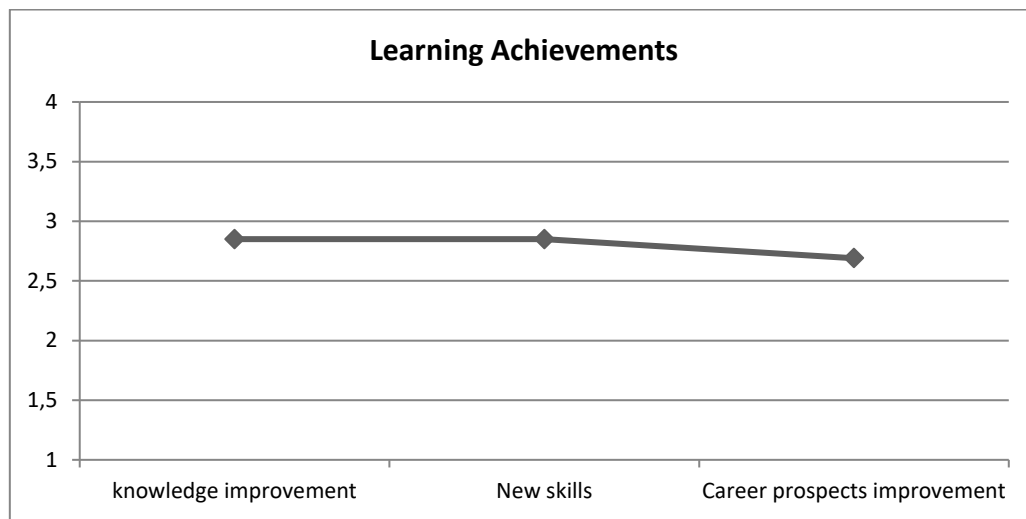
	M (S)
The course was well organized: information, registration process, etc.	3,76 (,923)
The schedule of the training session/s has helped my attendance	3,23 (,077)
The schedule provided enough time to cover all the topics	3,38 (,462)
The resources and course materials were useful	3,53 (,846)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	2,84 (,615)

The course has allowed me to acquire new skills	2,84 (,615)
The course has improved my career prospects	2,69 (,231)



### Activity details

<b>Activity</b>	Good research practices and research integrity at UAB
<b>Date</b>	Academic Year 23-24
<b>Time</b>	Self-learning course
<b>Language</b>	English
<b>Trainer</b>	José Luis Molina
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ The UAB Code of Good Practice in Research</li> <li>▪ Ethics and research integrity</li> <li>▪ Moral dilemmas when working in science</li> </ul>

### Responder's details

<b>Number of participants</b>	75
<b>Number of responders</b>	75
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 22)</li> <li>▪ Engineering and Architecture (n = 1)</li> <li>▪ Health Sciences (n = 26)</li> <li>▪ Sciences (n = 13)</li> <li>▪ Social and juridical sciences (n = 13)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =31) First Stage Researcher without grant (n=44)

### Participants Satisfaction/Opinion

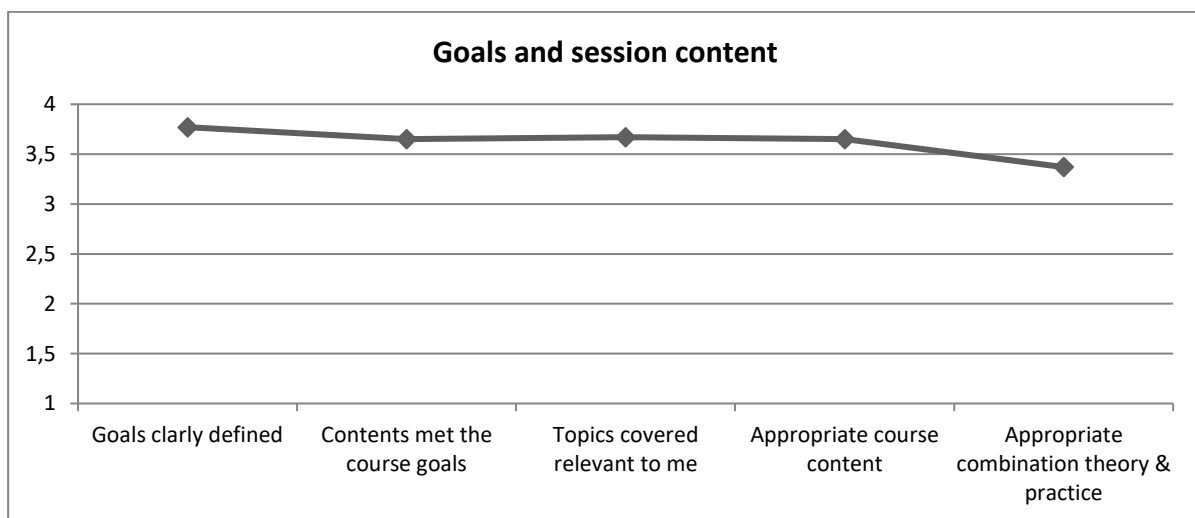
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The time to cover all the topics</li> <li>▪ The scheduled helped assistance</li> <li>▪ The goals were clearly defined</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The combination between theory and practice</li> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	8,60 out of 10
<b>Participants recommend the course to others</b>	96%

**Related to Goals and Session Content**

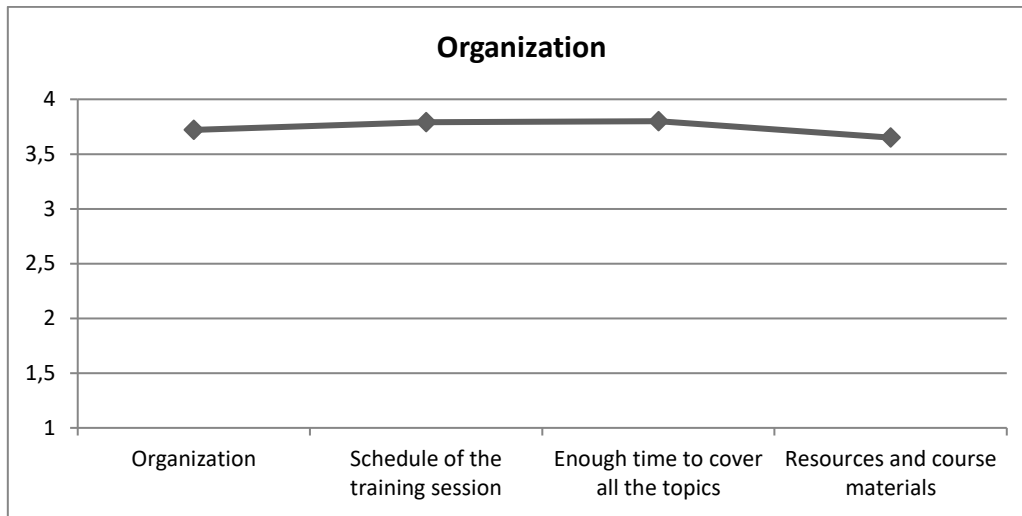
	M (S)
The goals of the training course were clearly defined	3,77 (.333)
The contents developed have met the course goals	3,65 (.333)
The topics covered were relevant to me	3,66 (.667)
The course content was appropriate and was presented in a structured manner	3,65 (.333)
There has been an appropriate combination between theory and practice	3,37 (.333)



**Related to Organization**

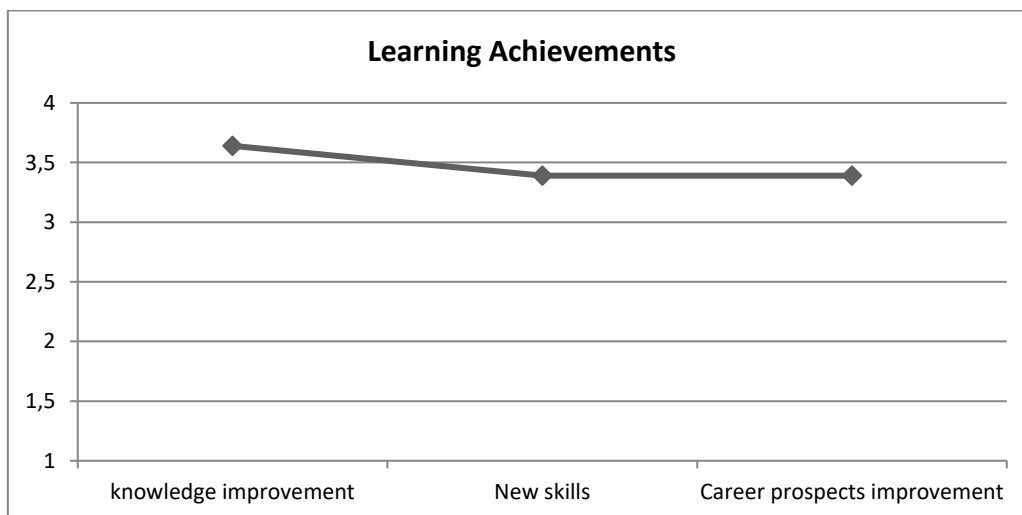
	M (S)
The course was well organized: information, registration process, etc.	3,72 (.000)
The schedule of the training session/s has helped my attendance	3,78 (.667)
The schedule provided enough time to cover all the topics	3,80 (.000)
The resources and course materials were useful	3,65 (.333)





**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,64 (,000)
The course has allowed me to acquire new skills	3,38 (,667)
The course has improved my career prospects	3,38 (,667)



**The language of the course (English) made it difficult to follow the contents**

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “GOOD RESEARCH PRACTICES AND RESEARCH INTEGRITY AT UAB” (Academic year 2023-2024)**

Yes	No
15%	85%

### Activity details

<b>Activity</b>	Welcome Session – November (hybrid)
<b>Date</b>	28/11/2023
<b>Time</b>	11.00 – 12:00
<b>Language</b>	Spanish
<b>Trainer</b>	Doctoral School
<b>Addressed to</b>	Early Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ The UAB Code of Good Practice</li> <li>▪ Academic regulation of PhD programmes</li> <li>▪ The UAB Doctoral School webpage, introduction to the Sigma platform</li> <li>▪ The Euraxess initiative</li> <li>▪ Transferable skills training</li> <li>▪ Open Science</li> <li>▪ The International Support Service</li> </ul>

### Responder’s details

<b>Number of participants</b>	116
<b>Number of responders</b>	72
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 23)</li> <li>▪ Engineering and Architecture (n = 6)</li> <li>▪ Health Sciences (n=14)</li> <li>▪ Sciences (n= 12)</li> <li>▪ Social and Juridical Sciences (= 17)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =26) First Stage Researcher without grant (n=46)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

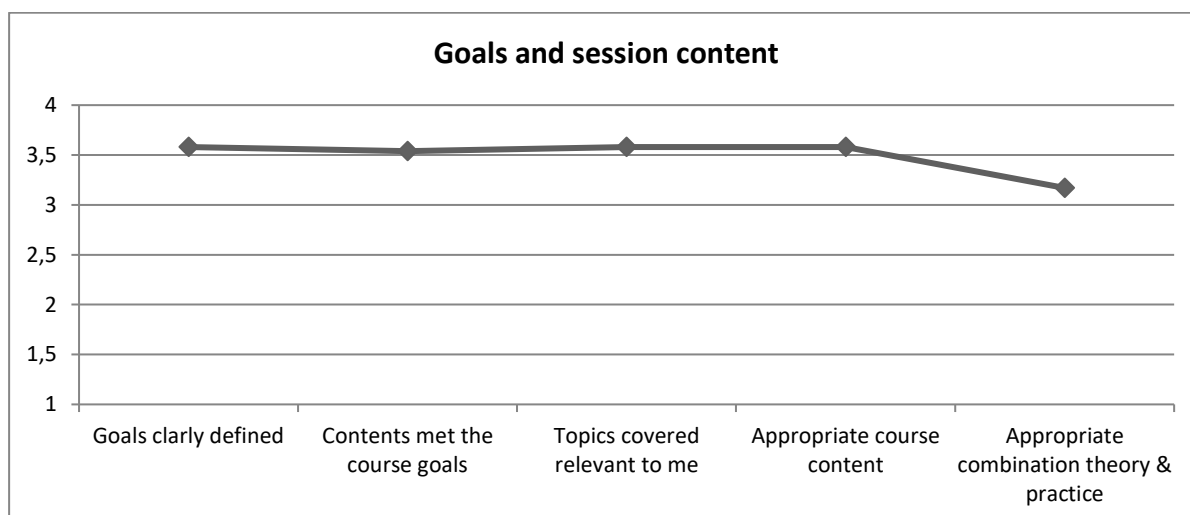
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The trainer interacted with the group</li> </ul>
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<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The combination between theory and practice</li> <li>▪ The new skills acquired</li> <li>▪ The improvement of career prospects</li> </ul>
<b>Overall course rating</b>	8,2 out of 10
<b>Participants recommend the course to others</b>	93,1%

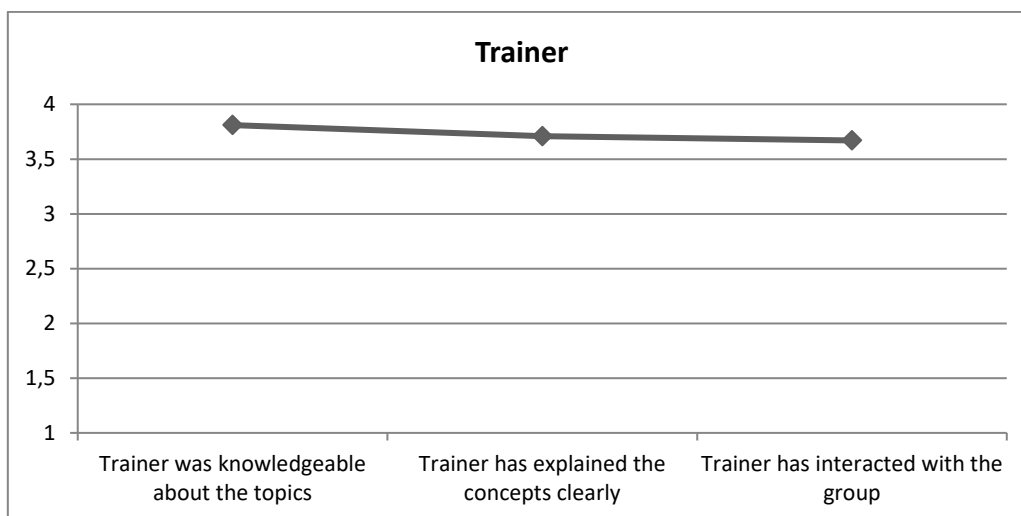
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,58 (,333)
The contents developed have met the course goals	3,54 (,167)
The topics covered were relevant to me	3,58 (,333)
The course content was appropriate and was presented in a structured manner	3,58 (,333)
There has been an appropriate combination between theory and practice	3,16 (,667)



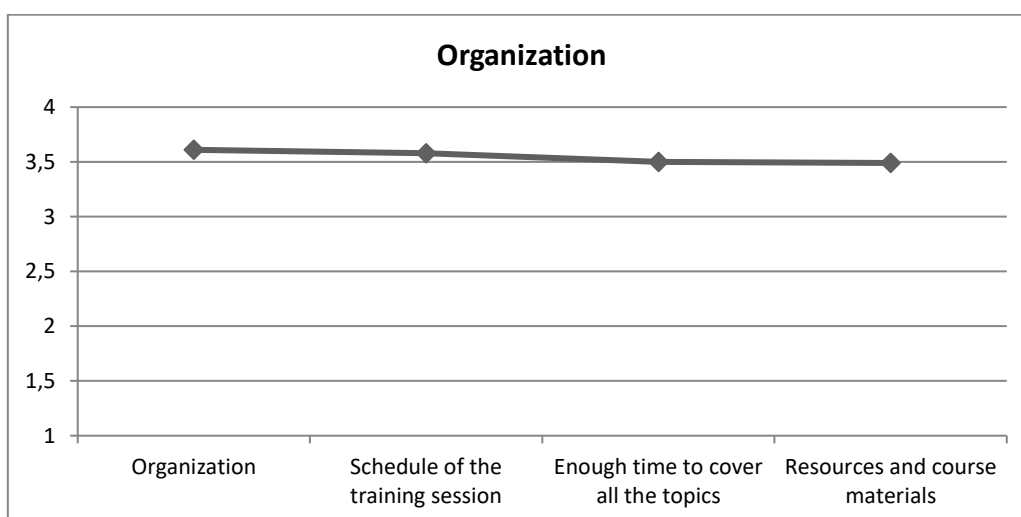
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,80 (,556)
The trainer has explained the concepts clearly and in an understandable way	3,70 (,833)
The trainer has interacted with the group, for example, answering our questions	3,66 (,667)



**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,61 (,111)
The schedule of the training session/s has helped my attendance	3,58 (,333)
The schedule provided enough time to cover all the topics	3,50 (,000)
The resources and course materials were useful	3,48 (,611)

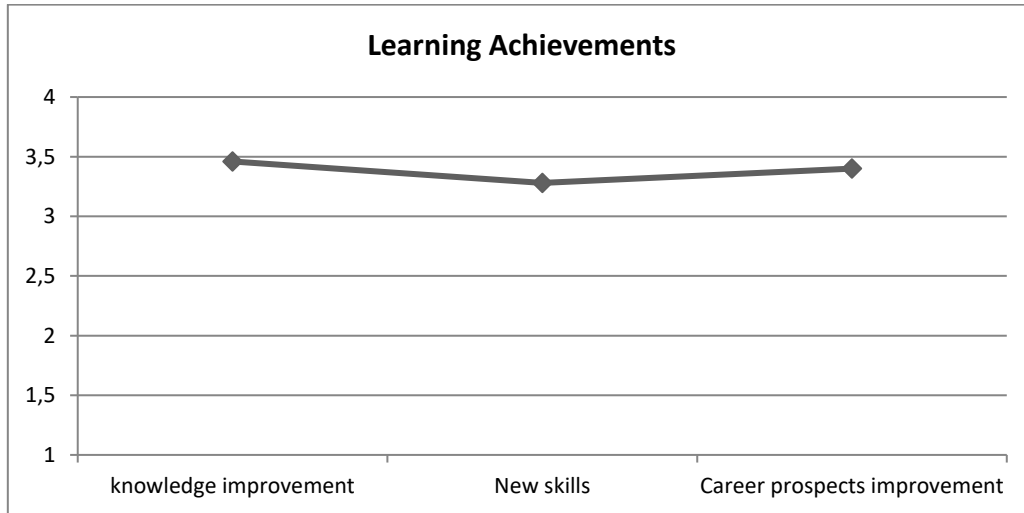


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,45 (,833)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WELCOME SESSION: THE DOCTORAL STUDIES AS A FORMATIVE PROCESS” (28/11/2023)**

The course has allowed me to acquire new skills	3,27 (,778)
The course has improved my career prospects	3,40 (,278)



### Activity details

<b>Activity</b>	How to design and defend your PhD with the Idea Puzzle® software (virtual)
<b>Date</b>	01/12/2023
<b>Time</b>	10:00 – 11:30
<b>Language</b>	English
<b>Trainer</b>	Ricardo Morais (Idea Puzzle)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Research as a system of 21 decisions</li> <li>▪ Theoretical decisions of your research</li> <li>▪ Methodological decisions of your research</li> <li>▪ Empirical decisions of your research</li> <li>▪ Rhetoric decisions of your research</li> <li>▪ Authorial decisions of your research</li> <li>▪ Application to participants' research with the Idea Puzzle® software</li> </ul>

### Responder's details

<b>Number of participants</b>	47
<b>Number of responders</b>	28
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 8)</li> <li>▪ Health Sciences (n= 10)</li> <li>▪ Sciences (n= 4)</li> <li>▪ Social and Juridical Sciences (n=6)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 7) First Stage Researcher without grant (n= 21)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

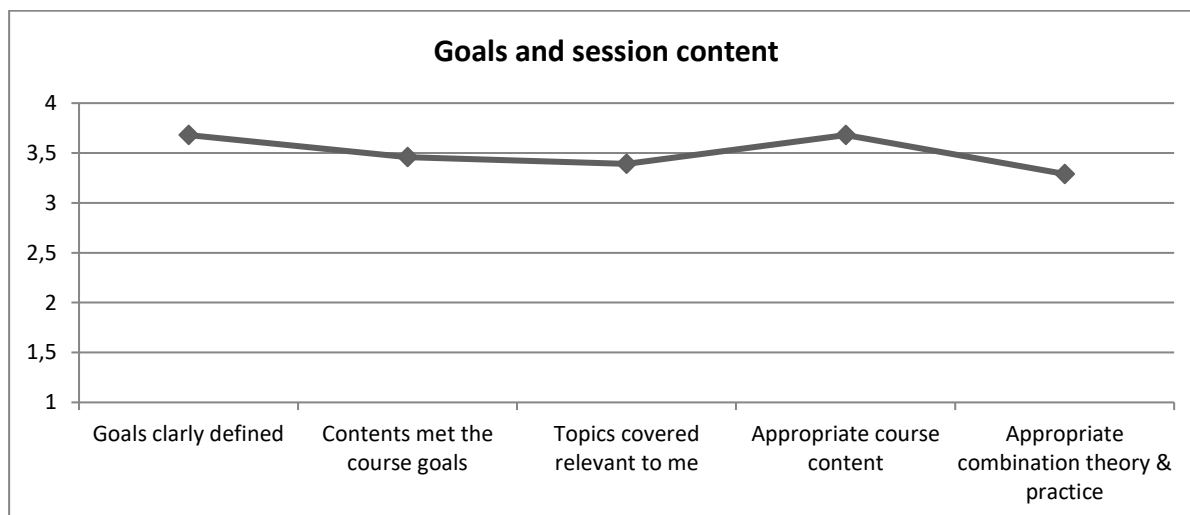
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The course was well organized</li> <li>▪ The content was appropriate and well presented</li> </ul>
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<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The combination between theory and practice</li> <li>▪ The improvement of career prospects</li> <li>▪ The improvement of knowledge on the subject</li> </ul>
<b>Overall course rating</b>	8,20 out of 10
<b>Participants recommend the course to others</b>	96,43%

**Related to Goals and Session Content**

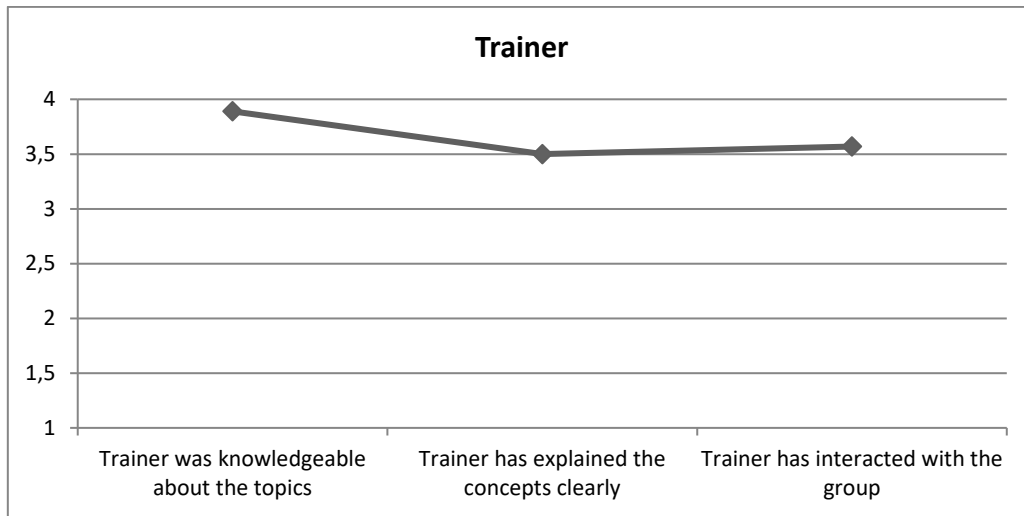
	M (S)
The goals of the training course were clearly defined	3,67 (,857)
The contents developed have met the course goals	3,46 (,429)
The topics covered were relevant to me	3,39 (,286)
The course content was appropriate and was presented in a structured manner	3,67 (,857)
There has been an appropriate combination between theory and practice	3,28 (,571)



**Related to the Trainer**

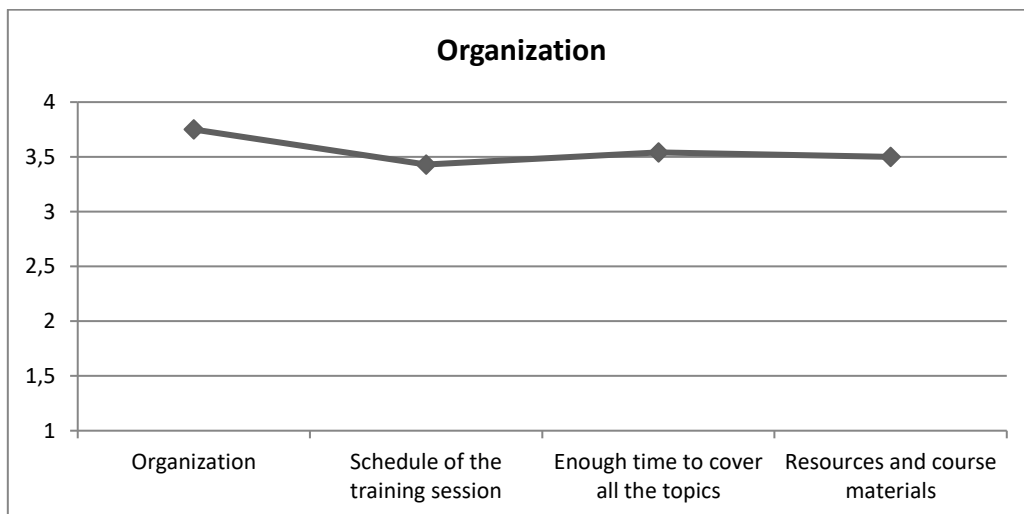
	M (S)
The trainer was knowledgeable about the training topics	3,89 (,286)
The trainer has explained the concepts clearly and in an understandable way	3,50 (,000)
The trainer has interacted with the group, for example, answering our questions	3,57 (,143)





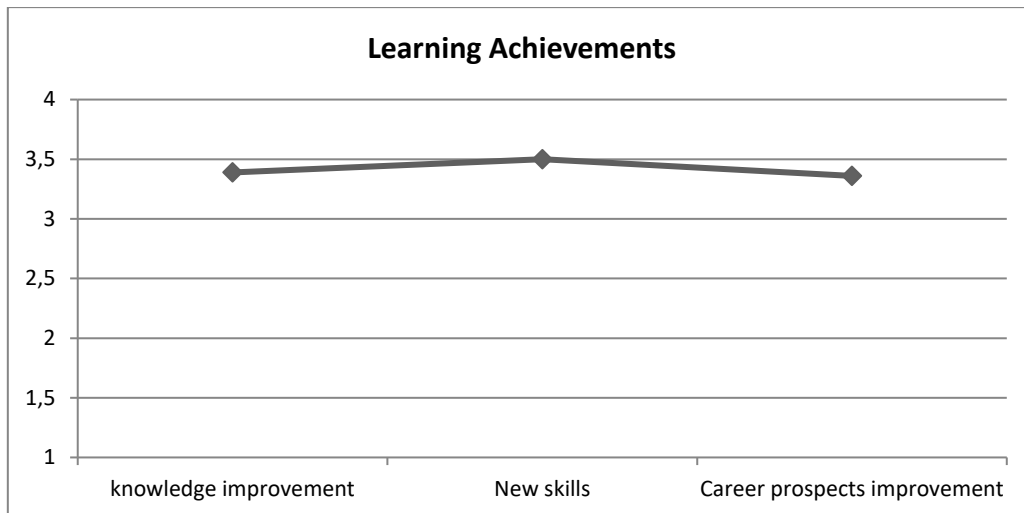
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,75 (,000)
The schedule of the training session/s has helped my attendance	3,42 (857)
The schedule provided enough time to cover all the topics	3,53 (,571)
The resources and course materials were useful	3,50 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,39 (,286)
The course has allowed me to acquire new skills	3,50 (,000)
The course has improved my career prospects	3,35 (,714)



### Activity details

<b>Activity</b>	Elevator Pitch (virtual)
<b>Date</b>	4, 11, 13, 18 & 20/12/2023
<b>Time</b>	10:00 - 12:00
<b>Language</b>	English
<b>Instructor</b>	Servei de Llengües
<b>Addressed to</b>	First stage researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Analysis of the communicative situation to adapt the intervention</li> <li>▪ Control of aspects related to courtesy in the discourse</li> <li>▪ Construction of a complete intervention around a central idea                             <ul style="list-style-type: none"> <li>▪ Preparation of a clear, precise, non-ambiguous discourse</li> <li>▪ Creation of an interesting, easy, persuasive and stimulating discourse from the content to the structure</li> <li>▪ Non-verbal communication</li> </ul> </li> </ul>

### Responder’s details

<b>Number of participants</b>	12
<b>Number of responders</b>	11
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts &amp; Humanities (n = 3)</li> <li>▪ Engineering &amp; Architecture (n = 1)</li> <li>▪ Health Sciences (n = 1)</li> <li>▪ Sciences (n = 2)</li> <li>▪ Social and Juridical Sciences (n = 4)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 4) First Stage Researcher without grant (n=7)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

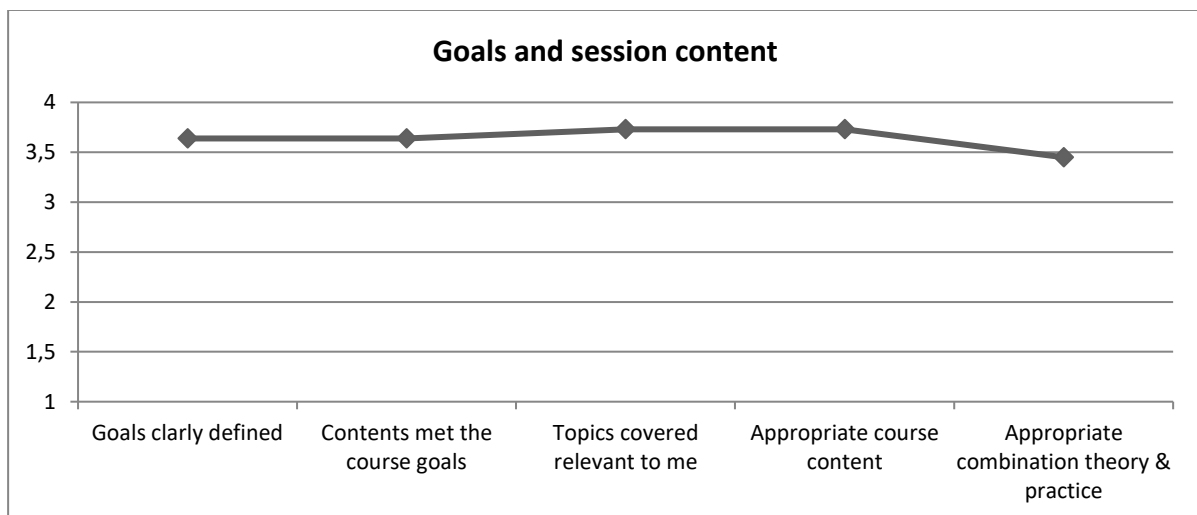
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer interacted with the group</li> </ul>
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	<ul style="list-style-type: none"> <li>▪ The trainer explained the concepts clearly</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The combination between theory and practice</li> <li>▪ The time to cover all the topics</li> </ul>
<b>Overall course rating</b>	8,55 out of 10
<b>Participants recommend the course to others</b>	90,91%

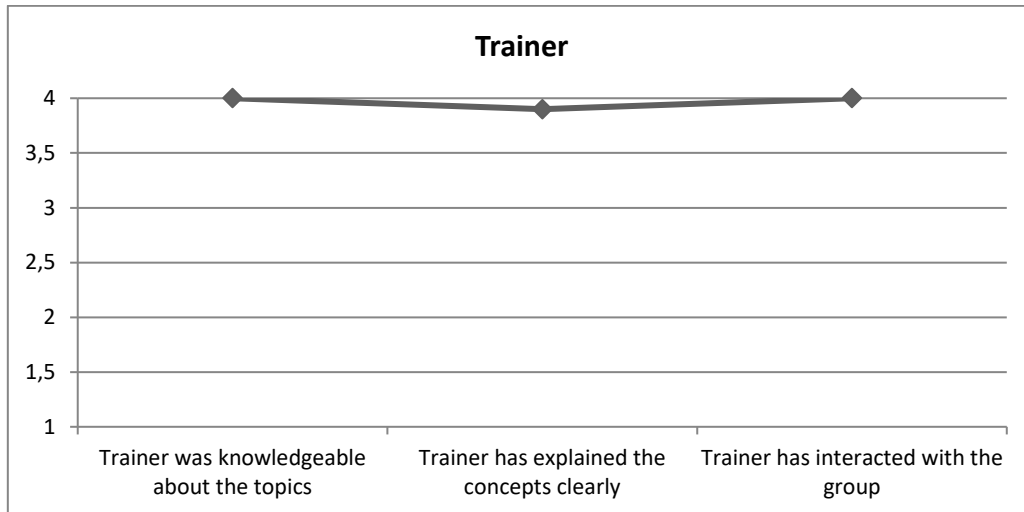
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,63 (,636)
The contents developed have met the course goals	3,63 (,636)
The topics covered were relevant to me	3,72 (,727)
The course content was appropriate and was presented in a structured manner	3,72 (,727)
There has been an appropriate combination between theory and practice	3,45 (,454)



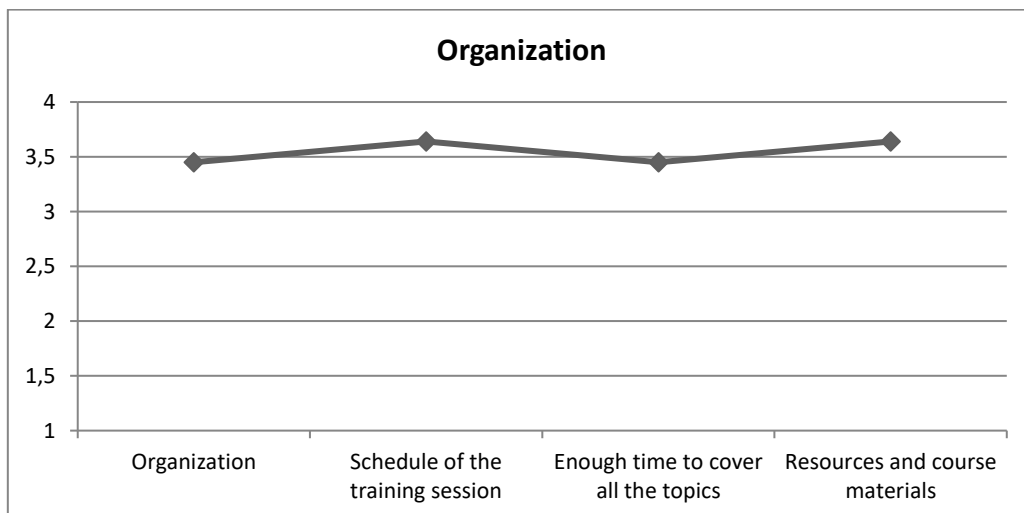
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,90 (,909)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



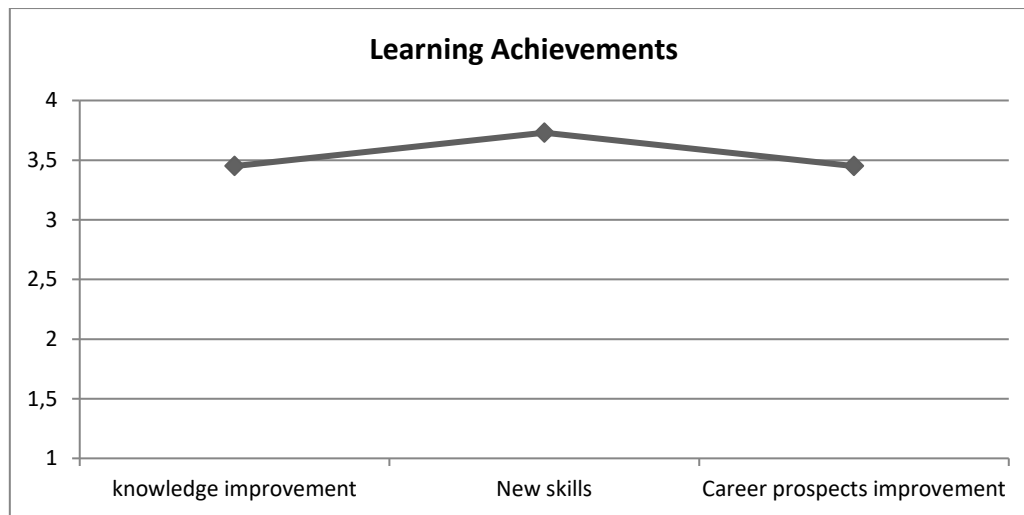
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,45 (,455)
The schedule of the training session/s has helped my attendance	3,63 (,636)
The schedule provided enough time to cover all the topics	3,45 (,455)
The resources and course materials were useful	3,63 (,636)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,45 (,455)
The course has allowed me to acquire new skills	3,72 (,727)
The course has improved my career prospects	3,45 (,455)



### Activity details

<b>Activity</b>	Gender Perspective in Research (on-site)
<b>Date</b>	12 & 14/12/2023
<b>Time</b>	10:00-13:00
<b>Language</b>	Catalan (slides in Spanish)
<b>Trainer</b>	Enrico Mora
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Sex-gender dimension</li> <li>▪ Gender in research</li> <li>▪ Arising awareness</li> <li>▪ Detecting gender biases and stereotypes</li> </ul>

### Responder’s details

<b>Number of participants</b>	11
<b>Number of responders</b>	9
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts &amp; Humanities (n= 4)</li> <li>▪ Health Sciences (n = 1)</li> <li>▪ Sciences (n = 2)</li> <li>▪ Social and Juridical Sciences (n= 2)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =4) First Stage Researcher without grant (n=5)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

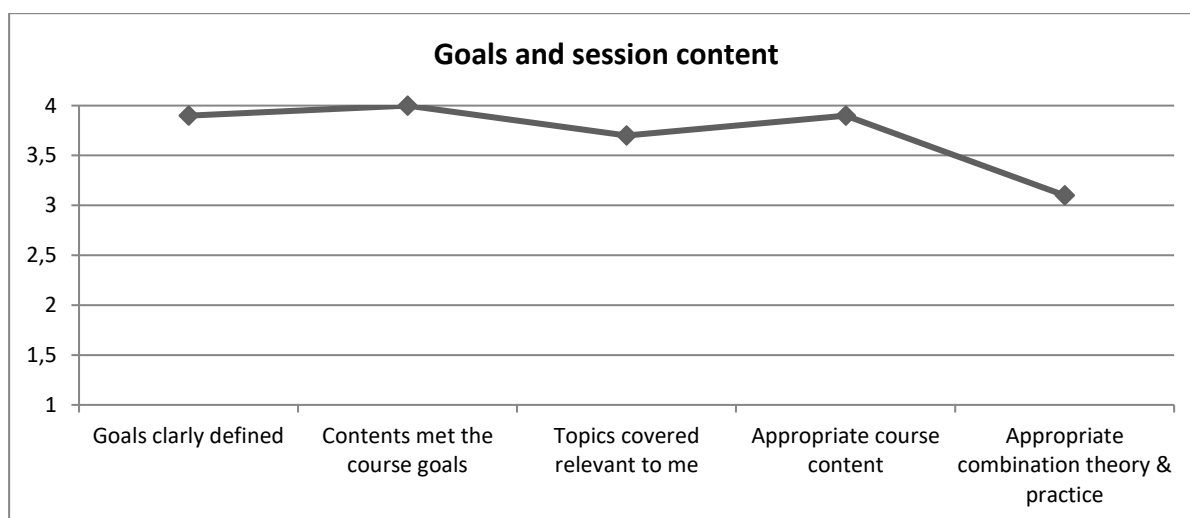
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The trainer interacted with the group</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The combination between theory and practice</li> <li>▪ The improvement of career prospects</li> <li>▪ The time to cover all the topics</li> </ul>
<b>Overall course rating</b>	9,44 out of 10

