

Fundació  
Autònoma Solidària

UAB CAMPUS

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# Activities report

2015-2016 academic year

The mission of **Solidarity Autonomous Foundation (FAS)** is to contribute to building an altruistic university committed to social realities through the promotion of voluntary participation in the university community as an instrument for the integration of groups at risk of exclusion.

## **FAS 2015-2016 REPORT**

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# Sumari

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“ We are pleased to present the 2015-2016 activities report of the Solidarity Autonomous Foundation, which we can use to explain ourselves and what we do to our community. In it, we go over the results of our work with our 650-plus stakeholders, present our accounts with the backers and donors who made contributions, promote our work areas with members of the university community who do not know much about us, and more. In short, we would like to thank everybody who provided time, money, partnerships or support so that FAS could continue to be this small contribution by the Autonomous University of Barcelona (UAB) towards a fairer world.

The activities report also enables us to take stock of the academic year. As is a regular occurrence in our yearly cycle, we strove to uphold the services and programmes we have developed over recent years, increasing the impact of the programmes in terms of beneficiaries and launching and consolidating new lines of work.

One of the most important new activities was without doubt the agreement reached with the Catalan Commission for Refugee Aid which enabled the UAB to be a university that opens its campus to people seeking international protection. In this joint work by the Commission, the UAB and the FAS, the experience of life on campus was a successful one which saw the 16 refugees who were living on our campus feel part of an open and diverse student community in which they were able to learn and share with the students who engaged in the language integration and social programme.

We would also particularly mention the UAB Impuls Programme established by the PIUNE Disabled Persons Care Centre some years ago to promote job placements for the handicapped, which was consolidated with a programme that helps UAB students at risk of social exclusion to enter the labour market. This new stage of UAB Impuls was made possible by its inclusion in the Incorporate programme of the La Caixa Foundation.

This rise in lines of work and simultaneous growth in activities meant that we ended the year with the feeling that the FAS needs to define an ambitious and solid strategy going forward that will refocus our programmes and organisation. That is why this year we have set to work on defining a strategic plan that will enable us to address next year's 50th anniversary of the UAB, the university behind our very existence.

Jordi Prat ”



**Carlos Sánchez,**  
Vice Chancellor for Institutional Relations and Culture.



**Jordi Prat,**  
FAS Director.



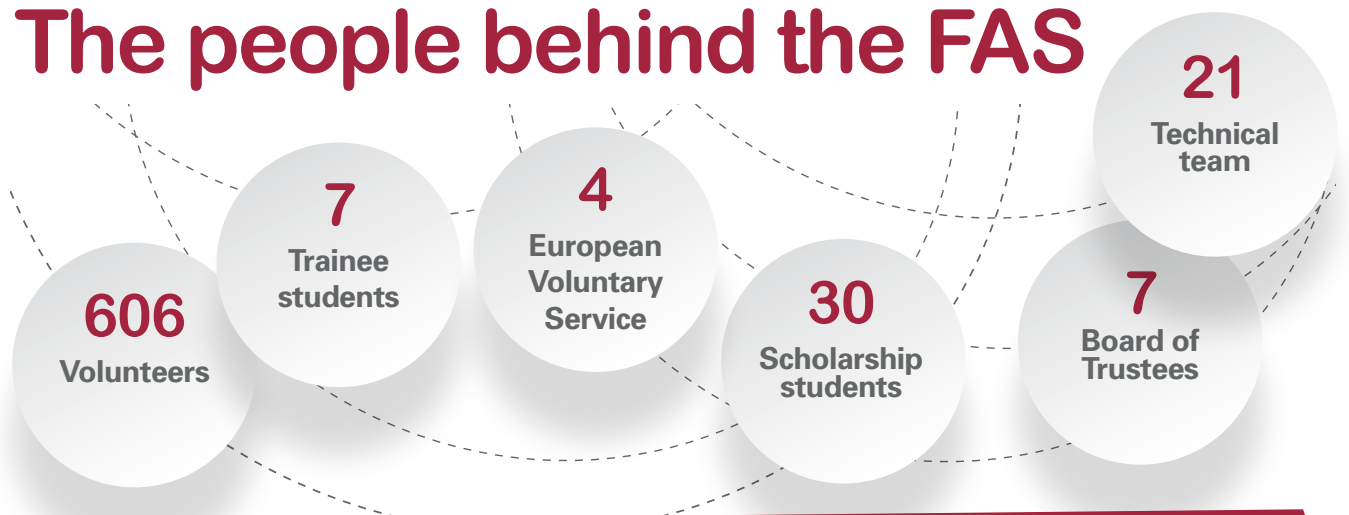
# 1. About Us

The Solidarity Autonomous Foundation is a non-profit organisation created in 1999 that cooperates in the application of the Autonomous University of Barcelona's (UAB) social, solidarity and cooperation policies for development and equal opportunities. Our mission is to contribute to building an altruistic university committed to social realities through the promotion of voluntary participation in the university community as an instrument for the integration of groups at risk of exclusion. Structurally speaking, the FAS is part of the UAB Foundation, an institution that groups together and manages the University's foundations.



FAS scholarship students

## The people behind the FAS



### Technical team (2015-2016)

The team, led by **Jordi Prat**, has 21 members:

**Elsa Espinosa, Montserrat Fernández, Màrius Gómez, Olga Herrero, Eva Maria León, Montserrat López, Carla Marimon, Sara Martínez, Carmen Monsonís, Andrés Morodo, Marta Neila, Judit Oliver, Estel Peix, Laura Riba, Elisabet Rodríguez, Mireia Ruiz, Jorgina Sanjuan, Anna Vera, Rita Villà and Montserrat Zahonero.**

### Board of Trustees (juliol de 2016)

**Carlos Sánchez** (Vice Chancellor for Institutional Relations and Culture), President

**Montserrat Balagueró** (Assistant Director, UAB Foundation), Member.

**Joan Botella** (Dean of the School of Political Sciences and Sociology), Member.

**Sònia Hernández** (Executive Secretary of the Social Council), Member.

**Teresa Freixes** (Director of the Equality Observatory), Member.

**Daniel Furlan** (Social Council representative), Member.

**Elvira Vila** (Cerdanyola del Vallès City Council representative), Member.

**M. Rosa Català** (Legal and Human Resources Director of the UAB Foundation), Secretary of the Board of Trustees.

The Board of Trustees met three times during the 2015-2016 academic year (in December, March and June). At the June meeting, coinciding with the new UAB executive team, the Board changed President, with **Núria Garcia**, Vice Chancellor for Students and Cooperation, handing the role over to Carlos Sánchez.

# What We Do and How

## Workspaces

Cooperation  
and Education  
for Development

Care for the  
disabled and  
persons with  
special edu-  
cation needs

Social  
programmes

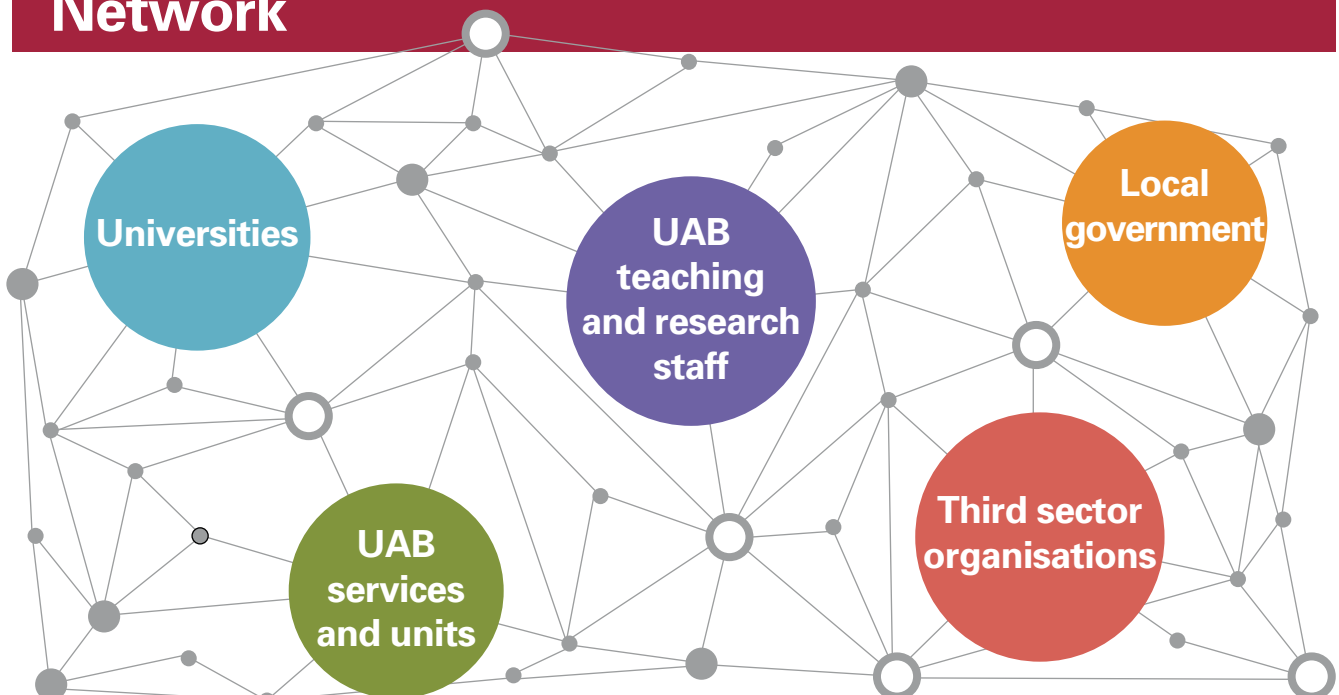
Voluntary work

Our values are commitment, responsibility, equality for all persons and the defence of their rights, action in the face of situations of injustice and social inequality and efficient work that is of the highest quality, transparency and fairness. We aim to build a university that offers students a comprehensive education, ensuring they are educated not only as professionals, but also as citizens. We promote participation in volunteering