<b>Participants recommend the course to others</b>	100%
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**Related to Goals and Session Content**

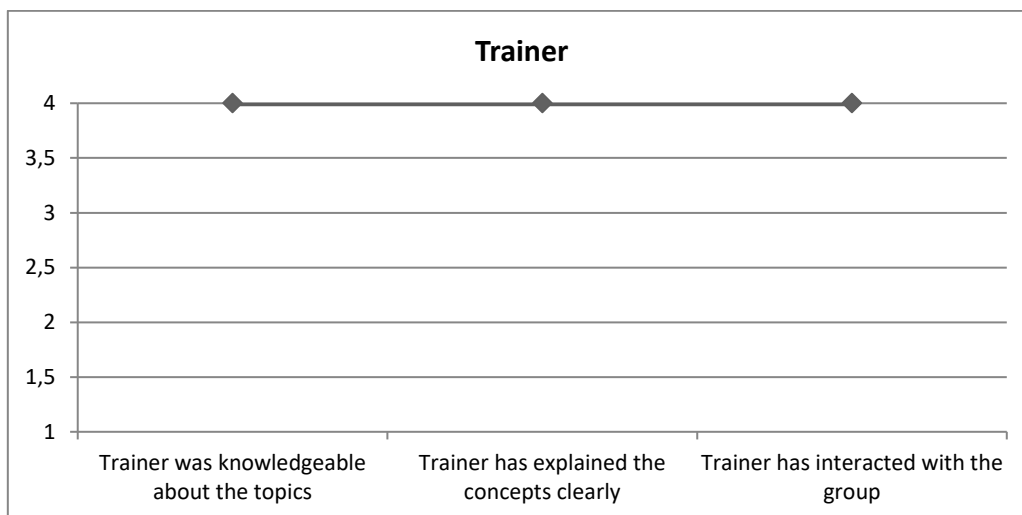
	M (S)
The goals of the training course were clearly defined	3,88 (,889)
The contents developed have met the course goals	4,00 (,000)
The topics covered were relevant to me	3,66 (,667)
The course content was appropriate and was presented in a structured manner	3,88 (,889)
There has been an appropriate combination between theory and practice	3,11 (,111)



**Related to the Trainer**

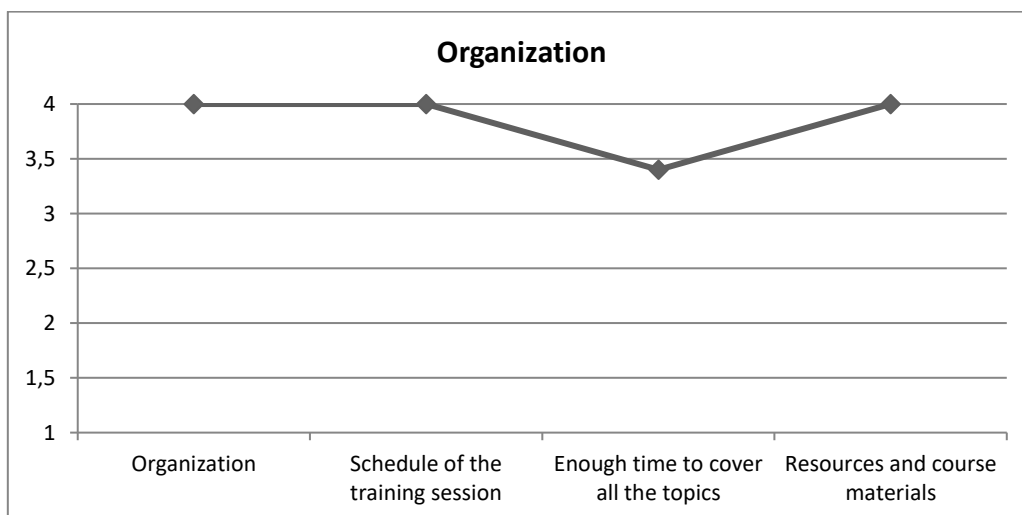
	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)





**Related to Organization**

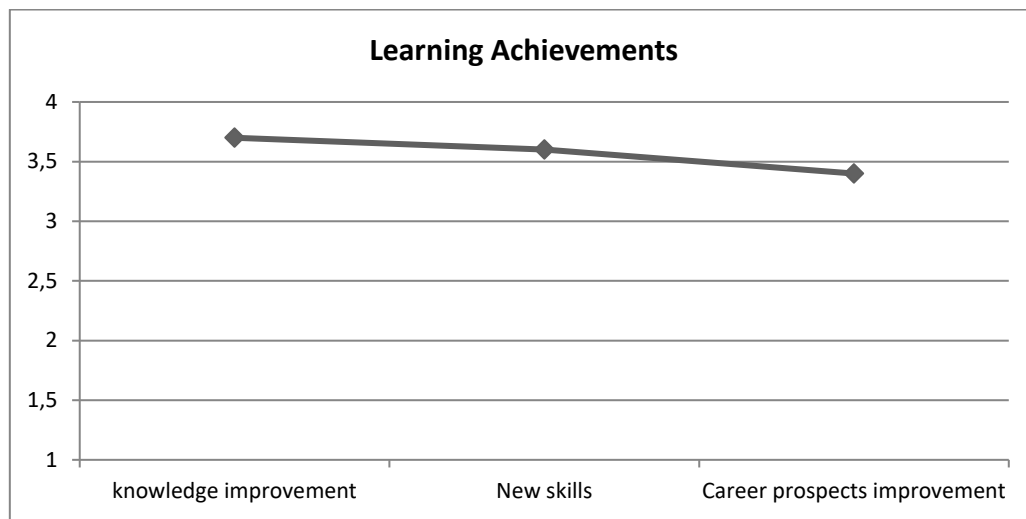
	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	4,00 (,000)
The schedule provided enough time to cover all the topics	3,44 (,444)
The resources and course materials were useful	4,00 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,66 (,667)

The course has allowed me to acquire new skills	3,55 (,556)
The course has improved my career prospects	3,44 (,444)



### Activity details

<b>Activity</b>	Research Papers – Humanities (virtual)
<b>Date</b>	12/12/2023 to 25/01/2024
<b>Time</b>	Tuesdays and Thursdays, 14:00 – 16:00
<b>Language</b>	English
<b>Trainer</b>	Jose Ygoa (Servei de Llengües)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Structure of scientific papers</li> <li>▪ Formal and discursive characteristics</li> <li>▪ Vocabulary, grammar and syntax</li> </ul>

### Responder’s details

<b>Number of participants</b>	12
<b>Number of responders</b>	10
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts &amp; Humanities (n = 4)</li> <li>▪ Social &amp; Juridical Sciences (n = 5)</li> <li>▪ Health Sciences (n = 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =5) First Stage Researcher without grant (n =5)

### Participants Satisfaction/Opinion

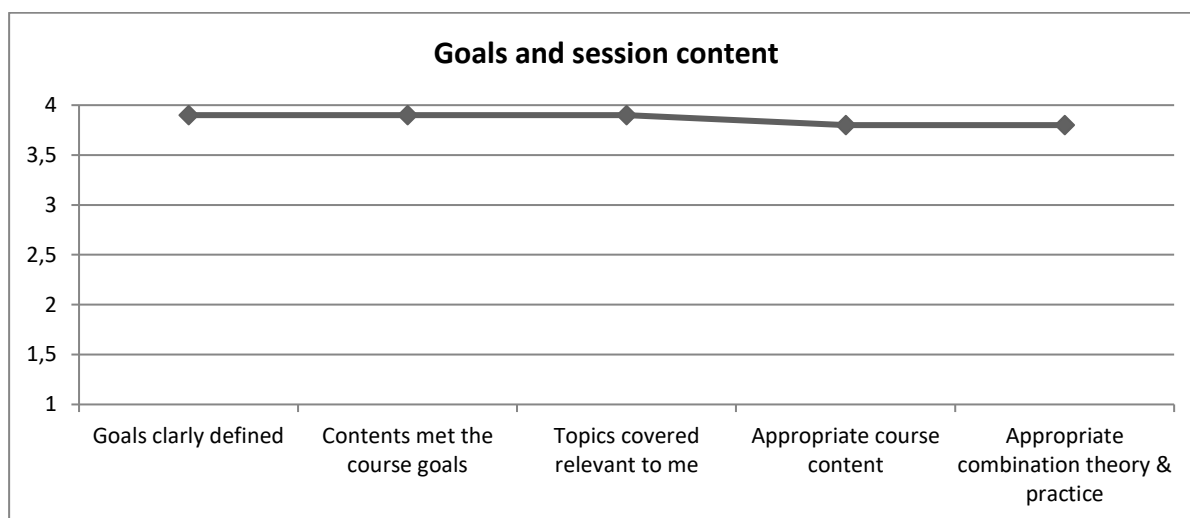
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The course was well organized</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	9 out of 10
<b>Participants recommend the course to others</b>	100%

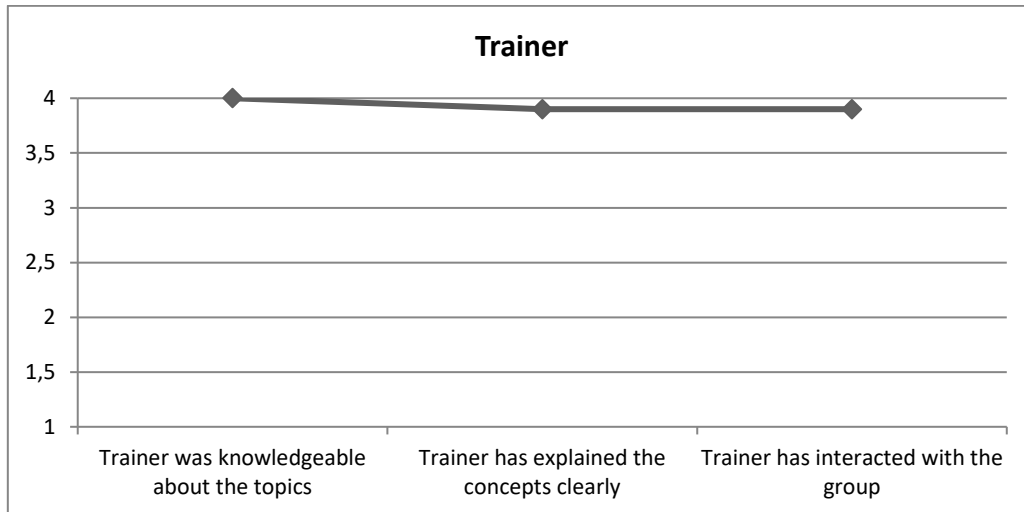
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,90 (,000)
The contents developed have met the course goals	3,90 (,000)
The topics covered were relevant to me	3,90 (,000)
The course content was appropriate and was presented in a structured manner	3,80 (,000)
There has been an appropriate combination between theory and practice	3,80 (,000)



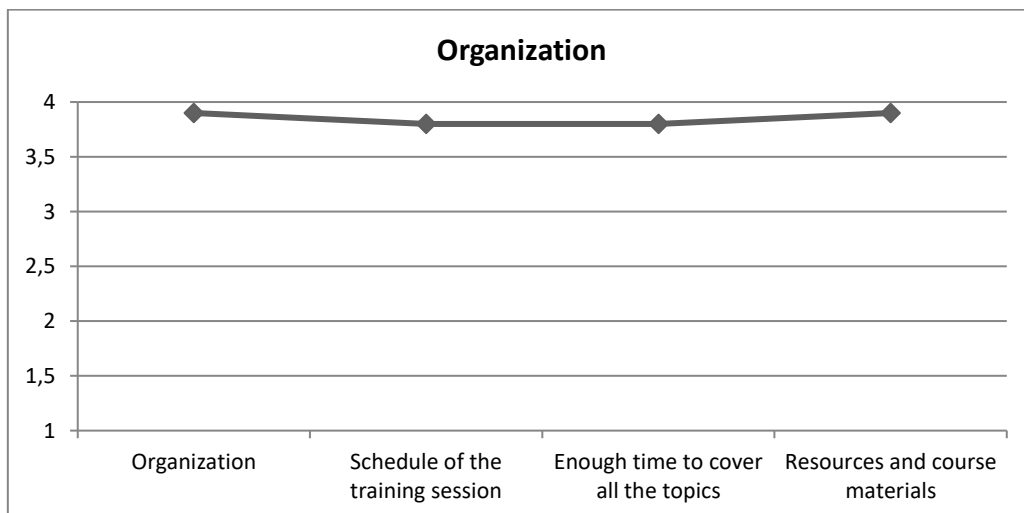
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,90 (,000)
The trainer has interacted with the group, for example, answering our questions	3,90 (,000)



**Related to Organization**

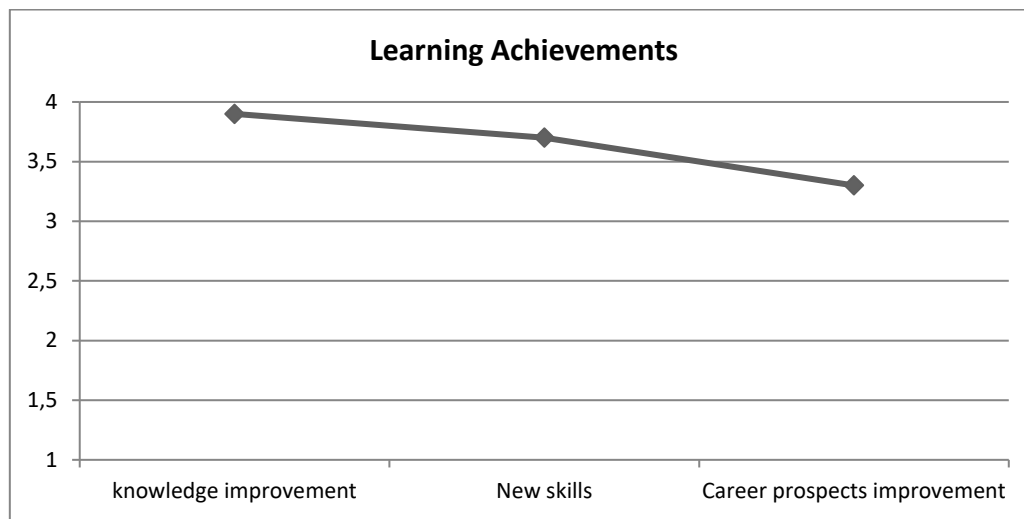
	M (S)
The course was well organized: information, registration process, etc.	3,90 (,000)
The schedule of the training session/s has helped my attendance	3,80 (,000)
The schedule provided enough time to cover all the topics	3,80 (,000)
The resources and course materials were useful	3,90 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,90 (,000)

The course has allowed me to acquire new skills	3,70 (,000)
The course has improved my career prospects	3,30 (,000)



### Activity details

<b>Activity</b>	Communicating Science (virtual)
<b>Date</b>	10 to 24/01/2024
<b>Time</b>	Mondays and Wednesdays, 10:00 – 12:00
<b>Language</b>	English
<b>Trainer</b>	Silvia Solà (Servei de Llengües)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Oral presentations for specialised audiences</li> <li>▪ Persuasive language</li> <li>▪ Register and linguistic correctness</li> </ul>

### Responder’s details

<b>Number of participants</b>	8
<b>Number of responders</b>	6
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Engineering &amp; Architecture (n= 1)</li> <li>▪ Health Sciences (n= 1)</li> <li>▪ Sciences (n = 2)</li> <li>▪ Social and Juridical Sciences (= 2)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =4) First Stage Researcher without grant (n=2)

### Participants Satisfaction/Opinion

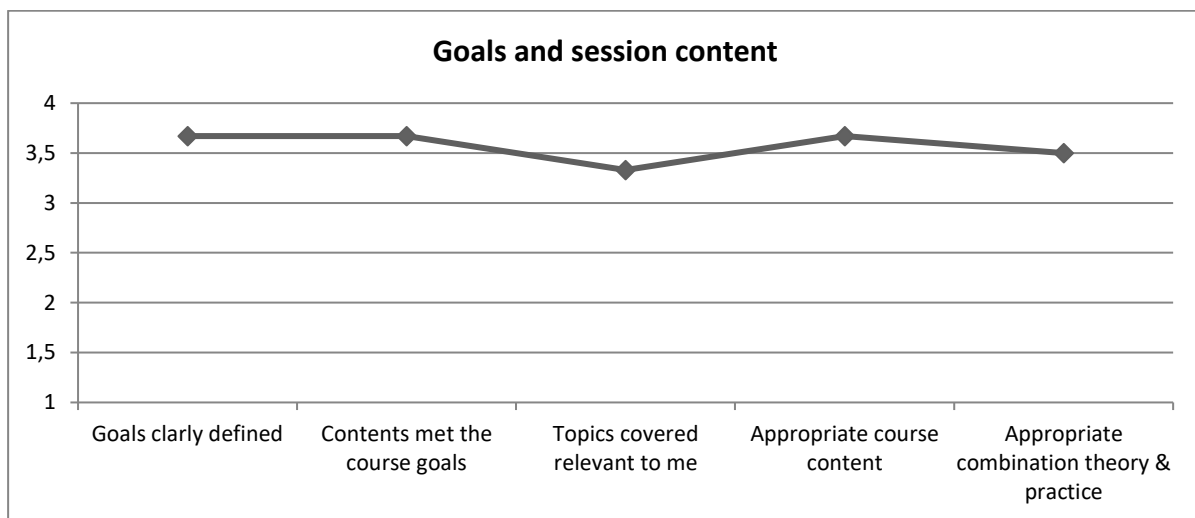
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The schedule helped the attendance</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> <li>▪ The time to cover all the topics</li> </ul>
<b>Overall course rating</b>	8,25 out of 10
<b>Participants recommend the course to others</b>	66,67%

**Related to Goals and Session Content**

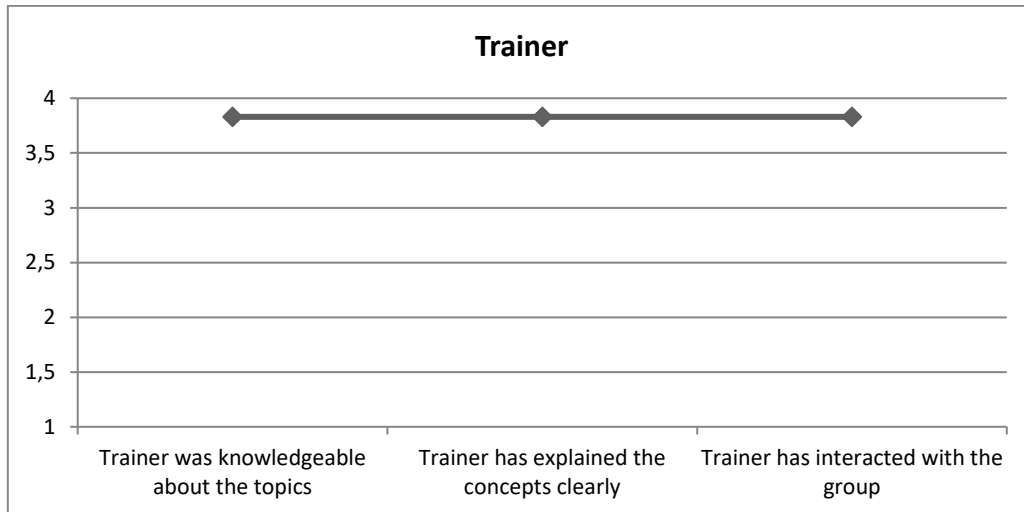
	M (S)
The goals of the training course were clearly defined	3,66 (,667)
The contents developed have met the course goals	3,66 (,667)
The topics covered were relevant to me	3,33 (,333)
The course content was appropriate and was presented in a structured manner	3,66 (,667)
There has been an appropriate combination between theory and practice	3,50 (,000)



**Related to the Trainer**

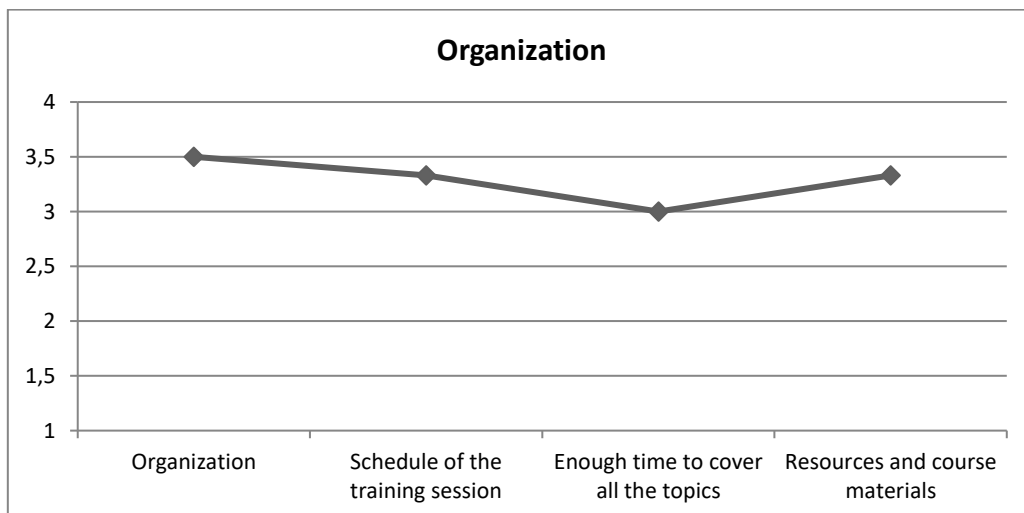
	M (S)
The trainer was knowledgeable about the training topics	3,83 (,333)
The trainer has explained the concepts clearly and in an understandable way	3,83 (,333)
The trainer has interacted with the group, for example, answering our questions	3,83 (,333)





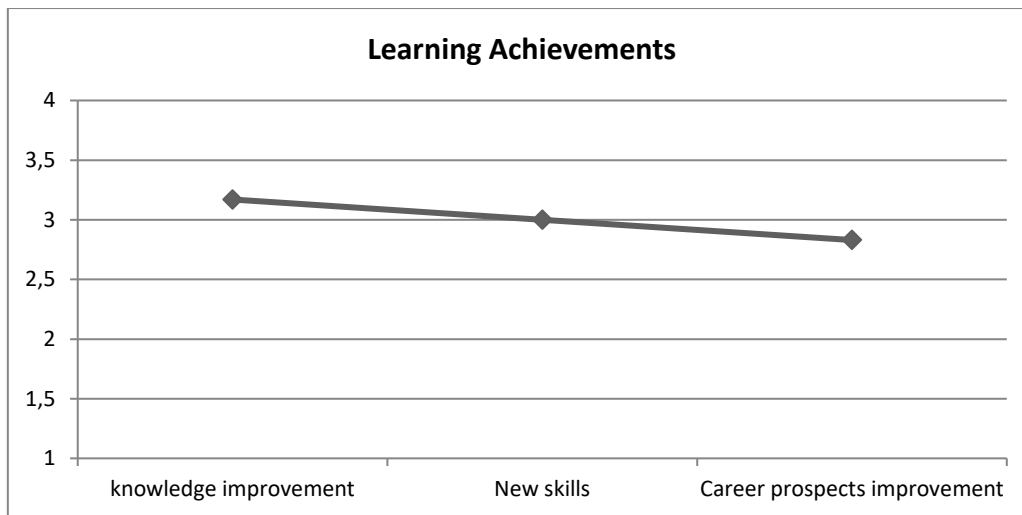
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,50 (,000)
The schedule of the training session/s has helped my attendance	3,33 (,333)
The schedule provided enough time to cover all the topics	3,00 (,000)
The resources and course materials were useful	3,33 (,333)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,16 (.667)
The course has allowed me to acquire new skills	3,00 (.000)
The course has improved my career prospects	2,83 (.333)



### Activity details

<b>Activity</b>	Information resources for PHD (virtual)
<b>Date</b>	January 2024 (8 sessions)
<b>Time</b>	Depending on the session
<b>Language</b>	Spanish
<b>Trainer</b>	Several trainers – Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ The need for information</li> <li>▪ Development of a search strategy</li> <li>▪ Evaluation of results</li> <li>▪ The UAB libraries' browser</li> <li>▪ Internet Search</li> <li>▪ Databases</li> </ul>

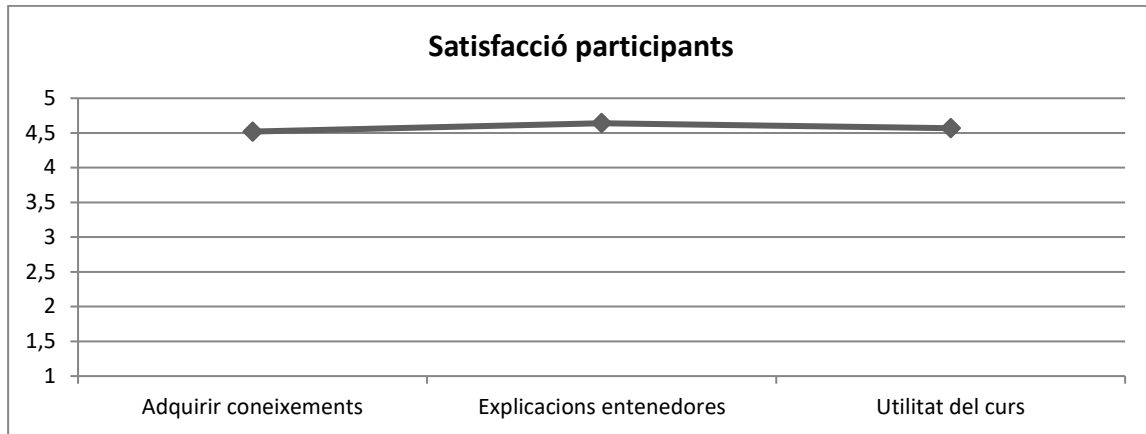
### Responder's details

<b>Number of participants</b>	141
<b>Number of responders</b>	106
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

The participants answered a questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,52
Explicacions entenedores	4,64
Utilitat del curs	4,57



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	Information resources for PHD (self-learning course)
<b>Date</b>	January to May 2024 (8 sessions)
<b>Time</b>	Depending on the session
<b>Language</b>	English
<b>Trainer</b>	Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ The need for information</li> <li>▪ Development of a search strategy</li> <li>▪ Evaluation of results</li> <li>▪ The UAB libraries' browser</li> <li>▪ Internet Search</li> <li>▪ Databases</li> </ul>

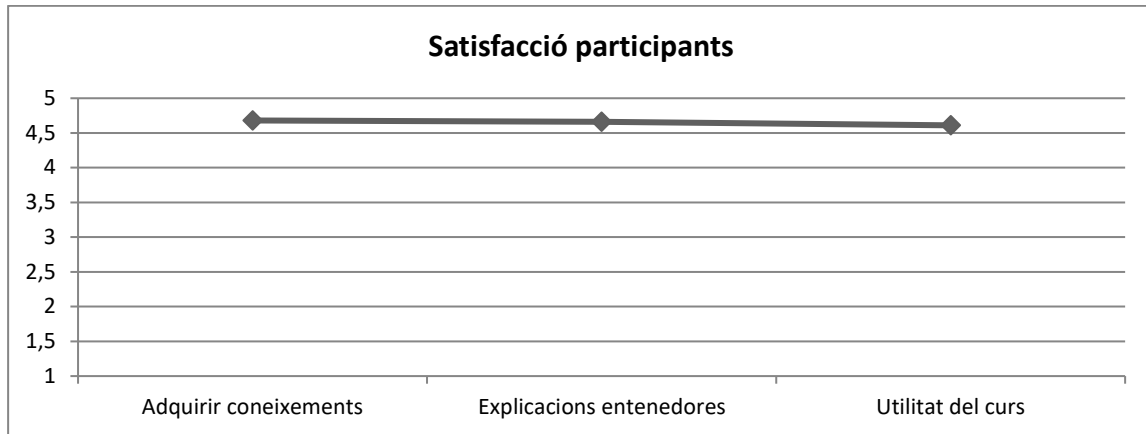
### Responder's details

<b>Number of participants</b>	56
<b>Number of responders</b>	38
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

The participants answered a questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,68
Explicacions entenedores	4,66
Utilitat del curs	4,61



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	Intersectionality in Research: Possibilities and Limits (on-site)
<b>Date</b>	29/01 & 05/02/2024
<b>Time</b>	10:00 – 13:00
<b>Language</b>	English
<b>Trainer</b>	Florencia Brizuela, PhD in Law and Political Sciences
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ The intersectional perspective as a theoretical and methodological tool</li> <li>▪ Relationship between patriarchy, racism and capitalism and its impact</li> </ul>

### Responder's details

<b>Number of participants</b>	21
<b>Number of responders</b>	15
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts &amp; Humanities (n= 3)</li> <li>▪ Health Sciences (n= 1)</li> <li>▪ Social and Juridical Sciences (= 11)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =7) First Stage Researcher without grant (n=8)

### Participants Satisfaction/Opinion

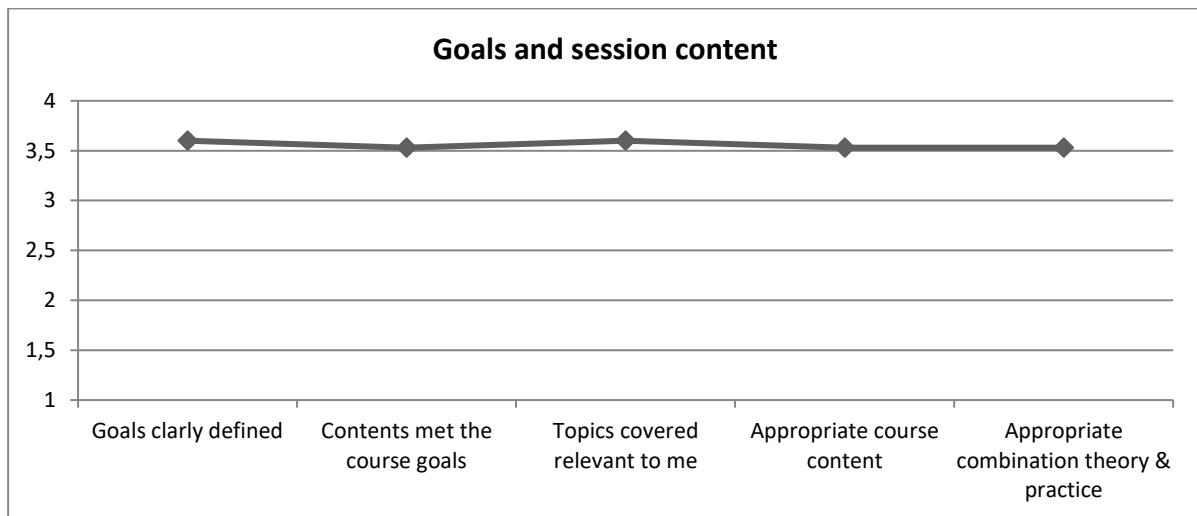
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The schedule helped the attendance</li> <li>▪ The trainer was knowledgeable about the training topics</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The time to cover all the topics</li> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	8,77 out of 10
<b>Participants recommend the course to others</b>	86,67%

**Related to Goals and Session Content**

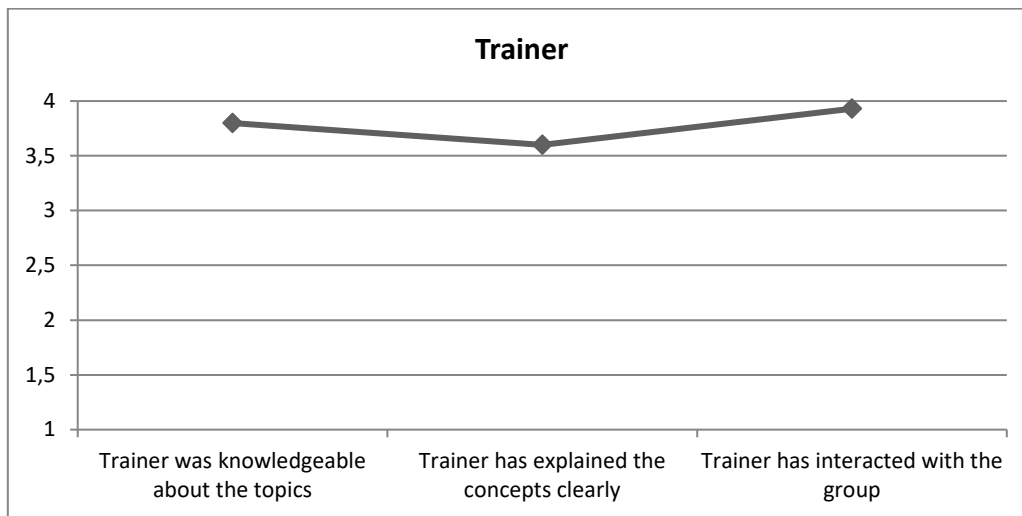
	M (S)
The goals of the training course were clearly defined	3,60 (,000)
The contents developed have met the course goals	3,53 (,333)
The topics covered were relevant to me	3,60 (,000)
The course content was appropriate and was presented in a structured manner	3,53 (,333)
There has been an appropriate combination between theory and practice	3,53 (,333)



**Related to the Trainer**

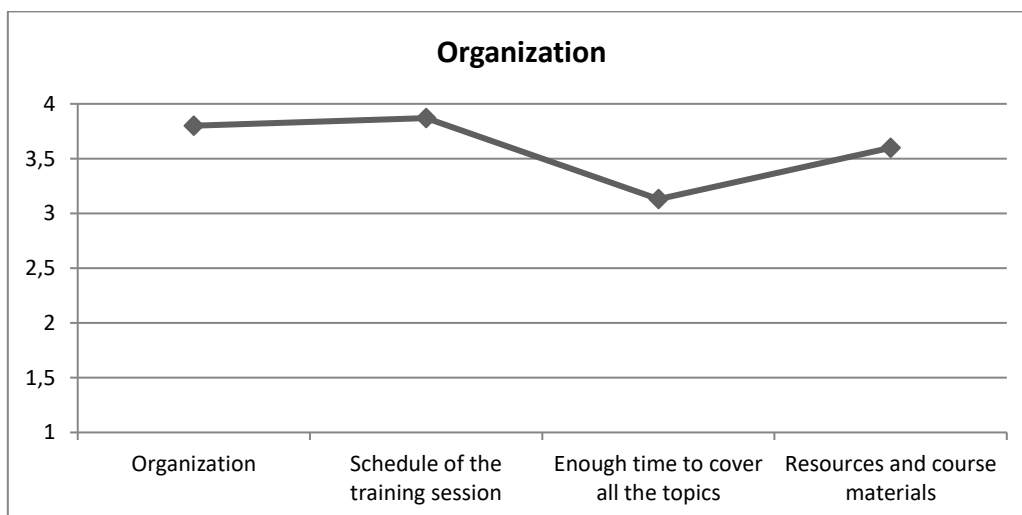
	M (S)
The trainer was knowledgeable about the training topics	3,80 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,60 (,000)
The trainer has interacted with the group, for example, answering our questions	3,93 (,333)





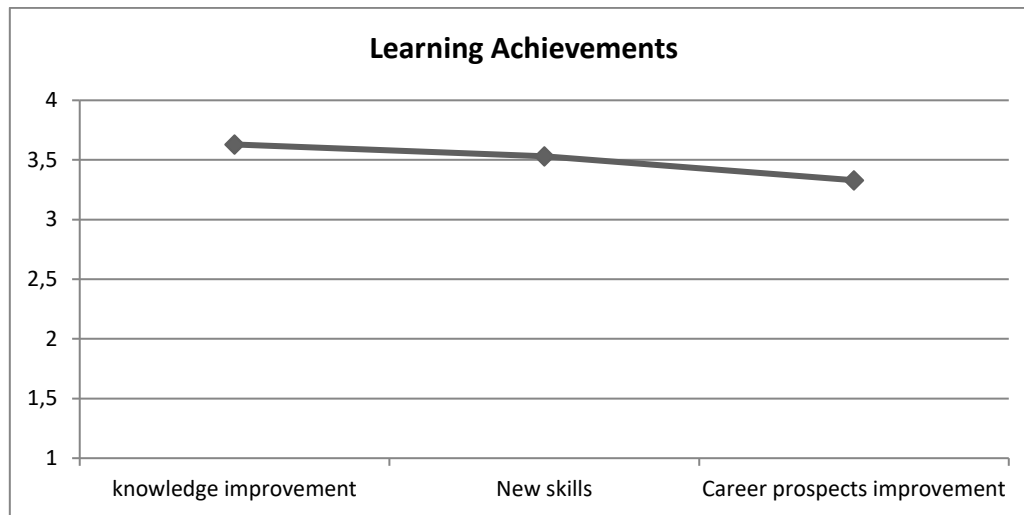
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,80 (,000)
The schedule of the training session/s has helped my attendance	3,86 (,667)
The schedule provided enough time to cover all the topics	3,13 (,333)
The resources and course materials were useful	3,60 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,60 (,000)
The course has allowed me to acquire new skills	3,53 (,333)
The course has improved my career prospects	3,33 (,333)



### Activity details

<b>Activity</b>	Technology-based intellectual property
<b>Date</b>	Course offered all the academic year round
<b>Time</b>	Self-learning course
<b>Language</b>	Catalan
<b>Trainer</b>	Xavier Vallvé (Office of Patent Valuation UAB)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Uses of Technology-based Intellectual Property (or how to become a smarter researcher).</li> <li>▪ Patents: Requirements and exclusions, structure, prosecution, and infringement.</li> <li>▪ Utility models.</li> <li>▪ Know-how: when to keep information confidential and comparison with patents.</li> <li>▪ Patent information: how to take advantage of research patented by others, and multiple uses of using patent databases.</li> </ul>

### Responder’s details

<b>Number of participants</b>	36
<b>Number of responders</b>	36
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 9)</li> <li>▪ Engineering and Architecture (n = 2)</li> <li>▪ Health Sciences (n= 12)</li> <li>▪ Sciences (n=8)</li> <li>▪ Social and Juridical Sciences (n=5)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =17) First Stage Researcher without grant (n=19)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

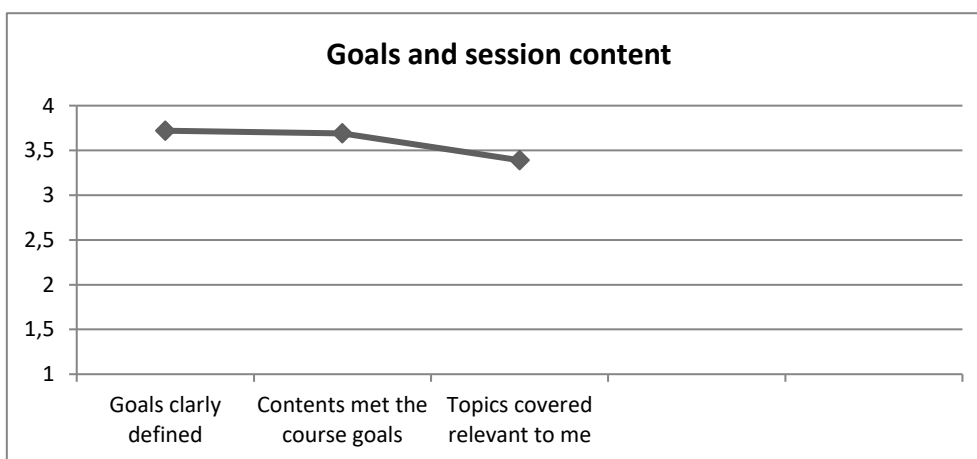
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The goals of the training course were clearly defined</li> <li>▪ The contents developed have met the course goals</li> <li>▪ The improvement of knowledge on the subject</li> </ul>
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<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The personal relevance of the topics covered</li> <li>▪ The improvement of career prospects</li> </ul>
<b>Overall course rating</b>	8,24 out of 10
<b>Participants recommend the course to others</b>	88,89%

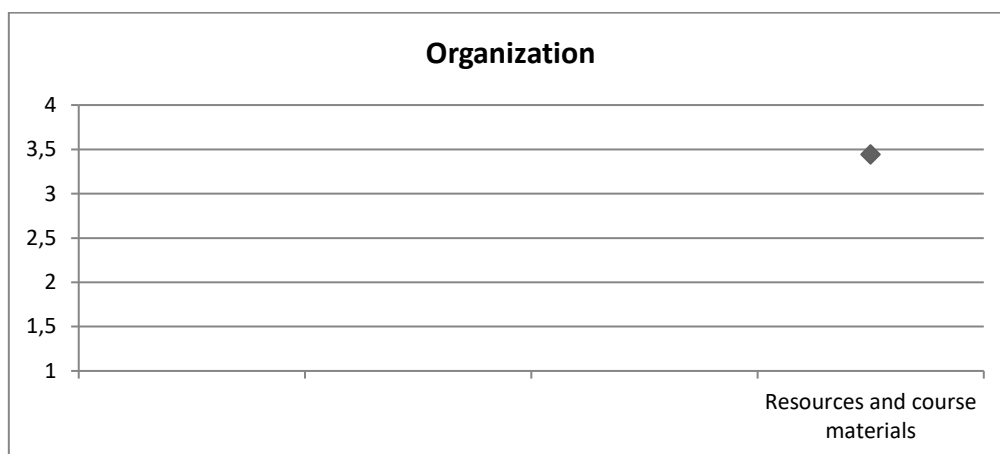
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,72 (,222)
The contents developed have met the course goals	3,69 (,444)
The topics covered were relevant to me	3,38 (,889)



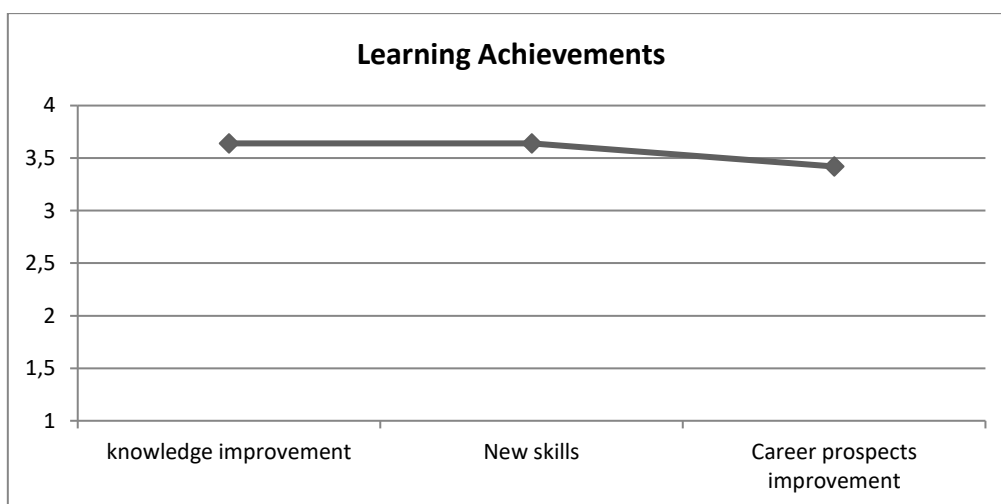
**Related to Organization**

	M (S)
The resources and course materials were useful	3,44 (,444)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,63 (.889)
The course has allowed me to acquire new skills	3,63 (.889)
The course has improved my career prospects	3,41 (.667)



### Activity details

<b>Activity</b>	Statistical Concepts in Research (virtual)
<b>Date</b>	6/02 to 27/02/2024
<b>Time</b>	Teams sessions 10:30 – 12:00
<b>Language</b>	English
<b>Trainer</b>	UAB Service of Applied Statistics
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Introduction and general concepts</li> <li>▪ Design of descriptive studies</li> <li>▪ Design of comparative studies</li> </ul>

### Responder’s details

<b>Number of participants</b>	18
<b>Number of responders</b>	18
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 3)</li> <li>▪ Engineering and Architecture (n = 1)</li> <li>▪ Sciences (n= 2)</li> <li>▪ Health sciences (n= 10)</li> <li>▪ Social and Juridical Sciences (= 3)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =13) First Stage Researcher without grant (n=5)

### Participants Satisfaction/Opinion

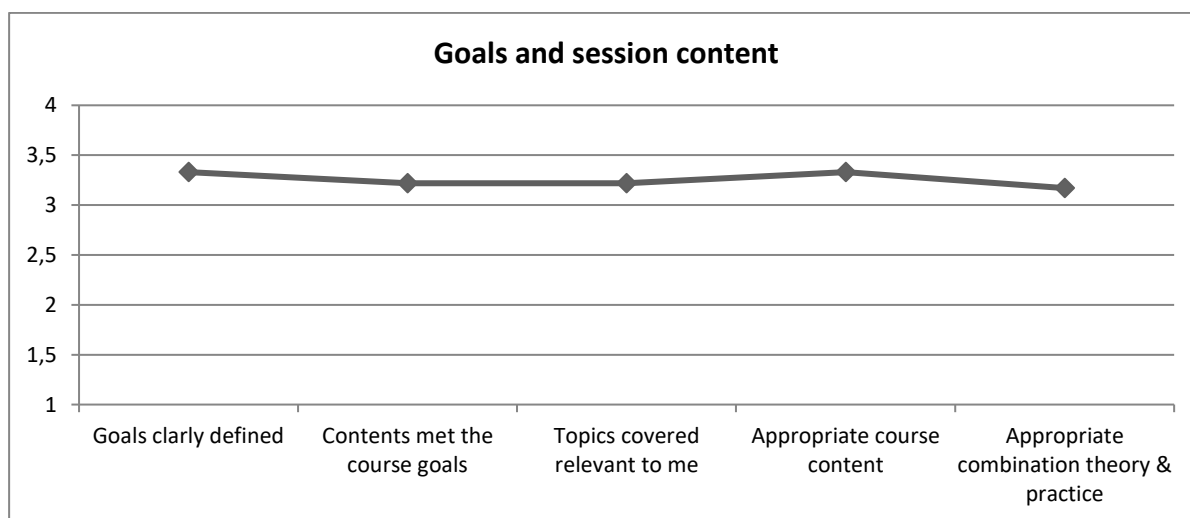
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The trainer interacted with the group</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> <li>▪ The improvement of knowledge on the subject</li> </ul>
<b>Overall course rating</b>	6,89 out of 10
<b>Participants recommend the course to others</b>	83,33%

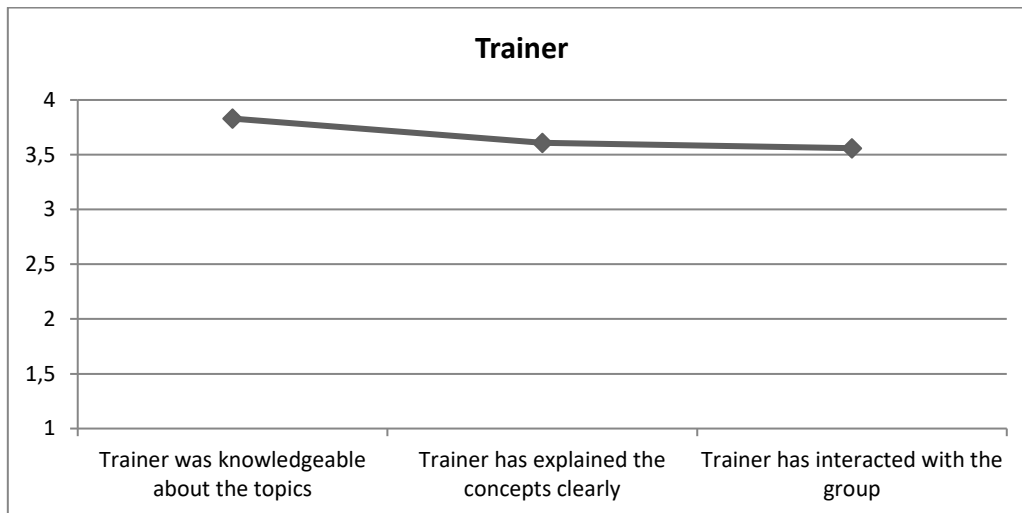
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,33 (,333)
The contents developed have met the course goals	3,22 (,222)
The topics covered were relevant to me	3,22 (,222)
The course content was appropriate and was presented in a structured manner	3,33 (,333)
There has been an appropriate combination between theory and practice	3,16 (,667)



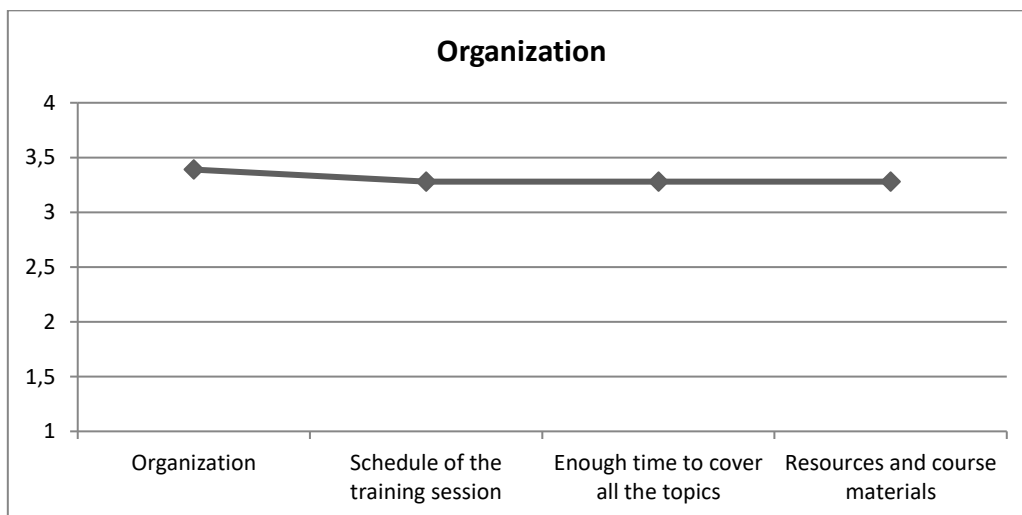
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,83 (,333)
The trainer has explained the concepts clearly and in an understandable way	3,61 (,111)
The trainer has interacted with the group, for example, answering our questions	3,55 (,556)



**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,38 (.889)
The schedule of the training session/s has helped my attendance	3,27 (.778)
The schedule provided enough time to cover all the topics	3,27 (.778)
The resources and course materials were useful	3,27 (.778)

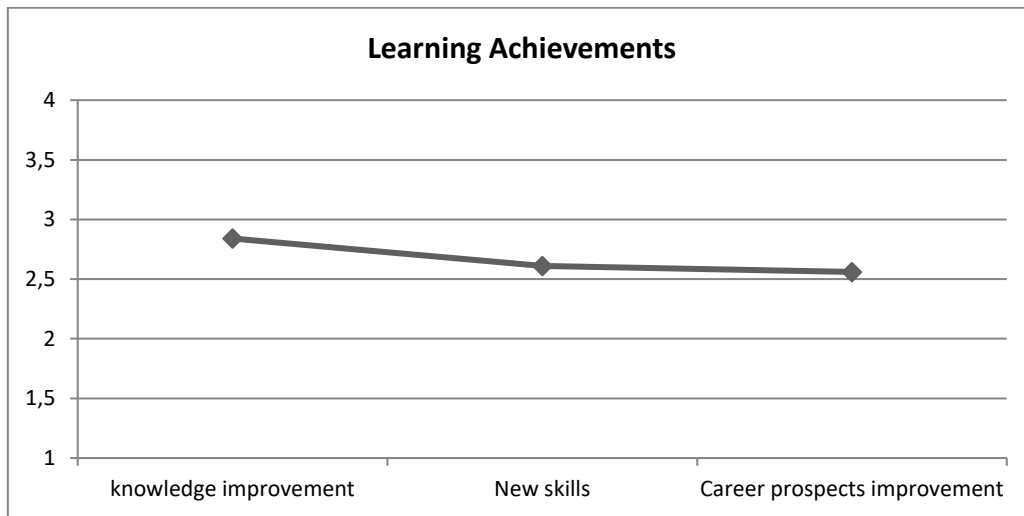


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	2,83 (.333)
The course has allowed me to acquire new skills	2,61 (.111)



The course has improved my career prospects	2,55 (,556)
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### Activity details

<b>Activity</b>	Web of Science & Scopus (virtual)
<b>Date</b>	February 2023 (3 sessions)
<b>Time</b>	Depending on the session
<b>Language</b>	1 in Spanish, 1 in Catalan, 1 in English
<b>Trainer</b>	Several trainers – Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Designing search strategies</li> <li>▪ Search in WOS</li> <li>▪ Search in Scopus</li> <li>▪ Main search indicators</li> <li>▪ Analysis of authors' scientific production</li> </ul>

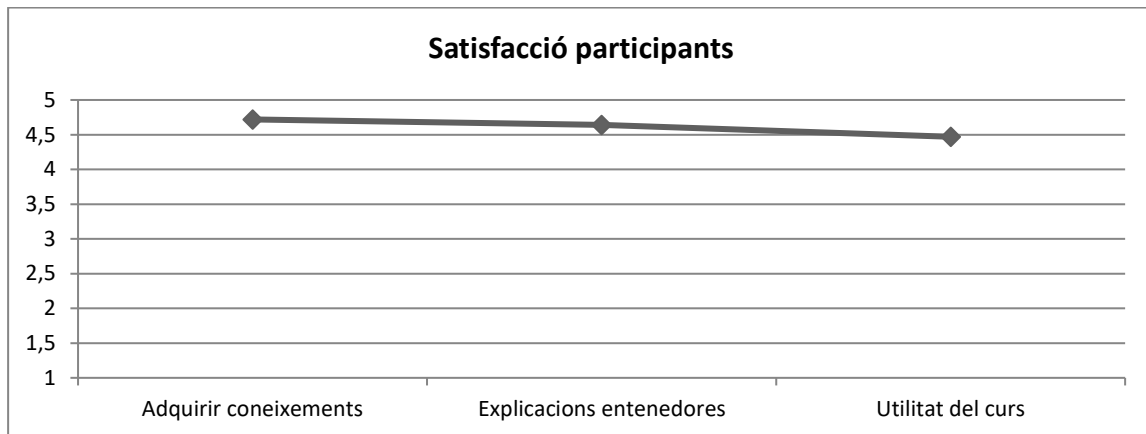
### Responder's details

<b>Number of participants</b>	112
<b>Number of responders</b>	64
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

The participants answered a questionnaire prepared by the Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,72
Explicacions entenedores	4,64
Utilitat del curs	4,64



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	Welcome Session 23/24 – February (hybrid)
<b>Date</b>	22/02/2024
<b>Time</b>	11.00 – 12:00
<b>Language</b>	Spanish
<b>Trainer</b>	Doctoral School
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ The UAB Code of Good Practice</li> <li>▪ Academic regulation of PhD programmes</li> <li>▪ The UAB Doctoral School webpage, introduction to the Sigma platform</li> <li>▪ The Euraxess initiative</li> <li>▪ Transferable skills training</li> <li>▪ Open Science</li> <li>▪ The International Support Service</li> </ul>

### Responder’s details

<b>Number of participants</b>	86
<b>Number of responders</b>	52
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 16)</li> <li>▪ Engineering (n = 2)</li> <li>▪ Health Sciences (n=13)</li> <li>▪ Sciences (n= 14)</li> <li>▪ Social and Juridical Sciences (=7)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 20) First Stage Researcher without grant (n=32)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

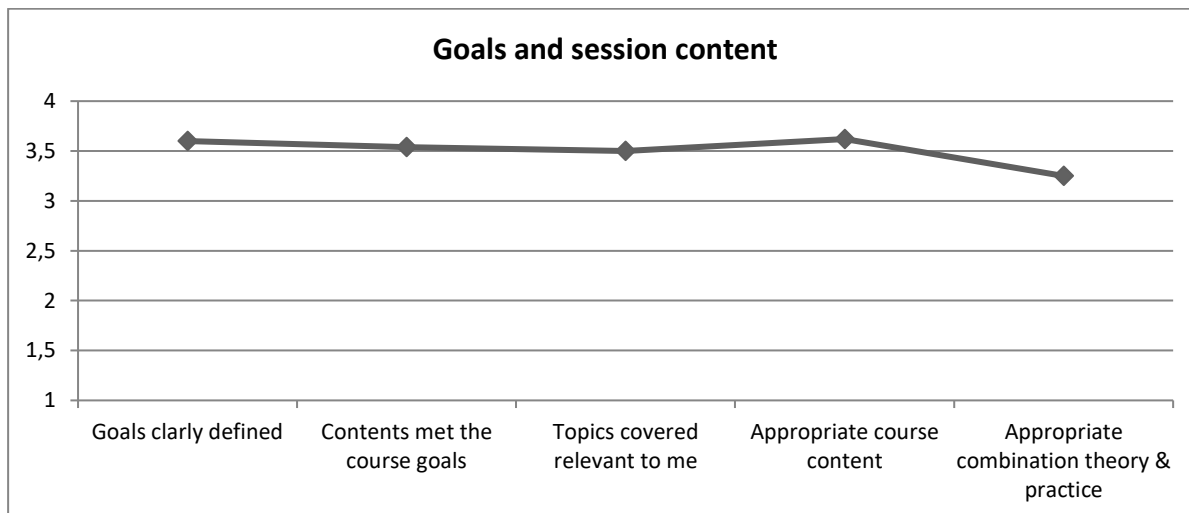
<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer explained the concepts clearly</li> </ul>
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**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WELCOME SESSION: THE DOCTORAL STUDIES AS A FORMATIVE PROCESS” (22/02/2024)**

<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The new skills acquired</li> <li>▪ The improvement of career prospects</li> <li>▪ The combination between theory and practice</li> </ul>
<b>Overall course rating</b>	8,18 out of 10
<b>Participants recommend the course to others</b>	94,23%

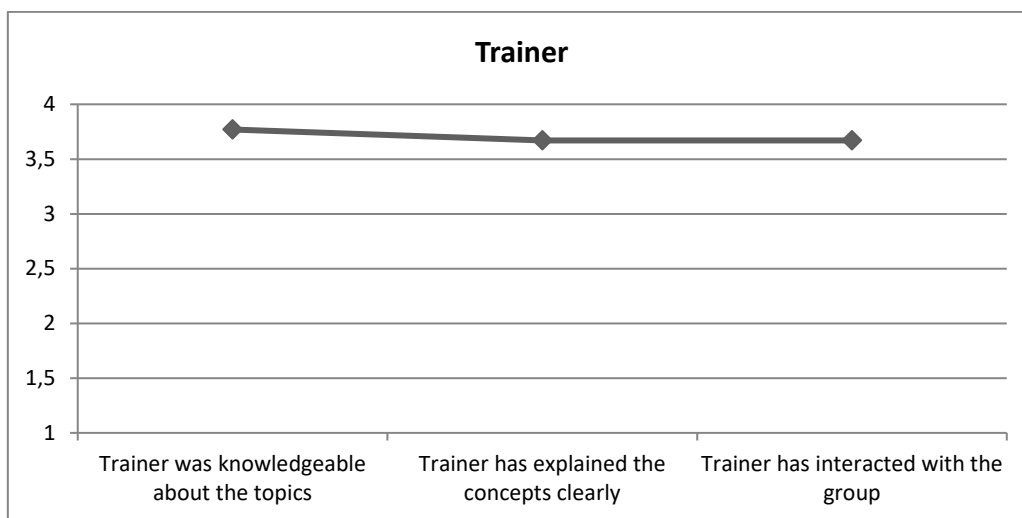
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,59 (,615)
The contents developed have met the course goals	3,53 (,846)
The topics covered were relevant to me	3,50 (,000)
The course content was appropriate and was presented in a structured manner	3,61 (,539)
There has been an appropriate combination between theory and practice	3,25 (,000)



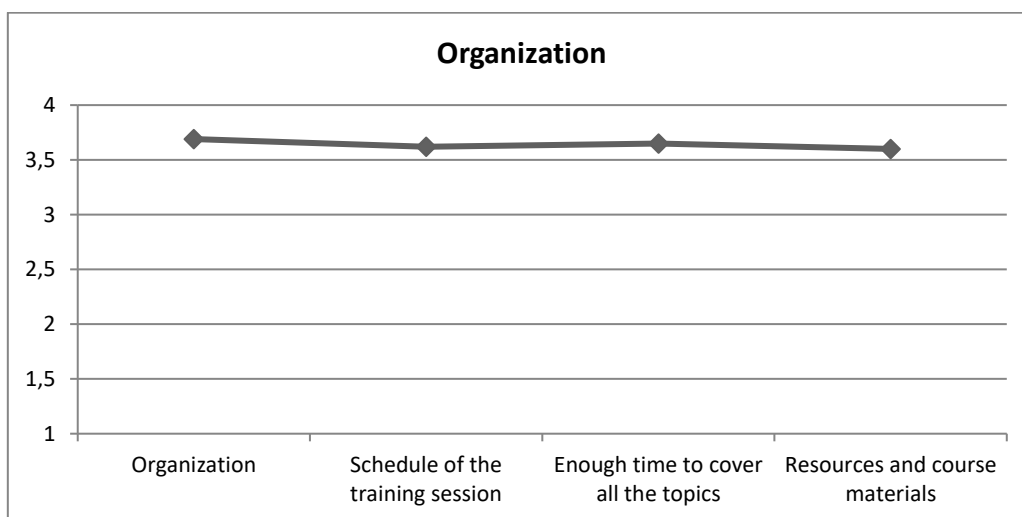
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,76 (,923)
The trainer has explained the concepts clearly and in an understandable way	3,67 (,308)
The trainer has interacted with the group, for example, answering our questions	3,67 (,308)



**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,69 (,231)
The schedule of the training session/s has helped my attendance	3,61 (,539)
The schedule provided enough time to cover all the topics	3,65 (,385)
The resources and course materials were useful	3,59 (,615)

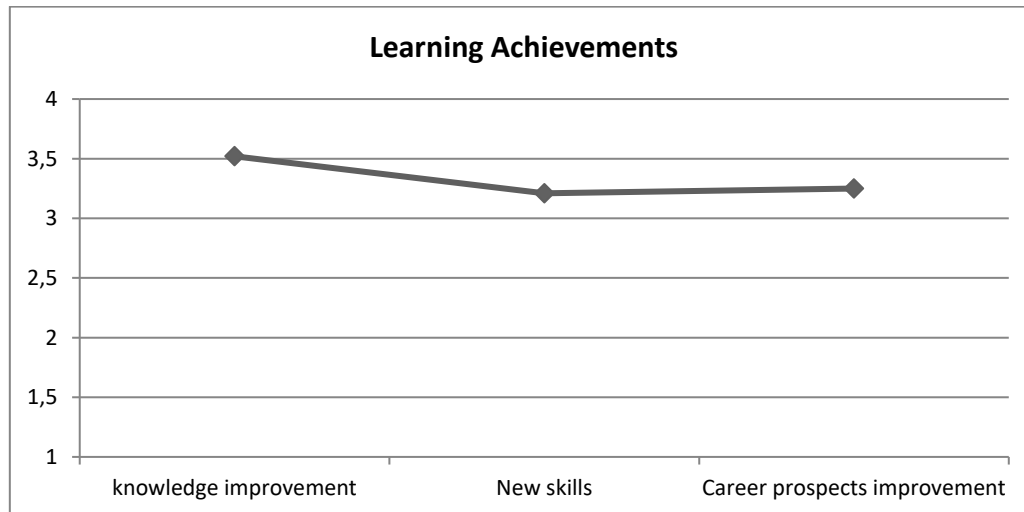


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,51 (,923)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “WELCOME SESSION: THE DOCTORAL STUDIES AS A FORMATIVE PROCESS” (22/02/2024)**

The course has allowed me to acquire new skills	3,21 (,154)
The course has improved my career prospects	3,25 (,000)



### Activity details

<b>Activity</b>	Research Yourself (on-site)
<b>Date</b>	29/02, 7, 14 i 21/03/2024
<b>Time</b>	15:00 h to 17:00h
<b>Language</b>	Spanish
<b>Trainers</b>	Elvira Reche (PhD in Health Psychology)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• What is and what is not mindfulness. Is it useful for scientific personnel?</li> <li>• Do we have an emotional profile? What is emotional regulation? Can it be measured?</li> <li>• What are the main stressors of research staff? What are my time constraints during my PhD and why do I procrastinate...sometimes?</li> <li>• Is a conscious communication with my research group and/or thesis director possible?</li> </ul>

### Responder's details

<b>Number of participants</b>	15
<b>Number of responders</b>	13
<b>Gender</b>	<ul style="list-style-type: none"> <li>▪ Female (n = 9)</li> <li>▪ Male (n = 4)</li> </ul>
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 4)</li> <li>▪ Health Sciences (n= 2)</li> <li>▪ Sciences (n= 2)</li> <li>▪ Social and Juridical Sciences (n= 5)</li> </ul>
<b>Status</b>	<p>First Stage Researcher with grant (n= 7)</p> <p>First Stage Researcher without grant (n= 3)</p> <p>With other economic incomes out of the field of research (n= 3)</p>
<b>Doctorate year</b>	<ul style="list-style-type: none"> <li>▪ 1st (n = 6)</li> <li>▪ 2<sup>nd</sup> (n = 5)</li> <li>▪ 3rd (n = 1)</li> <li>▪ 4<sup>th</sup> (n = 1)</li> </ul>



**Participants Satisfaction/Opinion**

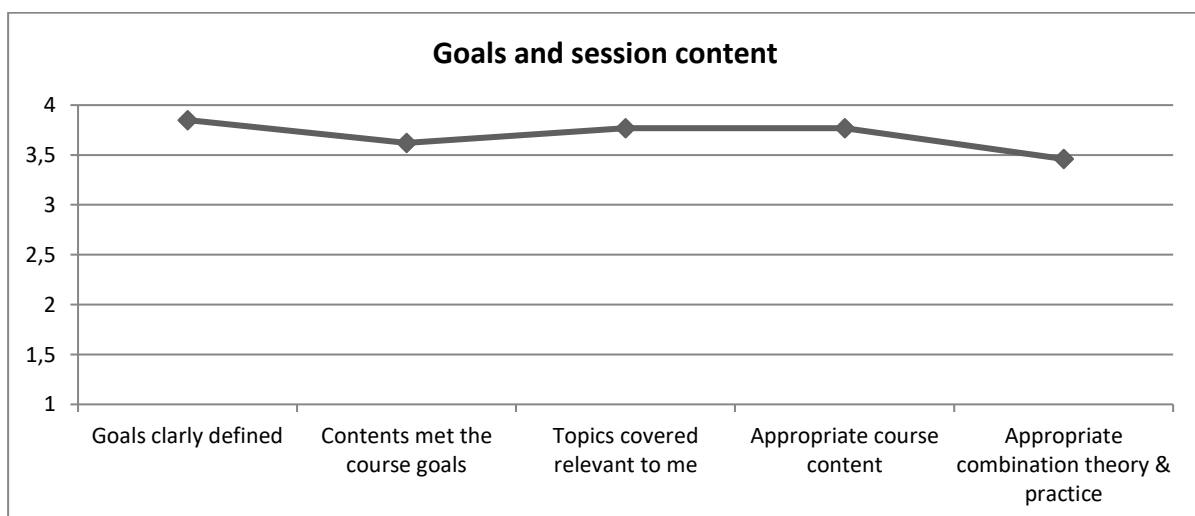
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

**Overall reaction**

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The course was well organized</li> <li>▪ The goals of the training course were clearly defined</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The course has helped me in improving my emotion regulation skills</li> <li>▪ The new skills acquired</li> <li>▪ The course helped me in developing more effective communication skills</li> </ul>
<b>Overall course rating</b>	8.58 out of 10
<b>Participants recommend the course to others</b>	92.31%

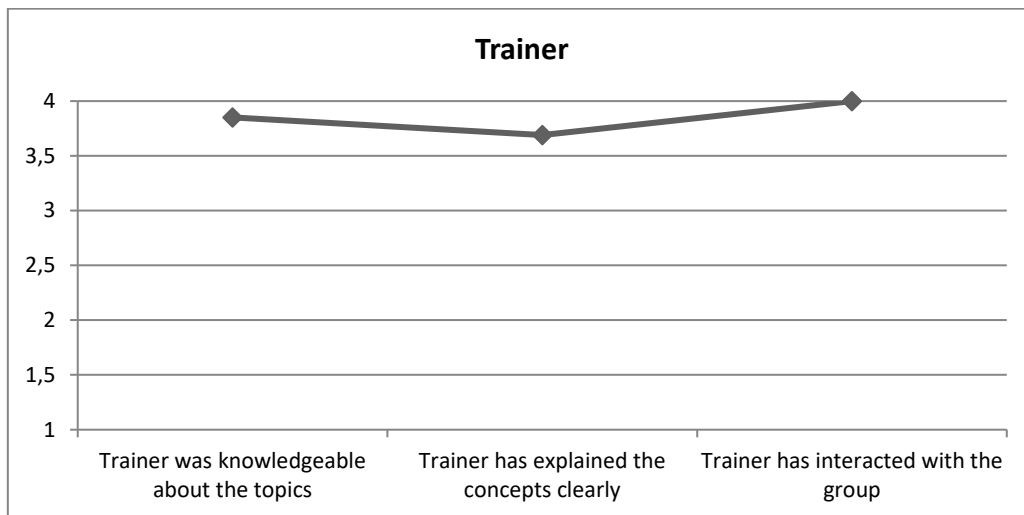
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,84 (.615)
The contents developed have met the course goals	3,61 (.539)
The topics covered were relevant to me	3,76 (.923)
The course content was appropriate and was presented in a structured manner	3,76 (.923)
There has been an appropriate combination between theory and practice	3,46 (.154)



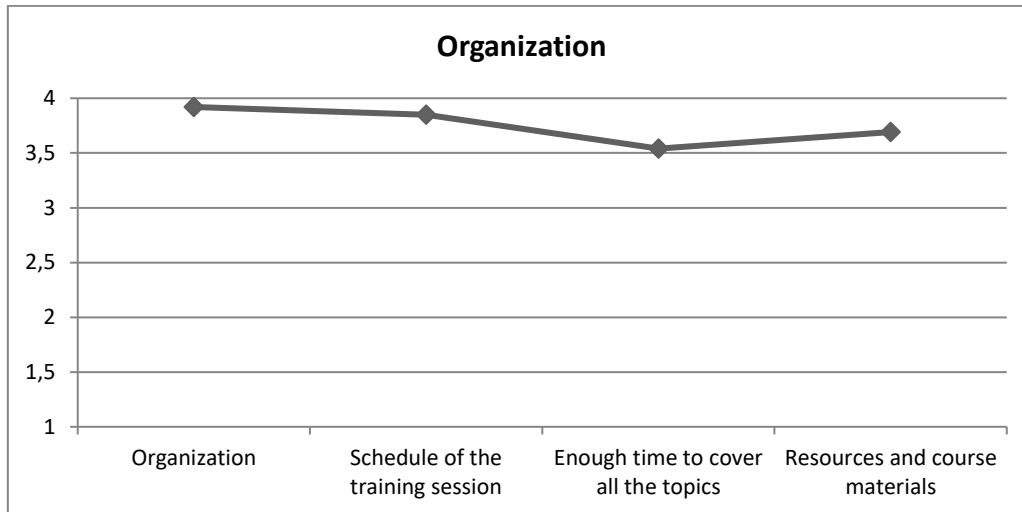
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,84 (,615)
The trainer has explained the concepts clearly and in an understandable way	3,69 (,231)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



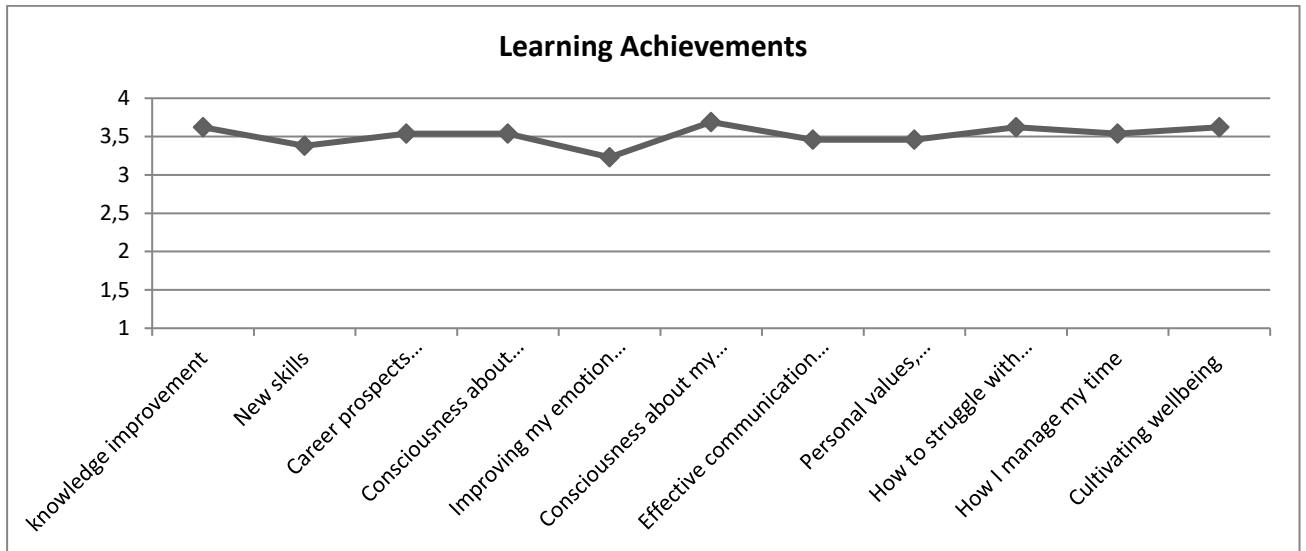
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,92 (,308)
The schedule of the training session/s has helped my attendance	3,84 (,615)
The schedule provided enough time to cover all the topics	3,53 (,846)
The resources and course materials were useful	3,69 (,231)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,61 (.539)
The course has allowed me to acquire new skills	3,38 (.462)
The course has improved my career prospects	3,53 (.846)
The course has increased consciousness about stress situations in my life	3,53 (.846)
The course has helped me in improving my emotion regulation skills	3,23 (.077)
The course has boosted consciousness about my own reactive patterns	3,69 (.231)
The course has helped me in developing more effective communication skills	3,46 (.154)
The course contributed to increase my awareness on my personal values, opportunities and goals and enhanced my connection to them	3,46 (.154)
The course has given me tools in how to struggle with difficulties in my research activities	3,61 (.539)
The course has increased my skills in how I manage my time	3,53 (.846)
The course has improved my skills in cultivating wellbeing during my PhD	3,61 (.539)



### Activity details

<b>Activity</b>	Teamwork (virtual)
<b>Date</b>	29/02, 7, 14 & 21/03/2024
<b>Time</b>	10 – 12
<b>Language</b>	Spanish
<b>Trainer</b>	Grup Sural
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• Knowing ourselves to better understand others and to have more tools for teamwork</li> <li>• Discover the available resources to use them</li> <li>• Value the importance of all aspects that define a team</li> <li>• Our role inside a team</li> <li>• Discover the benefits of teamwork</li> <li>• Turn differences into added value</li> </ul>

### Responder’s details

<b>Number of participants</b>	13
<b>Number of responders</b>	12
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Health Sciences (n= 4)</li> <li>▪ Sciences (n= 1)</li> <li>▪ Social and Juridical Sciences (n= 2)</li> <li>▪ Arts and Humanitats (n= 5)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 7) First Stage Researcher without grant (n=5)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

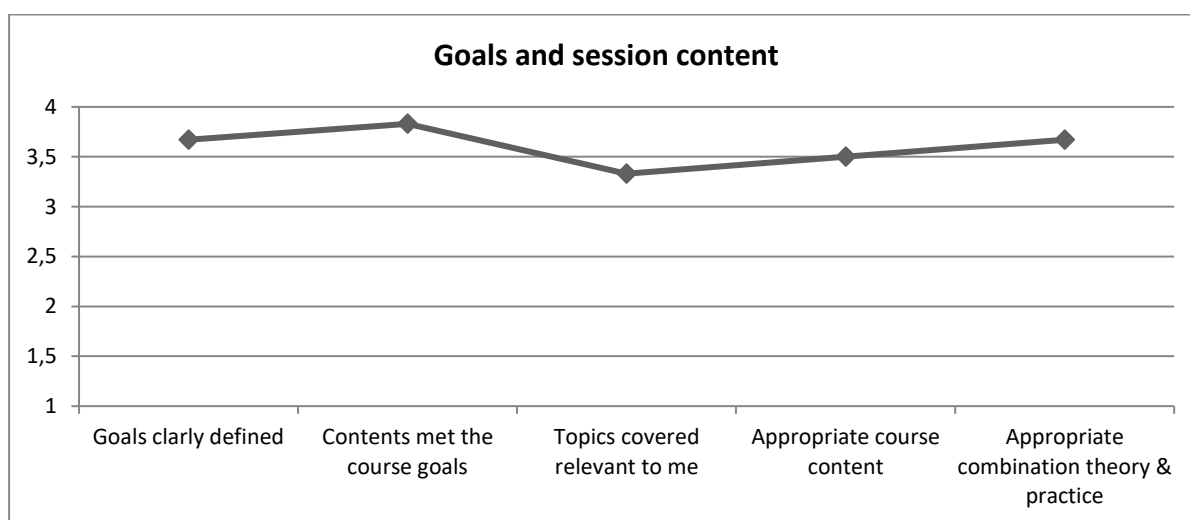
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The contents developed met the course goals</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The personal relevance of the topics covered</li> <li>▪ The resources and materials</li> </ul>

<b>Overall course rating</b>	8,58 out of 10
<b>Participants recommend the course to others</b>	100%

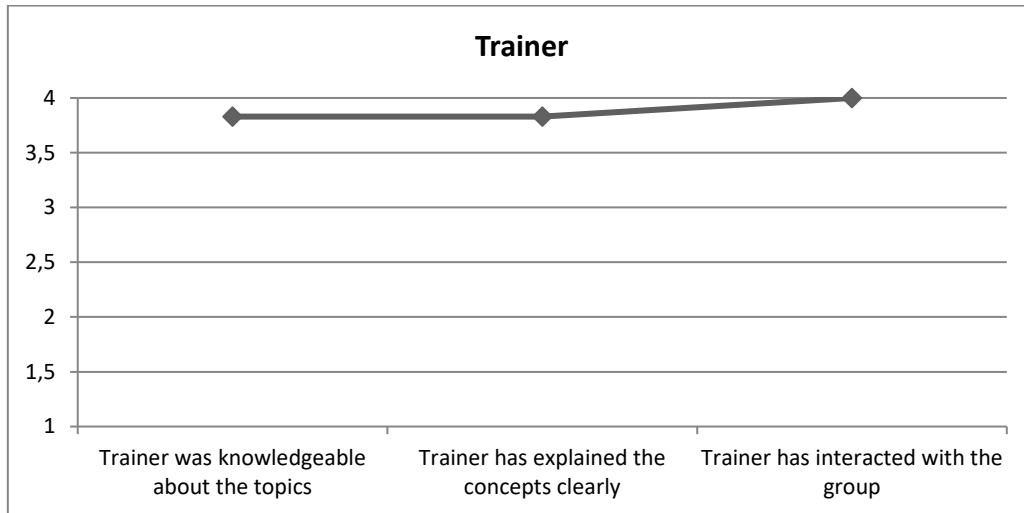
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,66 (.667)
The contents developed have met the course goals	3,83 (.333)
The topics covered were relevant to me	3,33 (.333)
The course content was appropriate and was presented in a structured manner	3,50 (.000)
There has been an appropriate combination between theory and practice	3,66 (.667)