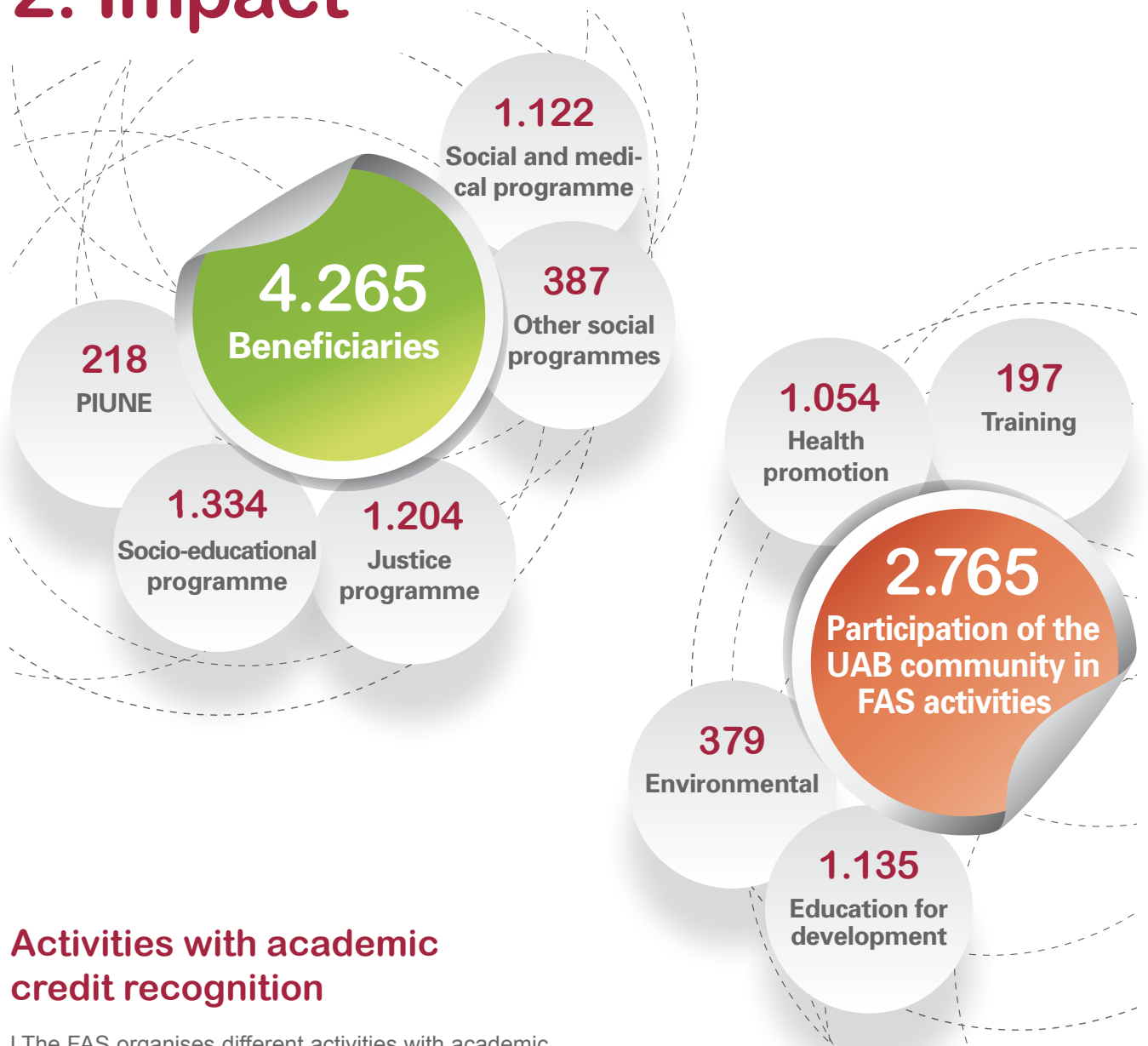
activities and community service and in teaching activities aimed at fostering the capacity for analysis and reflection on situations of inequality.

In addition, we work for groups at risk of exclusion, disabled persons, inmates of prisons and juvenile reform centres and persons receiving care in social and medical centres and hospitals.

## Network



## 2. Impact



### Activities with academic credit recognition

The FAS organises different activities with academic credit recognition. Depending on the type of activity and the time dedicated, from 2 to 6 ECTS credits can be validated.

These activities include volunteer work, on the one hand, and training workshops, on the other.















As for training activities, in 2015-2016 we organised four workshops, one on disabilities, another on cooperation and education for development and two in the health field (drugs, and sexuality and personal relations).

A total of 197 people engaged in the initiatives.

“ I strongly commend FAS’s endeavour to provide training and education to students. The concepts taught went beyond fixed and oversimplified images and helped form firmer opinions on sexuality and diseases. We broke down stereotypes and discussed sensitive health issues. They opened our eyes to areas where we are vulnerable regarding certain situations and learnt new ways to approach a number of hypothetical situations. I really enjoyed the workshops and recommend them to anyone who wants or needs to learn more about sexuality and relationships. ”

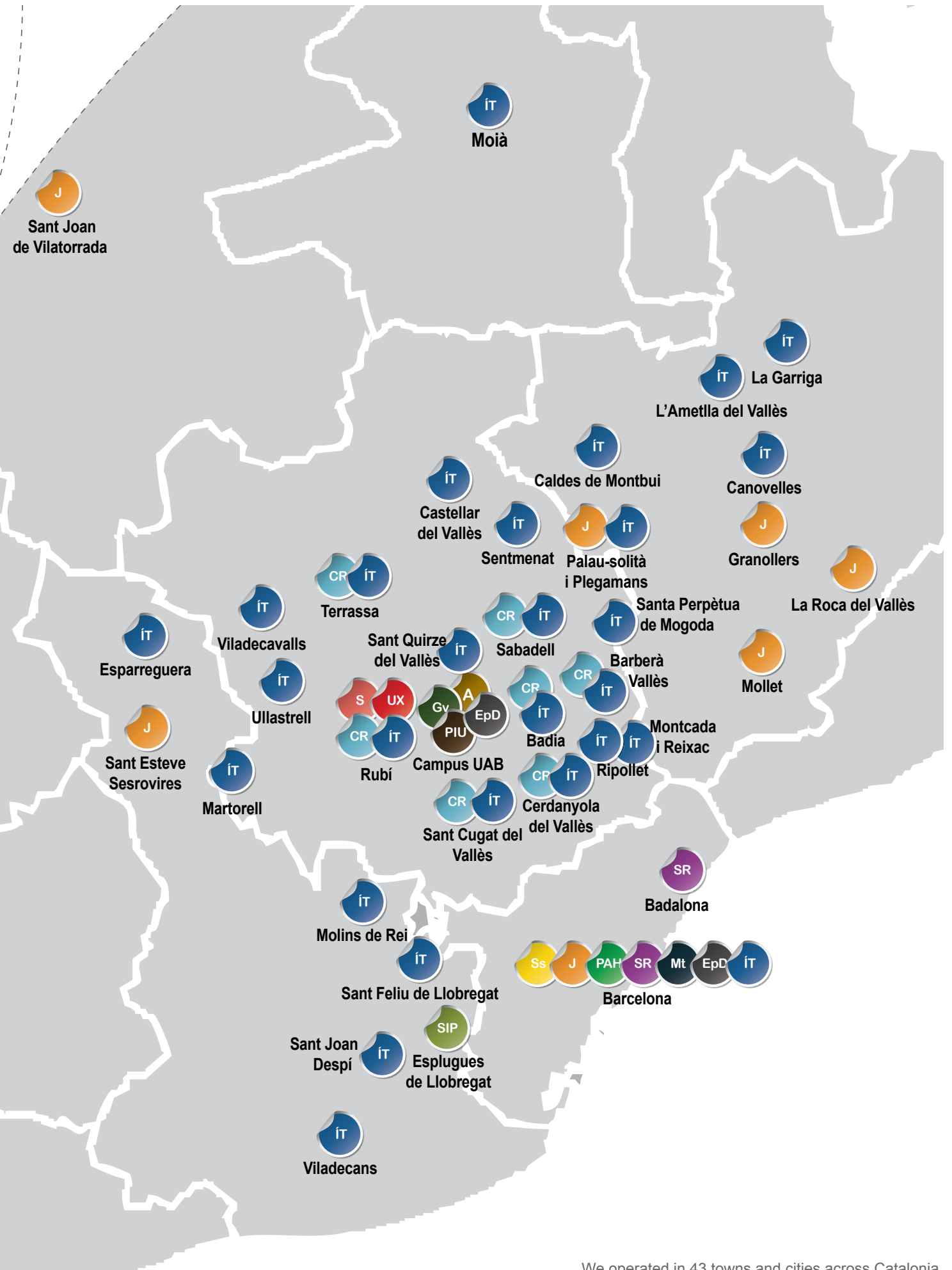
A student who attended the **workshops on sexuality and personal relations**.

## Impact in the region:

-  **A** Integration Programme
-  **CR** CROMA Programme
-  **EpD** EfD (Education for Development) Project
-  **Gv** Health, Fair Food and Birdhouse volunteer groups
-  **ÍT** Ítaca Campus
-  **J** Justice Programme
-  **Mt** Mentoring for Girls in Care Project
-  **PIU** PIUNE Disabled Persons Care Service
-  **PAH** Mortgage Victim Platform (PAH)
-  **SR** Shere Rom
-  **S** SINTE
-  **SIP** SIPEP - Psychology Practice in Social Entities
-  **Ss** Social and Medical Programme
-  **UX** UniX Programme







We operated in 43 towns and cities across Catalonia.

## 3. FAS: Month by Month

### SEPTEMBER

#### Get the Volunteering Bug at UAB FAS



FAS kicked off the 2015-2016 academic year with a campaign to promote volunteering at the UAB, encouraging the community to engage in social initiatives to care for the environment and promote health.

#### Statement from the UAB on the Refugee Crisis

In order to respond to the refugee humanitarian crisis, the executive team issued a statement to promote ideas that enable the UAB to join the expressions of solidarity with refugees and to offer the university's expertise. The eight Catalan public universities issued a joint statement on the refugee crisis in October, with the hashtag #UniversitatsRefugi.

### OCTOBER

#### Veterinary Medicine Staff: Discussion on Food Sovereignty

The UAB School of Veterinary Medicine hosted an event for staff targeted at discussing and facilitating the inclusion of the paradigm of food sovereignty into the syllabus. It was organised by the taskforce for the promotion of food sovereignty in the university's study programmes and by the IDES Teacher Training and Innovation Unit.



#### Moving Forward in Job Placements for the Handicapped



Students, representatives from businesses and foundations and expert professionals organised an event to promote job placements for the handicapped, promoted by the UAB Impuls programme. The main idea behind the event was to give a new, positive reading on people's skills in line with their different abilities.

## NOVEMBER

### Participation in the UAB Festival



More than 700 people visited the FAS information stands and engaged in the dynamics and games the team prepared for UAB 2015 Festival.

## DECEMBER

### “Lie Down For Prevention” Campaign Comes to the UAB

The Health Programme organised an on-campus mobilisation event on 1 December, World AIDS Day, to highlight the fight against stigmas surrounding HIV and AIDS and to promote prevention messages.



### Human Rights Day Provides Responses for the Future of Refugees



To commemorate Human Rights Day, the FAS and Cultura en Viu organised a round table moderated by Prof. Xavier Giró and featuring speeches by Pamela Urrutia from the School for Peace Culture, freelance journalist Andrés Mourenza, and Miquel Pajares, president of the Catalan Commission for Refugee Aid (CEAR). The event served to draw up the steps in policies to respond to the situation of refugees in Europe.

### Fun and Learning at Nostrum Draw the FAS Year to a Close

Volunteers, trainee students, scholarship students and the FAS technical team hosted an educational and leisure event on Saturday 12 December. More than 90 people took part in Nostrum, the Foundation's space to reinforce bonds, learn and have fun.



### UAB Fun Run Beats Charity Records



71 volunteers got behind the UAB sporting and charity event in support of TV3's La Marató, which took place on Sunday 13 December and this year beat records with the participation of 2,260 people.



## JANUARY

### Brians II and Alzina Penitentiary Centres Music Performances

The UAB Chamber Choir and hip-hop group El Club de la Escucha put on performances for the prison inmates and employees to celebrate Christmas and Epiphany.