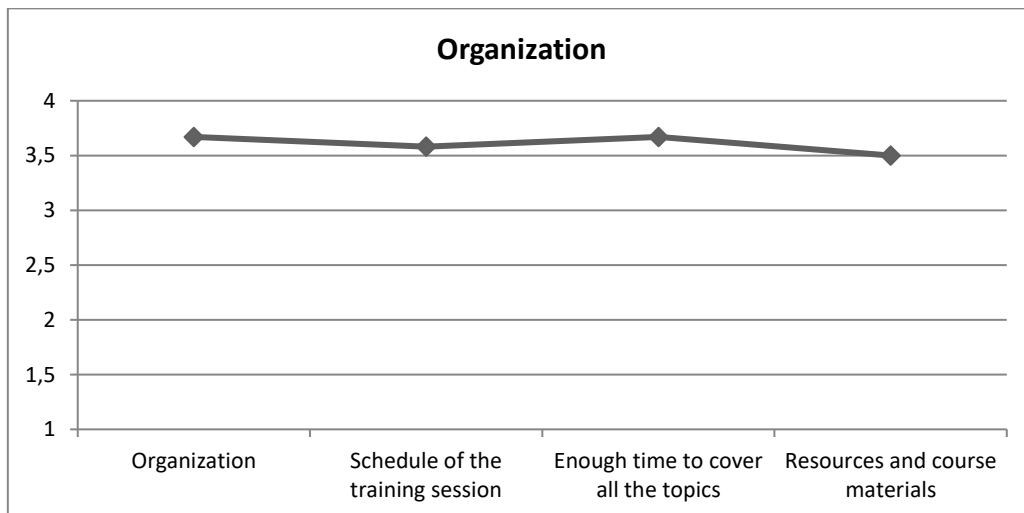
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,83 (.333)
The trainer has explained the concepts clearly and in an understandable way	3,83 (.333)
The trainer has interacted with the group, for example, answering our questions	4,00 (.000)



**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,66 (.667)
The schedule of the training session/s has helped my attendance	3,58 (.333)
The schedule provided enough time to cover all the topics	3,66 (.667)
The resources and course materials were useful	3,50 (.000)

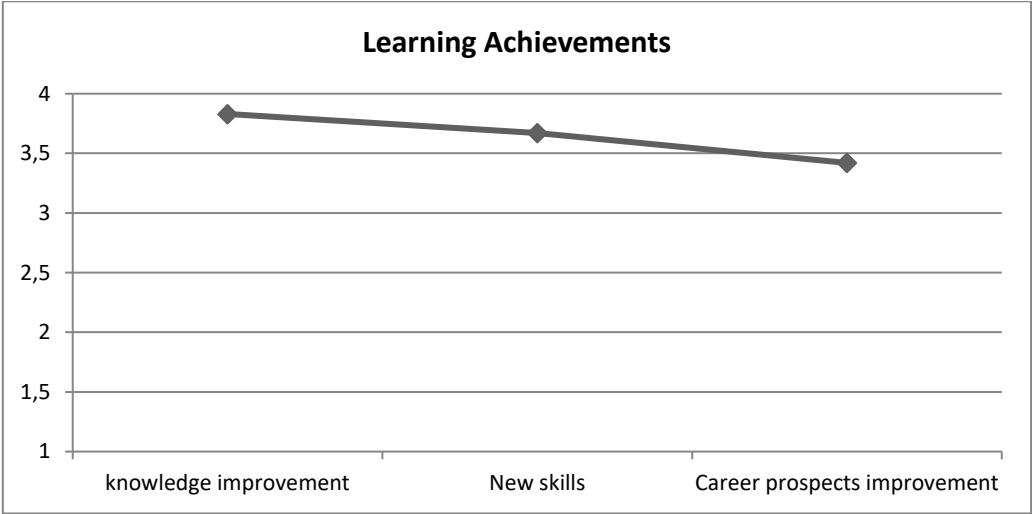


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,83 (.333)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “TEAMWORK” (29/02, 7, 14 & 21/03/2024)**

The course has allowed me to acquire new skills	3,66 (,667)
The course has improved my career prospects	3,41 (,667)





### Activity details

<b>Activity</b>	Intellectual property in the thesis (virtual)
<b>Date</b>	March 2024 (self-learning course)
<b>Time</b>	Depending on the session
<b>Language</b>	1 Catalan, 1 Spanish and 1 English
<b>Trainer</b>	Several trainers - Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Defining "authorship"</li> <li>▪ Attribution of rights. Copyright and exploitation and patrimonial rights</li> <li>▪ Transfer of rights. Creative Commons Licenses</li> <li>▪ Public domain materials</li> <li>▪ Respect third parties' rights</li> <li>▪ Thesis dissertation in TDX and DDD</li> <li>▪ Interesting resources</li> </ul>

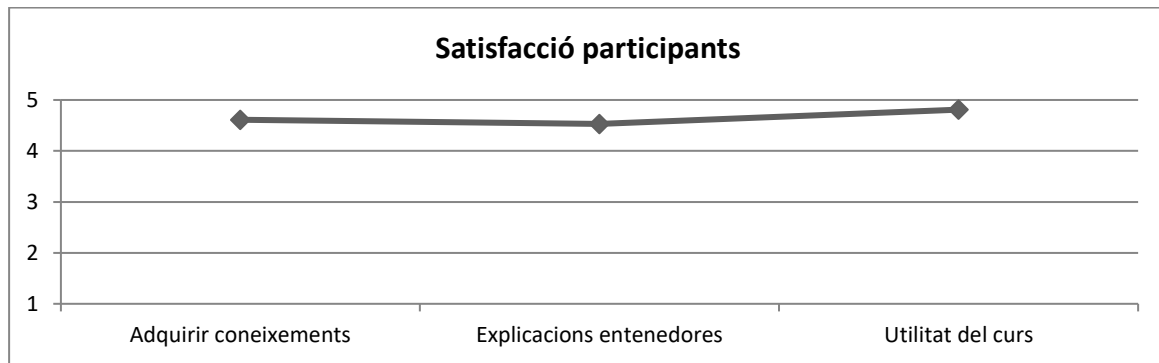
### Responder's details

<b>Number of participants</b>	46
<b>Number of responders</b>	36
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion (Presencial courses)

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,61
Explicacions entenedores	4,53
Utilitat del curs	4,81



Escala de 5 punts: 1= Poc; 5 = Molt

### Activity details

<b>Activity</b>	Citizen Science (on-site)
<b>Date</b>	4 & 6/03/2024
<b>Time</b>	10:00 – 12:00
<b>Language</b>	Catalan / Spanish
<b>Trainer</b>	Sofía Mojica i Begoña Miñarro
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Origins of Citizen Science</li> <li>▪ Trends and critiques</li> <li>▪ Citizen Science at UAB</li> <li>▪ Design of a Citizen Science project</li> </ul>

### Responder's details

<b>Number of participants</b>	13
<b>Number of responders</b>	10
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 3)</li> <li>▪ Health Sciences (n= 1)</li> <li>▪ Social and Juridical Sciences (n= 6)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 4) First Stage Researcher without grant (n= 6)

### Participants Satisfaction/Opinion

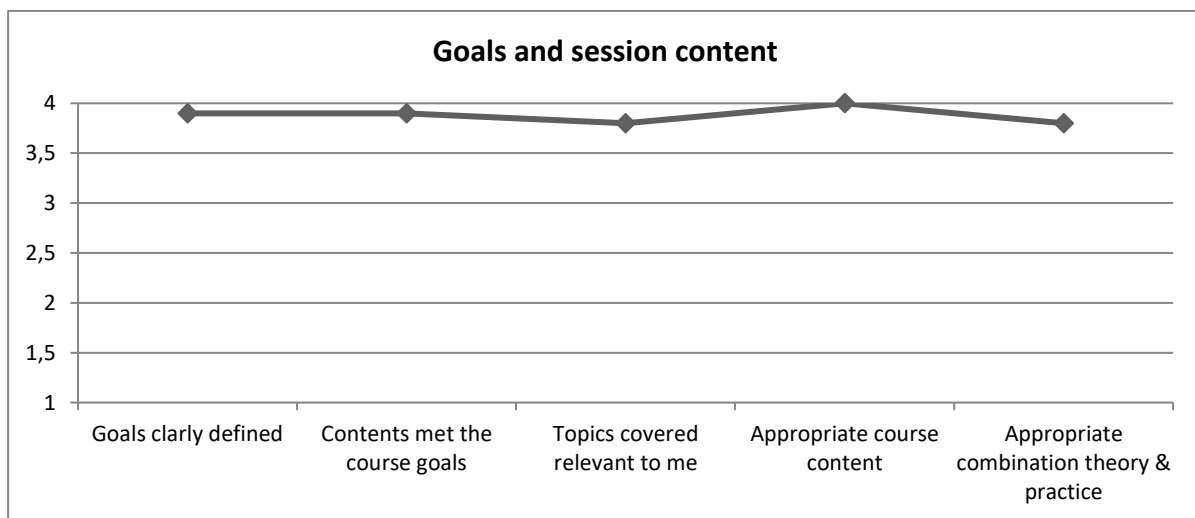
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The content was appropriate and well structured</li> <li>▪ The course was well organized</li> <li>▪ The trainers explained the concepts clearly</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> <li>▪ The improvement of knowledge on the subject</li> </ul>
<b>Overall course rating</b>	8,80 out of 10
<b>Participants recommend the course to others</b>	90%

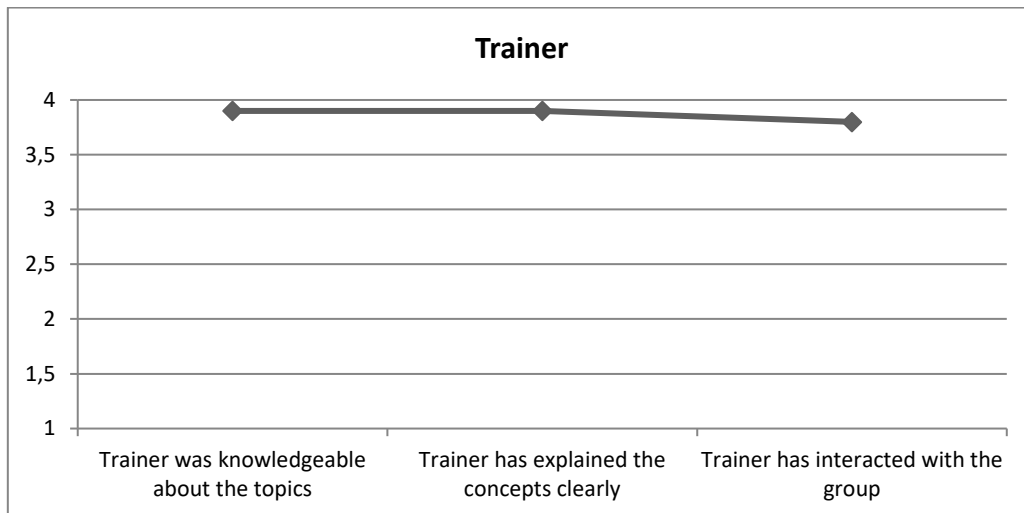
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,90 (,000)
The contents developed have met the course goals	3,90 (,000)
The topics covered were relevant to me	3,80 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	3,80 (,000)



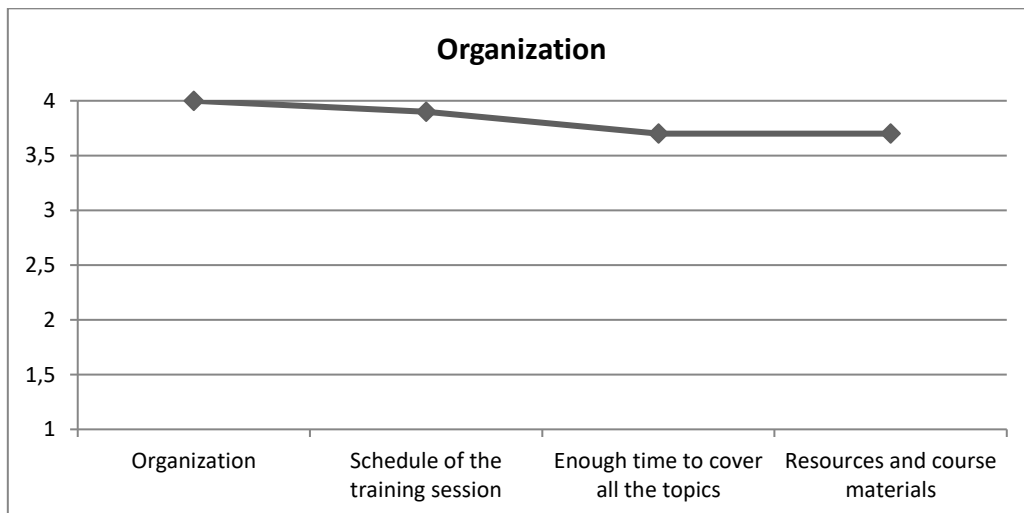
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,90 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,90 (,000)
The trainer has interacted with the group, for example, answering our questions	3,80 (,000)



**Related to Organization**

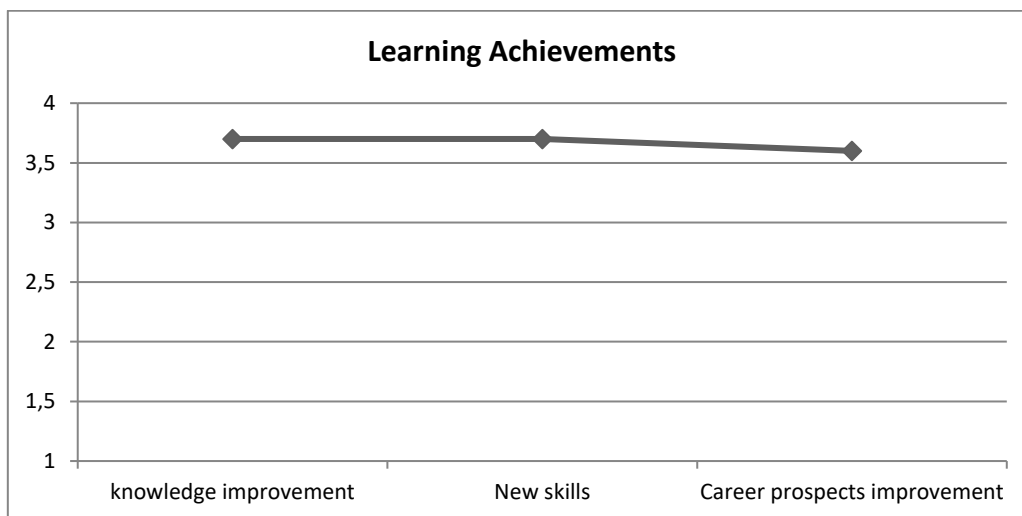
	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	3,90 (,000)
The schedule provided enough time to cover all the topics	3,70 (,000)
The resources and course materials were useful	3,70 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,70 (,000)
The course has allowed me to acquire new skills	3,70 (,000)

The course has improved my career prospects	3,60 (,000)
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### Activity details

<b>Activity</b>	How to communicate your research on social media (virtual)
<b>Date</b>	5 & 7/03/2024
<b>Time</b>	15:00 – 17:00
<b>Language</b>	Catalan
<b>Trainer</b>	Doctoral School
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Combination of social media and science</li> <li>▪ Social media and early stage researchers</li> <li>▪ How to bring research at UAB and society closer by using social media</li> <li>▪ How to prepare a strategy for #ComunicaCiencia</li> <li>▪ Main 2.0 dissemination tools</li> </ul>

### Responder’s details

<b>Number of participants</b>	21
<b>Number of responders</b>	17
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n =6)</li> <li>▪ Engineering &amp; Architecture (n =1)</li> <li>▪ Health Sciences (n =3)</li> <li>▪ Sciences (n=1)</li> <li>▪ Social and Juridical Sciences (=6)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =9) First Stage Researcher without grant (n=8)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

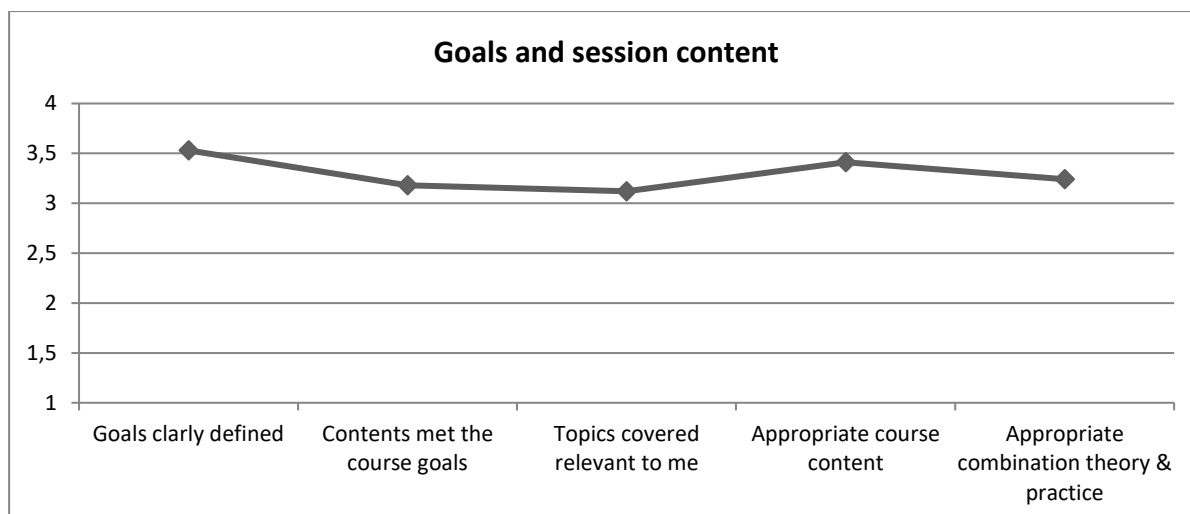
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The schedule helped the attendance</li> <li>▪ The concepts were explained clearly and in an understandable way</li> <li>▪ The trainer interacted with the group</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> </ul>

	<ul style="list-style-type: none"> <li>▪ The improvement of knowledge on the subject</li> </ul>
<b>Overall course rating</b>	7,18 out of 10
<b>Participants recommend the course to others</b>	70,59%

**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,52 (,941)
The contents developed have met the course goals	3,17 (,647)
The topics covered were relevant to me	3,11 (,765)
The course content was appropriate and was presented in a structured manner	3,41 (,177)
There has been an appropriate combination between theory and practice	3,23 (,529)

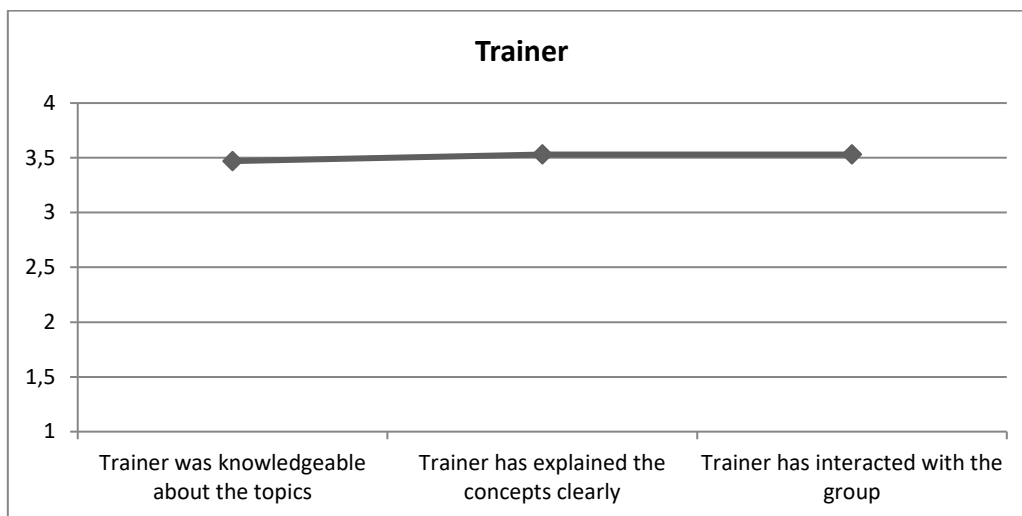


**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,47 (,059)
The trainer has explained the concepts clearly and in an understandable way	3,52 (,941)
The trainer has interacted with the group, for example, answering our questions	3,52 (,941)

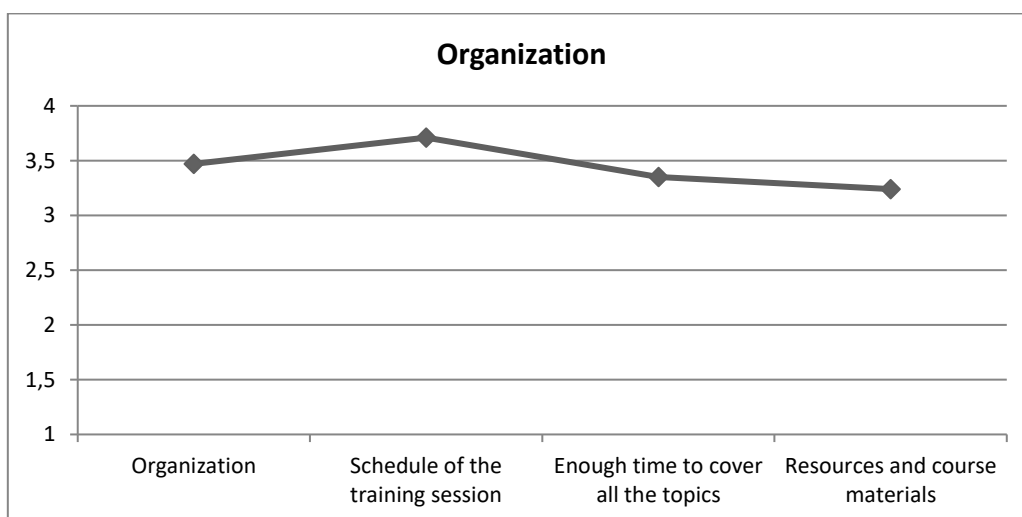


**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA” (5 & 7/03/2024)**



**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,47 (,059)
The schedule of the training session/s has helped my attendance	3,70 (,588)
The schedule provided enough time to cover all the topics	3,35 (,294)
The resources and course materials were useful	3,23 (,529)

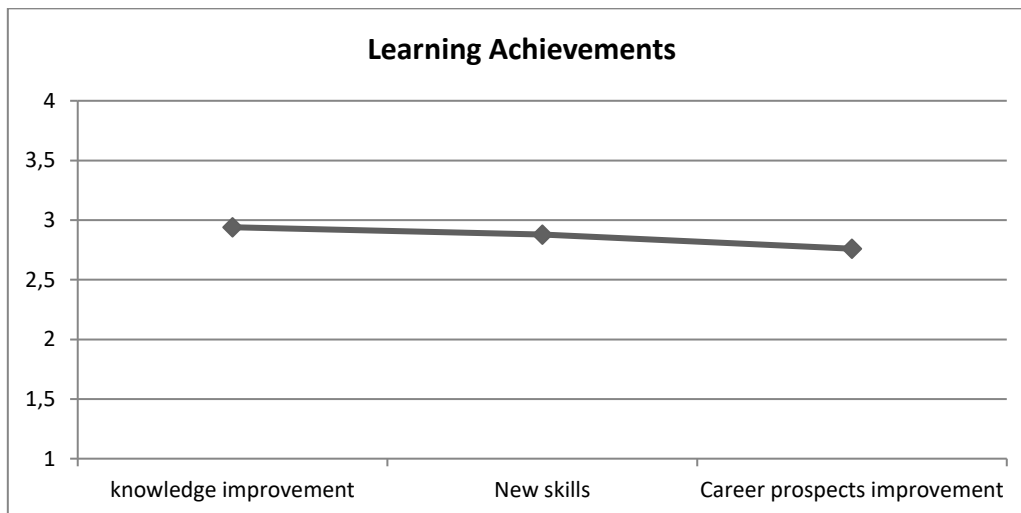


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	2,94 (,118)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA” (5 & 7/03/2024)**

The course has allowed me to acquire new skills	2,88 (,235)
The course has improved my career prospects	2,76 (,471)



### Activity details

<b>Activity</b>	The Third Half
<b>Date</b>	March – May 2024
<b>Time</b>	15.30 – 18.30
<b>Language</b>	Catalan, Spanish, English
<b>Trainer</b>	The Third Half Team (Psychology and Psychiatric PhD students)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• Motivation</li> <li>• Positive emotions</li> <li>• Socio-emotional wellbeing</li> <li>• Connection between equals</li> <li>• Gamified activities</li> </ul>

### Responder’s details

<b>Number of participants</b>	17
<b>Number of responders</b>	12
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Health Sciences (n= 3)</li> <li>▪ Engineering and Architecture (n= 1)</li> <li>▪ Social and Juridical Sciences (n= 2)</li> <li>▪ Arts and Humanitats (n= 6)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 7) First Stage Researcher without grant (n= 5)

### Participants Satisfaction/Opinion

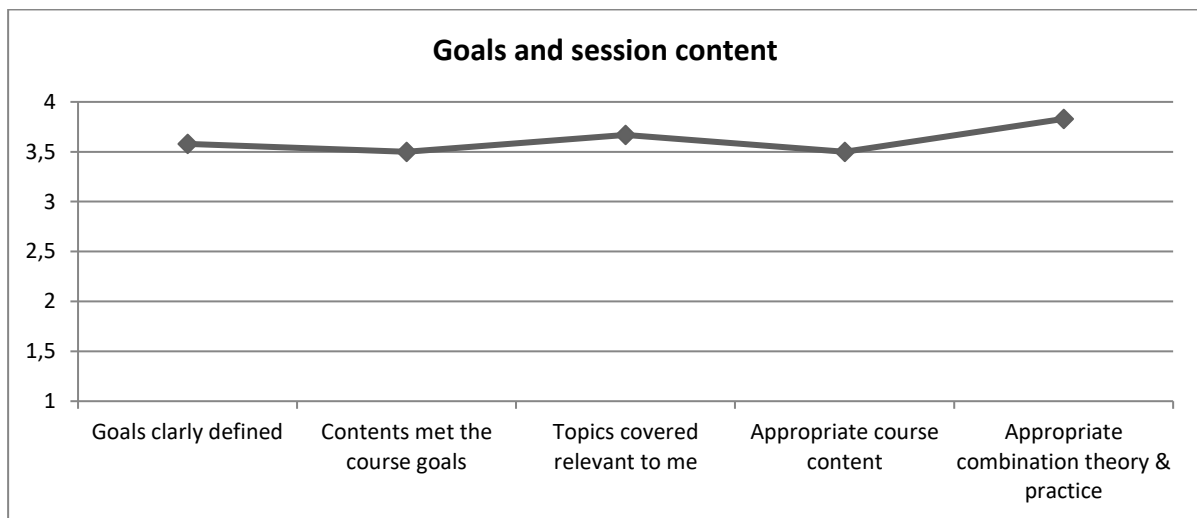
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainers explained the concepts clearly</li> <li>▪ The combination between theory and practice</li> <li>▪ The course was well organized</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The utility of the resources and course materials</li> <li>▪ The schedule of the sessions</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	9,50 out of 10
<b>Participants recommend the course to others</b>	100%

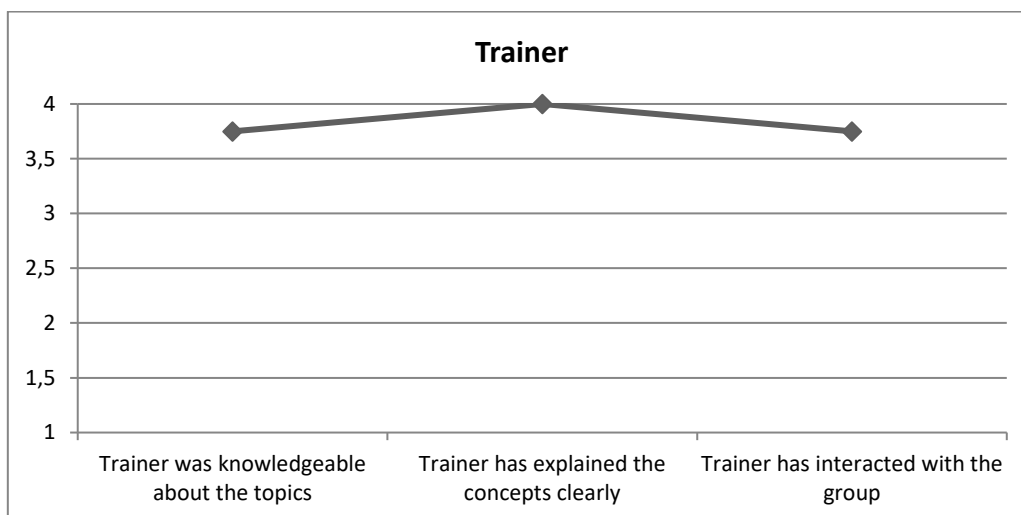
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,58 (,333)
The contents developed have met the course goals	3,50 (,000)
The topics covered were relevant to me	3,66 (,667)
The course content was appropriate and was presented in a structured manner	3,50 (,000)
There has been an appropriate combination between theory and practice	3,83 (,333)



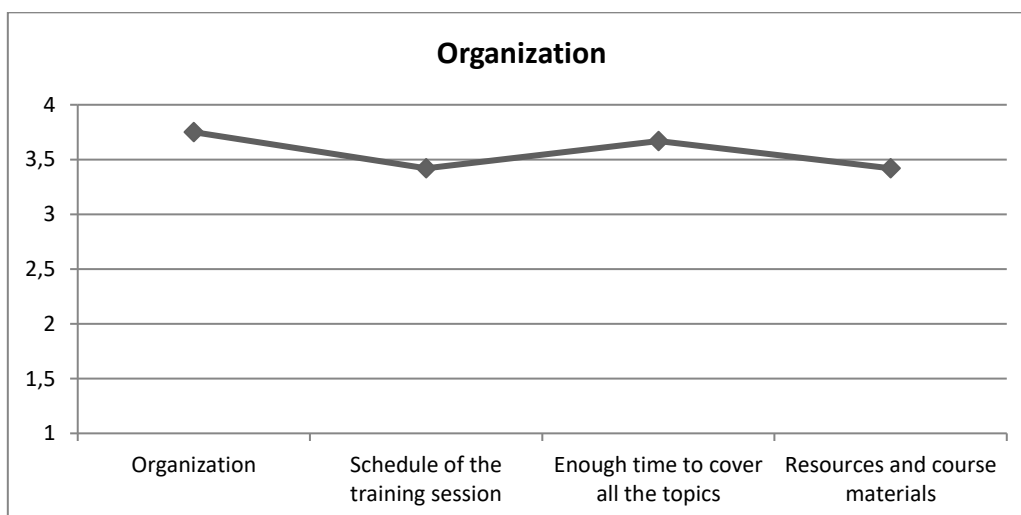
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,75 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	3,75 (,000)



**Related to Organization**

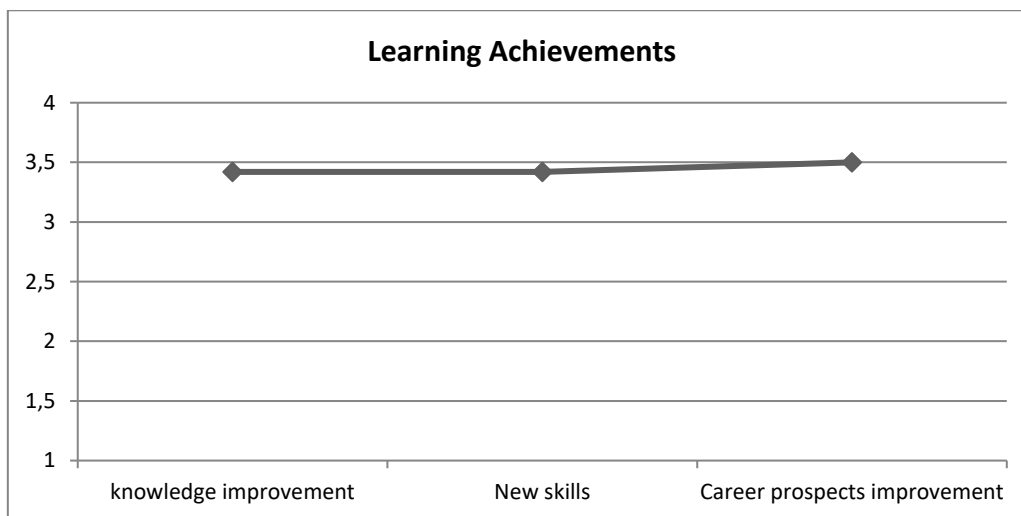
	M (S)
The course was well organized: information, registration process, etc.	3,75 (,000)
The schedule of the training session/s has helped my attendance	3,41 (,667)
The schedule provided enough time to cover all the topics	3,66 (,667)
The resources and course materials were useful	3,41 (,667)



**Related to Learning Achievements**

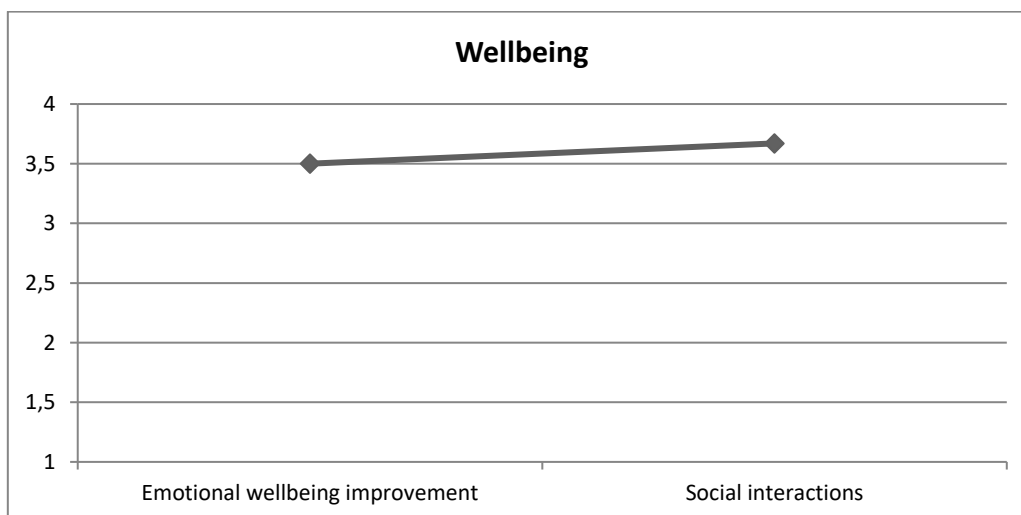
	M (S)
The course has improved my knowledge on the subject	3,41 (,667)

The course has allowed me to acquire new skills	3,41 (,667)
The course has improved my career prospects	3,50 (,000)



**Related to Wellbeing**

	M (S)
The course has helped me to improve my emotional wellbeing	3,50 (,000)
The course has helped me to meet new people and has improved my social interactions at university	3,66 (,667)



### Activity details

<b>Activity</b>	Critical thinking (on-site)
<b>Date</b>	13 & 20/03/2024
<b>Time</b>	9:00 – 13:00
<b>Language</b>	Catalan / Spanish
<b>Trainer</b>	Carme Ruíz (Department of Applied Pedagogy)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Methodologies and resources for critical thinking</li> <li>▪ Critical thinking in research</li> <li>▪ How to evaluate your critical thinking competence</li> </ul>

### Responder’s details

<b>Number of participants</b>	15
<b>Number of responders</b>	14
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 3)</li> <li>▪ Engineering (n = 1)</li> <li>▪ Sciences (n= 3)</li> <li>▪ Health sciences (n= 2)</li> <li>▪ Social and Juridical Sciences (= 5)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =8) First Stage Researcher without grant (n=6)

### Participants Satisfaction/Opinion

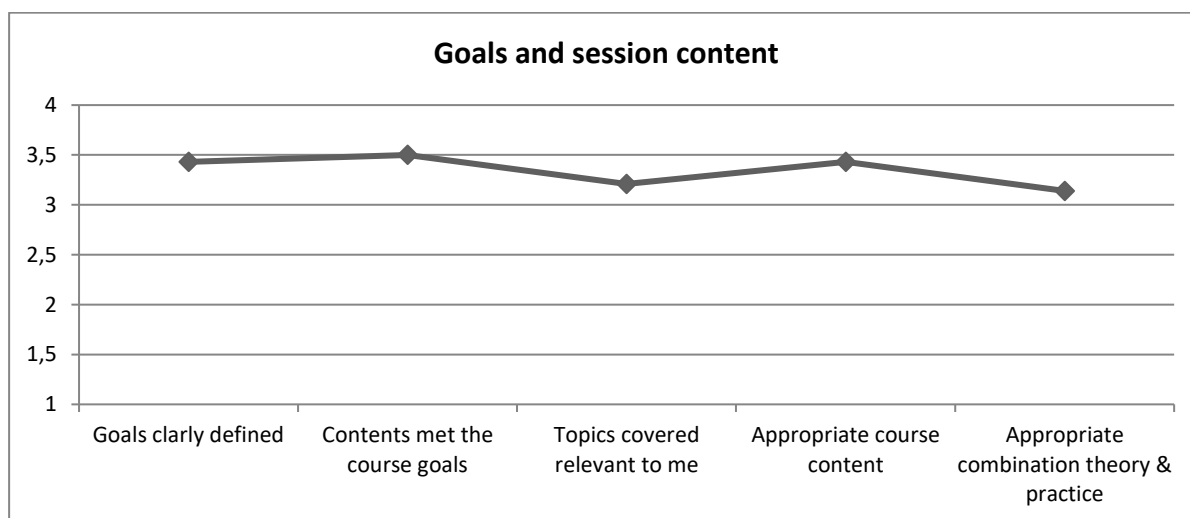
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The course improved knowledge on the subject</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The time to cover all the topics</li> <li>▪ The combination between theory and practice</li> <li>▪ The personal relevance of the topics covered</li> </ul>
<b>Overall course rating</b>	8,14 out of 10
<b>Participants recommend the course to others</b>	78,57%

**Related to Goals and Session Content**

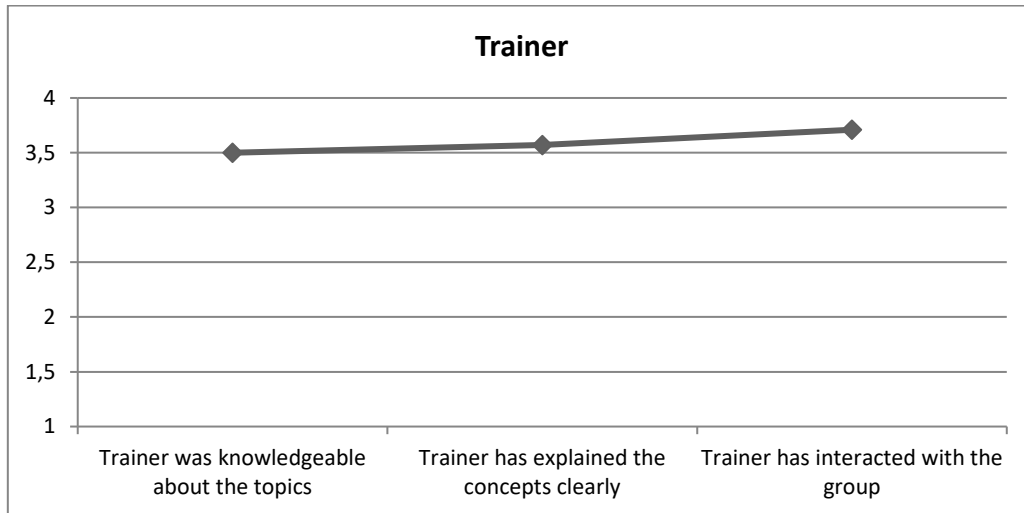
	M (S)
The goals of the training course were clearly defined	3,42 (,857)
The contents developed have met the course goals	3,50 (,000)
The topics covered were relevant to me	3,21 (,429)
The course content was appropriate and was presented in a structured manner	3,42 (,857)
There has been an appropriate combination between theory and practice	3,14 (,286)