## FEBRUARY

### UAB Teaching Staff Get Training in Student Functional Diversity



Through three theoretical and practical sessions promoted by the PIUNE and organised by the IDES teacher training and innovation unit, around 15 UAB lecturers reflected on the different needs of the university's students and acquired practical tools to help meet them.

## MARCH

### "BlahBlahTupperware" Against Food Waste

The FAS Fair Food action group organised the "UAB BlahBlahTupperware" event in the Plaça Cívica to raise awareness about food waste on campus. Attendees brought lunch in a plastic container to share.



### Reflection and Denunciation of Gender Roles on International Women's Days

Around 90 people took part in the initiative organised by the FAS Health voluntary group to celebrate International Women's Day. "Turn Gender on its Head" promoted reflections on gender stereotypes and how to combat them.

### First "Nature on Campus!" Photography Competition



The FAS Birdhouse voluntary group organised the first photo competition focusing on original images featuring elements of nature on campus and surrounding roads. The winning photo was of a great tit by Lluís Serra, who won a birdhouse and a bock'n'roll with the slogan "Bite the Change".

## APRIL

### 150 Helpings to Combat Food Waste



As part of Healthy and Sustainable Week, the Environment Office organised a charity lunch on campus to take advantage of food that is good to eat but not to be sold, donated by the Mercavallès wholesale market, and to collect dry foods for charities. The FAS Fair Food action group took part in the event.



### UAB and CCAR Sign Agreement to Integrate and Support Refugees

The partnership with the Catalan Commission for Refugee Aid (CCAR) was formalised with the goal of facilitating the inclusion and autonomy processes of refugees and making UAB services and facilities available to them. The FAS designed the joint integration initiatives and volunteering programmes in coordination with the Office of the Vice Chancellor for Students and Cooperation.

### “To You, My Biggest Secret”, Winner of the FAS Erotic Stories Competition

With the organisation of the third competition, the FAS Health Programme consolidated the Erotic Stories Competition as a tool to promote reflection on healthy sexuality in the university community and provide venues to talk openly, without taboos, complexes or prejudice.



### Statement on Solidarity with Ecuador



Given the consequences of the earthquake that hit the north-east coast of Ecuador on 16 April, the UAB was keen to express its solidarity with the Ecuadorian people. To that end it provided support to numerous initiatives undertaken by Ecuador's university community and made a €1,000 donation to Médecins Sans Frontières.

## MAY

### UAB Welcomes Around 500 Children from CROMA

The visit to the UAB by children in the FAS CROMA Programme is a consolidated event on the calendar that closes the workshops in which around 100 volunteer students engage with children from 27 schools across the Vallès area. The event drew the participation of nearly 500 children and close to 90 students from the UAB.







## 80 Young People from UniX Discover the UAB

UniX is the FAS programme which draws on the university's volunteers to work to improve maths skills and learning among 1st and 2nd year high-school students from the municipality of Rubí. The students visited the UAB campus on 18 May and engaged in different activities, including games promoted by the Maths Teaching Approach Department where they could put the knowledge acquired in the classroom and workshops into practice.

## Students and Teaching Staff Bring the FAS Academic Year to an End with a Closing Event

More than 150 people attended the FAS academic year closing event featuring journalist and UAB lecturer Albert Om, and listened to the testimony of the teaching staff and volunteers involved with the Foundation. The event took stock of the year and the impact of the initiatives carried out.



## JUNE

## Publication of the Map of Cooperation Projects of Catalan Public Universities

The Catalan Association of Public Universities (ACUP) drafted a map of cooperation projects fostered by its eight public university members, including the UAB. The map reflects the initiatives under way in over 100 countries around the world in various areas such as health, communications, ICT and farming, among others.

## PIUNE and Global Basket Partner Up for Inclusion



Two volunteers from the PIUNE took part in the initiative led by Global Basket with children from the city of Sabadell to work towards the normalisation of different realities and inclusive sport. The collaboration was part of an agreement between Global Basket and the UAB.

## JULY

## More Than 380 Young People Take Part in 13th UAB Ítaca Campus

For the second year in a row, the FAS managed the Ítaca Campus socio-educational programme, held for the 13th time on 27 June. The number of institutions involved with the programme grew, along with the number of participants, coming in at 388 young people who had finished third-year high school.



# 4. PIUNE

## Disabled Persons Care Service



PIUNE aims to guarantee that all UAB students with special education needs (SEN) can access higher education with equal opportunities and enjoy a full and autonomous academic and social life at the university like the rest of their fellow students. It implements actions that provide support in achieving academic progress and success through tutorial activities such as helping students find jobs by taking advantage of synergies with the university community.

### Information on Students Benefiting from the PIUNE

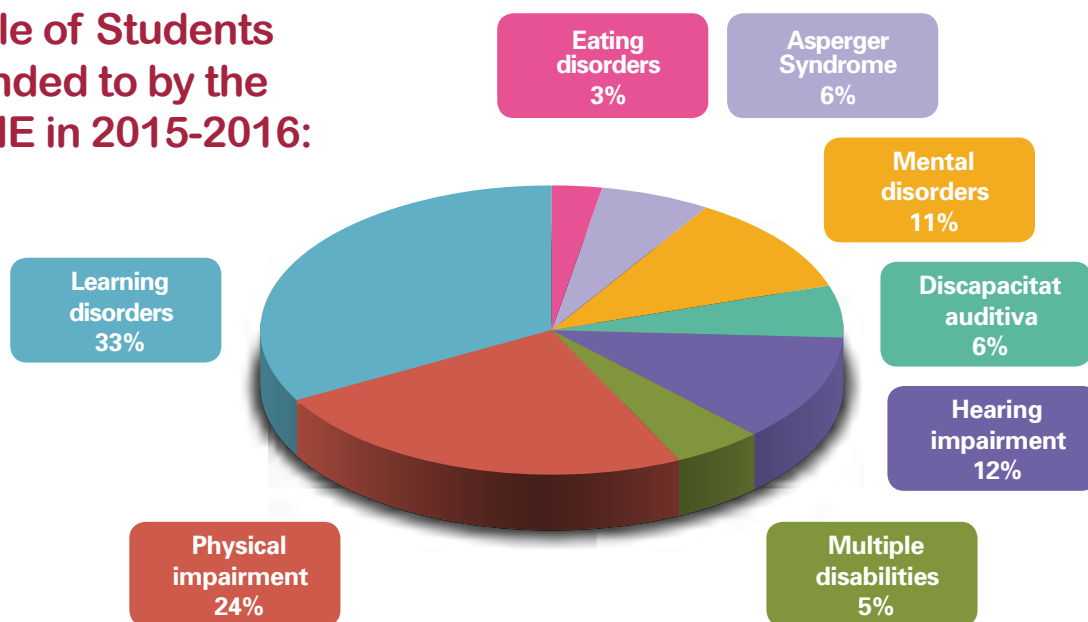
According to the UAB Information and Documentation Management Office census (OGID), this year 318 students who enrolled accredited a disability of over 33%.

The PIUNE also attended 218 students with learning disabilities and/or disorders, 91 of whom were certified

as having a grade of disability of more than 33%. In other words, not all disabled students have special needs and the PIUNE attends to students with lower recognised grades of disability.

PIUNE users	2011 2012	2012 2013	2013 2014	2014 2015	2015 2016
Physical impairment	45	52	48	45	52
Visual impairment	29	26	27	27	27
Hearing impairment	7	10	7	10	13
Learning disorders	17	19	42	47	73
Mental disorders	18	17	22	20	24
Asperger Syndrome	2	2	5	7	12
Multiple disabilities			5	8	10
Intellectual disability	1	1	1		
Eating disorders	0	0	4	5	7
<b>TOTAL</b>	<b>119</b>	<b>127</b>	<b>161</b>	<b>169</b>	<b>218</b>

## Profile of Students Attended to by the PIUNE in 2015-2016:



### Tutorial Action Plan for Special Needs Students

As part of the Tutorial Action Plan for Special Needs Students (PAT-NEE), each university school assigns a tutor who, in conjunction with the PIUNE, supports the students during the most important phases, guiding them during the teaching and learning process and promoting personal autonomy.

To make the tutors' job easier, the PIUNE promoted training sessions providing tools, resources and teaching strategies to the teaching staff in order to cover the students' specific education needs. A course on functional diversity was also organised by the teaching staff, along with another on first aid.

### First Aid for Mental Disorders

Around 30 people from the UAB community engaged in the training session to learn how to detect disorders that can appear in classrooms and work centres and have tools to respond to them. The event was part of the "Mental Health Tools" sessions run by the UAB's Social Commitment and the CORE network in **Mental Health**.



“The university generated knowledge and transmitted it, attracting innovation and talent and boosting the territory. The teaching staff have to educate students to get into the job market but also to enter society with values, something which is increasingly appreciated by the business sector.”

**Alexandra Simón,**  
Lecturer and tutor of disabled students with the School of Economy and Business.

## Advice and Educational, Pedagogical and Technological Monitoring



**197 Pedagogical Recommendation Reports** (PRR) and special adaptations that teachers must follow to ensure the inclusion of students and make sure they have equal opportunities.



**Sign language interpreter service management** for students who need this service to attend class. The service was provided by the APSO Cooperative Society. During 2015, two students with a severe hearing impairment required this support for 100% of the academic day, both in lectures and seminars and in work practice.



**105 adaptations to information assessment tests** (scans, digitalisation, adaptation to exams, technological advice...).



**625 actions aimed at adapting assessment systems.**



**883 individual tutorials.**

## Study Support Programme

Study Support students provide support to students with difficulties in taking notes or who need help in following any of the subjects imparted in the classroom, such as laboratory practice or bibliographical re-

search. Support students receive training and monitoring. At the end of the engagement, they can validate their volunteering hours for academic credits.



2015-2016

19

35

2014-2015

20

30

2013-2014

10

13

“ I encourage you to continue to provide this service and to fight to make ADHD and other mental disorders visible at the university. ADHD affects not just children but adults, too. People with ADHD have difficulties tackling life. That's why I will continue fighting to ensure that nobody has to go through a similar situation to me. Thank you! By the way, my support student has become a close friend forever! ”

School of Educational Sciences student and PIUNE beneficiary.



## Support for Mobility and Elimination of Barriers

We manage the adapted transport service and provide support for students with physical disabilities and reduced mobility on the UAB campus. 35 people made

use of this support service and 1,607 trips were made (with the adapted transport vehicle or on foot).

## UAB Impuls Job Placement Service



The UAB Impuls programme was created to facilitate job placements for UAB students and to comply with the law on integrating people with disabilities. With the support of the Work Campus, it offers services to disabled students, graduates and companies:



The programme

# UAB Impuls

- Support in defining professional objectives.
- Advice on preparing different job search tools.
- Information about different general and specific search channels for disabled people.
- Access to job offers and traineeships managed by the programme.

The programme became part of the Incorporate network of the La Caixa Foundation in June, meaning it also started to work for the inclusion of people at risk of exclusion within the UAB community.

In 2015, UAB Impuls conducted more than 90 interviews, contacted 50 companies, foundations and organisations, managed over 60 offers and got 27 people into the workforce.



## Impuls Grants

FAS inaugurated the sixth call for Impuls grants, in collaboration with the UAB Social Council. The economic aid is targeted at disabled students of the UAB

who require personal assistance and/or aid in mobility. Grants were awarded to 9 students for a total amount of €19,274.



# 5. Cooperation and Education for Development

The FAS Cooperation and Education for Development Area promotes action, training and research in the field of university cooperation for development in the UAB community. To make progress in overcoming inequalities and achieving social, economic and environmental justice in the world, we consider it nec-

essary to firstly promote critical knowledge and the shaping of an active citizenship and secondly, continue to consolidate higher education in impoverished countries, through cooperation and the strengthening of alliances between universities and civil society.

## UAB Solidarity Fund

The UAB Solidarity Fund provides support to university community initiatives in the field of international cooperation and education for development (EfD). It is managed through two calls for aid, one targeted at teaching and research/clerical and service staff and the other at UAB students.

### 33rd Call and E2015-2016

The Fund financed 10 university cooperation for development projects promoted by teaching and research staff in different knowledge areas, amounting to €83,818.19. Three of them were initiatives to promote EfD in UAB studies. In addition, it provided support



amounting to €9,474.50 to six student Master and Doctoral programme projects.

## Financed Cooperation for Development Projects



## Report Evaluating Cooperation Between the UAB and the National Autonomous University Nicaragua

The FAS presented the report “**Cooperation Between the UAB and the National Autonomous University of Nicaragua (2004-2014)**”, prepared by consulting firm Joyncoop, which evaluated the principal impacts of the

decade of collaboration with the Nicaraguan institution and offered a series of recommendations that can help guide university cooperation by the UAB going forward.

## Education for Development at University (ESDU)

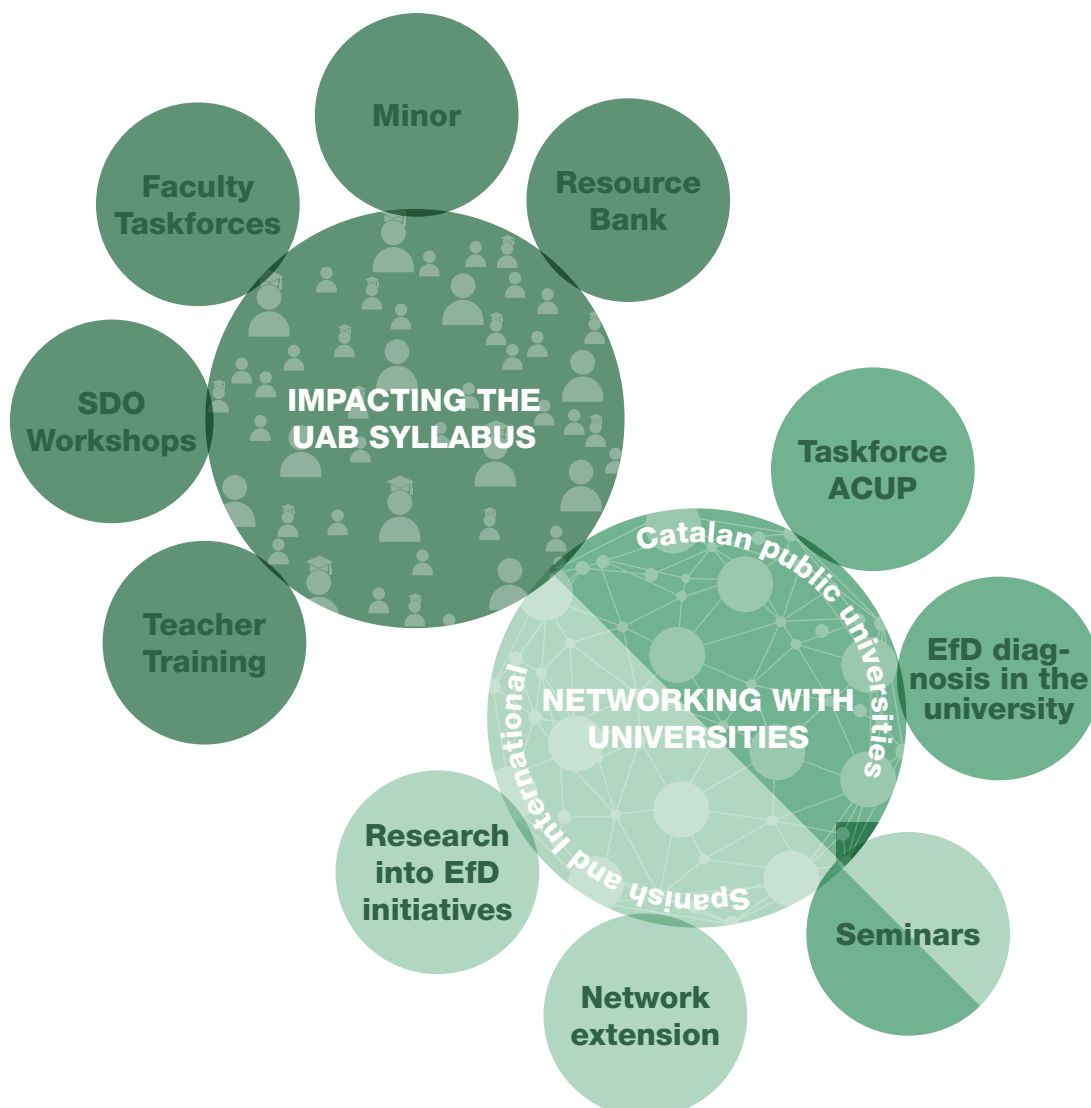
This project promotes the cross-cutting integration of a transformational approach to higher education. The goal is to boost the university’s role in critical knowledge generation and the training of people who incorporate an ethical and global mindset into the exercise of their future profession and who can become an active part of a citizenry committed to social justice.

In place since the 2013-2014 academic year, it has helped articulate a suite of participative processes targeted at the design and implementation of EfD formulas into the UAB syllabus and the Catalan sphere. It is carried out in conjunction with the Catalan Association of Public Universities (ACUP) via a networking strategy

that brings together universities and faculties, teaching staff, students, offices of university cooperation and organisations, among others, with the support of Barcelona City Council.

New initiatives were introduced into the project in 2015-2016 to shore up quality and teaching innovation in critical education, along with activities aimed at addressing SDO (sustainable development objectives) in the areas of university action, at a time when the Agenda 2030 for Sustainable Development is being rolled out, in addition to a strategic reflection on the role of universities in the future challenges it involves.

### ESDU Initiatives:



## Principal ESDU initiatives 2015-2016

### Impacting the UAB syllabus



#### EfD Extraordinary Prize for Campaigns Carried Out by School of Educational Sciences Students

The FAS and the School of Educational Sciences began a new initiative that consists of a call for grants, initially addressed at fourth-year students studying Education and Cooperation for Development, which makes it possible to apply the knowledge acquired in the classroom through the design and implementation of social transformation campaigns on the UAB campus. Of the applications submitted, an awareness and critical reflection campaign about Islamophobia and its repercussions was approved, which will be put into place in the 2016-2017 academic year.



#### Critical Thought and Ethical Commitment in the Classroom New Teacher Training Course

The IDES summer teacher-training plan included a newly created course promoted by the FAS and targeted at mobilising knowledge, tools and resources to boost skills in critical thought and ethical commitment in teaching. Using an eminently practical methodological approach,

the 22 participating lecturers worked on the basis of the subjects they teach in order to draft proposals that will make it possible to improve the development and assessment of these skills.

### Networking with Universities



#### GACUP Education for Sustainable Development Taskforce

The inaugural meeting of the EfSD taskforce, attached to the ACUP's University Corporate Responsibility Committee (CRC) took place on 18 February. The group comprises vice chancellors and technical personnel from the eight Catalan public universities. The

meetings held were used to analyse and discuss different **concepts and traditions in EfD** in order to pool the universities' experiences and establish a work plan that prioritises drafting an institutional statement on the implementation of EfSD in Catalan public universities.



## Seminar «The Role of the University in Sustainable Development Objectives»



This was the third seminar held as part of the ESDU project. It took place on 11 July 2016 and involved the participation of around 80 people. The seminar featured two speeches addressing elements of the **global agenda in the university sphere**, by Hilligje van't Land, director of the International Association of Universities, and University of Girona lecturer Anna Maria Geli. Three simultaneous work sessions were organised to discuss cross-cutting remits related to EfD and EfSD, the design of a teacher training proposal and the generation of initiatives to introduce sustainable development objectives into university teaching.

“ The FAS got the teaching staff reflecting on the need to be open to the social environment. ”



**Xavier Such,**  
lecturer at the School of Veterinary Medicine  
and active member of the EfD project at the university.



“ The FAS spoke to us about an interdisciplinary need which is sometimes very hard to practice. Through the Minor in Sustainable Development, the FAS is showing that more interdisciplinary approaches can be taken. ”

**Xavier Bonal,**  
lecturer at the School of Political sciences and Sociology and member of the Advisory Board.



## 6. Social Initiatives and Voluntary Work

The UAB's social action and commitment is largely carried out thanks to the development of social programmes and voluntary work that involve the engagement of the university community. Students have the opportunity to get involved in these programmes that allow them to live

an experience based on the values of cooperation, solidarity, participative democracy, co-existence, justice and active citizenship. The programmes developed this year are divided into different areas:



### Penitentiary Area



### Justice Programme

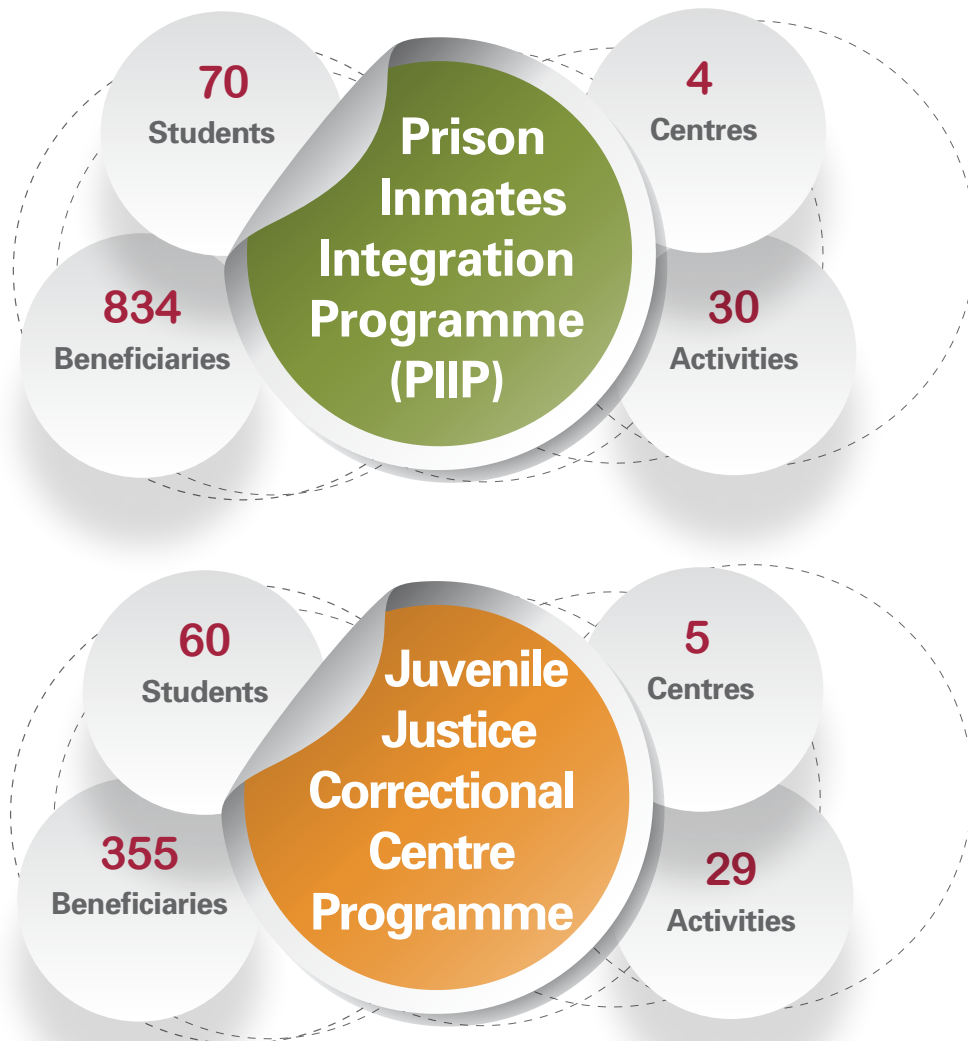
The FAS Justice Programme contributes to the social integration and reinsertion of prison inmates through volunteer activities that promote the active participation of university students and allow prison inmates to gradually be reintegrated into society. The volunteers participating in it carry out academic and socio-occupational, physical and sports, leisure and personal development and cultural and artistic activities.

This project, executed jointly with Government of Catalonia's Ministry of Justice, is divided into two subprogrammes: the Prison Inmates Integration Programme (PIIP) and the Juvenile Justice Correctional Centres Programme. The PIIP is carried out at the Brians I and II penitentiaries, the Barcelona Women's Penitentiary Centre and the Quatre Camins penitentiary. The juvenile correctional centres where we organise activities

are L'Alzina, Els Til·lers and Can Llupià, Oriol Badia and Folch i Torres.







### Justice Organises Gender Workshop at Wad-Ras Penitentiary Centre for International Women's Day

A total of 20 women took part in a reflection and discussion session concerning gender roles and pressure at the **Wad-Ras** Penitentiary Centre in Barcelona to celebrate **International Women's Day**.

### Justice Volunteers Join St George's Day Celebrations at L'Alzina

The **L'Alzina** juvenile correctional centre arranged a busy activities schedule from 18 to 24 April to celebrate Culture Week and St. George's Day. The **FAS Justice Programme** was one of the organisations involved, taking part in three different workshops with **16 volunteers**.

### Training Workshop to Revitalise Quatre Camins Radio Station

The Quatre Camins Penitentiary Centre will be able to revitalise its radio station thanks to a FAS project involving the collaboration of the UAB School of Communication Sciences. The School organised a workshop in July which saw its teaching staff train 18 professionals from Quatre Camins in radio journalism, along with inmates from different penitentiary centres

from across Catalonia (Quatre Camins, Joves, Brians and Puig de les Basses). Technical adjustments and improvements will be made to the Quatre Camins station equipment next academic year.

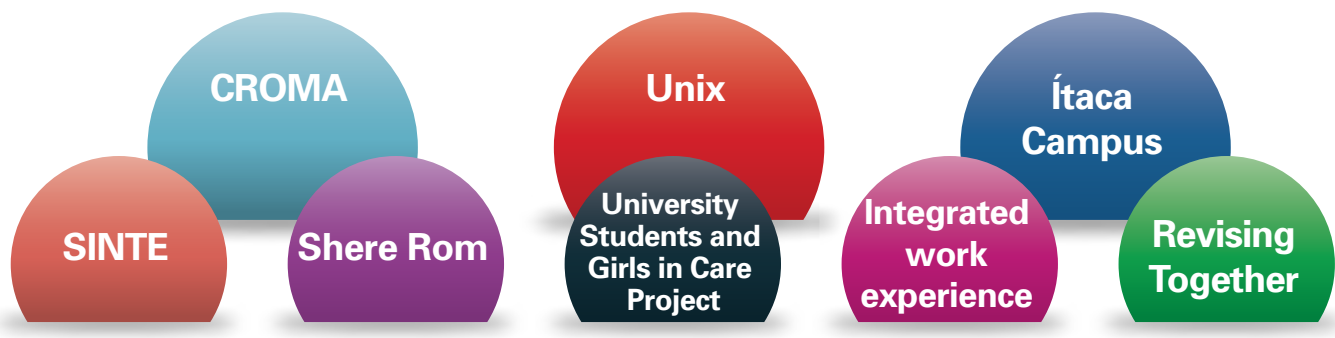
### From Prison to Community

«From Prison to Community» is a research project spearheaded by UAB and University of Barcelona research teams, with funding from RecerCaixa. Based on the social monitoring concept in the penitentiary sphere, it aims to show that support, through the figure of a mentor, can be useful in reducing recidivism and facilitating integration. Through the implementation of a randomised controlled trial, the project analyses whether there are reasons for changing the present discretionary system of transition into the community for one in which each person is supported in their return to society.

As part of the research work and together with a further seven third-sector organisations, the FAS engaged in the project as the party responsible for the management and coordination of volunteers who perform a mentor role.

By the end of the academic year the project involved 26 volunteer students and teaching staff, along with other UAB employees, who mentored people imprisoned in five penitentiary centres (Brians I, Brians II, Quatre Camins, Lledoners and Joves).

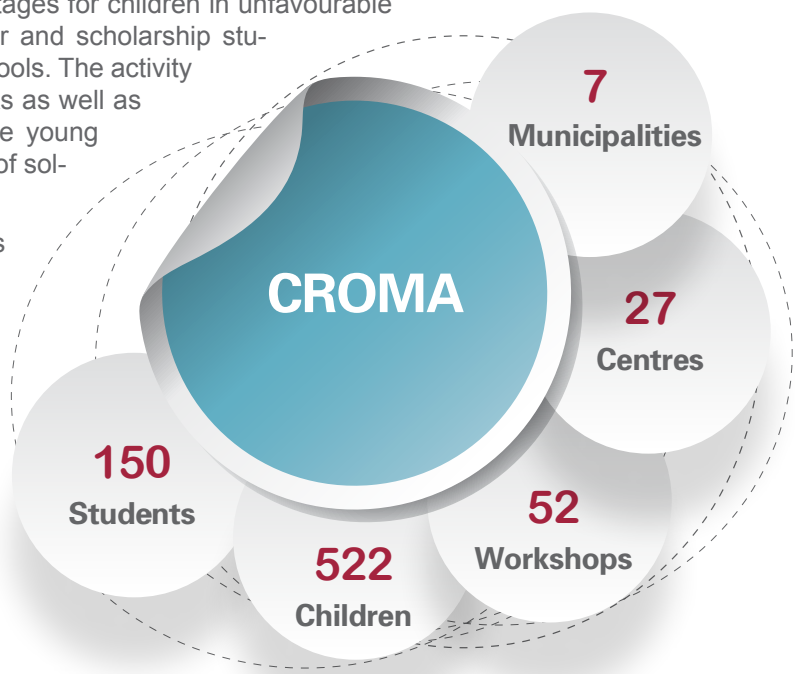
# Socio-educational Area



## CROMA Programme

The CROMA Socio-educational Programme offers support to children who, due to their social, cultural and personal circumstances, are having difficulties in achieving their school objectives. The programme helps provide continuity and transition between educational stages for children in unfavourable educational situations. Once a week, volunteer and scholarship students organise assisted study workshops in schools. The activity provides support to children in their school tasks as well as activities aimed at developing social skills. The young volunteers gain experience and acquire values of solidarity and peaceful co-existence.

One of the reasons for CROMA's success is the adaptation of the workshops and methods to the teaching objectives pursued by the centres during school hours. Coordinating, monitoring and evaluation with tutors, local governments and schools are other key elements in guaranteeing its correct implementation.



### Participating Schools:

- Badia del Vallès: Las Seguidillas, La Muñeira, La Sardana and La Jota.
- Barberà del Vallès: Can Serra, Miquel Martí i Pol and El Bosc.
- Cerdanyola del Vallès: Les Fontetes, Xarau, Sant Martí and Serraparera.
- Rubí: Pau Casals, Maria Montessori, Ramon Llull and Mossèn Cinto Verdaguer.
- Sabadell: Arraona, Juan Ramon Jiménez and La Floresta.
- Sant Cugat del Vallès: Gerbert d'Orhac, Turó de Can Mates and Pi d'en Xandri.
- Terrassa: Font de l'Alba, Sant Llorenç, Antoni Ubach, Pau Vila, President Salvans and Josep Ventalló.





**Laia Torredadella,**  
volunteer.

“At CROMA we strive to create a space where children feel listened to and can participate. Besides homework and studying, we try to talk about our feelings; that helps create a very special bond with the children.”

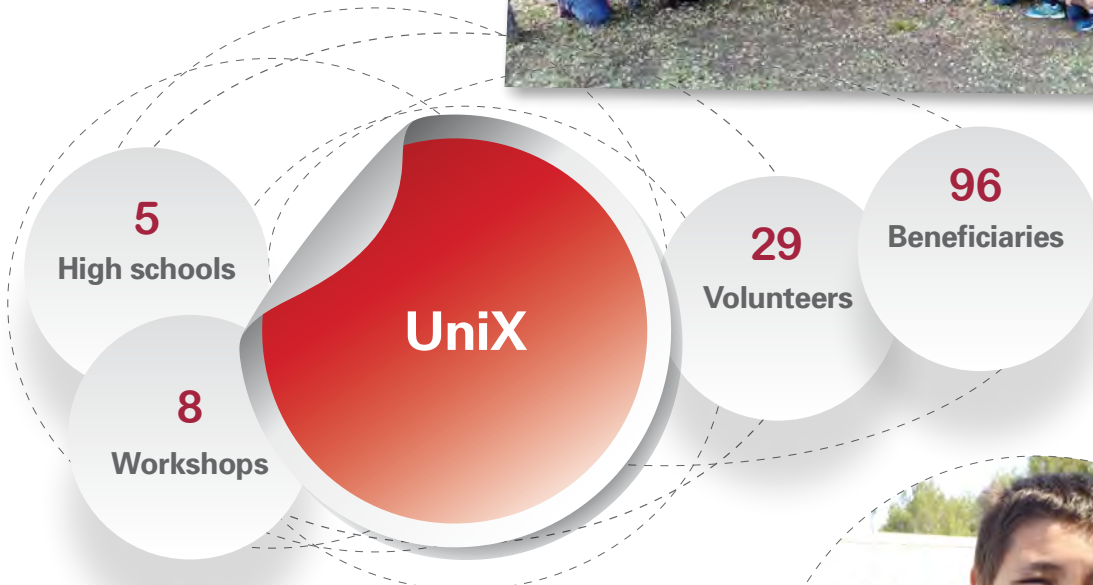
## UniX programme

The UniX Socio-educational Programme was executed in five public schools in the municipality of Rubí (L’Estatut, Duc de Montblanc, J.V.