**Related to the Trainer**

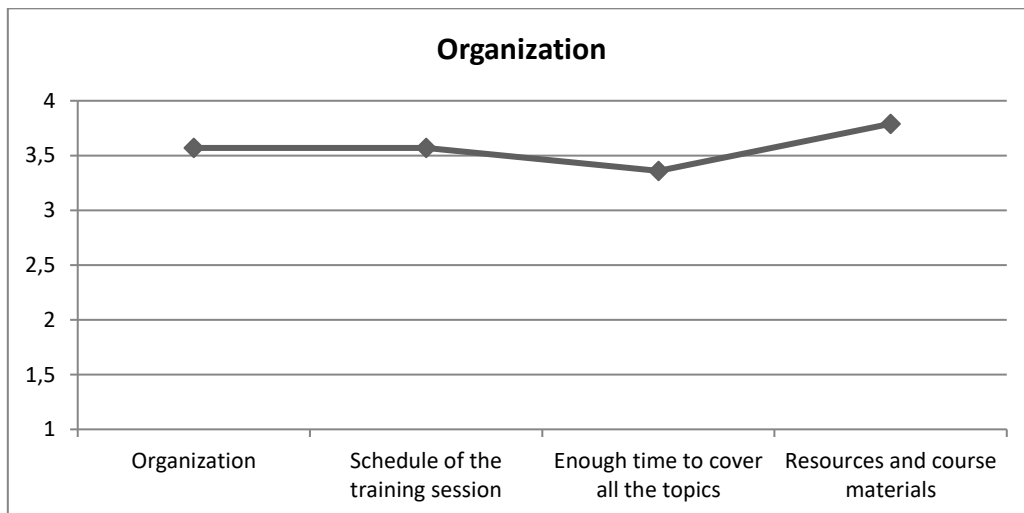
	M (S)
The trainer was knowledgeable about the training topics	3,50 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,57 (,143)
The trainer has interacted with the group, for example, answering our questions	3,71 (,429)





**Related to Organization**

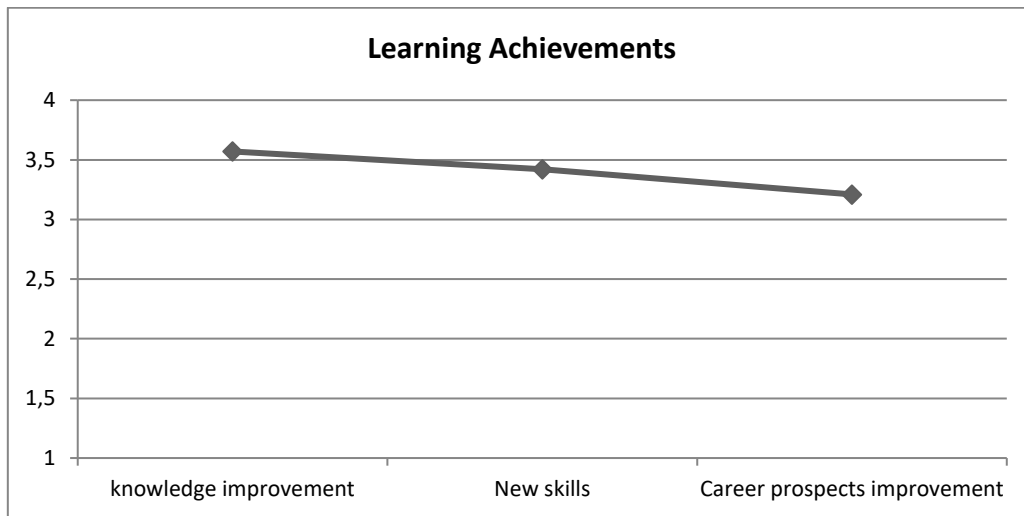
	M (S)
The course was well organized: information, registration process, etc.	3,57 (,143)
The schedule of the training session/s has helped my attendance	3,57 (,143)
The schedule provided enough time to cover all the topics	3,07 (,143)
The resources and course materials were useful	3,50 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,57 (,143)
The course has allowed me to acquire new skills	3,42 (,286)

The course has improved my career prospects	3,21 (,429)
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### Activity details

<b>Activity</b>	From Idea to Prototype: a Short Design Thinking Session (virtual)
<b>Date</b>	18/03/2024
<b>Time</b>	15:00 – 17:00h
<b>Language</b>	English
<b>Trainer</b>	David Hernández (UAB Research Park)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• Fundamental notions about the process of how to transform an idea in a real project</li> <li>• Strengthen research within your projects by using Design Thinking</li> <li>• Processes of spontaneous creativity and co-creation</li> <li>• The UAB Open Labs and the facilities for prototyping</li> </ul>

### Responder's details

<b>Number of participants</b>	33
<b>Number of responders</b>	12
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 7)</li> <li>▪ Engineering and Architecture (n = 2)</li> <li>▪ Sciences (n= 1)</li> <li>▪ Social and Juridical Sciences (n= 2)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 6) First Stage Researcher without grant (n= 6)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

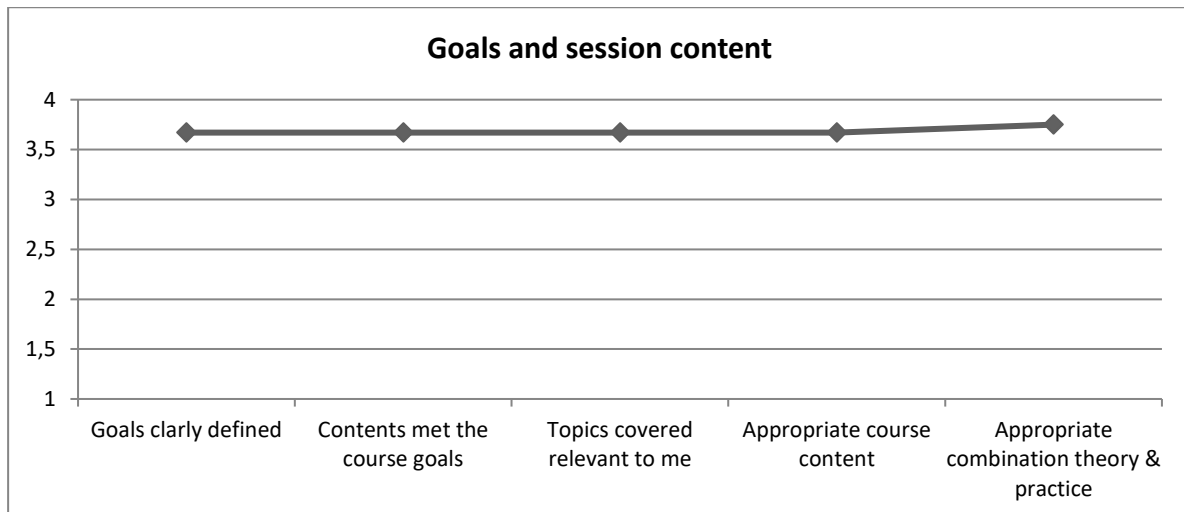
<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The schedule</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The time to cover all the topics</li> <li>▪ The new skills acquired</li> </ul>

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “FROM IDEA TO PROTOTYPE: A SHORT DESIGN THINKING SESSION” (18/03/2024)**

	<ul style="list-style-type: none"> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	8,58 out of 10
<b>Participants recommend the course to others</b>	100%

**Related to Goals and Session Content**

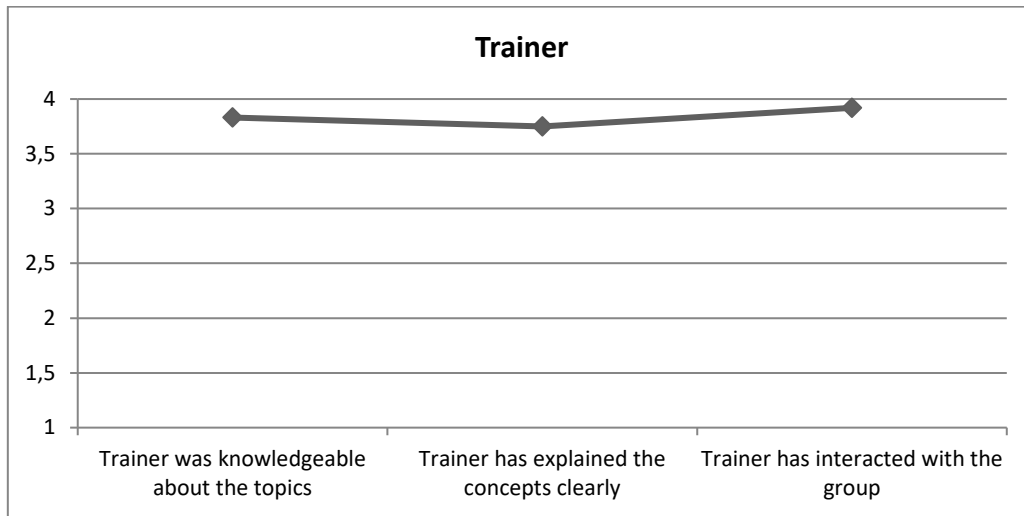
	M (S)
The goals of the training course were clearly defined	3,66 (.667)
The contents developed have met the course goals	3,66 (.667)
The topics covered were relevant to me	3,66 (.667)
The course content was appropriate and was presented in a structured manner	3,66 (.667)
There has been an appropriate combination between theory and practice	3,75 (.000)



**Related to the Trainer**

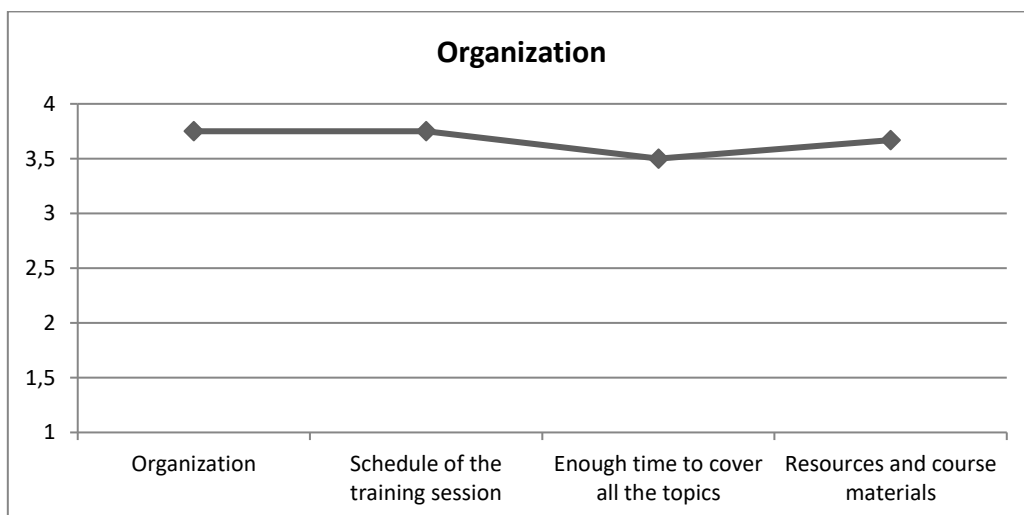
	M (S)
The trainer was knowledgeable about the training topics	3,83 (.000)
The trainer has explained the concepts clearly and in an understandable way	3,75 (.000)
The trainer has interacted with the group, for example, answering our questions	3,91 (.667)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “FROM IDEA TO PROTOTYPE: A SHORT DESIGN THINKING SESSION” (18/03/2024)**



**Related to Organization**

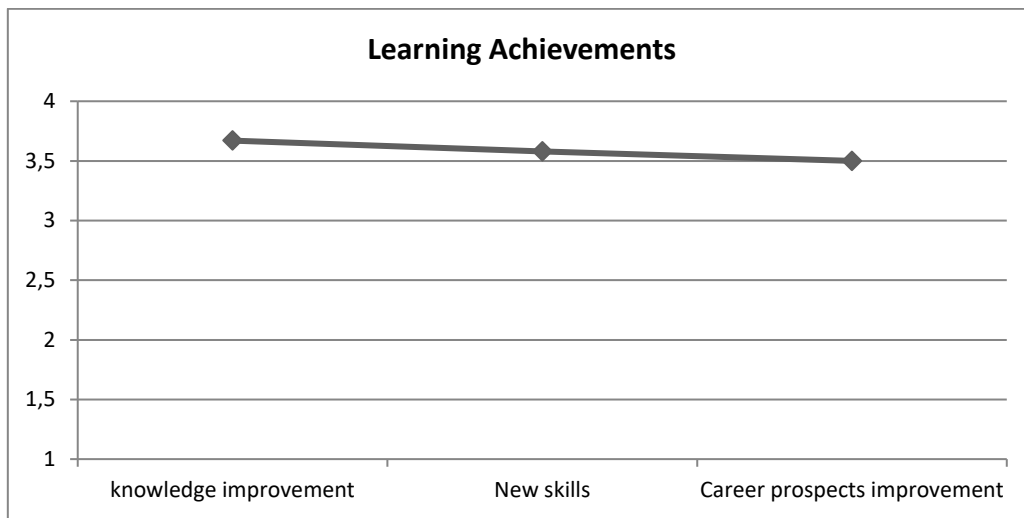
	M (S)
The course was well organized: information, registration process, etc.	3,75 (,000)
The schedule of the training session/s has helped my attendance	3,75 (,000)
The schedule provided enough time to cover all the topics	3,50 (,000)
The resources and course materials were useful	3,66 (,667)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,66 (,667)
The course has allowed me to acquire new skills	3,58 (,333)

The course has improved my career prospects	3,50 (,000)
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### Activity details

<b>Activity</b>	Statistical Concepts in Research (virtual)
<b>Date</b>	4/04 to 25/04/2024
<b>Time</b>	Teams sessions 10:30 – 12:00
<b>Language</b>	Spanish
<b>Trainer</b>	UAB Service of Applied Statistics
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Introduction and general concepts</li> <li>▪ Design of descriptive studies</li> <li>▪ Design of comparative studies</li> </ul>

### Responder’s details

<b>Number of participants</b>	22
<b>Number of responders</b>	17
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 6)</li> <li>▪ Engineering and Architecture (n = 1)</li> <li>▪ Sciences (n= 3)</li> <li>▪ Health sciences (n= 3)</li> <li>▪ Social and Juridical Sciences (= 4)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =9) First Stage Researcher without grant (n=8)

### Participants Satisfaction/Opinion

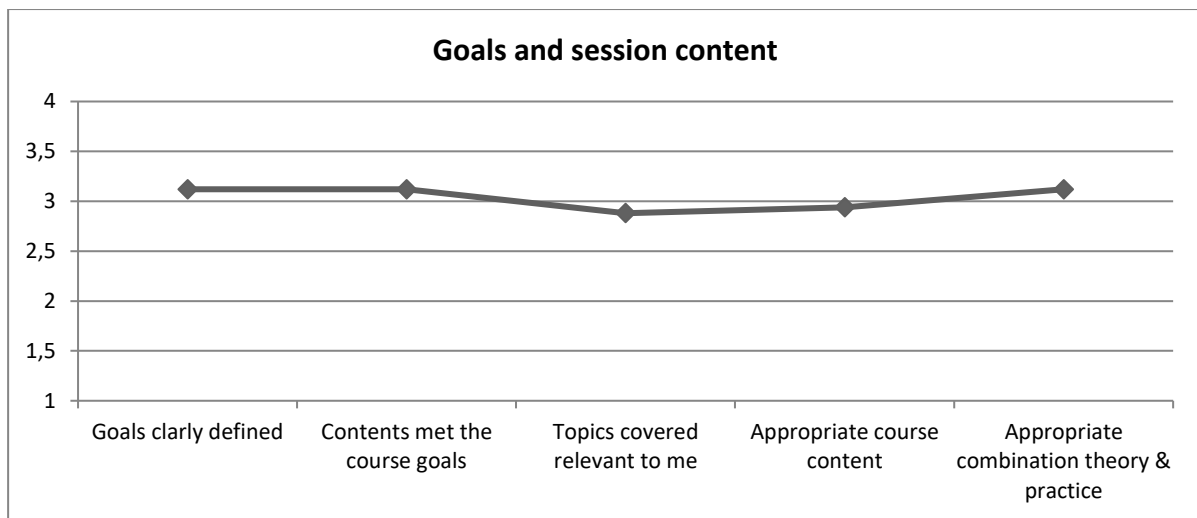
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer interacted with the group</li> <li>▪ The course was well organized</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> <li>▪ The personal relevance of the topics covered</li> </ul>
<b>Overall course rating</b>	6,69 out of 10
<b>Participants recommend the course to others</b>	70,59%

**Related to Goals and Session Content**

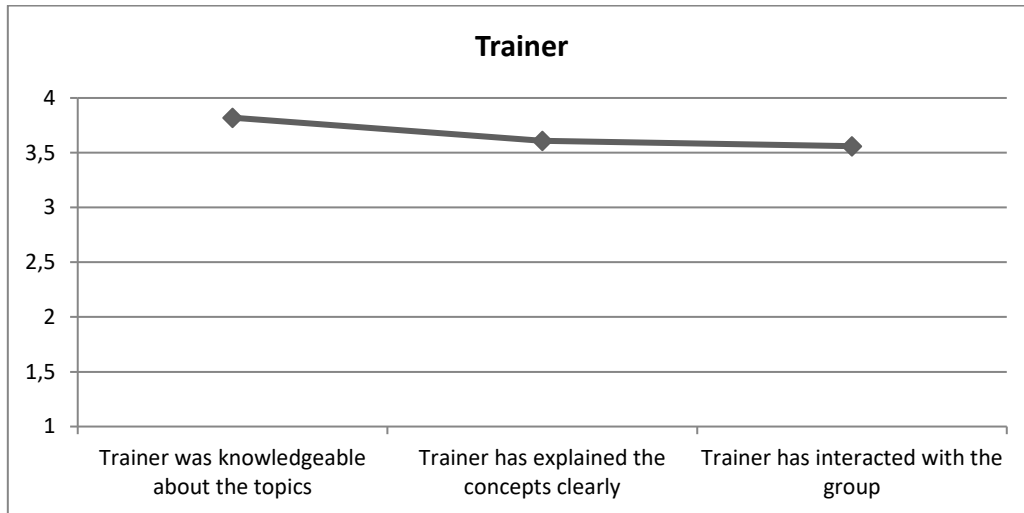
	M (S)
The goals of the training course were clearly defined	3,11 (,765)
The contents developed have met the course goals	3,11 (,765)
The topics covered were relevant to me	2,88 (,235)
The course content was appropriate and was presented in a structured manner	2,94 (,118)
There has been an appropriate combination between theory and practice	3,14 (,765)



**Related to the Trainer**

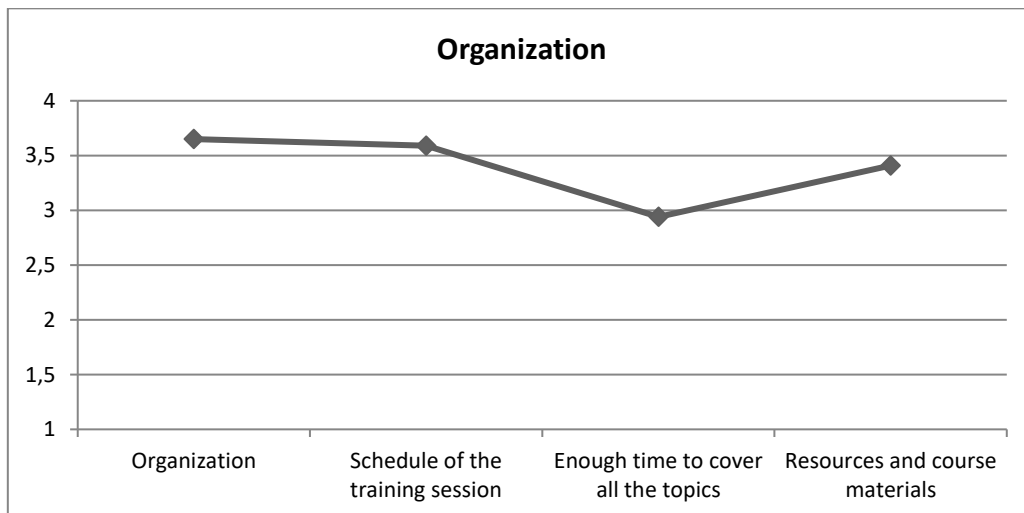
	M (S)
The trainer was knowledgeable about the training topics	3,82 (,353)
The trainer has explained the concepts clearly and in an understandable way	3,23 (,529)
The trainer has interacted with the group, for example, answering our questions	3,76 (,471)





**Related to Organization**

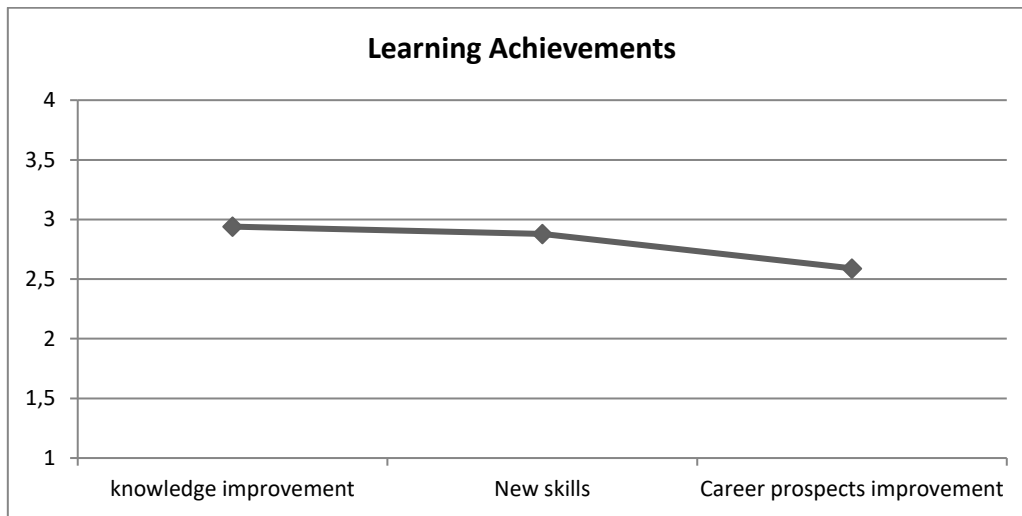
	M (S)
The course was well organized: information, registration process, etc.	3,64 (,706)
The schedule of the training session/s has helped my attendance	3,58 (,824)
The schedule provided enough time to cover all the topics	2,94 (,118)
The resources and course materials were useful	3,41 (,177)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	2,94 (,118)
The course has allowed me to acquire new skills	2,88 (,235)

The course has improved my career prospects	2,58 (,824)
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### Activity details

<b>Activity</b>	Open access publishing and data management plan (virtual)
<b>Date</b>	April 2024. 3 virtual sessions via Teams
<b>Time</b>	Depending on the session – morning or afternoon
<b>Language</b>	1 in Catalan, 1 in Spanish, 1 in English
<b>Trainer</b>	Several trainers – Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Research data</li> <li>▪ Requirements</li> <li>▪ FAIR principles</li> <li>▪ Data Management Plans</li> <li>▪ CORA RDR</li> <li>▪ Other research data repositories</li> <li>▪ Good practices</li> </ul>

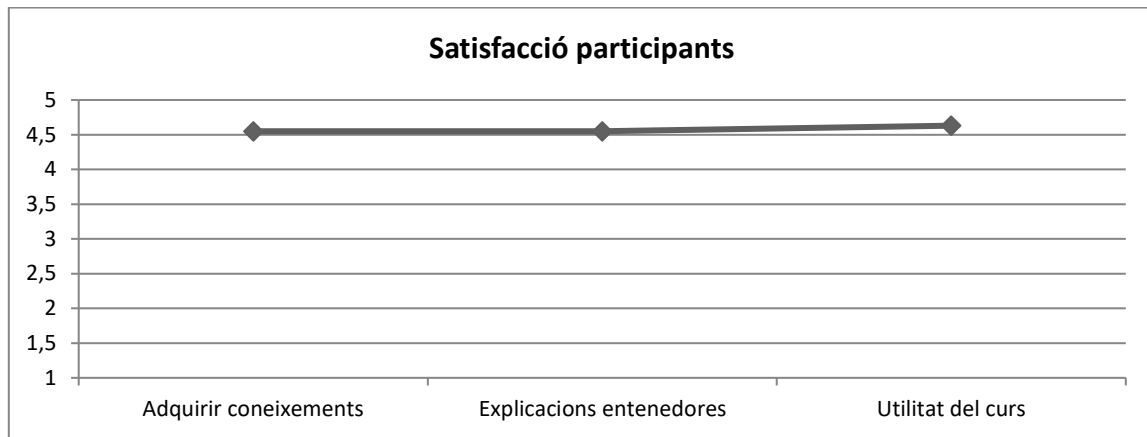
### Responder’s details

<b>Nombre d’assistents</b>	82
<b>Nombre de respostes</b>	56
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,55
Explicacions entenedores	4,55
Utilitat del curs	4,63



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	How to expand your network of contacts to get a job (virtual)
<b>Date</b>	10/04/2024
<b>Time</b>	10 – 12
<b>Language</b>	Catalan
<b>Trainer</b>	Barcelona Activa
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Expanding your network of contacts</li> <li>▪ Managing your network</li> <li>▪ Using your network for job searching</li> </ul>

### Responder's details

<b>Number of participants</b>	30
<b>Number of responders</b>	12
<b>Status</b>	First stage researchers

### Participants Satisfaction/Opinion

<b>Overall course rating</b>	7,92 out of 10
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The participants answered a satisfaction questionnaire prepared by Barcelona Activa.

	M (S)
Expectatives	7,67
Útil per adquirir noves competències	7,42
Útil per millorar el nivell de coneixement	7,08
Durada	8
Continguts	8,08
Aplicació pràctica	7,92
Formador/a	8,58
Plataforma	8,67
Recomanació de l'activitat	8,08

### Activity details

<b>Activity</b>	Research Papers – Sciences (virtual)
<b>Date</b>	15/04/2024 to 22/05/2025
<b>Time</b>	Mondays and Wednesdays, 1pm–3pm
<b>Language</b>	English
<b>Trainer</b>	Silvia Solá (Servei de Llengües)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Structure of scientific papers</li> <li>▪ Formal and discursive characteristics</li> <li>▪ Vocabulary, grammar and syntax</li> </ul>

### Responder’s details

<b>Number of participants</b>	10
<b>Number of responders</b>	5
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Sciences (n = 3)</li> <li>▪ Health Sciences (n = 1)</li> <li>▪ Engineering (n = 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =3) First Stage Researcher without grant (n =2)

### Participants Satisfaction/Opinion

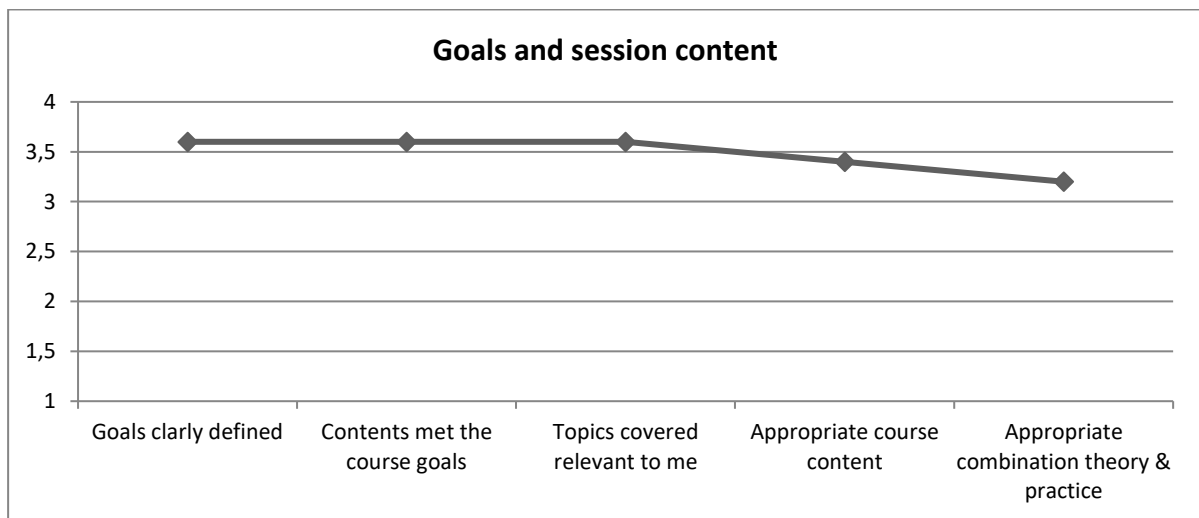
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer interacted with the group</li> <li>▪ The course was well organized</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The schedule of the training sessions</li> <li>▪ The time to cover all the topics</li> <li>▪ The new skills acquired</li> </ul>
<b>Overall course rating</b>	7,3 out of 10
<b>Participants recommend the course to others</b>	80%

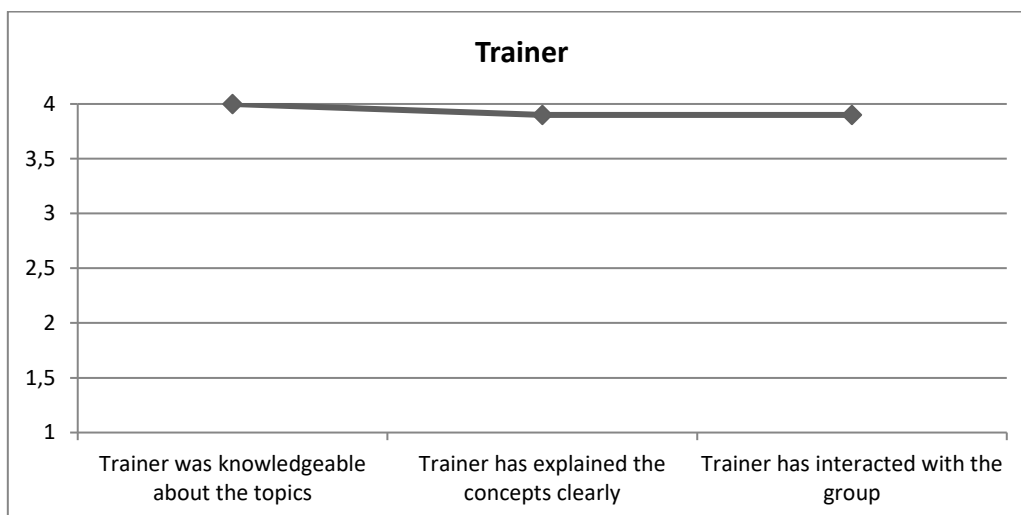
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,60 (,000)
The contents developed have met the course goals	3,60 (,000)
The topics covered were relevant to me	3,60 (,000)
The course content was appropriate and was presented in a structured manner	3,40 (,000)
There has been an appropriate combination between theory and practice	3,20 (,000)



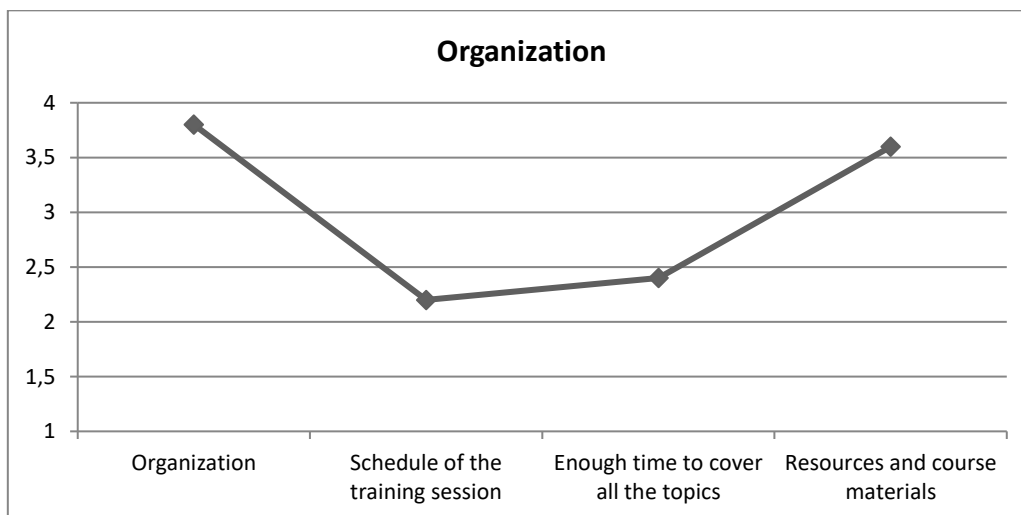
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,60 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,80 (,000)
The schedule of the training session/s has helped my attendance	2,20 (,000)
The schedule provided enough time to cover all the topics	2,40 (,000)
The resources and course materials were useful	3,60 (,000)

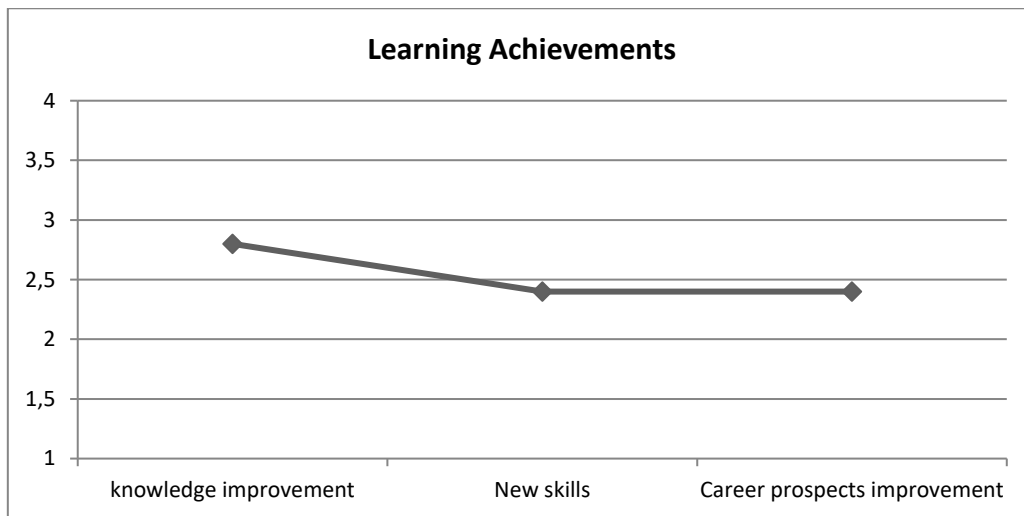


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	2,80 (,000)



The course has allowed me to acquire new skills	2,40 (,000)
The course has improved my career prospects	2,40 (,000)



### Activity details

<b>Activity</b>	How to validate your research
<b>Date</b>	15, 17, 22 & 24 April 2024
<b>Time</b>	15.00 – 17.30
<b>Language</b>	Catalan / Spanish
<b>Trainers</b>	Julia Palma, Tech Transfer Office, Lina Solarte, Raquel Rodríguez
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• Helping researchers to validate their technology through creativity and lean start-up methodologies.</li> <li>• Optimizing the impact of technology to find the best application using design thinking.</li> <li>• Accelerating the process to market – to find partners and funding.</li> <li>• Connecting with the ecosystem</li> </ul>

### Responder's details

<b>Number of participants</b>	5
<b>Number of responders</b>	1
<b>Area of interest</b>	▪ Sciences (n= 1)
<b>Status</b>	First Stage Researcher without grant (n =1)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

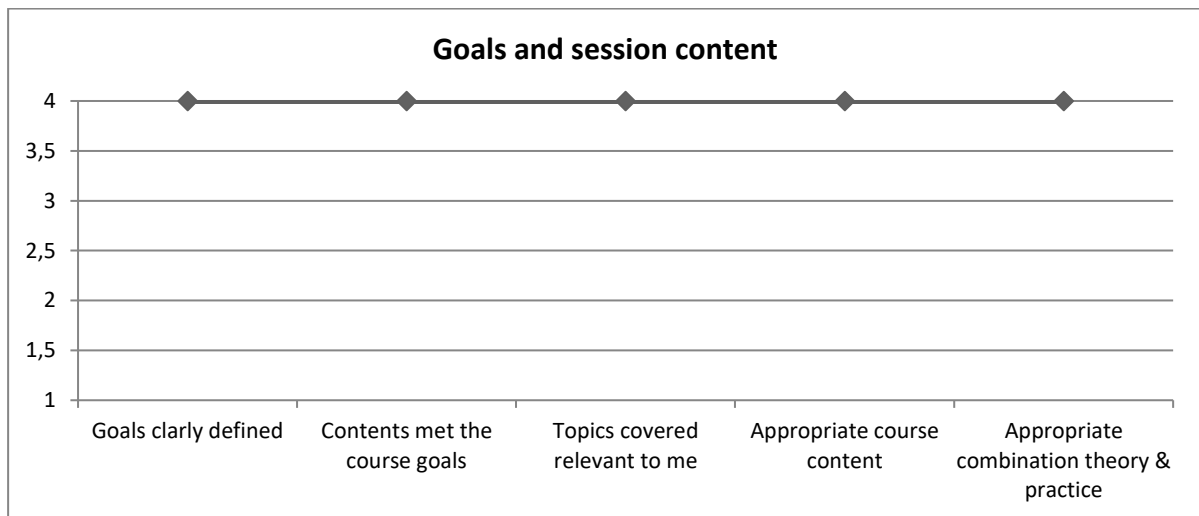
### Overall reaction

<b>The best</b>	All
<b>The worst</b>	Nothing
<b>Overall course rating</b>	9 out of 10
<b>Participants recommend the course to others</b>	100%

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASE 1 (15, 17, 22 & 24/04/2024)**

**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	4,00 (,000)
The topics covered were relevant to me	4,00 (,000)
The course content was appropriate and was presented in a structured manner	4,00 (,000)
There has been an appropriate combination between theory and practice	4,00 (,000)