Foix, La Serreta and Torrent dels Alocs) targeted at first- and second-year high-school students.

Students from UAB dedicated their efforts to improving the mathematical skills of these children as well as their ability to learn. Both these basic skills were taught in workshops to small groups. Two workshops per week were held in each high school, out-

side school hours, and focused on skill-building in maths as well as problem-solving, reasoning, connections and communication.



“The volunteers really helped me with my school work; the workshops taught me to understand the exercises better and I learnt a lot.”



**Daniel Mejías,**  
UniX beneficiary.



## Ítaca Programme

This socio-educational programme is promoted and organised by the Autonomous University of Barcelona and managed by FAS with the School of Educational Sciences and the Educational Sciences Institute. The purpose is to get more students to continue with their education

after finishing the compulsory secondary phase so they can later go on to enrol in post-secondary diplomas and university studies.

The programme consists of two core initiatives: the Ítaca Campus and the Ítaca-Santander subsidies.

### Ítaca Campus

The FAS, in collaboration with the School of Educational Sciences, manages this socio-educational programme targeted at students who have finished third-year high school. It consists of a stay at the UAB where the students take part in different activities with the objective of encouraging them to continue their education after completing the compulsory phase. It also aims to be a place that allows young people from diverse social backgrounds to co-exist and drives the use of Catalan as a common language. The profile of the students at whom it is targeted is one with good study skills but in an unfavourable educational situation because of their socioeconomic background.

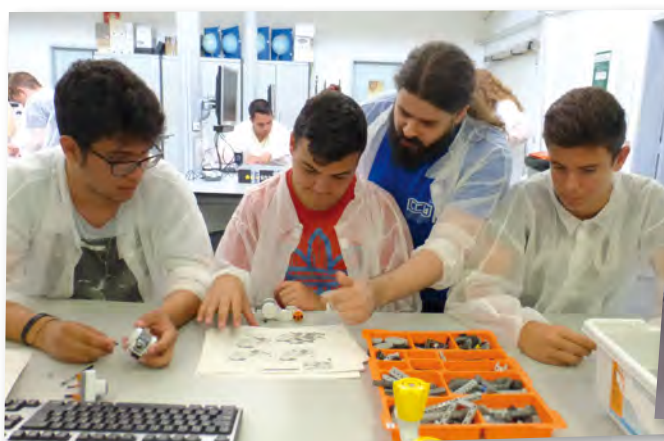
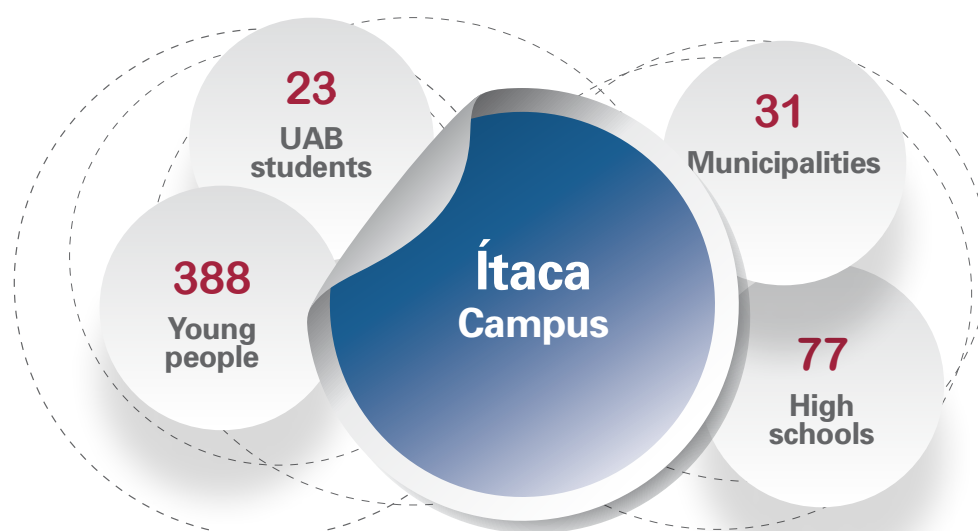
This year 388 students from 77 public high schools across Barcelona province took part in the Ítaca Campus. Most of the high schools, 57 in total, were from

different municipalities in Vallès Occidental, while the 20 remaining ones were from Barcelona regions.

The 13th Ítaca Campus was held in two rounds, from 27 June to 5 July and from 6 to 14 July. Accompanied by 23 tutors (UAB students), they executed group projects and took part in workshops and debates, a gymkhana and cultural activities that allowed them to learn what you can study at the UAB and what university life is like.

This year's event included a preliminary **open call to encourage the UAB's teaching and research staff to present the projects** the Campus comprised.

The two weeks of each Campus stay ended with an **institutional event** involving all of the participants and their families, where the group work results were exhibited.



““ The kids were incredible. At first they were quite shy and found it hard to gel as a group but by the time the Ítaca Campus had ended they were like one big family. They got on great and the Campus was an unforgettable experience for them. ””



**Dani Gallart**, Ítaca Campus monitor.



““ The Ítaca Campus was a very positive experience because apart from learning lots of new things, I met people I got on really well with from the start. ””

**Jordi**, Campus participant.

““ For me, the Ítaca Campus was a unique experience. My monitor was a high-energy, really motivated girl who encouraged the group to get into the activities and motivated us a lot! ””



**Mónica**, Campus participant.

### Ítaca-Santander Subsidies

Once again, 13 subsidies were provided for students from schools that took part in the Ítaca Campus. The

grant, funded by Banco Santander, is to undertake degree studies at the UAB.



## University Students and Girls in Care Project

This is a project organised by the UAB Research Group on Children and Adolescents at Risk of Social Exclusion, in which girls in care residing in a Residential Centre of Educational Action (CRAE) and 10 students from the UAB School of Educational Sciences took part. A mentoring session in pairs was held in which the university students accompanying the girls in the CRAE helped them to improve in different personal and social aspects. For the university students, volunteer work offers the opportunity to learn values and develop skills such as listening and supporting.

The project was integrated into the Mentoring Coordinator for Inclusion which works to implement mentoring as an effective intervention tool to make progress in inclusion.

## Shere Rom Programme

The Share Rom Programme is a socio-educational intervention activity in cultural diversity contexts proposed by the DEHISI (Human Development, Social Intervention and Interculturality) research group it has been implemented in different schools and associations in Barcelona with children at risk of social exclusion. The volunteers (nine students) carried out educational and recreational activities for a group of children.

## Support Programme for Teachers and Children with Special Needs

This programme, an initiative of the SINTE (Inter-University Seminar on Research into Teaching and Learning Strategies of the UAB) is linked to the Learning

and Development II subject in the Primary Education degree. Students who take this subject analyse the problems of a number of schools and design a solution proposal. At the same time, students who want to can also implement this support or consulting work in the school through a voluntary initiative. Last year, 35 students signed up as volunteers with the Ca N'Alzamora school and l'Extra cooperative society in Rubí, providing support, among other actions, to the teachers to provide dedicated care to children with specific educational needs.

## Integrated Internship Programme

Within the framework of a psychology subject, two students from this school carried out a series of intervention internships at the DIAS association in Esplugues del Llobregat. The students presenting the best intervention proposal studies had the opportunity to apply them by working with the organisation as volunteers. Volunteer work helps integrate knowledge of the subject and also has a real impact on the individual's environment.

## Revising Together

Five students from the Salesian University School of Sarrià (EUSS), attached to the UAB, volunteered in the Revising Together project which offers a healthy afternoon tea, a recreation period and a period of school-work reinforcement to Years 5 and 6 primary-school children and first-year high-school students with low grades because of the difficulties they have following classes and lack of involvement in their school work by their families. The project was carried out in Barcelona and is a partnership between the Social Services Department of Sarrià, the Salesian Society of Sarrià, EUSS and the FAS.

### Social and Medical Area

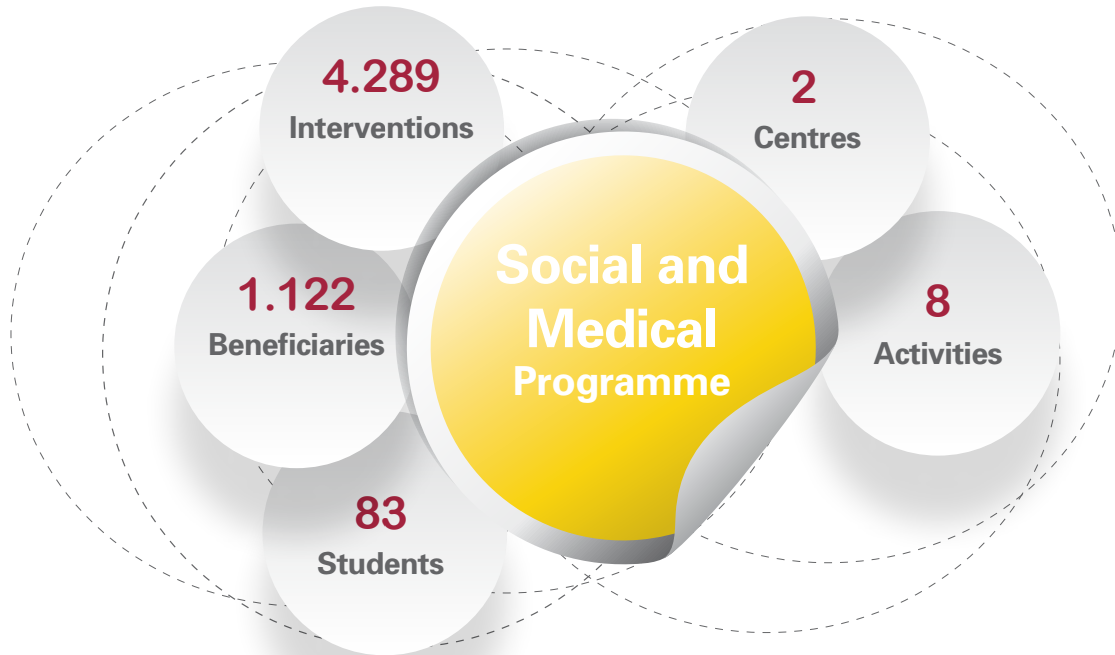
## Social and Medical Programme

The FAS Social and Medical Programme has the mission of improving the quality of life of hospital patients and their families by providing emotional support that favours their recovery. It aims to convert long waiting times in hospitals into spaces for relaxation and entertainment, relegating the disease to a secondary plane.

The volunteers contribute added value, as they selflessly accompany people who are undergoing a dif-

ficult and delicate period in their lives. Furthermore, it helps strengthen intergenerational and close relations between children, the elderly and the university students, and these contacts are extremely rewarding for everyone involved.

The programme is developed at Hospital Vall d'Hebron and at the Fòrum-Maresme Centre, where activities include a playroom, storytelling, a feelings workshops, songs, brain training, etc.



## Social Area

### Integration Programme

The “UAB Comprehensive Refugee Support Plan” Integration Programme is a pilot programme involving helping refugees in the university sphere. Designed to respond to the situation of the violation of the right to asylum, the general goal of the project is to contribute to the full integration of people seeking international protection living on the UAB campus via the involvement of the university community in implementing integration and support initiatives.

As part of the partnership agreement between UAB and the Catalan Commission for Refugee Aid (CCAR), signed in April, the project, spearheaded by the FAS, has established an innovative model of collaborative intervention. The strategic lines of the activities plan are integration, participation, academic promotion and awareness-raising. With regards integration, places were made available for the refugees

to be able to live in the on-campus accommodation and have access to other UAB community services (Physical Activity Service, Languages Service and more).

Another initiative arising from the agreement is the roll-out of two volunteering programmes aimed at getting the university community involved in advancing the comprehensive inclusion of refugees. Since June, the FAS has been providing language classes on a voluntary basis, as well as social support. The first consisted of supporting the teaching of the Spanish language and creating language tandems. The second was designed to provide instrumental support and facilitate tools to learn more about the local region and help refugees become autonomous in their new place of residence. The programmes ran for six months, the time the refugees were on campus.



**Miguel Pajares,**  
CCAR president.

“ This programme with the UAB not only makes it possible to expand the number of places, it represents a qualitative leap forward in refugee care.”

**Environment and Universal Justice Area**

**Birdhouse Group**

The Birdhouse volunteer group, in conjunction with the Environment Office, promotes and diffuses biodiversity on the UAB Bellaterra Campus. Up to 18 students took part in environmental education activities such as bird-watching, birdhouse monitoring and bird banding events. 25 birdhouses were monitored, where 63 eggs from different species were found. 102 eggs from 19 different species were ringed over the four days. The group also organised the first Nature on Campus photography competition, which drew 28 photos from 15 participants.



**Fair Food Action Group**

The Fair Food action group, with 12 students, was responsible for promoting the “Fair Food at the UAB” campaign to foster thought and awareness on food sovereignty and universal justice on campus. The group was given training in food waste from the Environment Office, organised activities for the university festival and collaborated in the organisation of

the charity lunch. In addition, as innovative activities throughout the year, it organised a film forum for the documentary La Ruta del Tomàquet (The Tomato Route), inviting experts to discuss the food production model in Catalonia. It also organised the Blah-BlahTupper event in the Plaça Cívica to share lunch and reduce food waste.





“ University isn't just about studying for a degree but also getting involved in social issues and learning things they don't teach you in class. ”



**Paula Sánchez,**  
Fair Food volunteer.

## Health Area

### Health on Campus

The FAS Health Programme promotes healthy lifestyles among UAB students. The work areas include the prevention of problematic drug abuse and high-risk sexual conducts that could lead to the transmission of viruses and diseases, in particular HIV. For this reason, we promote responsible consumption and healthy sex and love. We also arrange discussions on topics such as food, food disorders, beauty models, etc. We encourage university students to obtain the information they need to make responsible lifestyle decisions and inform them of the information and advisory resources available to them.

One of the main activities of this programme are the **itinerant advice and information points on health promotion issues** and the dissemination of pre-

vention materials, open to all campus students. Programme volunteers and trainee students take part in the activity, after first receiving training as health agents. That way, they can provide the information in person (student to student).



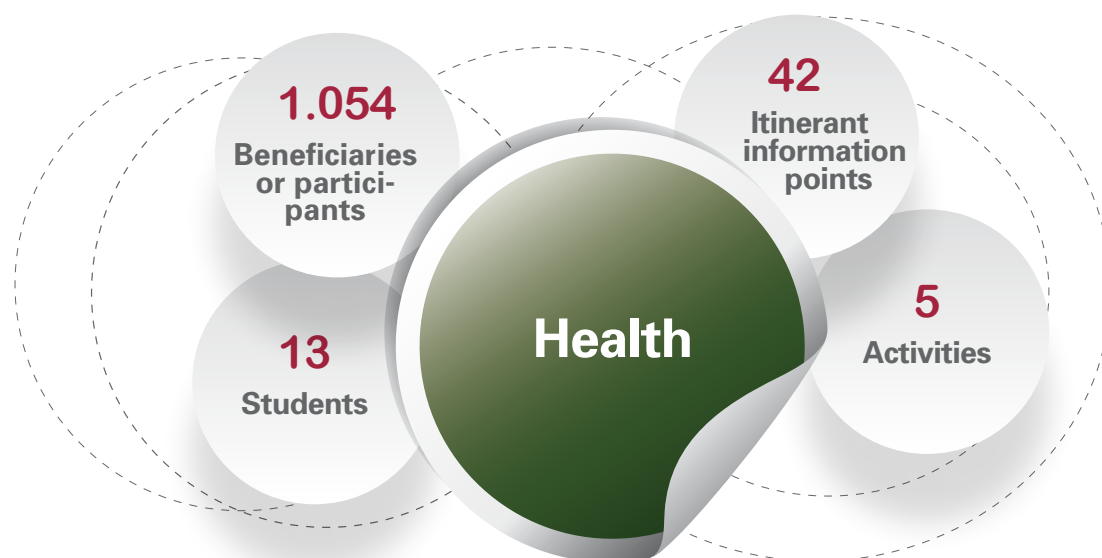


## Health Volunteer Actions

The FAS Health Group organised activities for World AIDS Day, International Women's Day and the UAB Healthy and Sustainable Week. On 1 December, the Health Group initiated the event by creating a **giant bow** against AIDS in order to collaborate with the campaign promoted by the 1 December Committee. For Women's Day an activity was organised to raise awareness regarding the right to health and healing of the female body, which also gave rise to a dialogue and information point on image stereotypes related to women's bodies. Taking advantage of St. George's Day, the **3rd Erotic Story Competition** was organised

again, to promote reflection on sexuality and provide venues to talk openly, without taboos, complexes or prejudice. As part of the 7th UAB Health and Sustainability Week, the Health Group organised activities such as the gymkhana on Food and Healthy Lifestyles.

Additionally, the Health Programme offered the chance of having a **quick HIV test**, in conjunction with the NGO Actua Vallès. A total of eight people benefited from the service.



## Volunteer projects

### Xarxanet Website

The Xarxanet website ([www.xarxanet.org](http://www.xarxanet.org)), promoted by the Government of Catalonia, focuses on the formation of associations, voluntary work, citizenship and solidarity in Catalonia. The FAS took part as a sponsor, along with other third-sector organisations. In 2015, the

FAS published over 150 examples of content (news stories, reports, agenda activities, etc.) on university volunteering work and the values of social participation and transformation, among others.

### Erasmus+ Programme

The FAS participates in the European Voluntary Service (EVS), part of the European Commission's Erasmus+ programme, by sending and receiving volunteers. This year it received four young volunteers from Germany, Austria and Romania, who joined the volunteering programmes and the PIUNE. The FAS also provided information and guidance on the programme to UAB students.



## 2015-2016 University Volunteer Data

### Programme volunteers

#### Inhouse programmes

CROMA Programme	144
UniX Programme	28
Prison Inmates Integration Programme (PIIP)	67
Juvenile Justice Correctional Centre Programme	60
Social and Medical Programme	82
Birdhouse Group	18
Fair Food Group	11
Health Group	9
Integration Programme	20

#### Programmes in collaboration with UAB university schools and external partners

University Students and Girls in Care Project/School of Educational Sciences	10
SINTE / School of Educational Sciences	35
Shere Rom / School of Psychology	9
Integrated Internship Programme / SIPEP Psychology	2
Revising Together / Salesian University School of Sarrià	5
Mortgage Victim Platform	8
From Prison to Community	26

#### Ad-hoc events

UAB fun run, charity lunch and activities of the Healthy and Sustainable Campus	78
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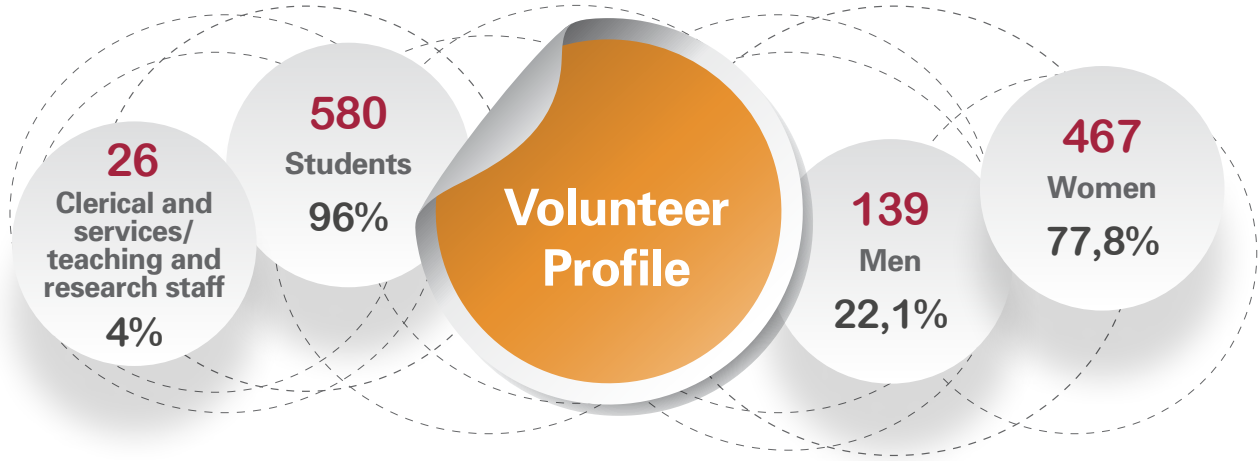
### Schools with the most volunteers

#### School

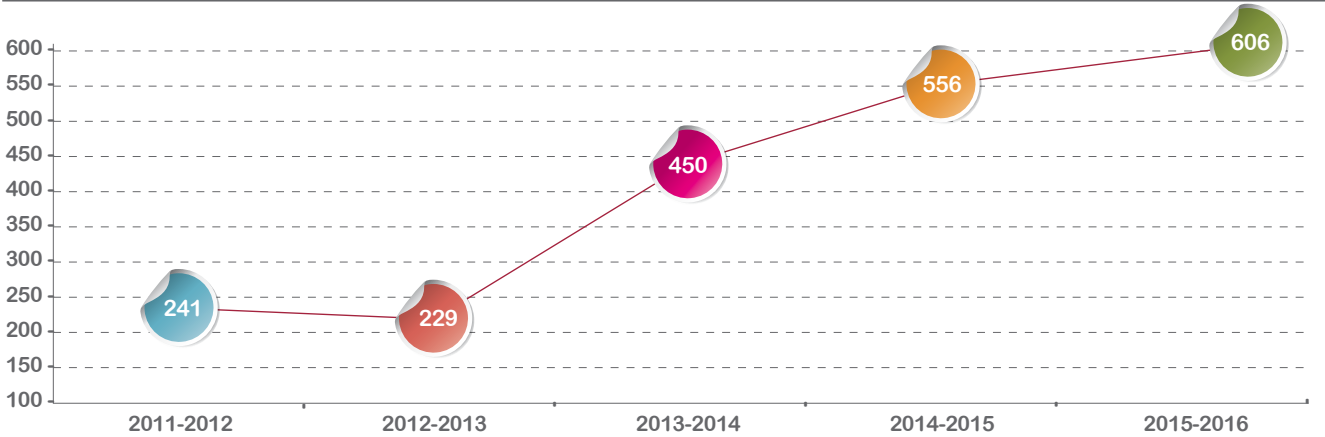
#### Percentage of volunteers with respect to total