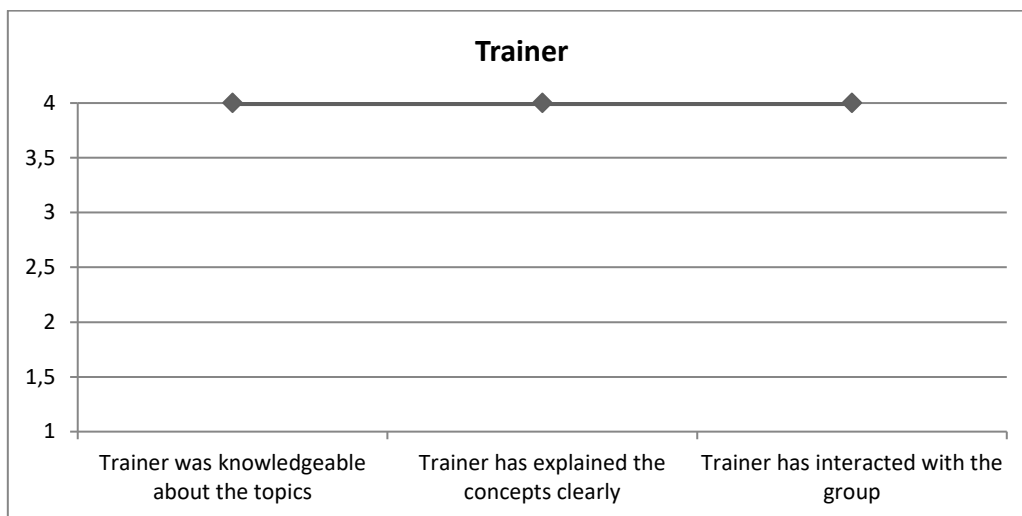


**Related to the Trainer:**

**OPPORTUNITIES TO IDENTIFY A PROJECT WITH IMPACT**

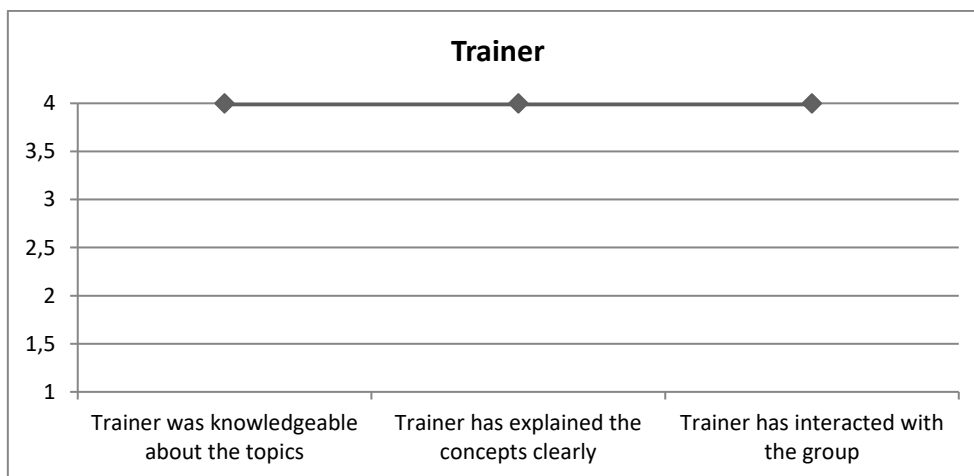
	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASE 1 (15, 17, 22 & 24/04/2024)**



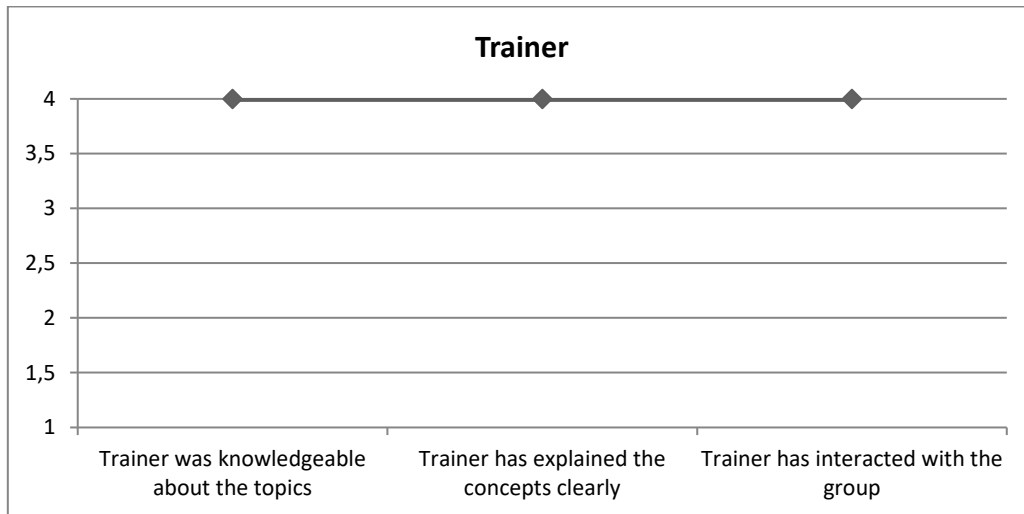
**LEAN METHODOLOGY: BUSINESS CANVAS MODEL AND CUSTOMER DISCOVERY**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



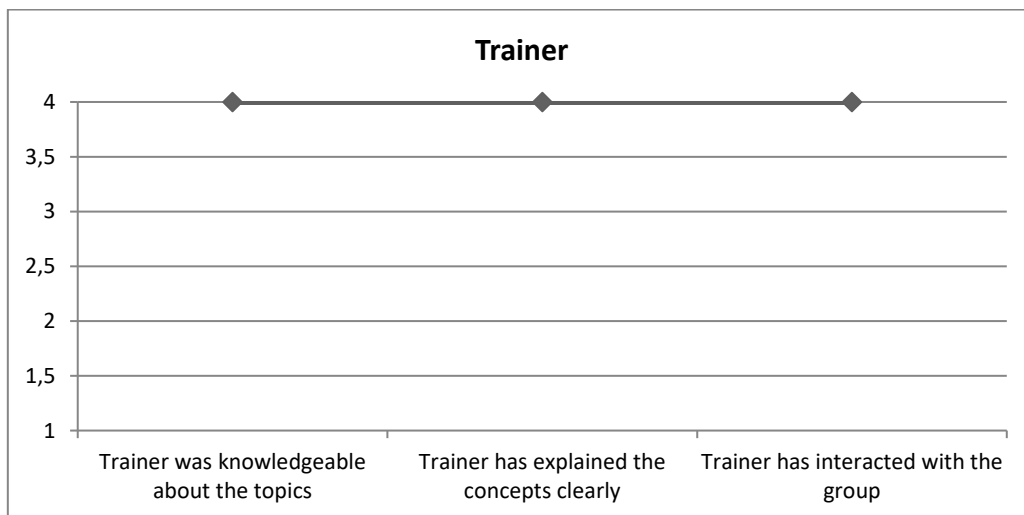
**TECHNOLOGICAL SURVEILLANCE AND KNOWLEDGE PROTECTION**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



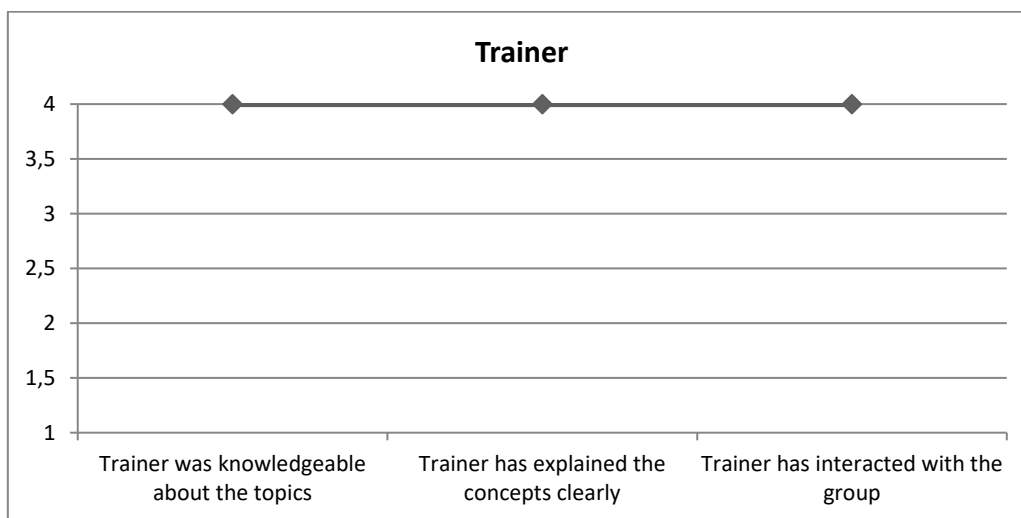
**FUNDING OPTIONS**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



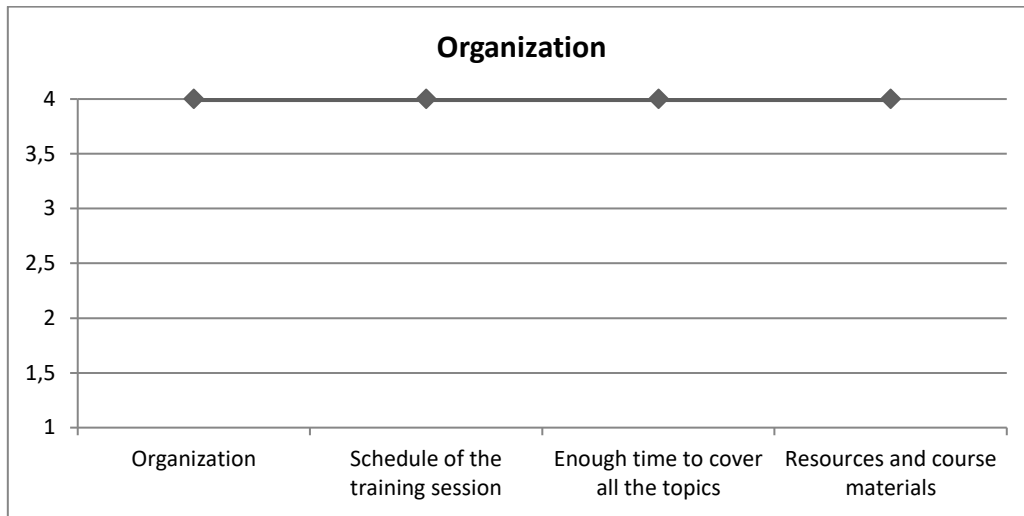
**HIGH IMPACT PRESENTATIONS**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	4,00 (,000)
The trainer has interacted with the group, for example, answering our questions	4,00 (,000)



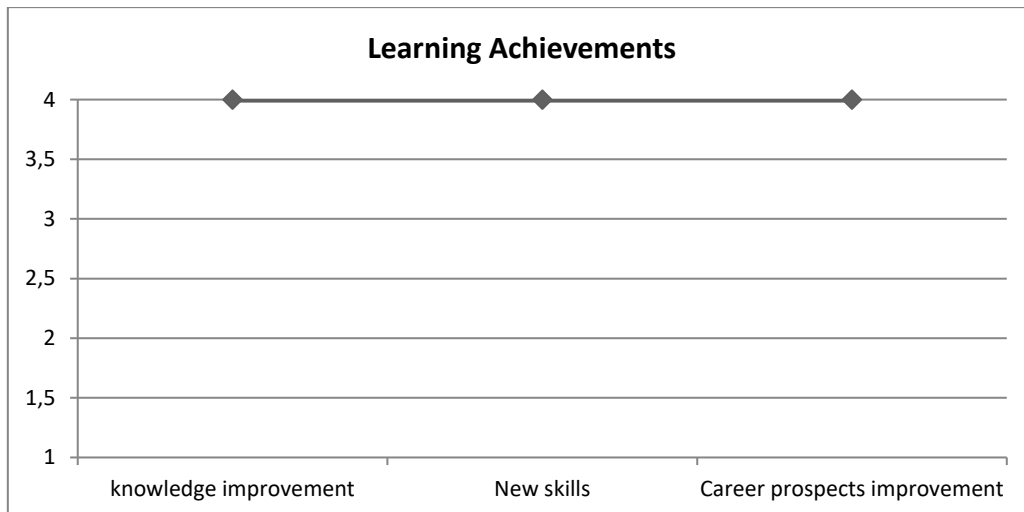
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	4,00 (,000)
The schedule provided enough time to cover all the topics	4,00 (,000)
The resources and course materials were useful	4,00 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	4,00 (,000)
The course has allowed me to acquire new skills	4,00 (,000)
The course has improved my career prospects	4,00 (,000)



### Activity details

<b>Activity</b>	How to validate your research
<b>Date</b>	April to July 2024
<b>Time</b>	Several sessions
<b>Language</b>	Catalan / Spanish
<b>Trainers</b>	Julia Palma, Tech Transfer Office, Lina Solarte, Raquel Rodríguez and mentors.
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• Helping researchers to validate their technology through creativity and lean start-up methodologies.</li> <li>• Optimizing the impact of technology to find the best application using design thinking.</li> <li>• Accelerating the process to market – to find partners and funding.</li> <li>• Connecting with the ecosystem</li> </ul>

### Responder's details

<b>Number of participants</b>	4
<b>Number of responders</b>	3
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Health Sciences (n= 2)</li> <li>▪ Social and Juridical Sciences (n= 3)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =1) First Stage Researcher without grant (n =2)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The personal relevance of the topics covered</li> <li>▪ The contents met the course goals</li> <li>▪ The course content was appropriate and well presented</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The trainer explained the concepts clearly (impact, knowledge protection and funding options)</li> <li>▪ The new skills acquired</li> </ul>

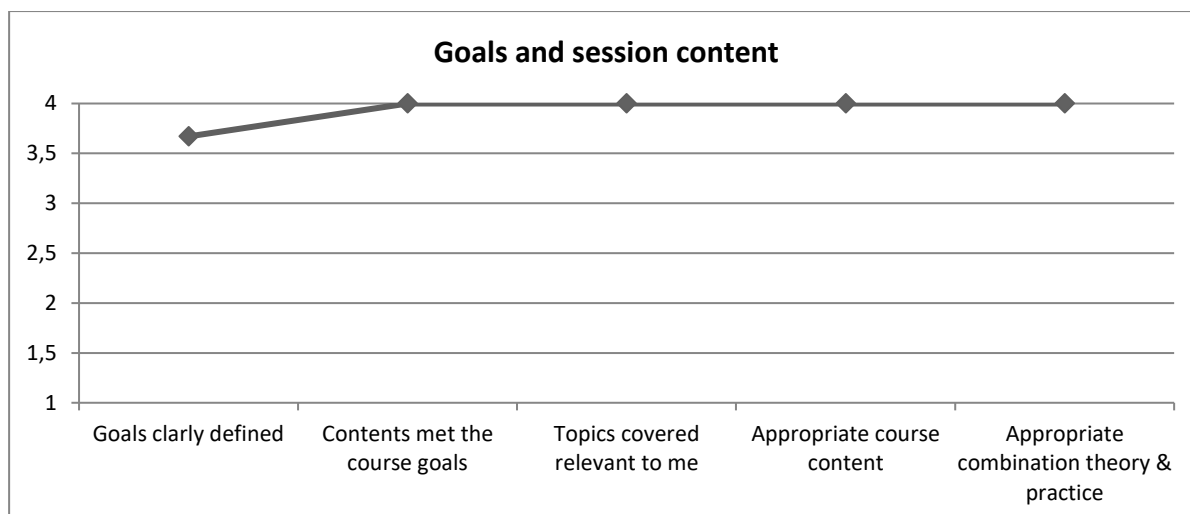


**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASES 1 & 2 (April to July 2024)**

	<ul style="list-style-type: none"> <li>▪ The improvement of career prospects</li> </ul>
<b>Overall course rating</b>	8,5 out of 10
<b>Participants recommend the course to others</b>	100%

**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,66 (.667)
The contents developed have met the course goals	4,00 (.000)
The topics covered were relevant to me	4,00 (.000)
The course content was appropriate and was presented in a structured manner	4,00 (.000)
There has been an appropriate combination between theory and practice	4,00 (.000)

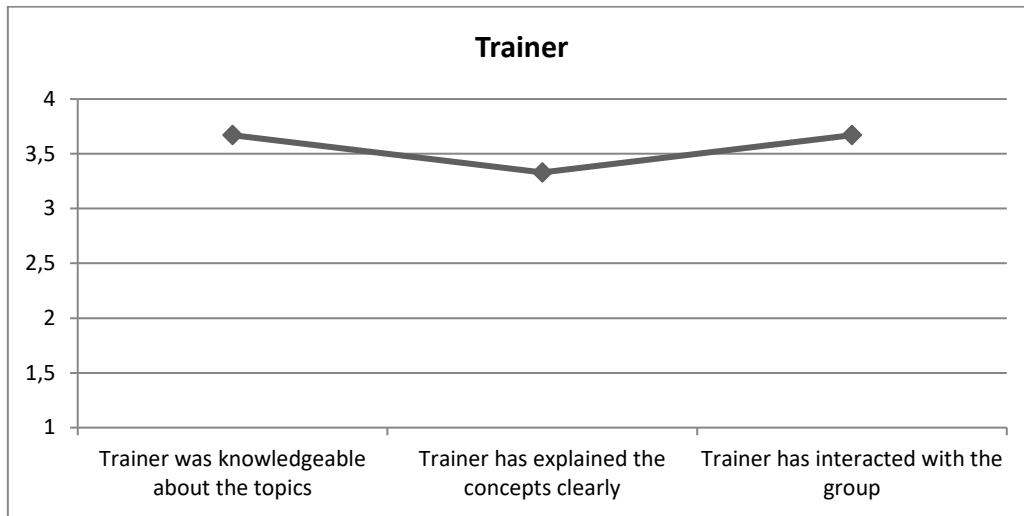


**Related to the Trainer:**

**OPPORTUNITIES TO IDENTIFY A PROJECT WITH IMPACT**

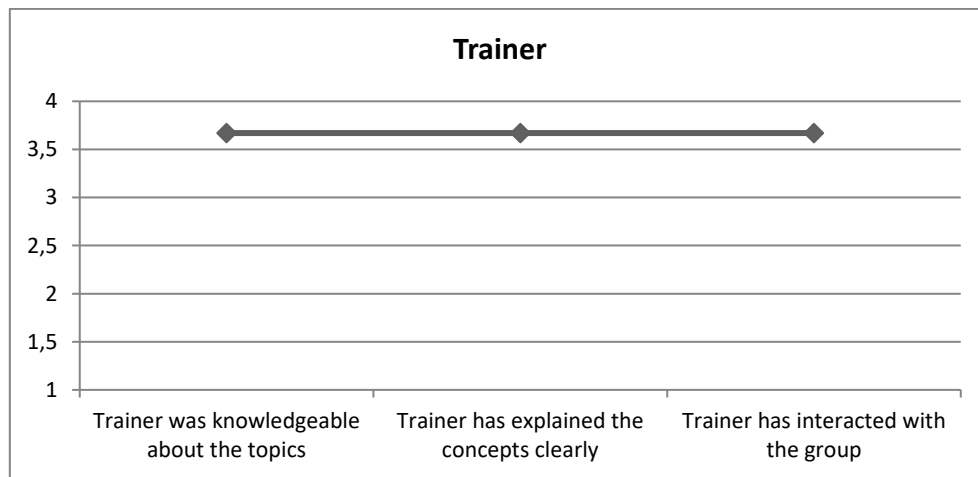
	M (S)
The trainer was knowledgeable about the training topics	3,66 (.667)
The trainer has explained the concepts clearly and in an understandable way	3,33 (.333)
The trainer has interacted with the group, for example, answering our questions	3,66 (.667)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASES 1 & 2 (April to July 2024)**



**LEAN METHODOLOGY: BUSINESS CANVAS MODEL AND CUSTOMER DISCOVERY**

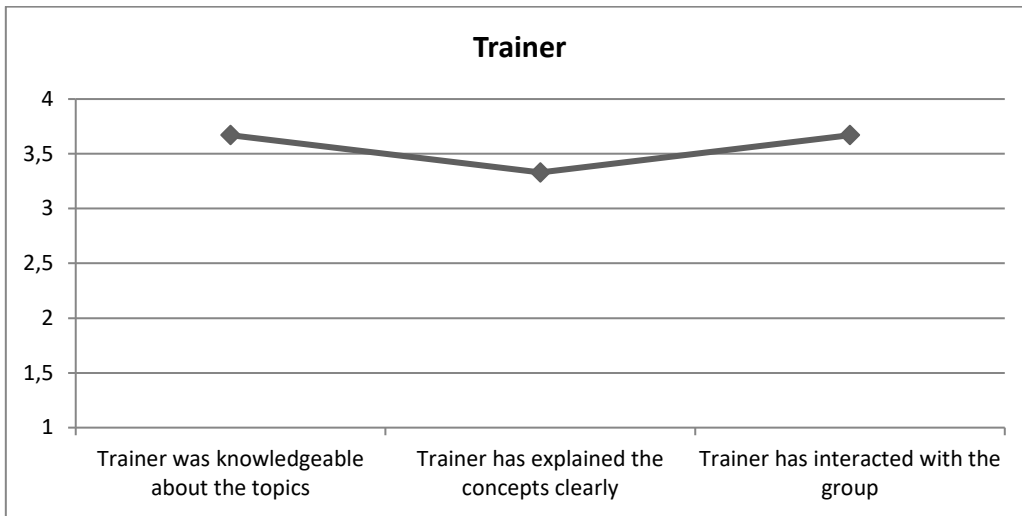
	M (S)
The trainer was knowledgeable about the training topics	3,66 (.667)
The trainer has explained the concepts clearly and in an understandable way	3,66 (.667)
The trainer has interacted with the group, for example, answering our questions	3,66 (.667)



**TECHNOLOGICAL SURVEILLANCE AND KNOWLEDGE PROTECTION**

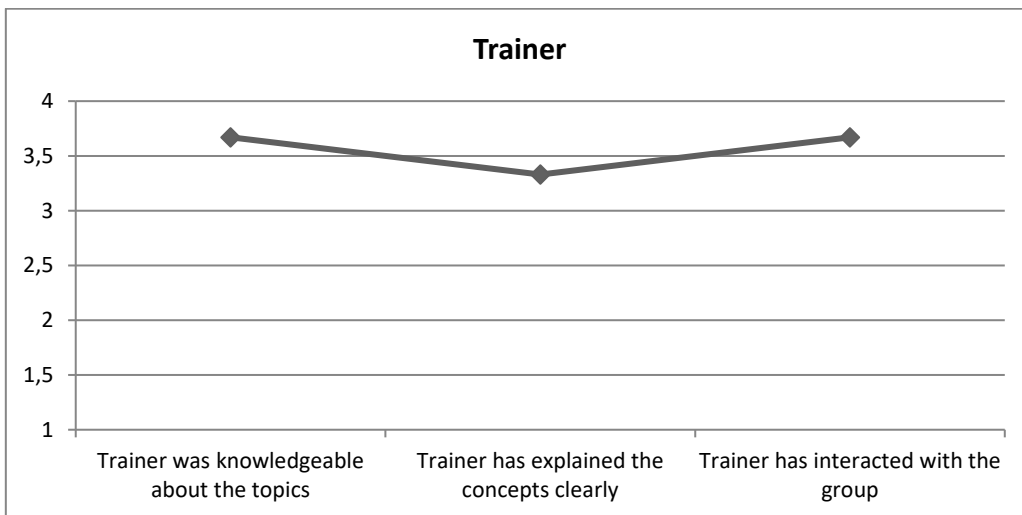
	M (S)
The trainer was knowledgeable about the training topics	3,66 (.667)
The trainer has explained the concepts clearly and in an understandable way	3,33 (.333)
The trainer has interacted with the group, for example, answering our questions	3,66 (.667)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASES 1 & 2 (April to July 2024)**



**FUNDING OPTIONS**

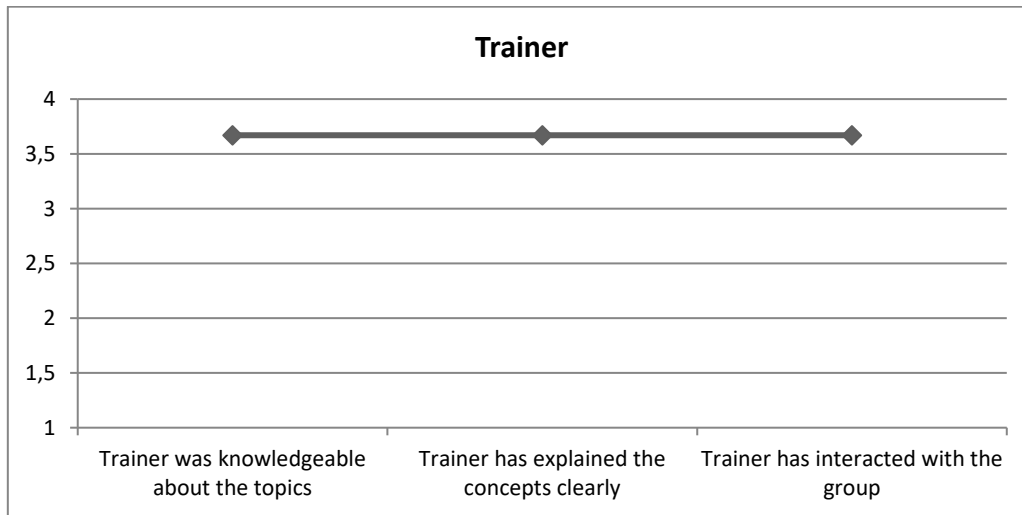
	M (S)
The trainer was knowledgeable about the training topics	3,66 (.667)
The trainer has explained the concepts clearly and in an understandable way	3,33 (.333)
The trainer has interacted with the group, for example, answering our questions	3,66 (.667)



**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASES 1 & 2 (April to July 2024)**

**HIGH IMPACT PRESENTATIONS**

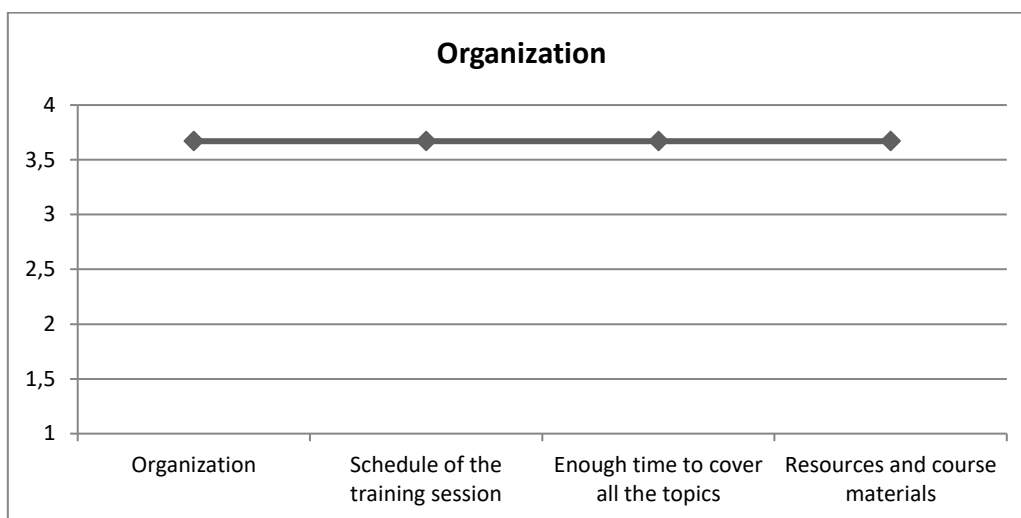
	M (S)
The trainer was knowledgeable about the training topics	3,66 (.667)
The trainer has explained the concepts clearly and in an understandable way	3,66 (.667)
The trainer has interacted with the group, for example, answering our questions	3,66 (.667)



**Related to Organization**

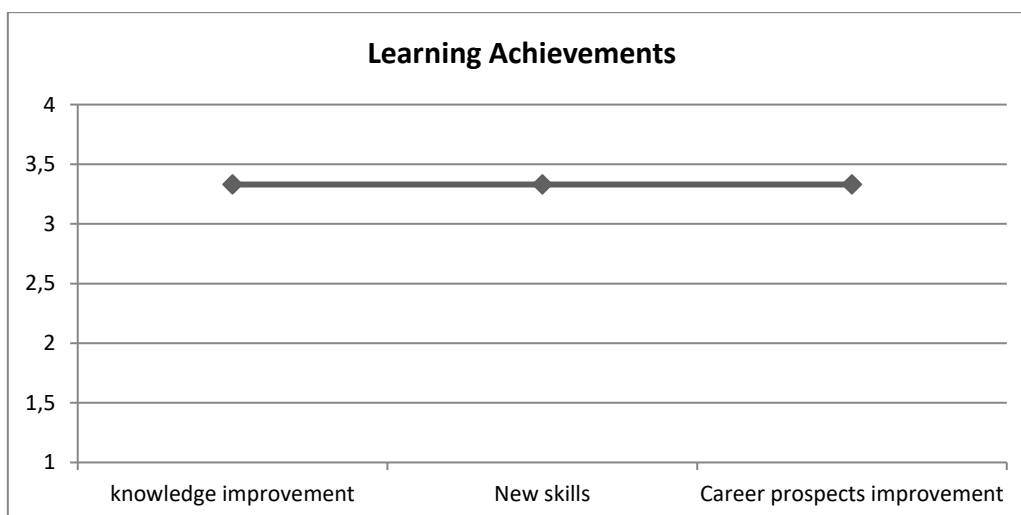
	M (S)
The course was well organized: information, registration process, etc.	3,66 (.667)
The schedule of the training session/s has helped my attendance	3,66 (.667)
The schedule provided enough time to cover all the topics	3,66 (.667)
The resources and course materials were useful	3,66 (.667)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO VALIDATE YOUR RESEARCH” PHASES 1 & 2 (April to July 2024)**



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,66 (.667)
The course has allowed me to acquire new skills	3,33 (.333)
The course has improved my career prospects	3,33 (.333)



### Activity details

<b>Activity</b>	Agile methodologies to improve your productivity (virtual)
<b>Date</b>	16/04/2024
<b>Time</b>	10 – 12
<b>Language</b>	Spanish
<b>Trainer</b>	Barcelona Activa
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Improving productivity</li> <li>▪ Differentiating personal and professional tasks</li> <li>▪ Communication</li> </ul>

### Responder’s details

<b>Number of participants</b>	67
<b>Number of responders</b>	15
<b>Status</b>	First stage researchers

### Participants Satisfaction/Opinion

<b>Overall course rating</b>	5,40 out of 10
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The participants answered a satisfaction questionnaire prepared by Barcelona Activa.

	M (S)
Expectatives	7,07
Útil per adquirir noves competències	4,40
Útil per millorar el nivell de coneixement	5,20
Durada	4,53
Continguts	5,07
Aplicació pràctica	3,67
Formador/a	6,87
Plataforma	8,40
Recomanació de l’activitat	3,60

### Activity details

<b>Activity</b>	Open access publishing of research data (virtual)
<b>Date</b>	May 2024. 3 virtual sessions via Teams
<b>Time</b>	Depending on the session – morning or afternoon
<b>Language</b>	1 in Catalan, 1 in Spanish, 1 in English
<b>Trainer</b>	Several trainers – Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Research data</li> <li>▪ Requirements</li> <li>▪ FAIR principles</li> <li>▪ CORA RDR</li> <li>▪ Other research data repositories</li> <li>▪ Good practices</li> </ul>

### Responder’s details

<b>Nombre d’assistents</b>	55
<b>Nombre de respostes</b>	39
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,77
Explicacions entenedores	4,79
Utilitat del curs	4,77



Escala de 5 punts: 1= Poc; 5 = Molt.



### Activity details

<b>Activity</b>	Leadership Techniques (virtual)
<b>Date</b>	6, 7, 8 & 9/05/2024
<b>Time</b>	15 - 17
<b>Language</b>	English
<b>Trainer</b>	Arantza Danés
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Introduction to Leadership and self-awareness.</li> <li>▪ Leadership in the organization. Leadership styles. Sources of power</li> <li>▪ Motivation at the workplace. Herzberg factors. Values and Communication</li> <li>▪ Communication toxins and antidotes. Conflict Management</li> </ul>

### Responder's details

<b>Number of participants</b>	19
<b>Number of responders</b>	17
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 2)</li> <li>▪ Engineering &amp; Architecture (n = 2)</li> <li>▪ Social and Juridical Sciences (n = 2)</li> <li>▪ Sciences (n=7)</li> <li>▪ Health sciences (n=4)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n=11) First Stage Researcher without grant (n=6)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

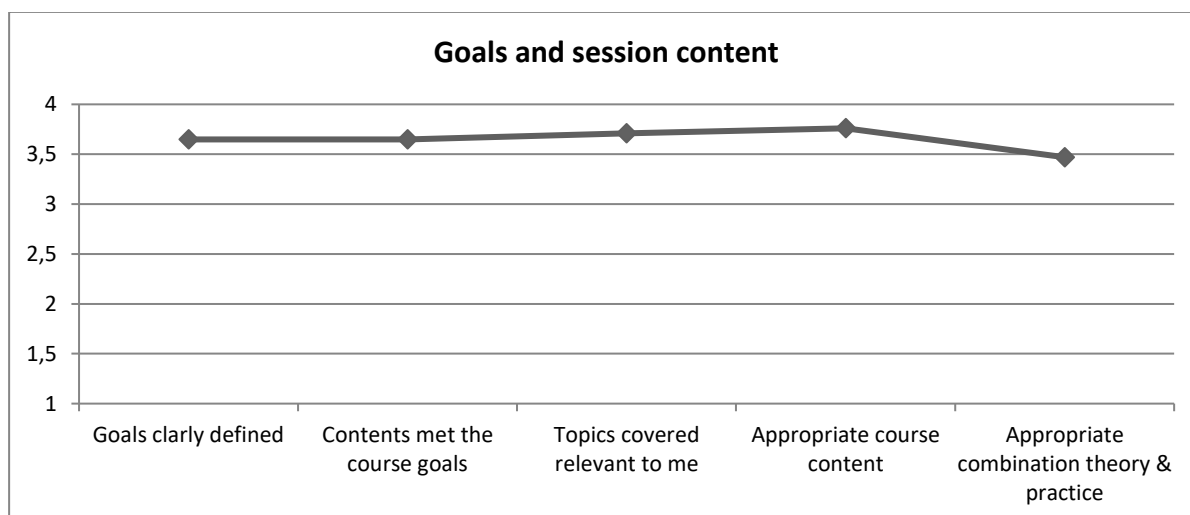
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The course was well organized</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The new skills acquired</li> <li>▪ The improvement of career prospects</li> <li>▪ The combination between theory and practice</li> </ul>
<b>Overall course rating</b>	8,94 out of 10

Participants recommend the course to others	100%
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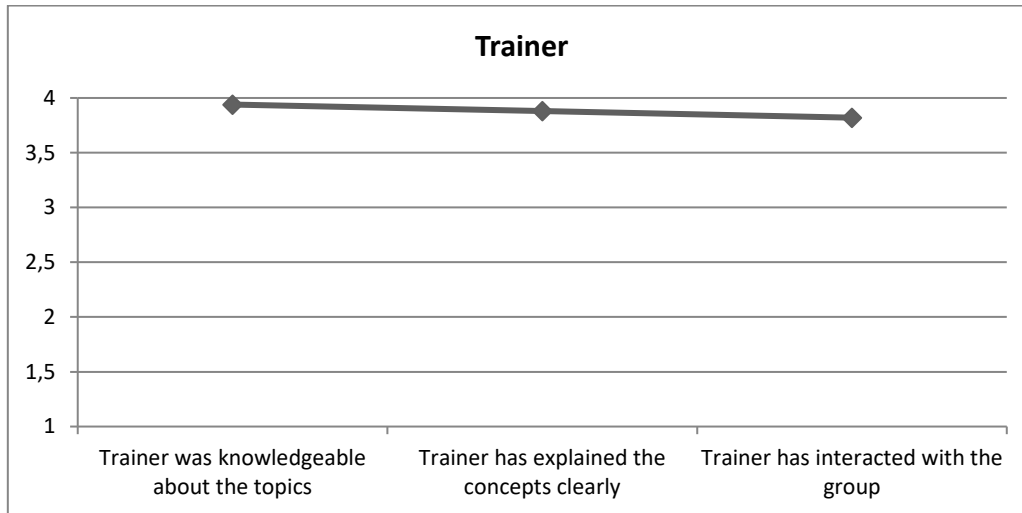
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,64 (,706)
The contents developed have met the course goals	3,64 (,706)
The topics covered were relevant to me	3,70 (,588)
The course content was appropriate and was presented in a structured manner	3,76 (,471)
There has been an appropriate combination between theory and practice	3,47 (,059)



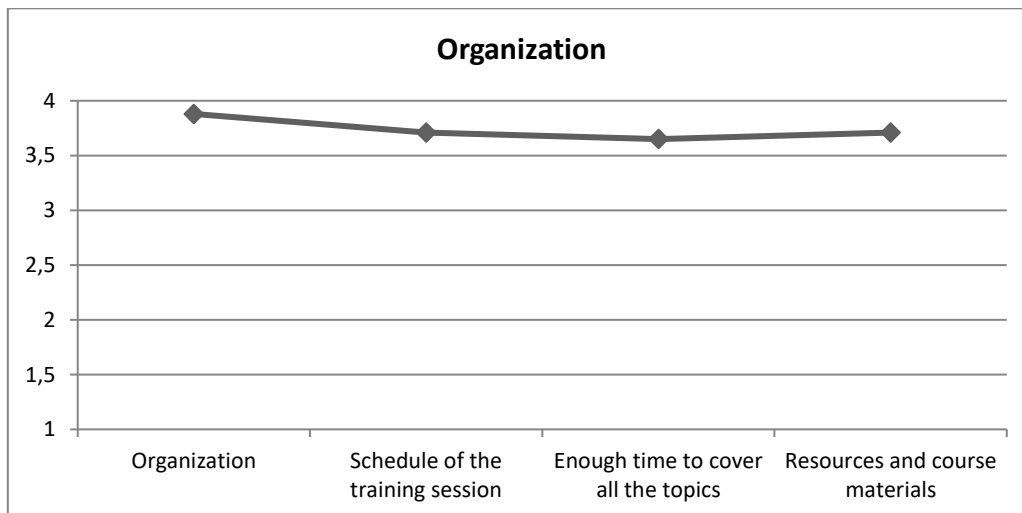
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,94 (,118)
The trainer has explained the concepts clearly and in an understandable way	3,88 (,235)
The trainer has interacted with the group, for example, answering our questions	3,82 (,353)



**Related to Organization**

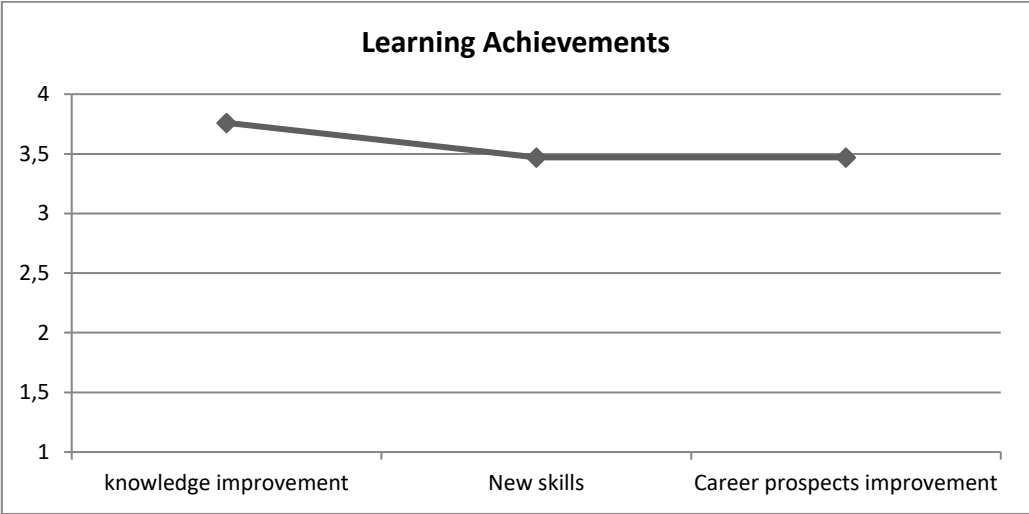
	M (S)
The course was well organized: information, registration process, etc.	3,88 (,235)
The schedule of the training session/s has helped my attendance	3,70 (,588)
The schedule provided enough time to cover all the topics	3,64 (,706)
The resources and course materials were useful	3,70 (,588)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,76 (,471)
The course has allowed me to acquire new skills	3,47 (,059)

The course has improved my career prospects	3,47 (,059)
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### Activity details

<b>Activity</b>	Data management plan for PhD students (virtual)
<b>Date</b>	May 2024. 3 virtual sessions via Teams
<b>Time</b>	Depending on the session – morning or afternoon
<b>Language</b>	1 in Catalan, 1 in Spanish, 1 in English
<b>Trainer</b>	Several trainers – Servei de Biblioteques
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Data management plan</li> <li>▪ FAIR contents in a DMP</li> <li>▪ CORA.eiNA DMP</li> </ul>

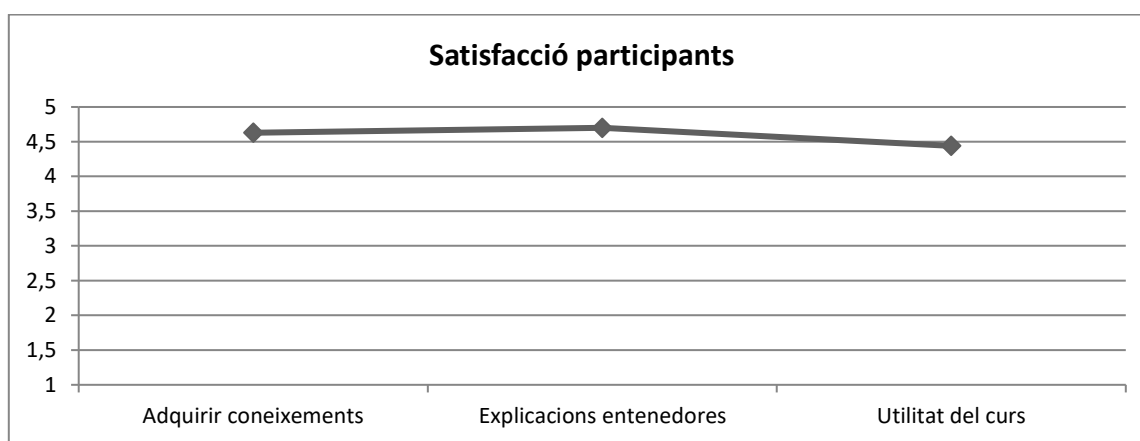
### Responder’s details

<b>Nombre d’assistents</b>	68
<b>Nombre de respostes</b>	27
<b>Status</b>	First Stage Researchers

### Participants Satisfaction/Opinion

Els assistents han donat resposta al qüestionari de satisfacció elaborat pel Servei de Biblioteques.