(excluding occasional volunteers)

Educational Sciences	18 %
Psychology	16 %
Arts	8 %
Law	7 %
Political Sciences and Sociology	6 %
Others or unspecified	51 %
<b>Total</b>	<b>100 %</b>



**Evolution of FAS volunteers over past five years**



**The FAS 10-point guide to volunteering**

- 1 **Be keen to share your time**
- 2 **Want to meet new people**
- 3 **Enjoy teamwork**
- 4 **Be excited about the voluntary action**
- 5 **Come away having learnt (at least) one thing**
- 6 **Always have fun**
- 7 **Be empathetic**
- 8 **Transform your environment with small actions**
- 9 **Have an open mind free of prejudice**
- 10 **Promote the volunteering spirit**



# 7. Networking

## Networking with external partners

- Internationalisation and Cooperation Committee (CICUE), CRUE (Conference of Rectors of Spanish Universities)
- University Cooperation Committee for Development, ACUP (Catalan Association of Public Universities)
- Handicapped Committee, Cerdanyola del Vallès City Council
- UNIDISCAT Committee, Inter-University Council of Catalonia
- 1December Committee
- Catalan Coordinator of Foundations
- Catalan Entity for Social Actions
- Lafede.cat
- Catalan Federation for Social Volunteering
- Universia Foundation
- Social Participation Table
- CRM Synergy
- Xarxanet.org associative and volunteering network
- The Network of Disabled Persons Care Service (SAPDU) of the University Network of Student Affairs (RUNAE).

“ In the current socioeconomic context, it is becoming increasingly important to provide the population with training to raise their skills. The various expressions of school failure can condition the training level of the active population, not only impeding access to post-compulsory secondary education and higher education but also access to training throughout their lives and in the labour market. We in local government associations believe it is essential to boost networking among schools, Social Services, counselling teams, families, organisations and the voluntary sector. Through networking we can power resources, implement initiatives that will enable us to consolidate the reinforcement of the syllabus and cover shortfalls and also assert the need to get behind public schooling from a position of consensus and unity and the incorporation support measures that will let us drastically cut school drop-out rates and improve skills attainment amongst students. ”



**Ignasi Giménez Renom,**  
President, Vallès Occidental Provincial Council.



## 8. Accountability

The Solidarity Autonomous Foundation has managed the economic resources entrusted to it by different agents to support its work in 2015. With a view to ensuring transparency and good management of re-sources, the Solidarity Autonomous Foundation submitted its accounts to an **external audit** by **Blázquez, Planas i Associats SL**.

We thank all of our backers for their contributions which enabled the Foundation to carry out its activities. We would also like to thank **individual donors** (members of the teaching and resources staff and the clerical and services staff) and students who, through enrolling, have made a contribution and given support to the UAB Solidarity Fund.

### Economic summary for 2015 by type of funding

#### Income 2015

Autonomous University of Barcelona	525.901,41
Cooperation for Development and EfD Area	79.140,00
Solidarity Autonomous Foundation	177.087,41
PIUNE	85.600,00
Ítaca Campus	154.000,00
Social Council	30.074,00
<b>Grants</b>	<b>300.586,73</b>
Government of Catalonia	176.641,98
Spanish Government	25.816,46
Local governments	45.919,45
Private entities and others	52.208,84
<b>Grants for the acquisition of fixed assets</b>	<b>6.052,62</b>
<b>Courses and services</b>	<b>129.104,76</b>
<b>Donations</b>	<b>73.707,68</b>
<b>Other income</b>	<b>56.575,32</b>
<b>TOTAL</b>	<b>1.091.928,52</b>

#### Expenses 2015

Scholarships and aid granted	127.274,20
Operating expenses	356.828,36
Personnel expenses	605.968,41
<b>TOTAL</b>	<b>1.090.070,97</b>

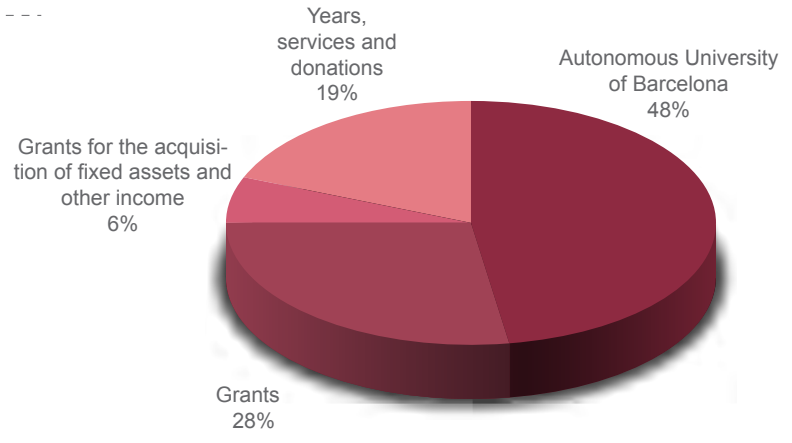
#### 2015 RESULTS

**1.857,55**

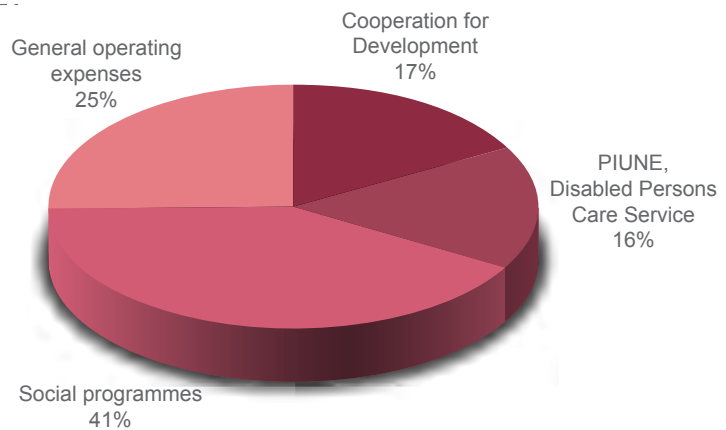
#### Expenses by areas

Cooperation for Development	185.832,67
PIUNE, Disabled Persons Care Service	177.429,69
Social programmes	452.031,87
General operating expenses	274.776,74
<b>TOTAL</b>	<b>1.090.070,97</b>

## Distribution of income by type of funding



## Expenses by areas



## 2015 funders

- Badia del Vallès Town Council
- Barberà del Vallès Town Council
- Barcelona City Council
- Berga Town Council
- Caldes de Montbui Town Council
- Canovelles Town Council
- Castellar del Vallès Town Council
- Castellví de la Marca Town Council
- Cerdanyola del Vallès City Council
- Esparreguera Town Council
- Ametlla del Vallès Town Council
- La Garriga Town Council
- Gironella Town Council
- Martorell City Council
- Moià Town Council
- Molins de Rei Town Council
- Montcada i Reixac Town Council
- Palau-Solità i Plegamans Town Council
- Puig-reig Town Council
- Ripollet Town Council
- Rubí Town Council
- Sabadell City Council
- Sant Cugat del Vallès City Council
- Sant Feliu de Llobregat City Council
- Sant Joan Despí City Council
- Sant Quirze del Vallès Town Council
- Sta. Margarida i els Monjos Town Council
- Terrassa City Council
- Ullastrell Town Council
- Viladecans Town Council
- Viladecavalls Town Council
- Vallès Occidental Provincial Council with the support of Barcelona Provincial Council
- Barcelona Provincial Council
- Goteo Foundation
- Kontrast Foundation
- La Caixa Foundation
- Autonomous University of Barcelona Foundation (FUAB)
- Government of Catalonia
  - Catalan Development Cooperation Agency (ACCD)
  - Catalan Ministry of Social Welfare and Family
  - Catalan Ministry of Justice
  - Catalan Ministry of Health
- Government of Spain
  - Ministry of Health, Social Services and Equality
  - Institute for Youth (Erasmus+ Programme State Agency)
- Inèdit Innovació, S.L.
- Autonomous University of Barcelona
  - Social Council
  - Universia Foundation
  - UNIDISCAT
  - Vila Universitària

# 9. Collaborative Campaigns

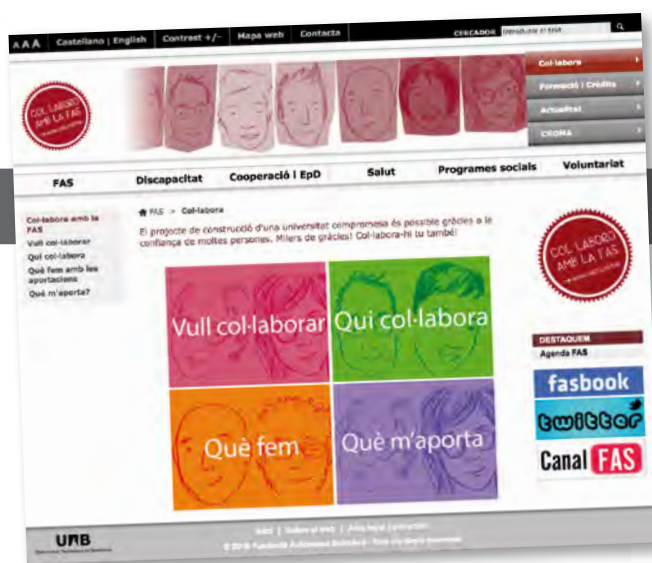
## 0.7% Campaign

Every year, the FAS promotes the 0.7% Campaign through which each student can voluntarily contribute €15 to the Solidarity Fund and help finance university cooperation projects in southern hemisphere countries. 1,747 students ticked the 0.7% box when enrolling, re-

presenting a contribution of €26,205. In addition, the Solidarity Fund received regular contributions from the clerical and services staff and teaching and research staff amounting to €3,387.60.

## Cooperate with FAS

The FAS has the “Cooperate with FAS” campaign open, which encourages clerical and service/teaching and research staff to make individual donations and engage with the Foundation. The FAS website contains various options for making a donation.



## Collaboration with Arrels for Accommodating the Homeless

This year, we collaborated with the Arrel Foundation's “1 Million Thanks” campaign by donating €300.

With this action, the FAS collaborated in helping provide the homeless with stable accommodation.



**Fundació  
Autònoma Solidària**

**URB CAMPUS**

## Solidarity Autonomous Foundation

fas@uab.cat / 93 581 24 85

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Plaça Cívica

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(Cerdanyola del Vallès)

Opening hours  
are 10am to 7pm  
Monday to Thursday  
and from 10am to 3pm Fridays.

[www.uab.cat/fas](http://www.uab.cat/fas)



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