	M
Adquirir coneixements sobre el tema	4,63
Explicacions entenedores	4,70
Utilitat del curs	4,44



Escala de 5 punts: 1= Poc; 5 = Molt.

### Activity details

<b>Activity</b>	Chat GPT and other AI tools: the new allies in your job search (virtual)
<b>Date</b>	10/05/2024
<b>Time</b>	10 – 12
<b>Language</b>	Spanish
<b>Trainer</b>	Barcelona Activa
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ AI tools</li> <li>▪ Optimizing and speeding up the search for job opportunities</li> <li>▪ Strategies for selection processes</li> </ul>

### Responder's details

<b>Number of participants</b>	100
<b>Number of responders</b>	29
<b>Status</b>	First stage researchers

### Participants Satisfaction/Opinion

<b>Overall course rating</b>	8,49 out of 10
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The participants answered a satisfaction questionnaire prepared by Barcelona Activa.

	M (S)
Expectatives	8,10
Útil per adquirir noves competències	7,97
Útil per millorar el nivell de coneixement	8,14
Durada	8,21
Continguts	8,21
Aplicació pràctica	8,31
Formador/a	8,79
Plataforma	9,00
Recomanació de l'activitat	8,45

### Activity details

<b>Activity</b>	How to communicate your research on social media (virtual)
<b>Date</b>	14 & 16/05/2024
<b>Time</b>	10:00 – 12:00
<b>Language</b>	Spanish
<b>Trainer</b>	Doctoral School
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Combination of social media and science</li> <li>▪ Social media and early stage researchers</li> <li>▪ How to bring research at UAB and society closer by using social media</li> <li>▪ How to prepare a strategy for #ComunicaCiencia</li> <li>▪ Main 2.0 dissemination tools</li> </ul>

### Responder’s details

<b>Number of participants</b>	16
<b>Number of responders</b>	15
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n =3)</li> <li>▪ Health Sciences (n =2)</li> <li>▪ Sciences (n=7)</li> <li>▪ Social and Juridical Sciences (=3)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =9) First Stage Researcher without grant (n=6)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

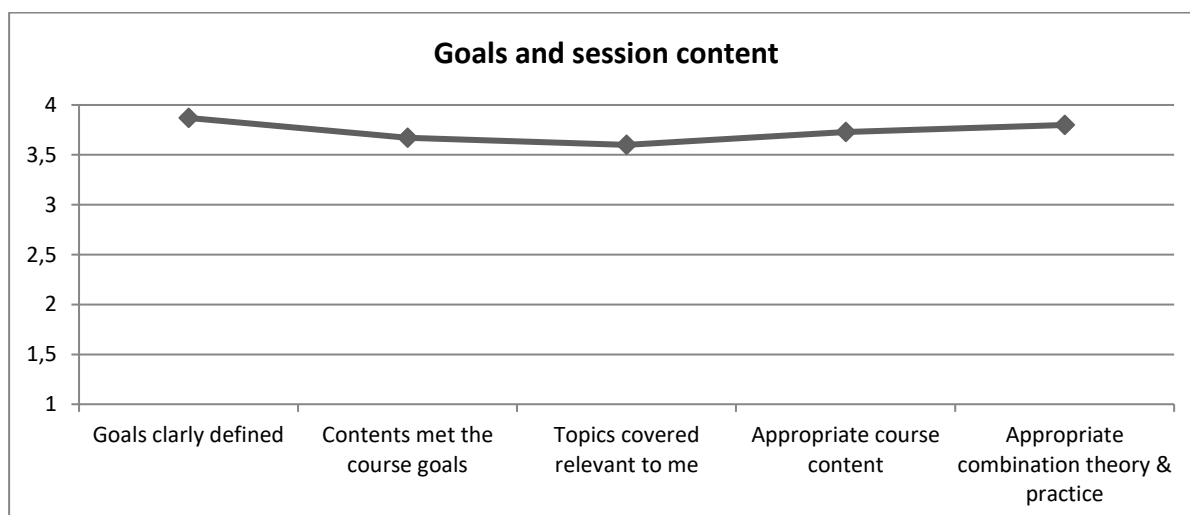
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The concepts were explained clearly and in an understandable way</li> <li>▪ The resources and course materials were useful</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The time to cover all the topics</li> <li>▪ The personal relevance of the topics covered</li> </ul>

<b>Overall course rating</b>	9,13 out of 10
<b>Participants recommend the course to others</b>	100%

**Related to Goals and Session Content**

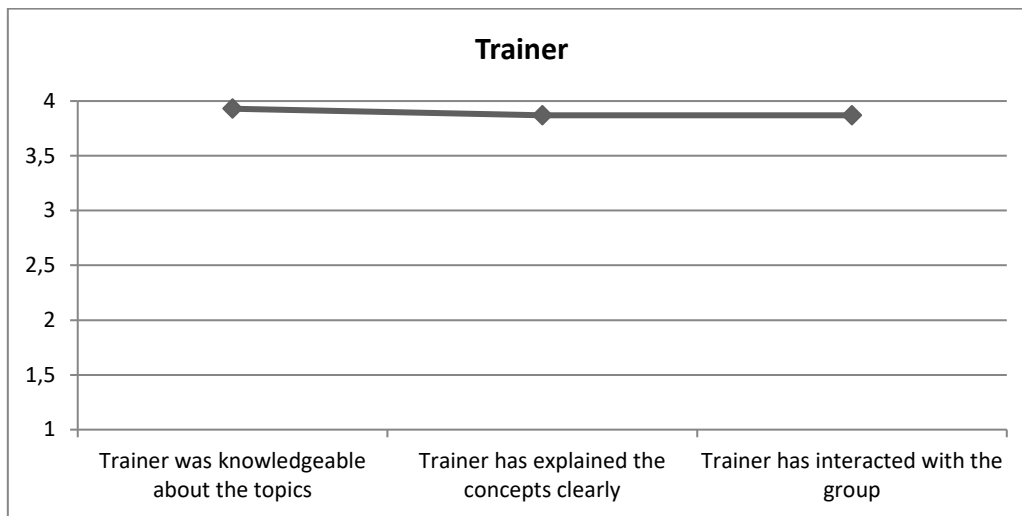
	M (S)
The goals of the training course were clearly defined	3,86 (.667)
The contents developed have met the course goals	3,66 (.667)
The topics covered were relevant to me	3,60 (.000)
The course content was appropriate and was presented in a structured manner	3,73 (.333)
There has been an appropriate combination between theory and practice	3,80 (.000)



**Related to the Trainer**

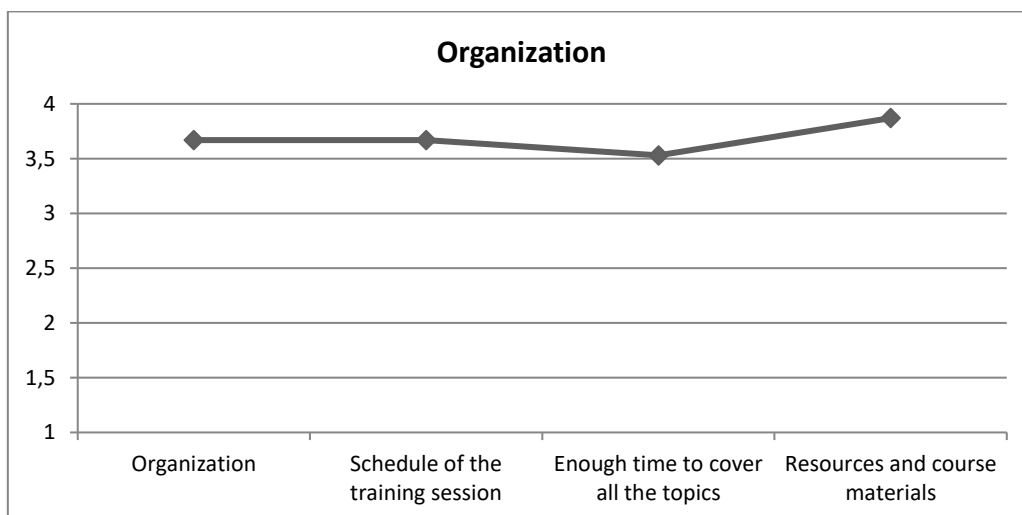
	M (S)
The trainer was knowledgeable about the training topics	3,93 (.333)
The trainer has explained the concepts clearly and in an understandable way	3,86 (.667)
The trainer has interacted with the group, for example, answering our questions	3,86 (.667)





**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,66 (.667)
The schedule of the training session/s has helped my attendance	3,66 (.667)
The schedule provided enough time to cover all the topics	3,53 (.333)
The resources and course materials were useful	3,86 (.667)

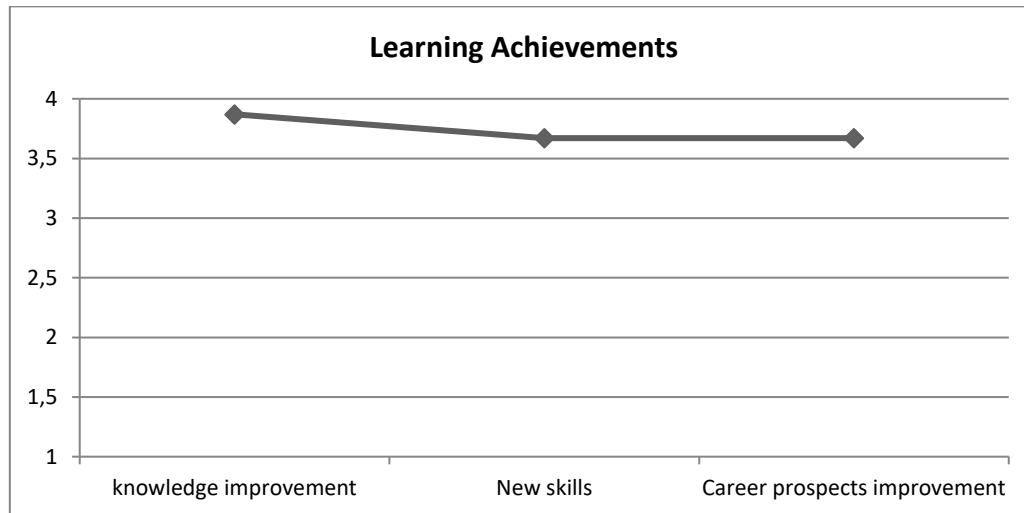


**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,86 (.667)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO COMMUNICATE YOUR RESEARCH ON SOCIAL MEDIA” (14 & 16/05/2024)**

The course has allowed me to acquire new skills	3,66 (,667)
The course has improved my career prospects	3,66 (,667)



### Activity details

<b>Activity</b>	How to design and defend your PhD with the Idea Puzzle® software (virtual)
<b>Date</b>	17/05/2024
<b>Time</b>	10:00 – 11:30
<b>Language</b>	English
<b>Trainer</b>	Ricardo Morais (Idea Puzzle)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Research as a system of 21 decisions</li> <li>▪ Theoretical decisions of your research</li> <li>▪ Methodological decisions of your research</li> <li>▪ Empirical decisions of your research</li> <li>▪ Rhetoric decisions of your research</li> <li>▪ Authorial decisions of your research</li> <li>▪ Application to participants' research with the Idea Puzzle® software</li> </ul>

### Responder's details

<b>Number of participants</b>	32
<b>Number of responders</b>	22
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 7)</li> <li>▪ Engineering and Architecture (n = 1)</li> <li>▪ Health Sciences (n= 7)</li> <li>▪ Sciences (n= 2)</li> <li>▪ Social and Juridical Sciences (n=5)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 7) First Stage Researcher without grant (n= 15)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

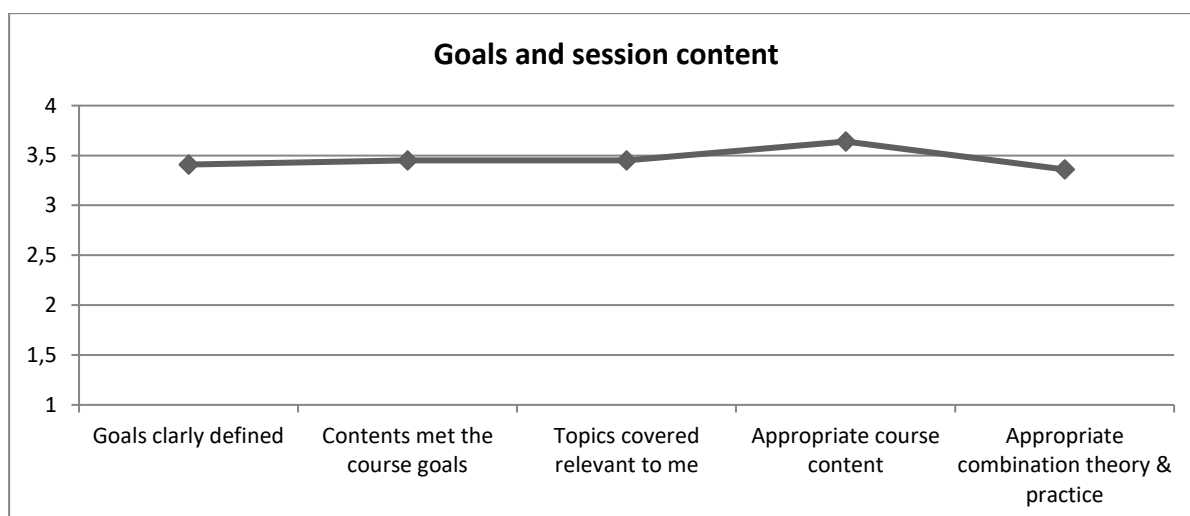
<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The content was appropriate and well presented</li> </ul>
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**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO DESIGN AND DEFEND YOUR PHD WITH THE IDEA PUZZLE® SOFTWARE” (17/05/2024)**

	<ul style="list-style-type: none"> <li>▪ The trainer explained the concepts clearly</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The combination between theory and practice</li> <li>▪ The improvement of career prospects</li> <li>▪ The new skills acquired</li> <li>▪ The combination between theory and practice</li> </ul>
<b>Overall course rating</b>	8,25 out of 10
<b>Participants recommend the course to others</b>	95,45%

**Related to Goals and Session Content**

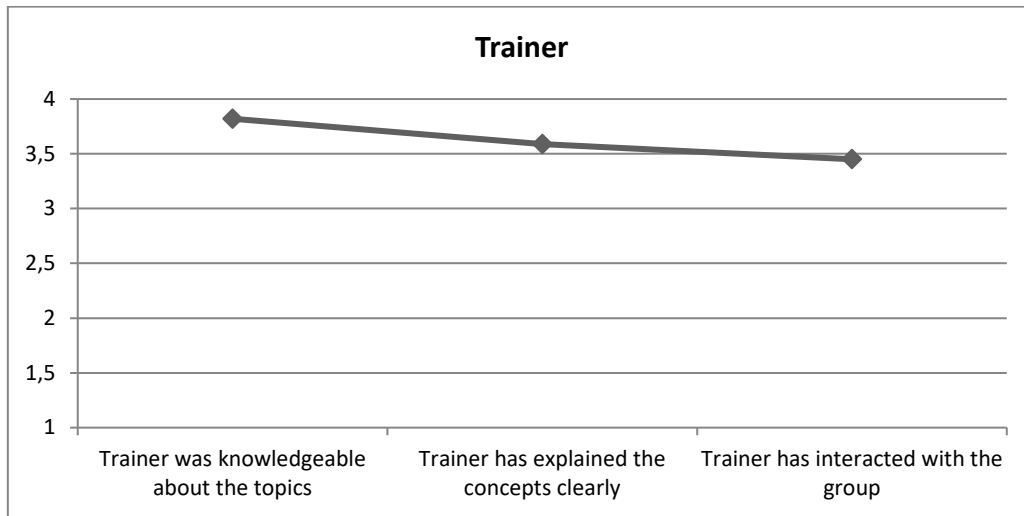
	M (S)
The goals of the training course were clearly defined	3,40 (,909)
The contents developed have met the course goals	3,45 (,455)
The topics covered were relevant to me	3,45 (,455)
The course content was appropriate and was presented in a structured manner	3,63 (,636)
There has been an appropriate combination between theory and practice	3,36 (,364)



**Related to the Trainer**

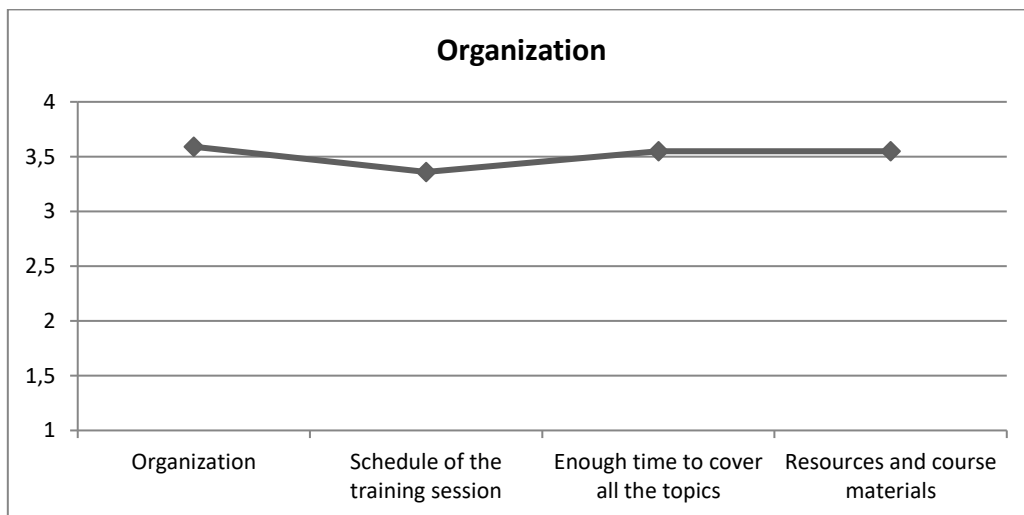
	M (S)
The trainer was knowledgeable about the training topics	3,81 (,818)
The trainer has explained the concepts clearly and in an understandable way	3,59 (,091)
The trainer has interacted with the group, for example, answering our questions	3,45 (,455)

**TRAINING EVALUATION REPORT ABOUT PARTICIPANTS REACTION TO THE COURSE “HOW TO DESIGN AND DEFEND YOUR PHD WITH THE IDEA PUZZLE® SOFTWARE” (17/05/2024)**



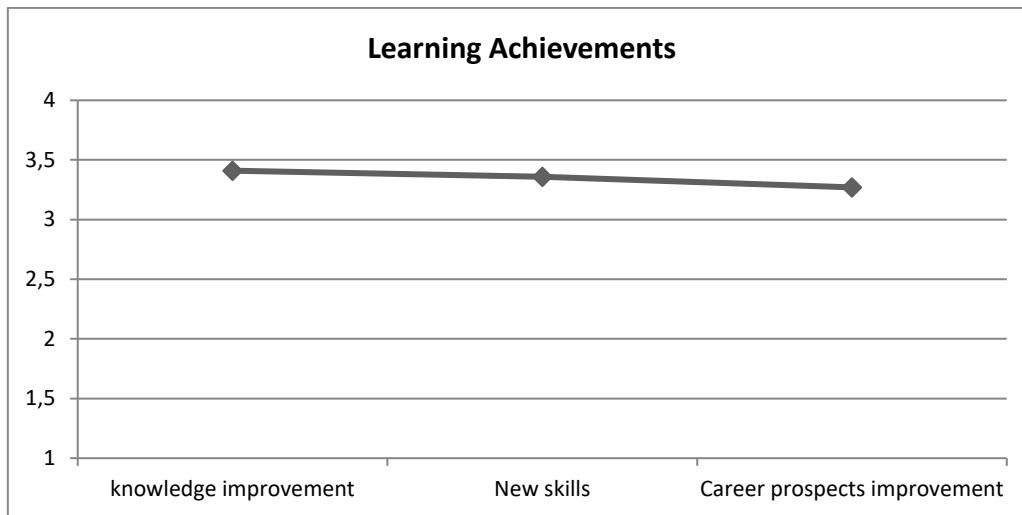
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,59 (.091)
The schedule of the training session/s has helped my attendance	3,36 (363)
The schedule provided enough time to cover all the topics	3,54 (.545)
The resources and course materials were useful	3,54 (.545)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,40 (,909)
The course has allowed me to acquire new skills	3,36 (,363)
The course has improved my career prospects	3,27 (,273)



### Activity details

<b>Activity</b>	Research Design with Idea Puzzle (virtual)
<b>Date</b>	27, 29, 30 & 31/05/2024
<b>Time</b>	10:00 – 12:00
<b>Language</b>	English
<b>Trainer</b>	Ricardo Morais (Idea Puzzle)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Relation between epistemology, methodology, ontology, and axiology</li> <li>▪ Coherence between theory, method, data, rhetoric, and authorship</li> <li>▪ Empirical research as a system of 21 dilemmatic decisions</li> </ul>

### Responder’s details

<b>Number of participants</b>	8
<b>Number of responders</b>	5
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 1)</li> <li>▪ Health Sciences (n= 1)</li> <li>▪ Social and Juridical Sciences (n= 1)</li> <li>▪ Engineering and Architecture (n= 1)</li> <li>▪ Sciences (n= 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 3) First Stage Researcher without grant (n= 2)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

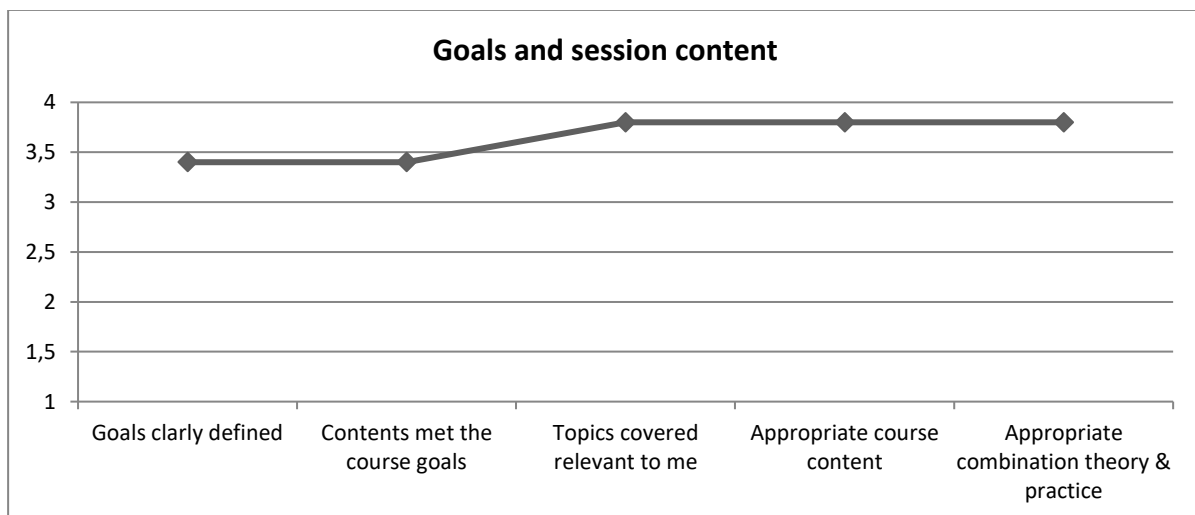
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The improvement of knowledge on the subject</li> <li>▪ The new skills acquired</li> <li>▪ The improvement of career prospects</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The goals of the course were clearly defined</li> <li>▪ The contents met the course goals</li> </ul>
<b>Overall course rating</b>	8,50 out of 10

Participants recommend the course to others	80%
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**Related to Goals and Session Content**

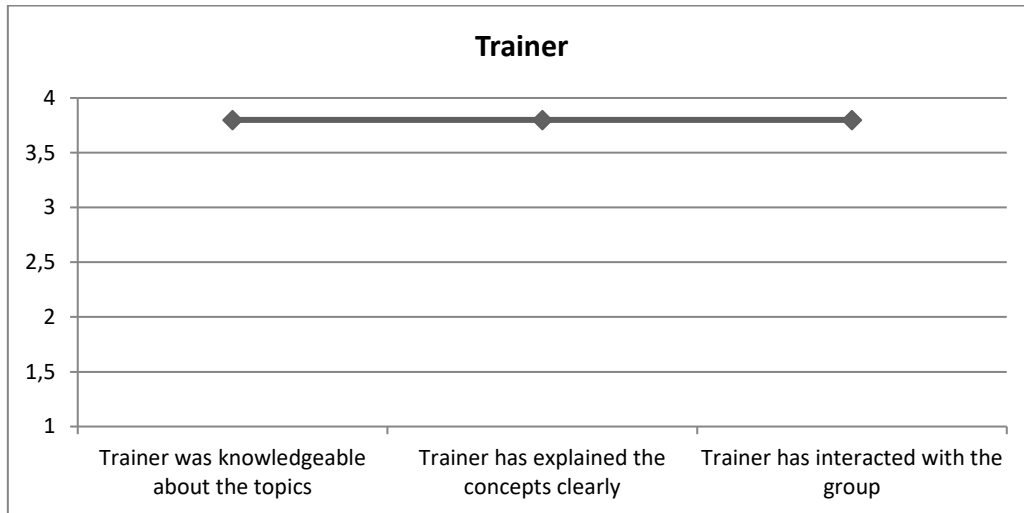
	M (S)
The goals of the training course were clearly defined	3,40 (,000)
The contents developed have met the course goals	3,40 (,000)
The topics covered were relevant to me	3,80 (,000)
The course content was appropriate and was presented in a structured manner	3,80 (,000)
There has been an appropriate combination between theory and practice	3,80 (,000)



**Related to the Trainer**

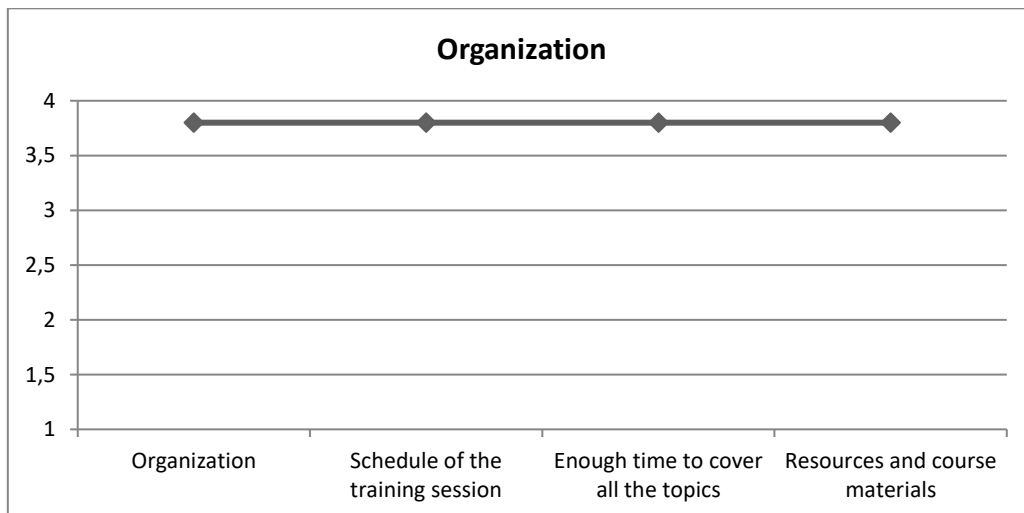
	M (S)
The trainer was knowledgeable about the training topics	3,80 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,80 (,000)
The trainer has interacted with the group, for example, answering our questions	3,80 (,000)





**Related to Organization**

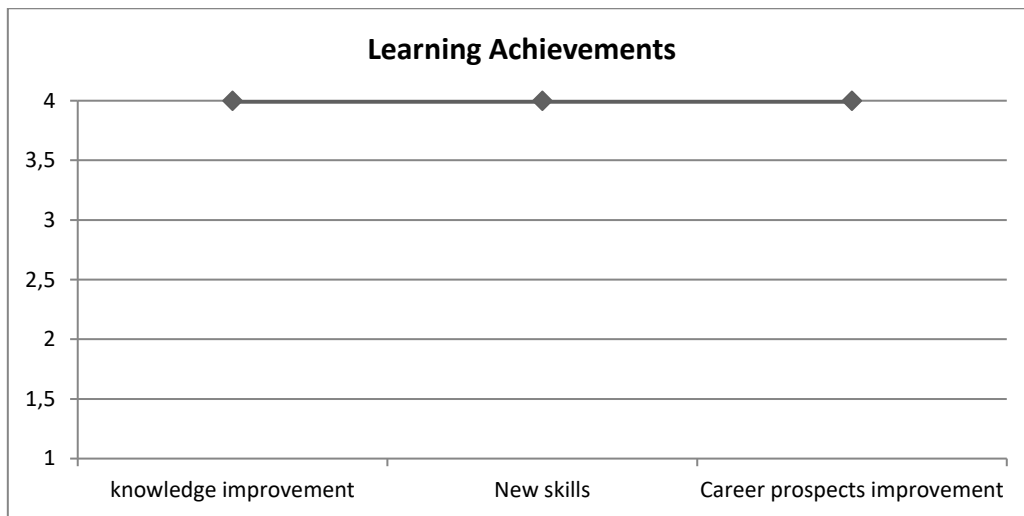
	M (S)
The course was well organized: information, registration process, etc.	3,80 (,000)
The schedule of the training session/s has helped my attendance	3,80 (,000)
The schedule provided enough time to cover all the topics	3,80 (,000)
The resources and course materials were useful	3,80 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	4,00 (,000)

The course has allowed me to acquire new skills	4,00 (,000)
The course has improved my career prospects	4,00 (,000)



### Activity details

<b>Activity</b>	Presenting Research (virtual)
<b>Date</b>	28/05 to 27/06/2024
<b>Time</b>	Tuesdays and Thursdays, 17:00 – 19:00
<b>Language</b>	English
<b>Trainer</b>	Servei de Llengües
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Oral presentations for specialised audiences</li> <li>▪ Persuasive language</li> <li>▪ Register and linguistic correctness</li> </ul>

### Responder’s details

<b>Number of participants</b>	11
<b>Number of responders</b>	4
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts &amp; Humanities (n = 1)</li> <li>▪ Engineering &amp; Architecture (n = 1)</li> <li>▪ Social and Juridical Sciences (n = 1)</li> <li>▪ Health Sciences (n = 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =1) First Stage Researcher without grant (n=3)

### Participants Satisfaction/Opinion

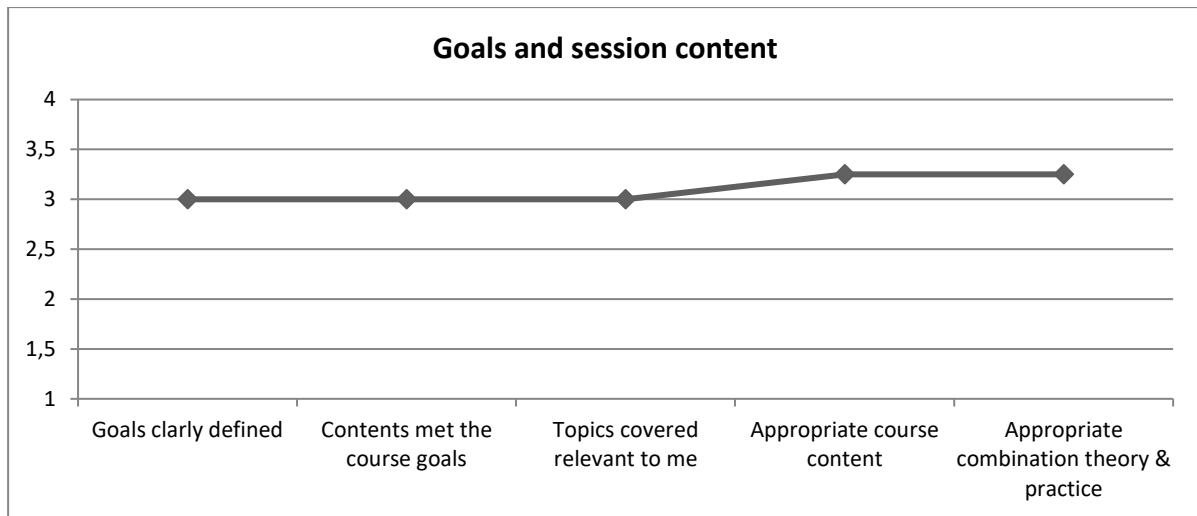
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The schedule</li> <li>▪ The new skills acquired</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The goals met</li> <li>▪ The personal relevance of the topics covered</li> <li>▪ The definition of the course goals</li> </ul>
<b>Overall course rating</b>	8,75 out of 10
<b>Participants recommend the course to others</b>	100%

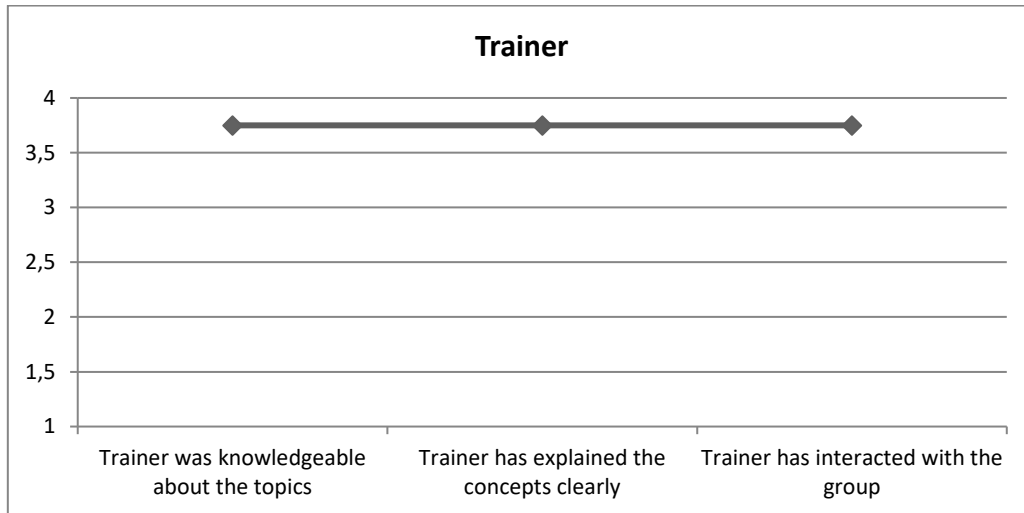
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,00 (,000)
The contents developed have met the course goals	3,00 (,000)
The topics covered were relevant to me	3,00 (,000)
The course content was appropriate and was presented in a structured manner	3,25 (,000)
There has been an appropriate combination between theory and practice	3,25 (,000)



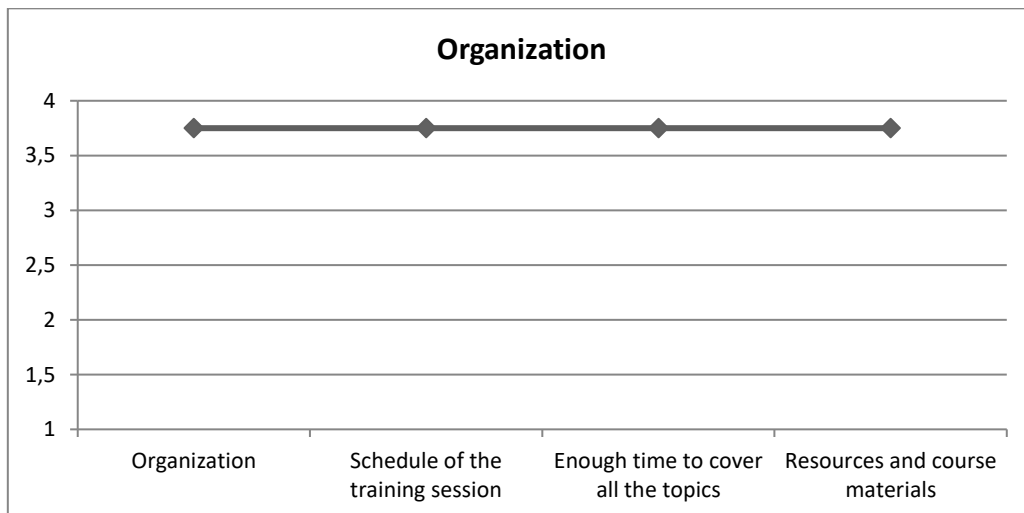
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,75 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,75 (,000)
The trainer has interacted with the group, for example, answering our questions	3,75 (,000)



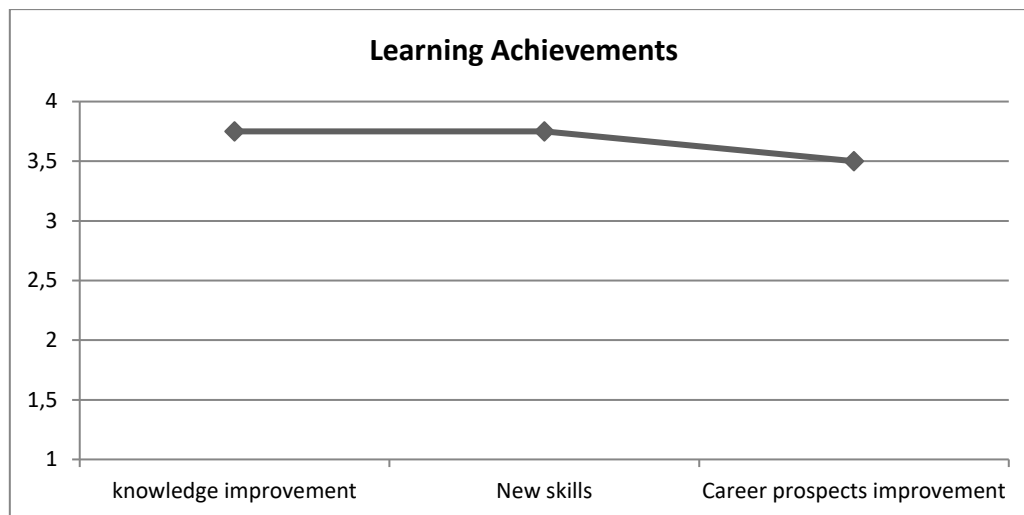
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,75 (,000)
The schedule of the training session/s has helped my attendance	3,75 (,000)
The schedule provided enough time to cover all the topics	3,75 (,000)
The resources and course materials were useful	3,75 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,75 (,000)
The course has allowed me to acquire new skills	3,75 (,000)
The course has improved my career prospects	3,50 (,000)



### Activity details

<b>Activity</b>	Research Yourself (on-site)
<b>Date</b>	11, 18, 25/06 & 2/07/2024
<b>Time</b>	15:00 h to 17:00h
<b>Language</b>	Catalan
<b>Trainers</b>	Elvira Reche (PhD in Health Psychology)
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>• What is and what is not mindfulness. Is it useful for scientific personnel?</li> <li>• Do we have an emotional profile? What is emotional regulation? Can it be measured?</li> <li>• What are the main stressors of research staff? What are my time constraints during my PhD and why do I procrastinate...sometimes?</li> <li>• Is a conscious communication with my research group and/or thesis director possible?</li> </ul>

### Responder's details

<b>Number of participants</b>	8
<b>Number of responders</b>	5
<b>Gender</b>	<ul style="list-style-type: none"> <li>▪ Female (n = 1)</li> <li>▪ Male (n = 4)</li> </ul>
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 3)</li> <li>▪ Social and Juridical Sciences (n= 2)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n= 1) First Stage Researcher without grant (n= 4)
<b>Doctorate year</b>	<ul style="list-style-type: none"> <li>▪ 1st (n = 3)</li> <li>▪ 2<sup>nd</sup> (n = 1)</li> <li>▪ 7<sup>th</sup> (n = 1)</li> </ul>

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

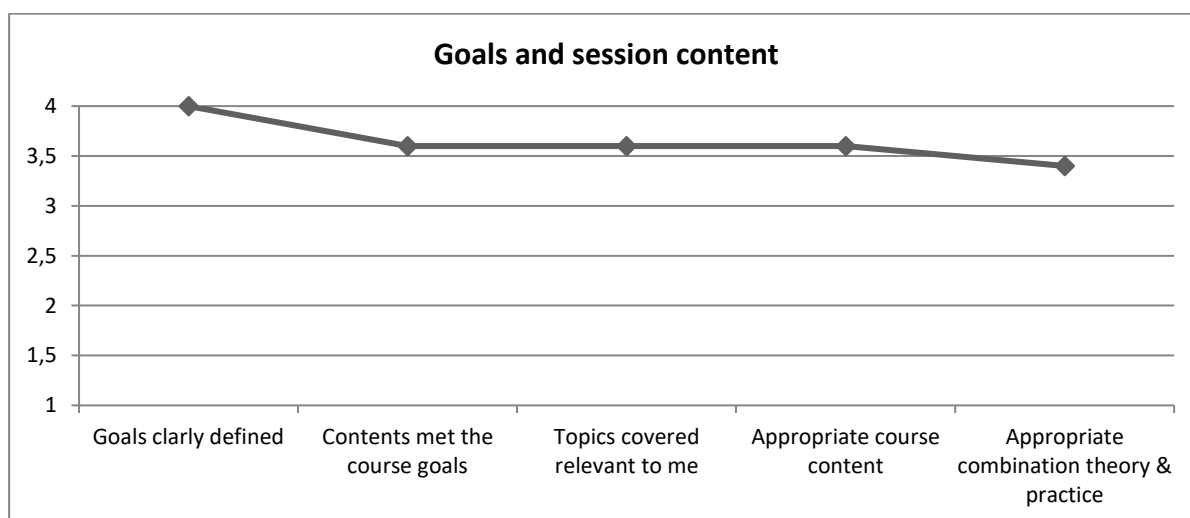
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The goals of the training course were clearly defined</li> </ul>
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	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The course was well organized</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The new skills acquired</li> <li>▪ The combination between theory and practice</li> <li>▪ The course increased my skills in how to manage my time</li> </ul>
<b>Overall course rating</b>	8,8 out of 10
<b>Participants recommend the course to others</b>	80%

**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	4,00 (,000)
The contents developed have met the course goals	3,60 (,000)
The topics covered were relevant to me	3,60 (,000)
The course content was appropriate and was presented in a structured manner	3,60 (,000)
There has been an appropriate combination between theory and practice	3,40 (,000)

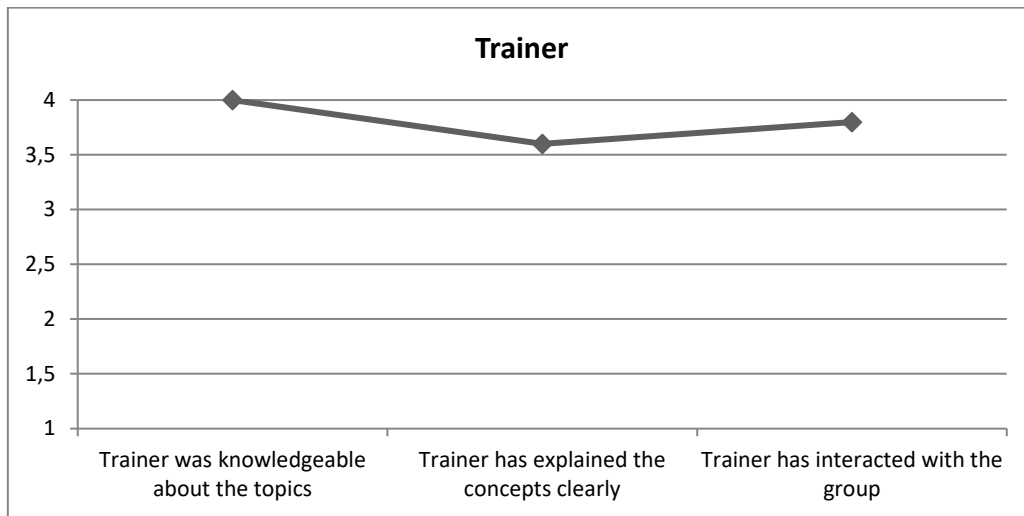


**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	4,00 (,000)
The trainer has explained the concepts clearly and in an understandable way	3,60 (,000)

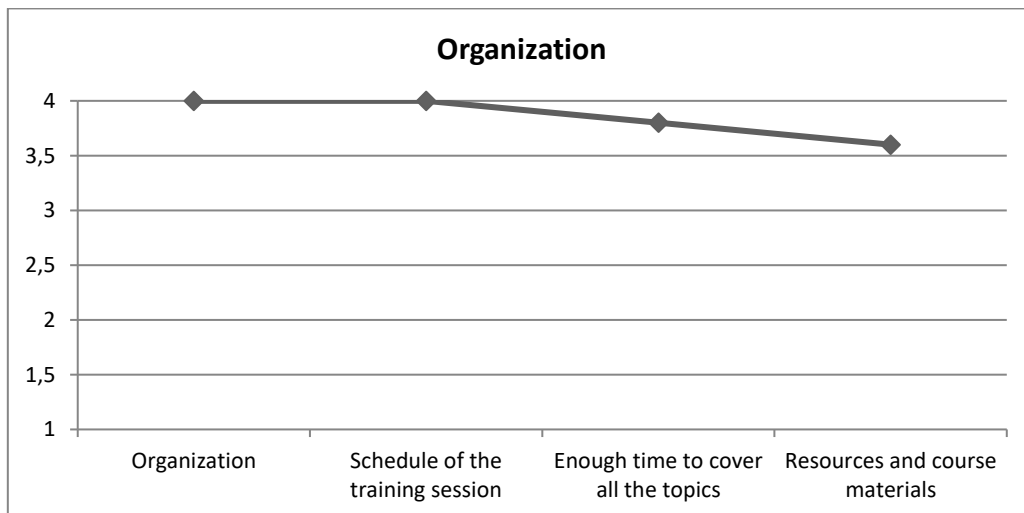


The trainer has interacted with the group, for example, answering our questions	3,80 (,000)
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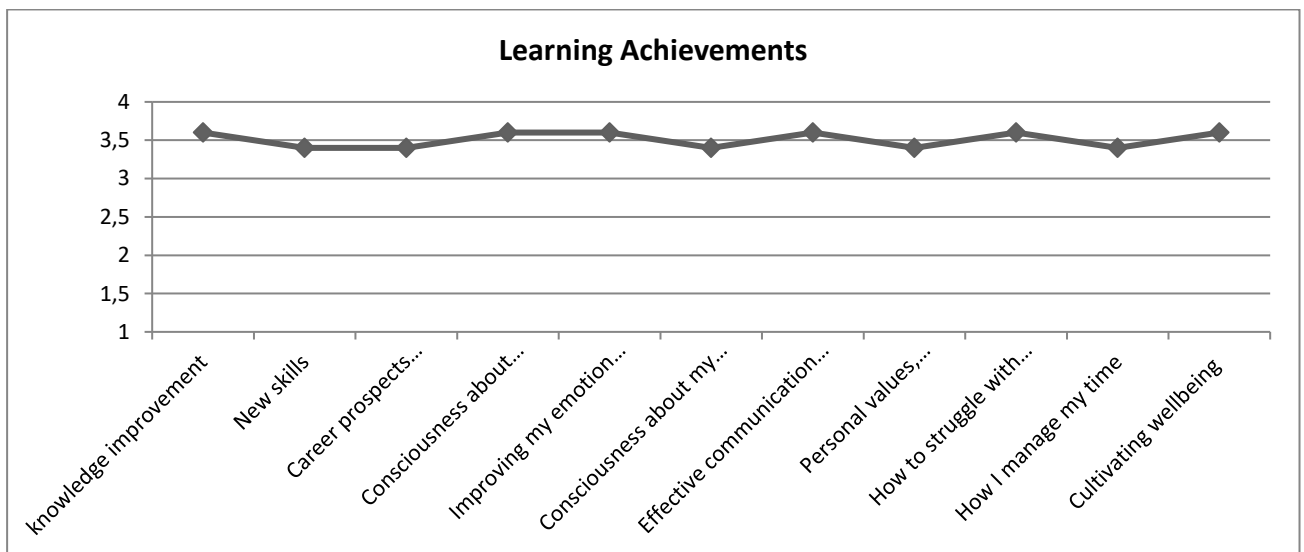
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	4,00 (,000)
The schedule of the training session/s has helped my attendance	4,00 (,000)
The schedule provided enough time to cover all the topics	3,80 (,000)
The resources and course materials were useful	3,60 (,000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,60 (,000)
The course has allowed me to acquire new skills	3,40 (,000)
The course has improved my career prospects	3,40 (,000)
The course has increased consciousness about stress situations in my life	3,60 (,000)
The course has helped me in improving my emotion regulation skills	3,60 (,000)
The course has boosted consciousness about my own reactive patterns	3,40 (,000)
The course has helped me in developing more effective communication skills	3,60 (,000)
The course contributed to increase my awareness on my personal values, opportunities and goals and enhanced my connection to them	3,40 (,000)
The course has given me tools in how to struggle with difficulties in my research activities	3,60 (,000)
The course has increased my skills in how I manage my time	3,40 (,000)
The course has improved my skills in cultivating wellbeing during my PhD	3,60 (,000)



### Activity details

<b>Activity</b>	Communicating Science (on-site)
<b>Date</b>	10 to 26/06/2024
<b>Time</b>	Mondays and Wednesdays, 10:00 – 12:00
<b>Language</b>	English
<b>Trainer</b>	Servei de Llengües
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ Oral presentations for specialised audiences</li> <li>▪ Persuasive language</li> <li>▪ Register and linguistic correctness</li> </ul>

### Responder’s details

<b>Number of participants</b>	12
<b>Number of responders</b>	6
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Engineering &amp; Architecture (n= 2)</li> <li>▪ Sciences (n = 3)</li> <li>▪ Social and Juridical Sciences (= 1)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n =4) First Stage Researcher without grant (n=1)

### Participants Satisfaction/Opinion

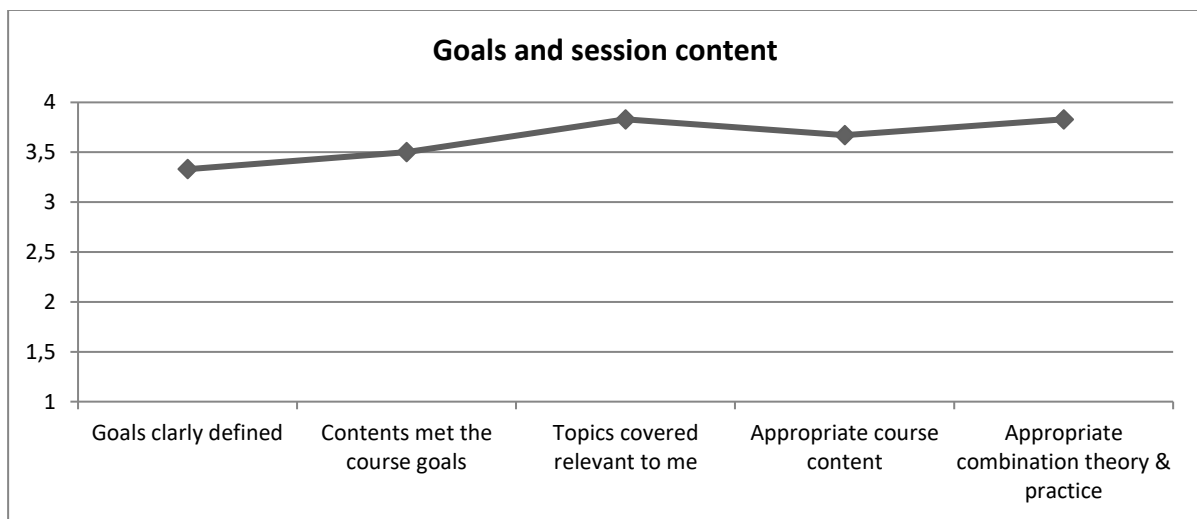
Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The trainer was knowledgeable about the training topics</li> <li>▪ The trainer explained the concepts clearly</li> <li>▪ The new skills acquired</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The time to cover all the topics</li> <li>▪ The definition of goals</li> <li>▪ The improvement of career prospects</li> </ul>
<b>Overall course rating</b>	9,08 out of 10
<b>Participants recommend the course to others</b>	100%

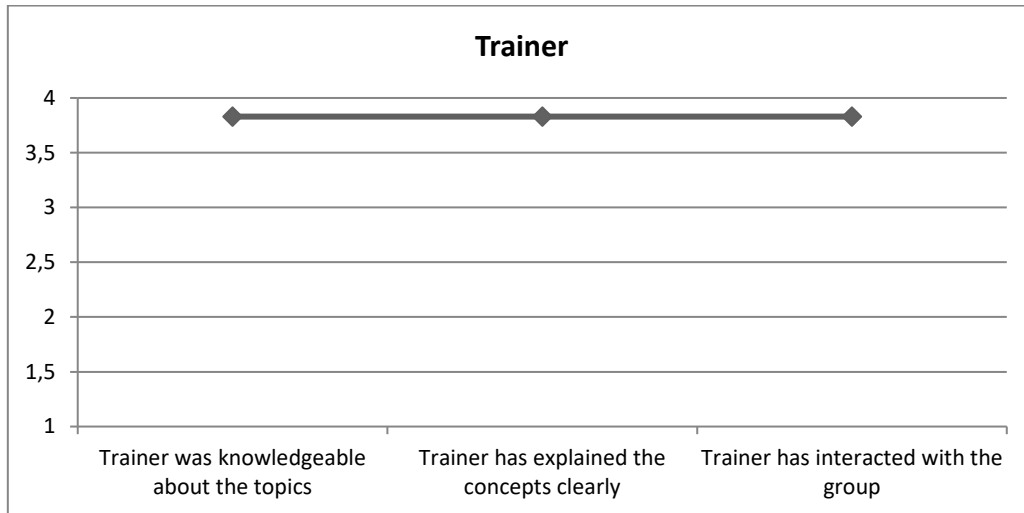
**Related to Goals and Session Content**

	M (S)
The goals of the training course were clearly defined	3,33 (,333)
The contents developed have met the course goals	3,50 (,000)
The topics covered were relevant to me	3,83 (,333)
The course content was appropriate and was presented in a structured manner	3,66 (,667)
There has been an appropriate combination between theory and practice	3,83 (,333)



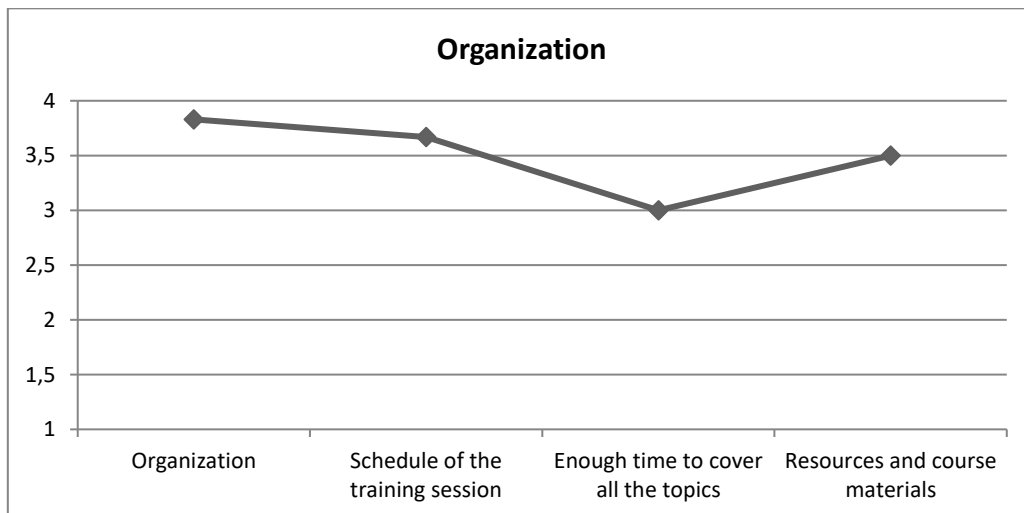
**Related to the Trainer**

	M (S)
The trainer was knowledgeable about the training topics	3,83 (,333)
The trainer has explained the concepts clearly and in an understandable way	3,83 (,333)
The trainer has interacted with the group, for example, answering our questions	3,83 (,333)



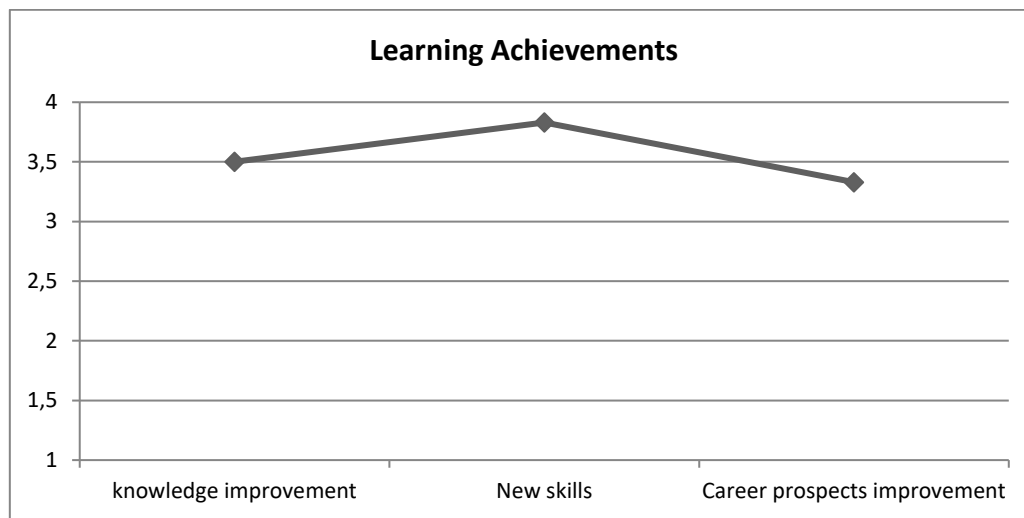
**Related to Organization**

	M (S)
The course was well organized: information, registration process, etc.	3,83 (.333)
The schedule of the training session/s has helped my attendance	3,66 (.667)
The schedule provided enough time to cover all the topics	3,00 (.000)
The resources and course materials were useful	3,50 (.000)



**Related to Learning Achievements**

	M (S)
The course has improved my knowledge on the subject	3,50 (.000)
The course has allowed me to acquire new skills	3,83 (.333)
The course has improved my career prospects	3,33 (.333)



### Activity details

<b>Activity</b>	What can I do after my PhD?
<b>Date</b>	17th June 2024
<b>Time</b>	16:00 - 18:00
<b>Language</b>	Catalan
<b>Instructor</b>	Doctoral School
<b>Addressed to</b>	First Stage Researchers
<b>Topics covered</b>	<ul style="list-style-type: none"> <li>▪ MSCA Postdoctoral Fellowships</li> <li>▪ Career opportunities within and outside the academia</li> </ul>

### Responder's details

<b>Number of participants</b>	33 doctoral students 8 alumni 2 others
<b>Number of responders</b>	21
<b>Area of interest</b>	<ul style="list-style-type: none"> <li>▪ Arts and Humanities (n = 5)</li> <li>▪ Social and Juridical Sciences (n = 1)</li> <li>▪ Sciences (n = 9)</li> <li>▪ Engineering (n = 1)</li> <li>▪ Health Sciences (n = 5)</li> </ul>
<b>Status</b>	First Stage Researcher with grant (n = 17) First Stage Researcher without grant (n = 4)

### Participants Satisfaction/Opinion

Participants were asked to rate specific elements of the Training Course, using a four-level scale: 1= Strongly Disagree; 2 = Disagree; 3 = Agree; 4 = Strongly Agree.

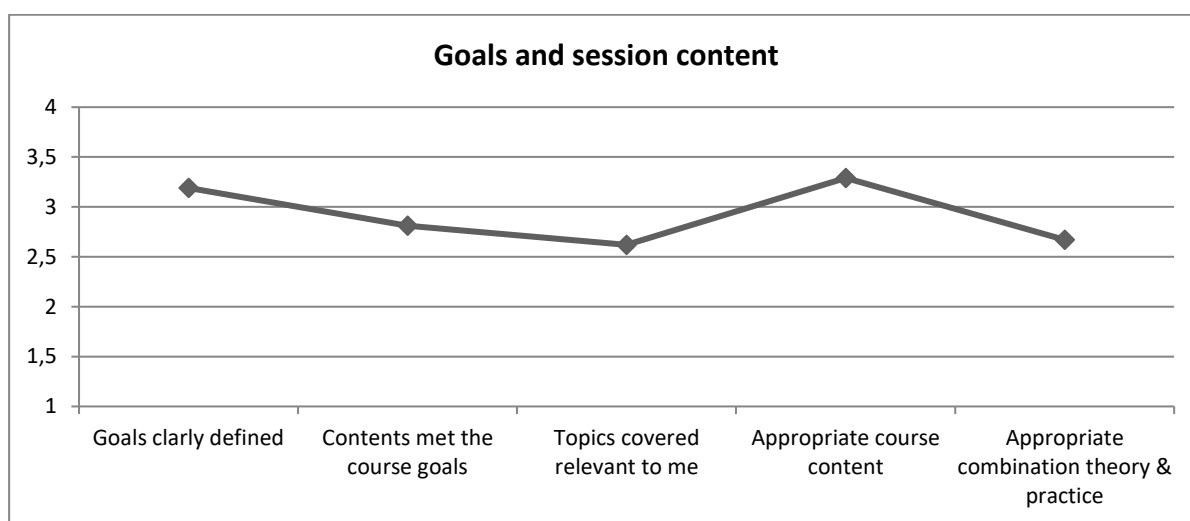
### Overall reaction

<b>The best</b>	<ul style="list-style-type: none"> <li>▪ The organisation of the course</li> <li>▪ The trainer interacted with the group</li> <li>▪ The trainer explained the concepts clearly</li> </ul>
<b>The worst</b>	<ul style="list-style-type: none"> <li>▪ The improvement of the career prospects</li> <li>▪ The new skills acquired</li> <li>▪ The improvement of knowledge on the subject</li> </ul>
<b>Overall course rating</b>	6,14 out of 10

Participants recommend the course to others	57,14%
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**Related to Goals and Session Content**

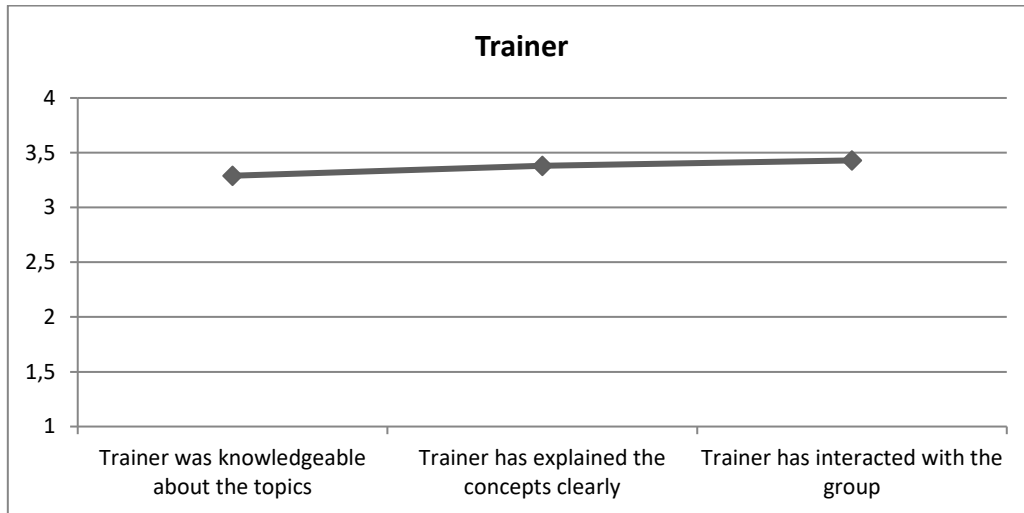
	M (S)
The goals of the training course were clearly defined	3,19 (,048)
The contents developed have met the course goals	2,80 (,952)
The topics covered were relevant to me	2,61 (,905)
The course content was appropriate and was presented in a structured manner	3,28 (,571)
There has been an appropriate combination between theory and practice	2,66 (,667)



**Related to the Trainer**

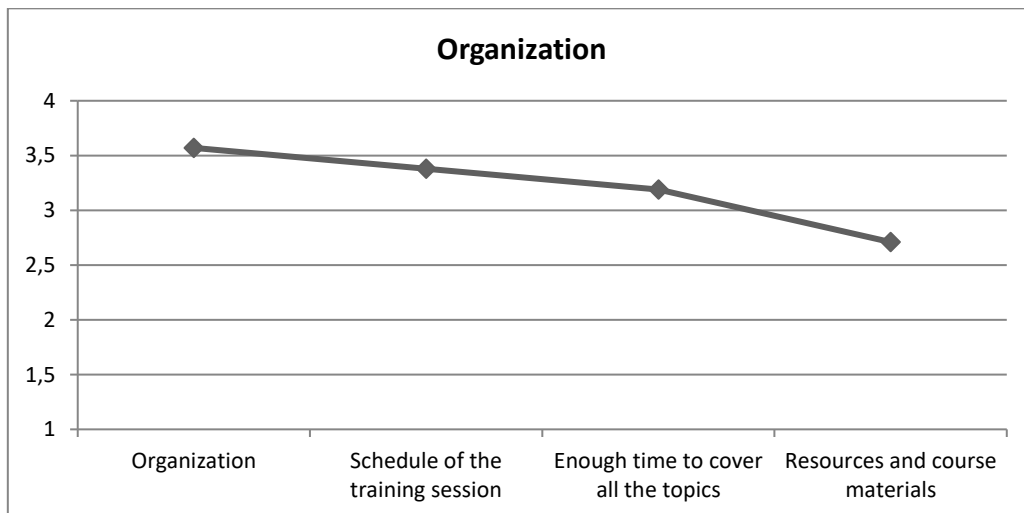
	M (S)
The trainer was knowledgeable about the training topics	3,28 (,571)
The trainer has explained the concepts clearly and in an understandable way	3,38 (,095)
The trainer has interacted with the group, for example, answering our questions	3,42 (,857)





**Related to Organization**

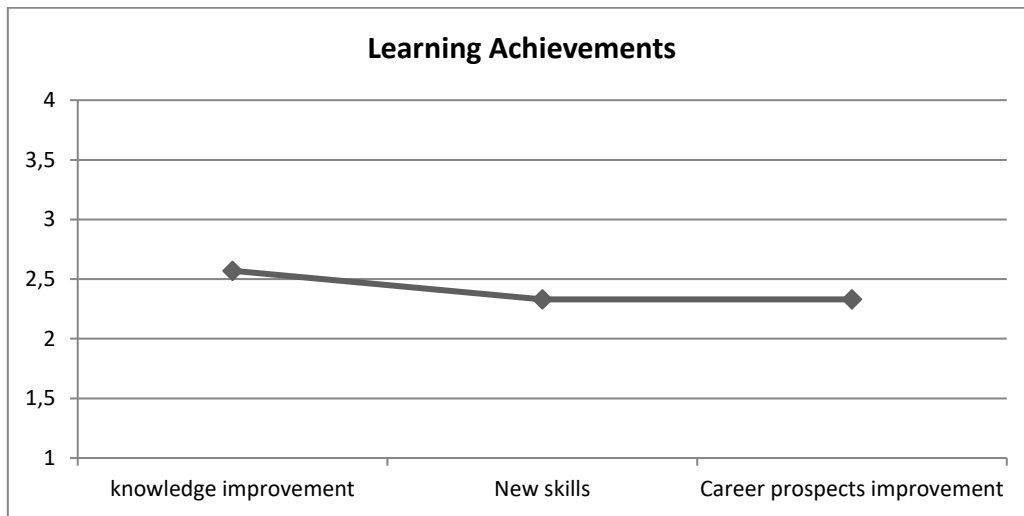
	M (S)
The course was well organized: information, registration process, etc.	3,57 (.143)
The schedule of the training session/s has helped my attendance	3,38 (.095)
The schedule provided enough time to cover all the topics	3,19 (.048)
The resources and course materials were useful	2,71 (.429)

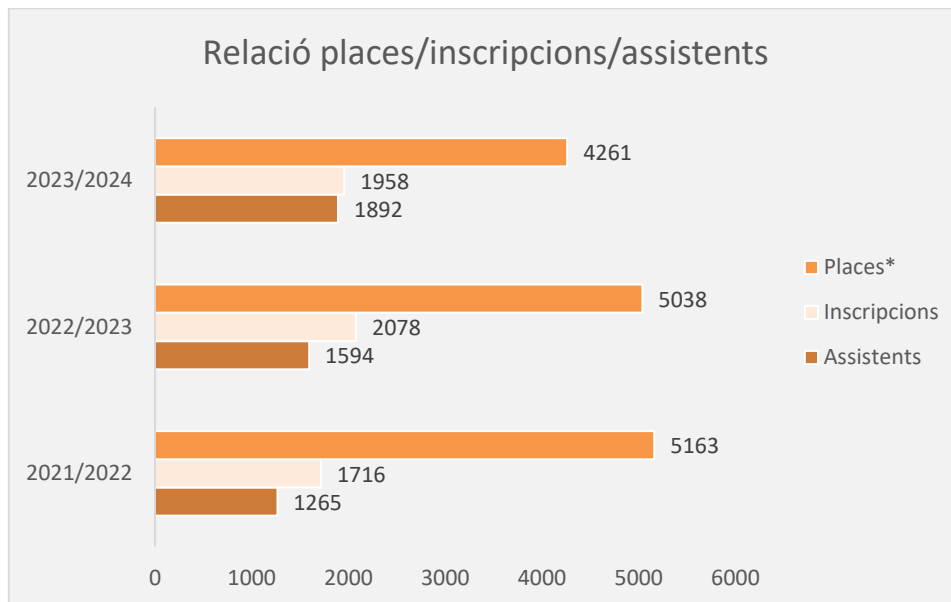
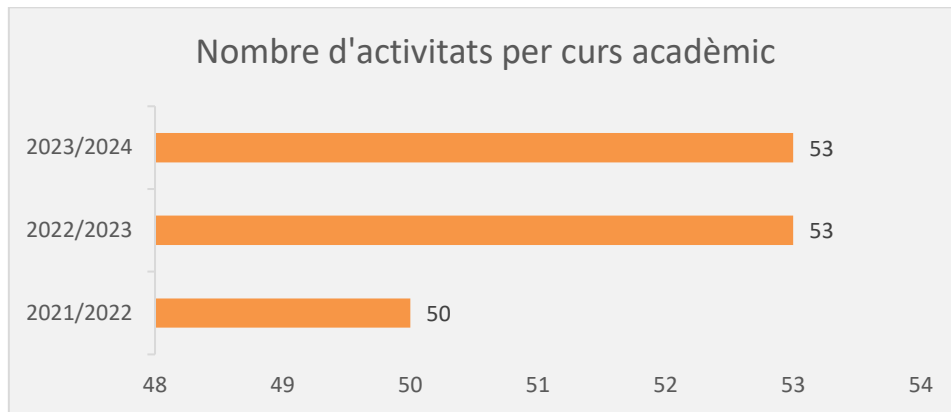


**Related to Learning Achievements**

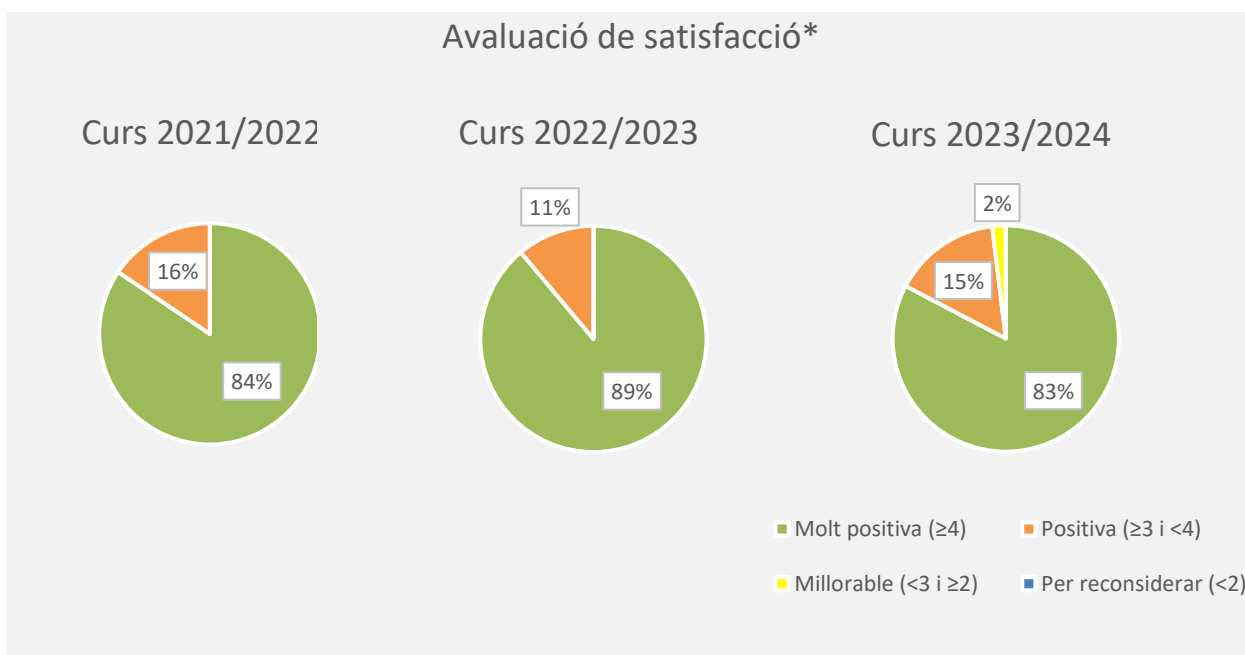
	M (S)
The course has improved my knowledge on the subject	2,57 (.143)
The course has allowed me to acquire new skills	2,33 (.333)

The course has improved my career prospects	2,33 (,333)
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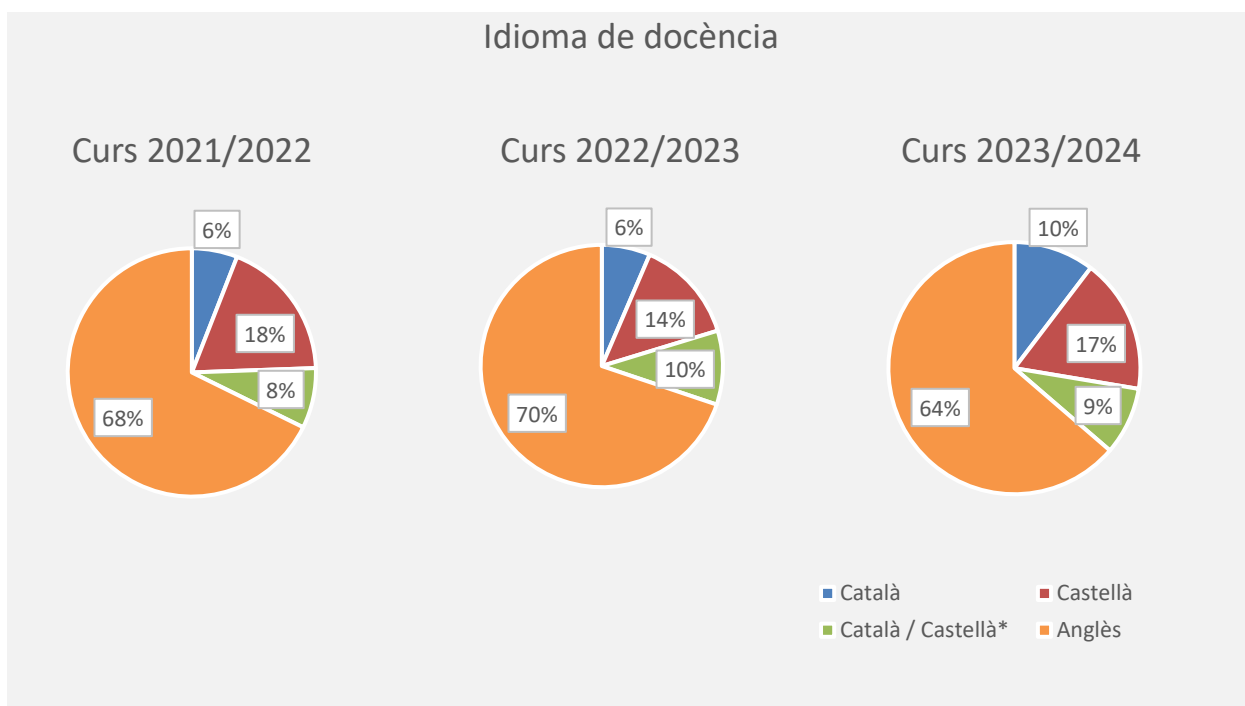




\* Per als cursos d'autoaprenentatge o amb aforament il·limitat, s'ha igualat el nombre de places al total d'inscripcions.



\*Del total d'activitats amb valoració



\*Activitats sense un idioma definit d'inici, s'adapten a l'idioma dels assistents o fins i tot s'intercalen